

Shivagadhi English School
Third Terminal Examination 2081

Class – 8
Time – 2hr

Subject: Health
FM: 50
PM: 18

Group A

Very short answer questions: (10x1=10)

- 1. Write the name of any one female reproductive organ.**
- 2. What is the punishment for a person who consumes marijuana?**
- 3. Write the name of one disease caused by micronutrient deficiency.**
- 4. What is abortion ?**
- 5. What kind of contraceptive method is important?**
- 6. What aspects does community health cover?**
- 7. In what situation is the command of halt given ?**
- 8. What is physical exercise?**
- 9. What is folk dance?**
- 10. Give examples of tools used for working with clay.**

Group B

Short answer questions: (10x2=20)

- 1. Write any two functions of nervous system.**
- 2. Write any two creative ways to manage stress.**
- 3. State the four methods of prevention of nutrients.**
- 4. Draw a picture of copper T and write how it is used.**
- 5. Write the importance of drill and PT .**
- 6. Write the points to be considered while goal keeping .**
- 7. Mention the importance of music in human life.**
- 8. What are the basic rules of art.**
- 9. Introduce the Octave/ SAPTAK.**
- 10. Write the characteristics of raga .**

Group C

- 1. Describe any four mental health problem.**
- 2. What are the main points of attention in consumer health protection . Write**

- 3. Give an introduction of diabetes and write its symptoms and preventive measures .**
- 4. Write down any four rules of basket ball.**
- 5. Describe Jhyaure , Khyali , Samhala and Selo tal .**

The end