URI	HTTP Method	Description	Request Object	Response Object
/api/items	GET	Gets all items	n/a	{   itemId: integer   dateCompleted: date   weekId: integer   productId: Integer }
/api/weeks	GET	Gets all weeks	n/a	{   weekld: integer   weekStart: date }
/api/products	GET	Gets all products	n/a	{   productId: integer   foodName: varchar(255) }
/api/items/:itemId	GET	Get item by id	n/a	{   itemId: integer   dateCompleted: date   weekId: integer   productId: Integer },
/api/items/:weekld	GET	Get items by weekID	n/a	{   itemId: integer   dateCompleted: date   weekId: integer   productId: Integer },

/api/items/:productId	GET	Get items by productID	n/a	{   itemId: integer   dateCompleted: date   weekId: integer   productId: Integer },
/api/items	POST	Add item	{foodName: varchar(255)}	
/api/weeks	POST	Add week	{weekStart: date}	
/api/products	POST	Add product	{foodName: varchar(255)}	
/api/items/:itemId	PUT	Change item	{   itemId: integer   foodName: varchar(255)   dateCompleted: date   weekId: integer   productId: Integer }	
/api/weeks/:weekID	PUT	Change week	{weekStart: date}	
/api/products/:productId	PUT	change product (changes all instances, probably a bad idea)	{foodName: varchar(255)}	
/api/items/:itemId	Delete	Delete item	n/a	
/api/items/:weekld	Delete	Delete week, and all items from that week	n/a	
/api/products/:productId	Delete	Delete product and	n/a	

	all instances of product, probably a bad idea		
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