

# Shivagadhi English School

First Terminal Examination 2081

Class – 8

Subject: Health

FM: 50

Time – 2 hr

PM: 18

## Group A

**Very short answer questions: (10x1=10)**

1. How many pairs of spinal nerves are released from the spinal cord ?
2. Which hormone is produced by testes?
3. What is total sanitation ?
4. What does CNS stand for?
5. What is neuron?
6. Define community health in a sentence.
7. What is enzyme?
8. Which gland is called a master gland?
9. What is dip ?
10. What is art ?

## Group B

**Short answer questions: (10x2=20)**

11. Pancreas is also called a mixed gland, why ? Clarify .
12. Write down about a health problem in your community and mention how it can be solved.
13. Write two functions of adrenal glands.
14. Mention any two types of modern latrine.
15. Write two internal female reproductive organs.
16. What benefits have you achieved by practicing drill ?  
Mention any two .
17. Write any two ways to doing the exercise of shoulder.
18. How do you practice warm up exercise before you play any games?
19. How can we draw happy face ?
20. What are the basic elements of art?

## Group C

21. Now days , the cases of drug addictions are increasing . it has been a nuisance for all. suggest some ways to solve this problem.
22. Maternal health nutrition and health insurance programmes are supporting to promote the community health . Justify this statement with examples.
23. Explain different type of art based on balance.
24. What is physical exercise ? write its principles.
25. Why is school health selection test important .

**The end**