Sel par litre d'eau (g/L) (par taux d'hydratation et pourcentage de sel)

Hydration (%)	1.6%	1.8%	2.0%	2.2%	2.4%	2.6%	2.8%
60%	26.67	30.00	33.33	36.67	40.00	43.33	46.67
61%	26.23	29.51	32.79	36.07	39.34	42.62	45.90
62%	25.81	29.03	32.26	35.48	38.71	41.94	45.16
63%	25.40	28.57	31.75	34.92	38.10	41.27	44.44
64%	25.00	28.12	31.25	34.38	37.50	40.62	43.75
65%	24.62	27.69	30.77	33.85	36.92	40.00	43.08
66%	24.24	27.27	30.30	33.33	36.36	39.39	42.42
67%	23.88	26.87	29.85	32.84	35.82	38.81	41.79
68%	23.53	26.47	29.41	32.35	35.29	38.24	41.18
69%	23.19	26.09	28.99	31.88	34.78	37.68	40.58
70%	22.86	25.71	28.57	31.43	34.29	37.14	40.00
71%	22.54	25.35	28.17	30.99	33.80	36.62	39.44
72%	22.22	25.00	27.78	30.56	33.33	36.11	38.89
73%	21.92	24.66	27.40	30.14	32.88	35.62	38.36
74%	21.62	24.32	27.03	29.73	32.43	35.14	37.84
75%	21.33	24.00	26.67	29.33	32.00	34.67	37.33
76%	21.05	23.68	26.32	28.95	31.58	34.21	36.84
77%	20.78	23.38	25.97	28.57	31.17	33.77	36.36
78%	20.51	23.08	25.64	28.21	30.77	33.33	35.90
79%	20.25	22.78	25.32	27.85	30.38	32.91	35.44
80%	20.00	22.50	25.00	27.50	30.00	32.50	35.00
81%	19.75	22.22	24.69	27.16	29.63	32.10	34.57
82%	19.51	21.95	24.39	26.83	29.27	31.71	34.15
83%	19.28	21.69	24.10	26.51	28.92	31.33	33.73
84%	19.05	21.43	23.81	26.19	28.57	30.95	33.33
85%	18.82	21.18	23.53	25.88	28.24	30.59	32.94
86%	18.60	20.93	23.26	25.58	27.91	30.23	32.56
87%	18.39	20.69	22.99	25.29	27.59	29.89	32.18
88%	18.18	20.45	22.73	25.00	27.27	29.55	31.82
89%	17.98	20.22	22.47	24.72	26.97	29.21	31.46
90%	17.78	20.00	22.22	24.44	26.67	28.89	31.11