

MARIA D CAMERANO

Female DOB: 02/28/1945

160090

Home: (626) 993-8629
Ins: HDMG - BLUE CROSS

04/30/2025 - Append

Provider: Jenette Arias

Location of Care: Antelope Valley Neuroscience Medical Group

Ms.Maria does not wish to pursue a second opinion.

Ms.Maria would like to proceed with the procedures with Dr. Farrukh.

Ms.Maria does not wish to have the procedure in the office using ultrasound

Ms.Maria would like to have the procedure done in the surgery center under anesthesia.

Ms.Maria expresses a preference for having the facet injection procedure done in a surgery center with administration of anesthesia. She declines rhizotomy and does not want a second opinion regarding pain management or facet injections.

Recommend Repeat Therapeutic Facet Block under Fluoroscopic Guidance. The patient reports greatly increasing pain over the past several weeks. Pain is rated at 8/10. The reported pain is sharp, shooting, and stabbing in nature and located across the lower back and at the sacroiliac joint, with associated radicular symptoms of sharp pain, shooting pain, and stabbing pain, radiating to the right buttock, left buttock, right leg, and left leg. The patient has had previous conservative treatment and previous treatment with physical therapy and medication, including treatment with oral steroids and lumbar exercises. Injections in the past have provided 80% relief of symptoms lasting greater than three to four months.

Radio Frequency Ablation in 4 out of 5 patients causes atrophy in the multifidus muscles, which will predispose the patient to have recurrent back pain sooner.

In addition, the rhizotomy is destructive to the nerve supply vs steroids are anti-inflammatory.

Data indicates an increased risk of segmental instability with Radio Frequency Ablations.

Electronically signed by Jenette Arias on 04/30/2025 at 10:57 AM
