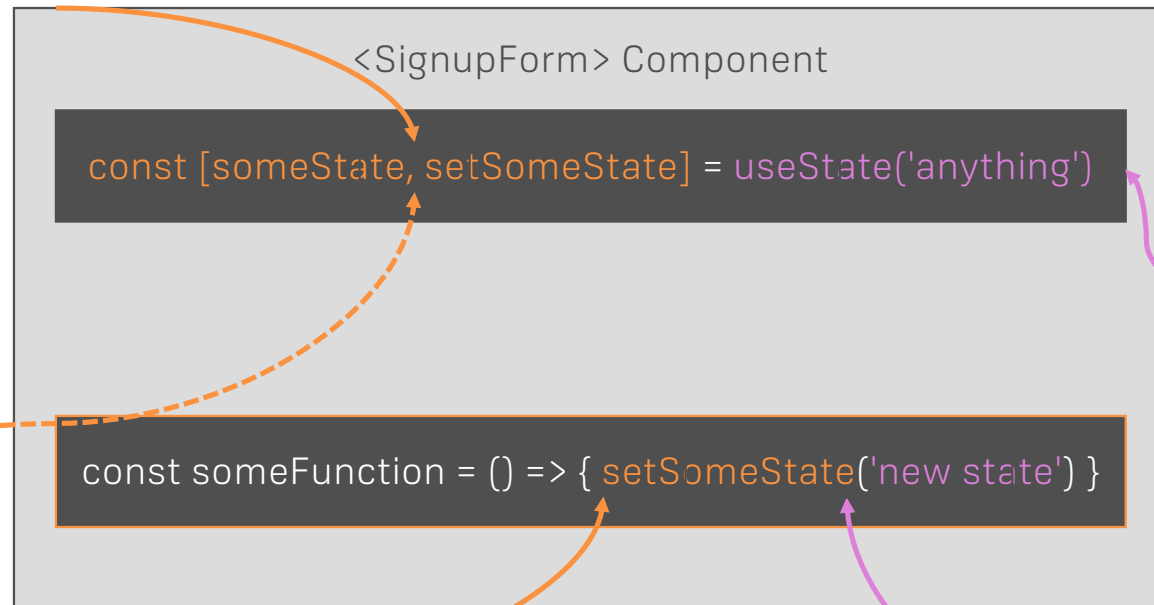# State in Functional Components

Changes from WITHIN a Component

useState() returns an
array with exactly two
elements:
1) Your current state
   value
2) A method to update
   your state value

<SignupForm> Component

```
const [someState, setSomeState] = useState('anything')
```

```
const someFunction = () => { setSomeState('new state') }
```

Any data of your
choice, can be an
object, an array, a
string etc!

Mutate state &
trigger re-render

Replaces old state (NO
automatic merging)!

Available in React versions >16.8