

Why pick which tech??

MET	Functional	Hoover	OA
Prep Integration Muscular Pain MET/Functional Pick base on clients ability to get into position for tech Can't do OA After testing-child/prone/c obra Lesions: Physi Restriction	Prep Integration Pick base on clients ability to get into position for tech Cant do OA EofL Direct 50/50 (recip tension) Lesion: Physi Restriction NWRO Visceral Posture of muscle tension	Prep Integration Cant do OA Fear of OA Acute E of L Lesion: Physi restriction	Functional/structural Ridge No vitality Low PRM NPWOR No change in testing Bland Acute Pain

Local	Regional	Global
Hoover EofL GOT(local) to a joint Pumping SI/coxoF Tentorial Temporal bones Sensorial listening (One bone) iliac-circumduction 8 figure Exercises	Integration Relationships: Pelvis-coxoF-ilium Lumbar jack Circumduction of leg Got of leg 2 diaphragms Tentorial-temporalis Sensorial listening(both) Pelvic Ring Exercises	3 diaphragms Sensorial listening (both bone/central chain Pelvic ring (whole body/central chain GOT (send waves thru body) Cross chain Lumbar jack (pelvic/thoracic) Exercises

Prep for OA: MET Pumping SI/CoxoF Ligaments tech (50/50 stretch) GOT Functional Remove neighbors lesions	Clean up tech: 1) short arm/long arm 2) lumbar jack (pelvis) 3) shot gun P.S Structural supine (coxo)
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