

# **Shivagadhi English School**

**First terminal Examination 2081**

**Class – 5**

**Time – 2 hr**

**Subject: Health**

**FM: 50**

**PM: 18**

**Group A (10x2=20)**

## **Health Education**

1. What is personal hygiene?
2. How does skin get dirty ?
3. What is rest ?
4. What is menstruation ?
5. Why do we need to take a rest ?
6. Advise in points your friends and family members on keeping mouth clean .?
7. Explain the ways to keep skill clean .
8. What is environment ?
9. What are the various sources of waste ?
10. List the common causes of air pollution .

**Group B 8x2=16**

## **Physical Education**

11. What is drill ?
12. What is physical Training ?
13. What are the advantages of music in exercise?
14. Write the role of drum in drill?
15. What is on 'stand at case' command done ?Explain .
16. What are the principle of learning ?
17. What are the point to be remembered during drill?
18. What are the importance of drill?

**Group C 7x2 =14**

## **Creative Arts**

19. What is art ?
20. Explain the shapes in art briefly.
21. Write briefly about texture .
22. Draw with a pencil an irregular art of your own .
23. What does short line represent in an art ?

24. Draw a picture of a fish .

25. List the various art skills that you would apply to an art by imagining the night scene

**The end**