

**DARLEAN SCOTT**

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

Height: 64 inches  
Weight: 170 pounds  
BMI: 29.18  
O2 Sat: 97 %  
Temp: 97.0 degrees F  
Pulse rate: 84 / minute  
BP Sitting: 120 / 62 (left arm)

Cuff size: regular  
Patient in pain? Yes  
Location: back  
Intensity: 10

**Physical Exam**

**Msk:**

cervical and lumbar tenderness

**Neurologic:**

Awake and alert  
II-XII normal  
grip better 5/5  
rt PF 4/5  
decreased rt L5 sensations  
absent rt AJ and rt BJ rest DTRs normal  
No cerebellar  
gait cannot do tandem  
positive SLR

**Impression & Recommendations:**

**Problem # 1:** CHRONIC PAIN SYNDROME (ICD-338.4) (ICD10-G89.4)

**Assessment:** Unchanged

**Orders:**

99024-NO CHARGE/POST OP (CPT-99024)

**Patient Instructions:**

- 1) Please schedule a follow-up appointment in 4-6 weeks.
- 2) Discussed the hazards of tobacco smoking (use). Smoking cessation recommended and techniques and options to help patient quit were discussed.
- 3) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 4) The patient was encouraged to lose weight for better health.