

ADEL L MIKHAIL

Male DOB: 04/12/1981

131092

Home: (661) 200-8000

Ins: NMM - BLUE SHIELD

07/02/2025 - Office Visit

Provider: Abdallah S Farrukh MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

The patient commencing is developing symptoms simile when is working hard so he does run a restaurant Long Beach of the dries sometimes daily sometimes once every 3-4 days and works all day in the restaurant and then he sized have faint sensation left upper extremity the patient had had an ACDF years ago at he does not affect his neck is much his left upper extremity feels weaker less and sensation.

Medication continue to manage his pain and keep his pain experience reasonable level for the patient as well as helps his affect and is allowing him to be gainfully employed

When evaluated today he said his neck pain is 5/10 on pain is mild sensation is bothering him there is diffuse loss of sensation mostly C5-C6 distribution with a positive Spurling maneuver deltoid rated at 4-/5 biceps at 4+/5 triceps is 5-/5 there is full function in the hand with preservation dorsiflexion flaying flexion of the wrist

Range of motion cervical spine mildly reduced at the left,

Neck extension was 10° mildly painful flexion the c hin remains 2 fingerbreadths over the suprasternal notch with a right lateral rotation of 70 degrees

So patient having recurrent radiculopathy,

Recommendation MRI of the cervical spine with and without contrast obtain x-ray bending views were noted the patient's medication since he needs the4 a s of analgesia

Active Medications:

Cymbalta 30 mg capsule, delayed release (duloxetine) Take 1 capsule by mouth twice a day as directed
pregabalin 75 mg capsule (pregabalin) Take 1 capsule by mouth three times a day as directed
Percocet 5 mg-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth four times a day as needed for pain MAY TAKE AN ADDITIONAL TAB EVERY 3 DAYS

Current Allergies:

* TRAMADOL (Critical)

Radiology Impression

Review of Records

Past Medical History:

High Blood Pressure

PHARMACY:

Sav On
43543 20th St W
Lancaster, CA
93536

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Past Surgical History:

No prior surgeries

Vital Signs:

Patient Profile: 44 Years Old Male
Height: 68 inches
Weight: 194 pounds
BMI: 29.49 kg/m2
O2 Sat: 96 %
Temp: 97.8 degrees F temporal
Pulse rate: 74 / minute
BP Sitting: 114 / 70 (left arm)

Cuff size: regular
Patient in pain? Yes
Location: upper back
Intensity: 5

Impression & Recommendations:

Problem # 1: CERVICAL SPONDYLOSIS WITHOUT MYELOPATHY (ICD-721.0) (ICD10-M47.812)

Orders:
MRI CERVICAL SPINE W & W/O CONTRAST (MRI CX SPINE W & W/O)
XRAY CERVICAL AP/LAT (XRAY CX AP/LAT)
XRAY CERVICAL FLEX/EXT (XRAY CX FLEX/EXT)
99214-FU, DETAILED (CPT-99214)

Problem # 2: Neck pain (ICD-723.1) (ICD10-M54.2)

His updated medication list for this problem includes:

Percocet 5 Mg-325 Mg Tablet (Oxycodone-acetaminophen) Take 1 tablet by mouth four times a day
as needed for pain may take an additional tab every 3 days

Orders:

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MRI CERVICAL SPINE W & W/O CONTRAST (MRI CX SPINE W & W/O)
XRAY CERVICAL AP/LAT (XRAY CX AP/LAT)
XRAY CERVICAL FLEX/EXT (XRAY CX FLEX/EXT)
99214-FU, DETAILED (CPT-99214)

Patient Instructions:

- 1) Please return to clinic in 30 days for continued pain management
 - 2) The patient is instructed to have an MRI of the cervical spine plus XR flexion extension views neck
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Electronically signed by Abdallah S Farrukh MD on 07/08/2025 at 1:02 PM
