

Shivagadhi English School
Second terminal Examination 2081

Class – 5 Subject: Health FM: 50
Time – 2hr Set -B PM: 18

1. Answer the following questions in very short . $1 \times 10 = 10$

- a. What is the full form of 3R method ?
- b. What is mineral?
- c. What is personal hygiene ?
- d. Write the name of Junk food ?
- e. Which are the vitamins that soluble in water?
- f. Which exercise do you do at home ?
- g. Where do plants get minerals ?
- h. Give any two examples of Junk food ?
- i. Give any one example of preventing water pollution ?
- j. What is nutrient ?

2. Answer the following questions in short . $2 \times 10 = 20$

- a. Why do we need nutrient?
- b. Write any two characteristics of good physical education.
- c. Write the component of environment with examples.
- d. What is printmaking ? write briefly.
- e. What is mixed media college?
- f. How do you utilize old pieces of clothes at home ?
- g. How do you keep your environment clean suggest ?
- i. What is Vitamin B complex ? Write briefly.
- j. How is junk food harmful to our body ?

3. Answer the following question in long . $4 \times 5 = 20$

- a. What are different sources of fat ?Explain the functions of fat
- b. How is hopping race done?
- c. What is junk food? How is junk food harmful to our body ?
- d. Write the ways to care your health?
- e. Draw an apple with its shadow.

The End

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