
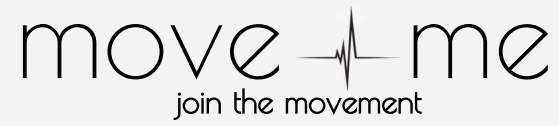


move  me

Sign Up

Sign In

join the movement



email:

password:

confirm password:

Sign Up

register

ENTER YOUR MEASUREMENTS

GENDER

SIZE

FEMALE

SELECT

HEIGHT

CLEAR

5 FT 5.4 IN

?

WEIGHT

CLEAR

96.6 LB

?

BUST GIRTH

31.7 IN

?

WAIST GIRTH

23.5 IN

?

LOW HIP GIRTH

34.2 IN

?

INSEAM (OPTIONAL)

30.7 IN

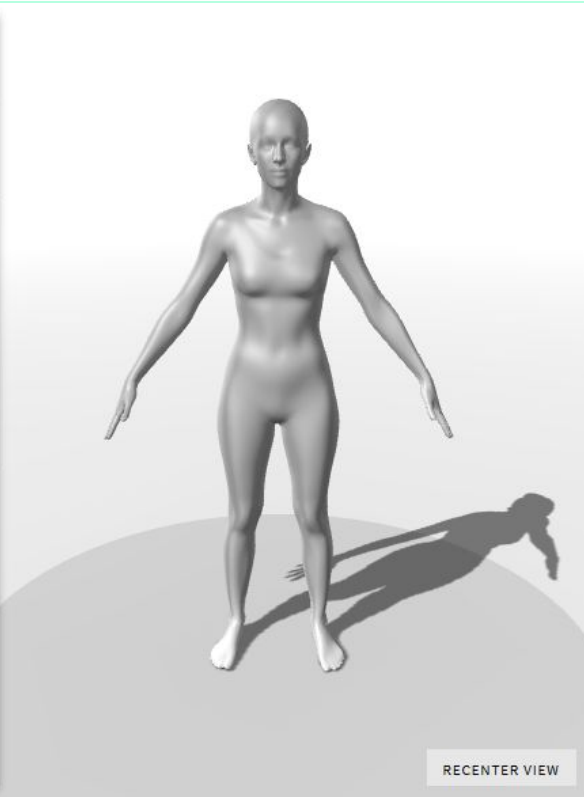
?

RESET

UNITS

SAVE

POWERED BY BODY-LABS



A 3D grayscale model of a female figure stands on a light gray circular platform. The figure is facing forward with arms slightly away from the body. A shadow of the figure is cast onto the platform to the right. The background is a light gray gradient.

RECENTER VIEW

scan your body



projects

library

update body
scan

start new project



Jane Doe
Day 1
Age: 20
Height: 5'4
Weight: 130 lbs

move — me

projects

library



Group
Choreography



Dance Class: 2nd
Position



Jump Day!



Stretching

move—me

projects

library



hip hop



contemporary



ballet

create
category

Choose a move



1st position



2nd position



3rd position



4th position



5th position

2nd position



Try it!

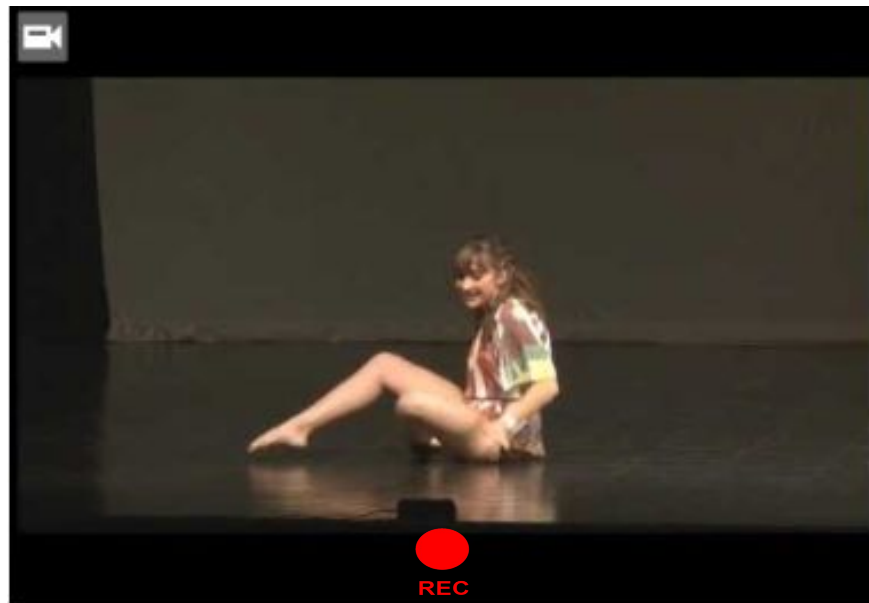


Photo | Video

3... 2... 1...

GO!

Good Job!

This is you!



With just a little bit of practice, you can perfect the pose and look like this! --->

Errors:

- Back: 30 degrees off to the right.
- Stance: 2-3 too short.
- Feet: Heels not touching the ground.

Future You!

