

Raising a Son: Parents and the Making of a Healthy Man

by

Don Elium



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Synopsis

Boys pose special challenges for today's stressed parents. In *Raising A Son*, the Eliums embrace the challenges--and the joys--of raising boys with compassion, commitment, experience, patience, and humor. This fully updated and expanded edition follows the psychological development of boys from infancy to young adulthood. Look for new sections on: • media and violence • the "boy code" • age-appropriate morality • the out-of-control son • triggers for aggression • when and how to get help • coping with guilt • the highly sensitive son • triggers for withdrawal • why he gets overwhelmed • hypersensitivity and ADD • the right role models

What people say about this book

Diane, "Best Book on Raising a Son. I've used both Raising a Son and Raising a Daughter. Met Don Ellium at a conference and he gave the best talk to parents...we all wanted "Raising a Parent" to be written.I've used these books as I raised my children and I always got the best advice. I give these books to all my expectant mother friends."

misurfergirl, "Boys will be boys. This was a pretty good book. It helped me understand that there are quite a few differences between raising a boy and raising a girl, aside from the obvious reasons. If you are a single mother (or the father is absent or not really involved) and are raising a boy by yourself, I would highly recommend this book."

Sharon, "Raising a son. A very well-written book with lots of good advice, easy to read and an excellent structure. On the one hand, I learnt so much about the "male mind" that had had me baffled before and, on the other, the book helped me to feel more confident about the approach we had been using by explaining why it is good-rather, necessary- to do certain things and act in certain ways. There are many examples to back up what is being said and the bibliography is excellent. I have nothing but praise for it!"

scoutersal, "Must have for parents of a boy!. My husband and I purchased this book nearly 24 years ago when our son was born. I just purchased the updated version for a colleague expecting a boy in August. She was thrilled to receive it, and I am sure she and her husband will appreciate it over the years as we did."

SmellyCat, "Very insightful. I can't wait to put it to Very insightful. I can't wait to put it to use with my little boy."

HunterRunner, "Accurate and helpful.. My spouse and I are both enjoying this book!"

Serenity, "Five Stars. Fab!"

Safiyyah, "Useful from about age 2 upwards, Stopped the power struggle for us!. Before I read this book, I was desperate. My 2 year old was driving me bonkers. It was a constant power struggle. This book took me some time (roughly 2 months) to implement the changes within myself and our relationship, but I started with the first step. I stopped smacking!Smacking was the reason I decided to invest in parenting books because, from my culture smacking is the solution to all disciplinary problems. Spare the rod and spoil the child. I however noticed that what was initially an extreme disciplinary measure had now become the first measure, whatever my excuses were. I wasn't happy about this so I decided to see about other options because I didn't want to go down this route, I recognised that my upbringing was what had given me these

ideas and I didn't know any other way so I needed to learn new ways. With my new knowledge and understanding we have a much better bond and I have a different way of dealing with "misbehaviour" and also more considerate about his side of things so am more fair. 2 months on, am very pleased!!!"

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