

Shivagadhi English School

Second terminal Examination 2081

Class – 5 Subject: Health FM: 50
Time – 2hr Set -B PM: 18

1. Answer the following questions in very short . 1x10=10

- What is the full form of 3R method ?
- What is mineral?
- What is personal hygiene ?
- Write the name of Junk food ?
- Which are the vitamins that soluble in water?
- Which exercise do you do at home ?
- Where do plants get minerals ?
- Give any two examples of Junk food ?
- Give any one example of preventing water pollution ?
- What is nutrient ?

2. Answer the following questions in short . 2x10=20

- Why do we need nutrient?
- Write any two characteristics of good physical education.
- Write the component of environment with examples.
- What is printmaking ? write briefly.
- What is mixed media collage?
- How do you utilize old pieces of clothes at home ?
- How do you keep your environment clean suggest ?
- What is Vitamin B complex ? Write briefly.
- How is junk food harmful to our body ?

3. Answer the following question in long . 4x5=20

- What are different sources of fat ? Explain the functions of fat
- How is hopping race done?
- What is junk food? How is junk food harmful to our body ?
- Write the ways to care your health?
- Draw an apple with its shadow.

The End

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