













Day 8: Monday 17/8/2020 SPT Window: Sleep SPT Window: Wake Inactivity Light PA Moderate PA Vigorous PA Non-Wear

Wake

Angle of sensor's z-axis relative to hotizontal plane:

Arm movement:

noon

2pm

4pm

6pm

8pm

10pm

midnight

midnight

2am

4am

6am

8am

10am