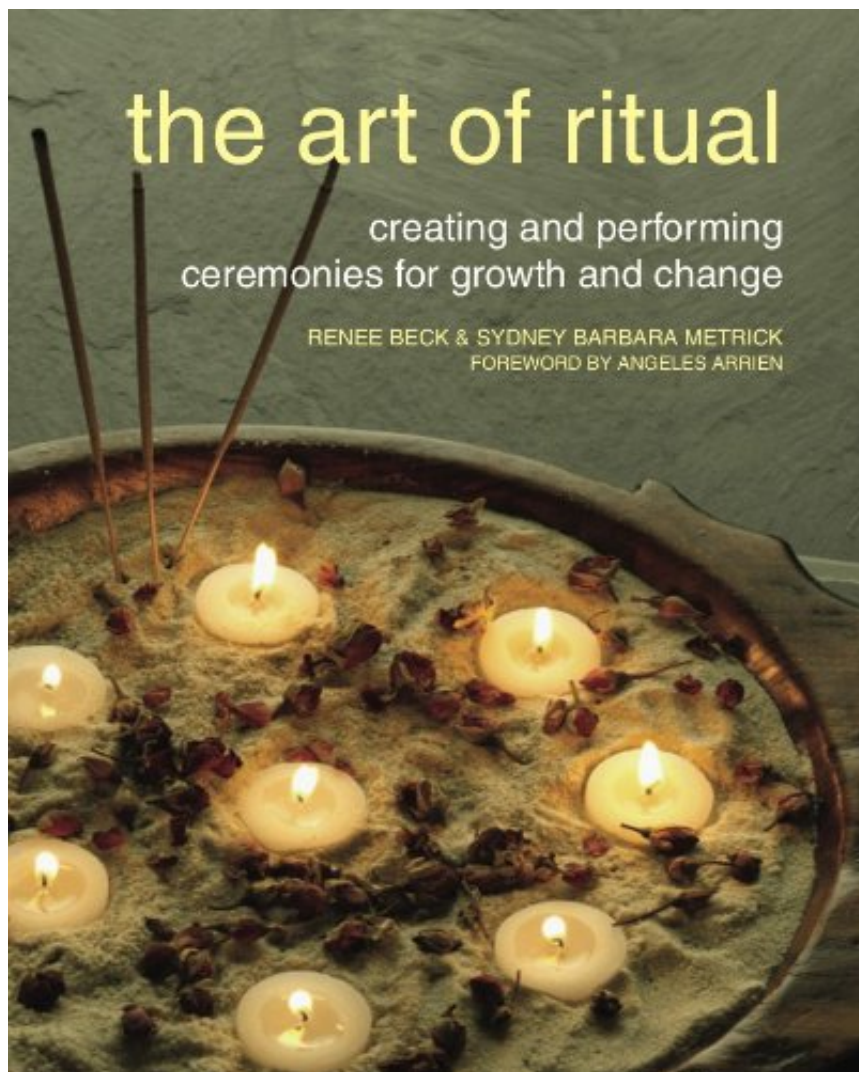


# The Art of Ritual: Creating and Performing Ceremonies for Growth and Change

*by*

Renee Beck



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## Synopsis

Rituals mark life's momentous and symbolic events: from special birthdays and holidays to personal affairs such as a child's first day of school or the death of a beloved pet. Over time, and as people and circumstances change, some rituals become merely habitual, losing their significance and creating a hunger for more meaningful methods of celebration. In *The Art of Ritual*, Renee Beck and Sydney Barbara Metrick explain the power, relevance, and need for ritual, describing the various types of rituals and their myths, symbols, and history, as well as how to: Prepare, perform, and complete rituals; Integrate the five elements into ritual practice; Craft and consecrate ritual tools; Make and use altars. This revised and updated edition also includes a new healing ritual for small groups and a series of self-exploration exercises that assists with the integration of ritual into daily life. Presenting a multitude of ways to create ceremonies for healing, growth, and change, Beck and Metrick will inspire you to honor each rite of passage in a truly personal way. This Kindle e-book is FREE when you buy the paperback.



























## **What people say about this book**

Mary Murray Shelton, "Marvelous Book!. I teach a ritual, ceremony and services class for our ministers in training. This is one of two texts that I use for the class, and they provide a great balance of traditional, seasonal and original ritual and ceremony ideas and resources. Very satisfying purchase! I have it as a paperback and as an ebook, both."

Susan L., "Superb writing and treatment of the subject of rituals. Great book that leads you through the steps of developing transitional rituals. Great journaling prompts that focus you on whiting down your intentions for your rituals. For major life changes."

wmg, "Informative. Great Gift for those that serve as ceremonial leaders."

Suki, "Great ideas for creating ritual. A helpful read."

Linda Saunders, "Four Stars. Some good ideas on how to add rituals to your life and daily devotions."

Gregory Boyce, "A great book for a newcomer to ceremony and ritual. A great book for a newcomer to ceremony and ritual. For the more experienced ceremonialist, the background information is nice to have."

Christopher A. Mohr, "Good for basic purposes. Let's be upfront about the book. It's for beginning practitioners of ritual and those who understand the importance of having rituals in your life, but have no idea how to construct them. Advanced practitioners of ritual, such as clergy will find some basic justification and simple reminders of why rituals matter. they might also find new or underutilized rituals to help their practitioners. But let's be honest, the New Age-y elements are somewhat useless in actually constructing something meaningful for most people. As a minister myself, I am somewhat hesitant to really recommend this book and its suggestions be put into practice by those who are not properly trained (particularly in the maintenance and containment of liminal space and all that can arise from within it). In the same way you would hesitate to let a primary/elementary school student run a nuclear reactor, letting untrained/unskilled persons create and perform rituals naturally should cause some hesitation. The authors seem to understand this, even as they go about laying out a number of rituals for even the uninitiated to perform. That said, the content is simple, easy to understand, and in the grand scheme of things, probably mostly harmless. The descriptions are simple to follow and the book is laid out well, and in a logical, carefully considered way. The checklists and reflections in each chapter are also a nice touch. It is easy to read, and its flaws are few. All in all, not a bad book."

Ebook Tops Reader, "Love this book!. I will be using it with the work I do."

Ebook Tops Reader, "Quick and Efficient Service. Product arrived quickly and as described."



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