## Intro to multilevel modeling in R

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## Workshop Overview

- 1 MLM overview
  - What is MLM?
  - The lme4 package
- 2 Running models
  - Prepping your data for MLM
  - Example: Nested data
- 3 Plotting

- Focus on the R code rather than the stats if you'd like to learn about the stats behind MLM more deeply, I can recommend several excellent classes and texts.
- Lots of practice. Learn R by using R!
- We'll be using primarily dplyr and tidyr for data wrangling, and ggplot2 for plotting
- Color-coded content, to help you keep track of the most important pieces

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Key idea: the big ideas you need to hold on to

**See also:** other functions or packages that do a similar thing

If you don't already have dplyr, tidyr, haven, and ggplot2 installed, do that now:

```
install.packages("ggplot2")
## Installing package into '/Users/TARDIS/Library/R/3.3/library'
## (as 'lib' is unspecified)
## Error in contrib.url(repos, "source"): trying to use CRAN
without setting a mirror
install.packages("haven")
## Installing package into '/Users/TARDIS/Library/R/3.3/library'
## (as 'lib' is unspecified)
## Error in contrib.url(repos, "source"): trying to use CRAN
without setting a mirror
install.packages("dplyr")
## Installing package into '/Users/TARDIS/Library/R/3.3/library'
## (as 'lib' is unspecified)
```

HH Process to see the the CDAN

- multilevel modeling (MLM)
- hierarchical linear modeling (HLM)
- mixed effects modeling
- fixed and random effects modeling
- nested effects models
- probably more I haven't come across yet

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# When should you consider using multilevel modeling?

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- Repeated measures / longitudinal data
- Random effects (when you want to generalize from a sample to a population, for more than just the subjects in your model

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## Important caveat

Mulitlevel modeling is powerful and flexible and cool, and really widely applicable. That doesn't mean it's the only right way to analyze these kinds of data. There are often many acceptable analysis techniques for a given problem, each with different strengths and weaknesses depending on your situation.

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## Install the Ime4 package

```
install.packages("lme4")
## Installing package into '/Users/TARDIS/Library/R/3.3/library'
## (as 'lib' is unspecified)
## Error in contrib.url(repos, "source"): trying to use CRAN
without setting a mirror
library("lme4")
## Loading required package: Matrix
##
## Attaching package: 'Matrix'
## The following object is masked from 'package:tidyr':
##
##
    expand
```

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#### Remember...

■ When you run install.packages(), R contacts CRAN to get the package you want, so you need an internet connection for it

## A note about packages

Note the message you get when you load Ime4:

The following object is masked from 'package:tidyr': expand

## Hi, Ime4

Let's get to know our new friend.

```
help(package="lme4")
```

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**See also:** nlme package. For a great comparison of differences between the two packages, see the help page for the lme4 package.

#### lme4

# What makes running a multilevel model different from regular regression models?

- You can model what would otherwise be non-independent observations. Yay!
- You have several different sources of error variance to think about (and covariances among them!)
- There is no longer an analytic solution the computer has to brute force a solution by trying millions of combinations of parameter estimates and seeing what yields the best fit. The Ime4 package offers a few different options for what estimation procdedure to use. It defaults to REstricted Maximum Likelihood (REML), which I recommend.

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## Getting your data into R

#### Check your working directory:

```
getwd()
## [1] "/Users/TARDIS/Documents/CASE/Workshop_IntroR"
```

If you want R to find something on your computer, you have three options:

- 1 Put the file in R's working directory
- 2 Move R's working directory to where ever the file is saved using setwd()
- 3 Specify the file path when you tell R to look for the file

## Getting your data into R

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## Getting your data into R

I'll use option 3, specifying the file path for the file when I tell R to read it in. Find the file on your computer, get its location, and add

that file path to your read\_sav command:

```
atlas <- read_sav("data/ATLAS.sav")</pre>
```

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```
that file path to your read_sav command:
```

atlas <- read sav("data/ATLAS.sav")</pre>

Your data need to be in "long" format, where each row is just one observation (i.e., one paritcipant). If you have repeated measures data, then each row should be one observation (i.e., one timepoint), not one participant.

#### How would you do this?

Transform a dataframe from wide to long using dplyr/tidyr commands.

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#### How would you do this?

Transform a dataframe from wide to long using dplyr/tidyr commands.

?gather

#### Also, for nested data, make sure your grouping variable is a factor:

```
str(atlas)
## Classes 'tbl_df', 'tbl' and 'data.frame': 1226 obs. of 15 variables
## $ schoolid : atomic 1 1 1 1 1 1 1 1 1 ...
## ..- attr(*, "label")= chr "School ID"
##
   $ grade :Class 'labelled' atomic [1:1226] 12 12 12 12 12
##
   ....- attr(*, "label")= chr "Student grade (9-12)"
   ...- attr(*, "labels")= Named num [1:4] 9 10 11 12
##
   .....- attr(*, "names")= chr [1:4] "Frosh" "Soph" "Junior" "Sen
##
   $ stuID : atomic 1482 1492 1493 1494 1500 ...
##
##
   ..- attr(*, "label")= chr "Student ID"
   $ intervention:Class 'labelled' atomic [1:1226] 0 0 0 0 0 0 0 0
##
##
   ....- attr(*, "label")= chr "School intervention?"
   ....- attr(*, "labels")= Named num [1:2] 0 1
##
    ..... attr(*, "names")= chr [1:2] "Control" "Intervention"
##
   $ STSEO : atomic 5.83 7 6 6.83 5.67 ...
##
##
   ..- attr(*, "label")= chr "Strength training self-efficacy: pretes
##
   $ STSE1 : atomic 6.17 7 6.5 7 5.33 ...
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Why center your variables?

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- Sometimes it can make your model converge a little faster, since the intercept won't jump around as much iteration to iteration.
- It doesn't hurt anything, so might as well!
- Centering only makes sense for continuous variables. Be careful to never try to center a categorical predictor.

```
atlas$STSEOc <- atlas$STSEO - mean(atlas$STSEO, na.rm=TRUE)</pre>
```

# Subset analysis

One lovely thing about the Imer() function is that it includes a subset argument — that means if you only want to run the model on some of your observations and not others, you don't have to save a new data frame for that, you can just sepcify the subset right in your Imer() command!

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By default, it will use all of the observations in the data frame.

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### Quick review: Im

Let's say you want to model the effect of the intervention (intervention) on post-test strength-training self-efficacy (STSE1), controlling for pretest strength-training self-efficacy (STSE0). Allow for the fact that the effect of pretest scores on posttets scores may be different for students who did vs. didn't get the intervention.

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How would you do this? Write the formula for that model in  $\operatorname{Im}()$ 

```
lm(STSE1 ~ intervention * STSEOc, data=atlas,
    na.action = na.exclude)

##
## Call:
## lm(formula = STSE1 ~ intervention * STSEOc, data = atlas, na.action
##
## Coefficients:
## (Intercent)
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### Null model for ICC

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```
L2var <- varcom$vcov[1]
L1var <- varcom$vcov[2]
icc <- L2var/(L2var+L1var)
```

First, let's just specify a random intercepts model.

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The random effects are the last term in the model, in parentheses. In this case, we have one random factor, schoolid. In the parentheses before the fence —, you write out all of the effects in your model that you want to vary by that random factor. In this case, it's just a 1, representing the intercept.

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```
Learn more: A great answer on stackexchange: http://stats.stackexchange.com/questions/31569/questions-about-how-random-effects-are-specified-in-lme
```

```
summary(model1)
## Linear mixed model fit by REML ['lmerMod']
## Formula: STSE1 ~ intervention * STSE0c + (1 | schoolid)
## Data: atlas
##
## REML criterion at convergence: 3356.7
##
## Scaled residuals:
## Min 1Q Median 3Q Max
## -5.4987 -0.5511 0.2180 0.6486 2.3341
##
## Random effects:
## Groups Name Variance Std.Dev.
## schoolid (Intercept) 0.05027 0.2242
## Residual 0.92150 0.9599
## Number of obs: 1201, groups: schoolid, 31
##
## Fixed effects:
                        Detiment Otal December to an Inc.
```

If you load the ImerTest package, it will add information about significance tests to the Imer object, using Satterthwate's approximations for df.

```
library(lmerTest)
##
## Attaching package: 'lmerTest'
## The following object is masked from 'package:lme4':
##
##
      lmer
   The following object is masked from 'package:stats':
##
##
      step
model1 <- lmer(STSE1 ~ intervention * STSE0c +
                 (1|schoolid),
              data = atlas,
              na.action = na.exclude)
```

When you have more than one random component, you can also estimate the covariance(s) between them, or you can restrict the covariances to be 0.

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This estimates the covariance between slope for STSE0c and the intercept:

```
model2 <- lmer(STSE1 ~ intervention * STSEOc +
                 (1 + STSEOc|schoolid),
              data = atlas,
              na.action = na.exclude)
summary(model2)
## Linear mixed model fit by REML t-tests use Satterthwaite approximati
    to degrees of freedom [lmerMod]
## Formula: STSE1 ~ intervention * STSEOc + (1 + STSEOc | schoolid)
     Data: atlas
##
##
## REML criterion at convergence: 3355.8
                                                                   900
##
```

#### And this constrains the covariance to be 0:

```
model2.nocov <- lmer(STSE1 ~ intervention * STSE0c +
                (1|schoolid) + (0 + STSEOc|schoolid),
             data = atlas,
             na.action = na.exclude)
summary(model2.nocov)
## Linear mixed model fit by REML t-tests use Satterthwaite approximati
## to degrees of freedom [lmerMod]
## Formula: STSE1 ~ intervention * STSE0c + (1 | schoolid) + (0 + STSE0
## schoolid)
## Data: atlas
##
## REML criterion at convergence: 3356.1
##
## Scaled residuals:
## Min 1Q Median 3Q Max
## -5.4568 -0.5443 0.2227 0.6473 2.3551
                                                               900
```

#### And this constrains the covariance to be 0:

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summary(model2.nocov)
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## to degrees of freedom [lmerMod]
## Formula: STSE1 ~ intervention * STSE0c + (1 | schoolid) + (0 + STSE0
## schoolid)
## Data: atlas
##
## REML criterion at convergence: 3356.1
##
## Scaled residuals:
## Min 1Q Median 3Q Max
## -5.4568 -0.5443 0.2227 0.6473 2.3551
                                                               900
```

```
anova(model1, model2)
## refitting model(s) with ML (instead of REML)

## Data: atlas
## Models:
## object: STSE1 ~ intervention * STSE0c + (1 | schoolid)
## ..1: STSE1 ~ intervention * STSE0c + (1 + STSE0c | schoolid)
## Df AIC BIC logLik deviance Chisq Chi Df Pr(>Chisq)
## object 6 3352.2 3382.7 -1670.1 3340.2
## ..1 8 3355.6 3396.4 -1669.8 3339.6 0.5508 2 0.7593
```

```
anova(model1, model2)

## refitting model(s) with ML (instead of REML)

## Data: atlas

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## object: STSE1 ~ intervention * STSE0c + (1 | schoolid)

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## Df AIC BIC logLik deviance Chisq Chi Df Pr(>Chisq)

## object 6 3352.2 3382.7 -1670.1 3340.2

## ..1 8 3355.6 3396.4 -1669.8 3339.6 0.5508 2 0.7593
```

Note that the recommendation from the folks who wrote Ime4 is to only use deviance change tests like this when the models have all of the same fixed effects (just the random effects changing).

# Model 3: Adding MORE random slopes

# Printing model tables

The pander package can't handle lme4 objects, unfortunately.

## Printing model tables

The pander package can't handle lme4 objects, unfortunately. But texreg can! It won't work with knitting directly to word, but there's a decent work around:

```
htmlreg(model2, file="model2_table.doc") # one model

## Error in eval(expr, envir, enclos): could not find function
"htmlreg"

htmlreg(list(model1, model2), file="model1and2_table.doc") # compare tu

## Error in eval(expr, envir, enclos): could not find function
"htmlreg"
```

And then you can copy the table right into your word doc.

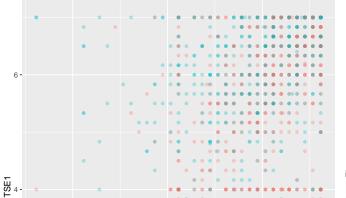
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```
atlas$pred1 <- predict(model1)
atlas$pred2 <- predict(model2)</pre>
```

```
ggplot(atlas, aes(y=STSE1, x=STSEOc, color=intervention)) +
    geom_point(alpha=.3)

## Warning: Removed 25 rows containing missing values
(geom_point).
```



intervention

no

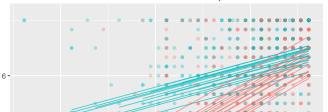
#### Add lines from the models:

```
ggplot(atlas, aes(y=STSE1, x=STSEOc, color=intervention)) +
  geom_point(alpha=.3) +
  geom_line(aes(y=pred1, group=schoolid), alpha=.7) +
  labs(title="Model 1: Random Intercepts")

## Warning: Removed 25 rows containing missing values
(geom_point).

## Warning: Removed 17 rows containing missing values
(geom_path).
```

#### Model 1: Random Intercepts



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