

# **Shivagadhi English School**

**Third Terminal Examination 2081**

**Class – 8**

**Subject: Health**

**FM: 50**

**Time – 2hr**

**PM: 18**

## **Group A**

**Very short answer questions: (10x1=10)**

1. Write the name of any one female reproductive organ.
2. What is the punishment for a person who consumes marijuana?
3. Write the name of one disease caused by micronutrient deficiency.
4. What is abortion ?
5. What kind of contraceptive method is important?
6. What aspects does community health cover?
7. In what situation is the command of halt given ?
8. What is physical exercise?
9. What is folk dance?
10. Give examples of tools used for working with clay.

## **Group B**

**Short answer questions: (10x2=20)**

1. Write any two functions of nervous system.
2. Write any two creative ways to manage stress.
3. State the four methods of prevention of nutrients.
4. Draw a picture of copper T and write how it is used.
5. Write the importance of drill and PT .
6. Write the points to be considered while goal keeping .
7. Mention the importance of music in human life.
8. What are the basic rules of art.
9. Introduce the Octave/ SAPTAK.
10. Write the characteristics of raga .

## **Group C**

1. Describe any four mental health problem.
2. What are the main points of attention in consumer health protection . Write

3. Give an introduction of diabetes and write its symptoms and preventive measures .

4. Write down any four rules of basket ball.

5. Describe Jhyaure , Khyali , Samhala and Selo tal .

**The end**