

**CLARESSA BLACK**  
Female DOB: 08/21/1955

173578

Home: (661) 350-1674  
Ins: Medicare Southern Region

**06/25/2025 - Office Visit**

**Provider: Abdallah S Farrukh MD**

**Location of Care: Antelope Valley Neuroscience Medical Group**

**History of Present Illness:**

The patient was seen today and she is taking Tylenol No. 3 she has early kidney disease I do not have the staging from her primary care however I encouraged the patient to communicate with her primary care 1 at to register my MR I would like to control her pain medication with the form of anti-inflammatory however given her kidney condition potential also cardiac issue I am going to stop the Celebrex for now and stop the Tylenol with codeine she takes acetaminophen and codeine with that she takes Tylenol No. 4 twice a day she also take a muscle relaxant in the form of methocarbamol so unknown do and give her methocarbamol 750 3 times a day

And am going upper arm hydrocodone 5 mg twice a day patient is to continue her back exercises William flexion exercises multifidus muscle exercises and transverse abdominis exercise

For now the patient to engage in a home exercise program I wanted to focus on the multifidus muscle exercises transverse abdominis exercises and on the William flexion exercises

As far as her pain is low back pain it has intermittent sciatic pain L5 distribution is not continuous but intermittent in nature

Patient said she had a rhizotomy which was beneficial however for now and moving away from recommending a right is only because the data that shows that can cause muscle atrophy in the multifidus muscle system whereby when I have the patient improve on the bottom and strength multifidus muscle so the patient exercises and current regimen is that improve her pain experience and help her improve her activity daily living I may introduce an injection site

**Active Medications:**

methocarbamol 750 mg tablet (methocarbamol) Take 1 tablet by mouth three times a day as needed for spasms

hydrocodone 5 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen) Take 1 tablet by mouth twice a day as needed for pain

**Current Allergies:**

No known allergies

**Radiology Impression**

**Review of Records**

**Past Medical History:**

Reviewed history from 05/28/2025 and no changes required:

Hypertension

Diabetes

CKD

No cancer or MI

PHARMACY:

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Walmart  
44665 Valley Central Way  
Lancaster, CA  
93536

**Past Surgical History:**

Status post tonsilectomy  
Status post appendectomy 1972  
Status post Mastectomy 2015  
Status post Gallbladder removal 2017

**Vital Signs:**

Patient Profile: 69 Years Old Female  
Height: 64 inches  
Weight: 180 pounds  
BMI: 30.89 kg/m2  
Temp: 96.8 degrees F temporal  
BP Sitting: 128 / 68 (left arm)

Cuff size: regular  
Patient in pain? Yes  
Location: lower back  
Intensity: 7

**Impression & Recommendations:**

**Problem # 1:** Back pain, lumbar, chronic (ICD-724.2) (ICD10-M54.59)

The following medications were removed from the medication list:

Acetaminophen 300 Mg-codeine 60 Mg Tablet (Acetaminophen-codeine) ..... Take 1 tablet by mouth every twelve hours as needed for pain

Celebrex 200 Mg Capsule (Celecoxib) ..... Take 1 capsule by mouth once a day as directed

Her updated medication list for this problem includes:

Methocarbamol 750 Mg Tablet (Methocarbamol) ..... Take 1 tablet by mouth three times a day as needed for spasms

Hydrocodone 5 Mg-acetaminophen 325 Mg Tablet (Hydrocodone-acetaminophen) ..... Take 1 tablet by

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mouth twice a day as needed for pain

Orders:  
99213-FU, EXPANDED (CPT-99213)

**Changes to the Medication List this visit:**

1) Methocarbamol 750 Mg Tablet .... Take 1 tablet by mouth three times a day as needed for spasms

**New additions to the Medication List this visit:**

1) Hydrocodone 5 Mg-acetaminophen 325 Mg Tablet .... Take 1 tablet by mouth twice a day as needed for pain

**Patient Instructions:**

1) Please return to clinic in 30 days for continued pain management.

**Medications:**

**Added**

New medication of hydrocodone 5 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen)  
Take 1 tablet by mouth twice a day as needed for pain Indications: Cervical radiculitis;Lumbar spondylosis  
- Signed

**Removed**

Medication of Celebrex 200 mg capsule (celecoxib)  
Take 1 capsule by mouth once a day as directed; Stop Date: 06/25/2025 - Signed

**Changed**

From methocarbamol 750 mg tablet (methocarbamol) Take 1 tablet by mouth every morning as needed for spasms for 14 days  
To methocarbamol 750 mg tablet (methocarbamol) Take 1 tablet by mouth three times a day as needed for spasms - Signed

**Removed**

Medication of Voltaren Arthritis Pain 1 % topical gel (diclofenac sodium)  
Apply 2 gram to affected area once a day as directed apply topically 2 grams to shoulders once a day for 6 days, stop for 6 days and then continue regimen for another 6 days; Stop Date: 06/25/2025 - Signed

**Removed**

Medication of acetaminophen 300 mg-codeine 60 mg tablet (acetaminophen-codeine)  
Take 1 tablet by mouth every twelve hours as needed for pain Indications: Lumbar spondylosis;Spinal stenosis, lumbar; Stop Date: 06/25/2025 - Signed

Rx of hydrocodone 5 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen)

Take 1 tablet by mouth twice a day as needed for pain; #60 tablet x 0; Signed;

Entered by: Abdallah S Farrukh MD; Authorized by: Abdallah S Farrukh MD;

Method used: Electronically to Walmart Pharmacy 1563 44765 VALLEY CENTRAL WAY, LANCASTER, CA 93536, Ph: (661) 940-8891 Fax: (661) 942-4272, ;

Created By: Abdallah S Farrukh MD; Signed By: Abdallah S Farrukh MD;

Clinical Date: 06/25/2025 2:10:10 PM

Rx of methocarbamol 750 mg tablet (methocarbamol)

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Home: (661) 350-1674  
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Take 1 tablet by mouth three times a day as needed for spasms; #90 tablet x 0; Signed;  
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Method used: Electronically to Walmart Pharmacy 1563 44765 VALLEY CENTRAL WAY, LANCASTER,  
CA 93536, Ph: (661) 940-8891 Fax: (661) 942-4272, ;  
Note to Pharmacy: USE Rx DISCOUNT CARD: \$45, BIN:019876, PCN:CHIPPO, Group:EMR,  
ID:DFD56D90A5;  
Created By: Abdallah S Farrukh MD; Signed By: Abdallah S Farrukh MD;  
Clinical Date: 06/25/2025 2:09:55 PM

Canceled Rx of acetaminophen 300 mg-codeine 60 mg tablet (acetaminophen-codeine)  
Take 1 tablet by mouth every twelve hours as needed for pain; #50 tablet x 0; Signed;  
Entered by: Abdallah S Farrukh MD; Authorized by: Abdallah S Farrukh MD;  
Method used: Electronically to Walmart Pharmacy 1563 44765 VALLEY CENTRAL WAY, LANCASTER,  
CA 93536, Ph: (661) 940-8891 Fax: (661) 942-4272, ;  
Created By: Abdallah S Farrukh MD; Signed By: Abdallah S Farrukh MD;  
Clinical Date: 06/25/2025 2:08:06 PM

Canceled Rx of Celebrex 200 mg capsule (celecoxib)  
Take 1 capsule by mouth once a day as directed; #30 capsule x 0; Signed;  
Entered by: Abdallah S Farrukh MD; Authorized by: Abdallah S Farrukh MD;  
Method used: Electronically to Walmart Pharmacy 1563 44765 VALLEY CENTRAL WAY, LANCASTER,  
CA 93536, Ph: (661) 940-8891 Fax: (661) 942-4272, ;  
Note to Pharmacy: USE Rx DISCOUNT CARD: \$501.4, BIN:019876, PCN:CHIPPO, Group:EMR,  
ID:DF6490084B;  
Created By: Abdallah S Farrukh MD; Signed By: Abdallah S Farrukh MD;  
Clinical Date: 06/25/2025 2:08:14 PM

**Prescriptions:**

Rx Canceled - Celebrex 200 mg capsule (celecoxib) Take 1 capsule by mouth once a day as directed  
#30 capsule x 0

Stopped (Inactive)

Entered and Authorized by: Abdallah S Farrukh MD  
Electronically signed by: Abdallah S Farrukh MD on 05/02/2025  
Method used: Electronically to  
Walmart Pharmacy 1563

Note to Pharmacy: USE Rx DISCOUNT CARD: \$501.4, BIN:019876, PCN:CHIPPO,  
Group:EMR, ID:DF6490084B

RxID: 2066479814915120

Created By: Abdallah S Farrukh MD  
Clinical Date: 06/25/2025 2:08:14 PM

Rx Canceled - acetaminophen 300 mg-codeine 60 mg tablet (acetaminophen-codeine) Take 1 tablet by  
mouth every twelve hours as needed for pain #50 tablet x 0

Stopped (Inactive)

Entered and Authorized by: Abdallah S Farrukh MD  
Electronically signed by: Abdallah S Farrukh MD on 05/29/2025  
Method used: Electronically to  
Walmart Pharmacy 1563

Note to Pharmacy:

Indications: Lumbar spondylosis;Spinal stenosis, lumbar

RxID: 2066479814915110

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methocarbamol 750 mg tablet (methocarbamol) Take 1 tablet by mouth three times a day as needed for spasms #90 tablet x 0

Entered and Authorized by: Abdallah S Farrukh MD  
Electronically signed by: Abdallah S Farrukh MD on 06/25/2025  
Method used: Electronically to  
Walmart Pharmacy 1563

Note to Pharmacy: USE Rx DISCOUNT CARD: \$45, BIN:019876, PCN:CHIPPO,  
Group:EMR, ID:DFD56D90A5

RxID: 2066479814915100

Created By: Abdallah S Farrukh MD

Clinical Date: 06/25/2025 2:09:55 PM

hydrocodone 5 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen) Take 1 tablet by mouth twice a day as needed for pain #60 tablet x 0

Entered and Authorized by: Abdallah S Farrukh MD  
Electronically signed by: Abdallah S Farrukh MD on 06/25/2025  
Method used: Electronically to  
Walmart Pharmacy 1563

Note to Pharmacy:

Indications: Cervical radiculitis;Lumbar spondylosis

RxID: 2066479814915090

Created By: Abdallah S Farrukh MD

Clinical Date: 06/25/2025 2:10:10 PM

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**Electronically signed by Abdallah S Farrukh MD on 07/01/2025 at 1:01 PM**

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