

Shivagadhi English School

First terminal Examination 2081

Class – 5

Subject: Health

FM: 50

Time – 2 hr

PM: 18

Group A (10x2=20)

Health Education

1. What is personal hygiene?
2. How does skin get dirty ?
3. What is rest ?
4. What is menstruation ?
5. Why do we need to take a rest ?
6. Advise in points your friends and family members on keeping mouth clean .?
7. Explain the ways to keep skin clean .
8. What is environment ?
9. What are the various sources of waste ?
10. List the common causes of air pollution .

Group B 8x2=16

Physical Education

11. What is drill ?
12. What is physical Training ?
13. What are the advantages of music in exercise?
14. Write the role of drum in drill?
15. What is on 'stand at ease' command done ? Explain .
16. What are the principle of learning ?
17. What are the point to be remembered during drill?
18. What are the importance of drill?

Group C 7x2 =14

Creative Arts

19. What is art ?
20. Explain the shapes in art briefly.
21. Write briefly about texture .
22. Draw with a pencil an irregular art of your own .
23. What does short line represent in an art ?

24. Draw a picture of a fish .

25. List the various art skills that you would apply to an art by imagining the night scene

The end