Antelope Valley Neuroscience Medical Group

42135 10th Street West Ste 301 LANCASTER, CA 93534-6093 (661) 945-6931 Fax: (661) 945-4592

July 9, 2025 Page 1 Office Visit

YVETTE MEREDITHFemale DOB: 01/10/1967

172639

Home: (661) 718-9567
Ins: NMM - GENERIC

07/07/2025 - Office Visit

Provider: Abdallah S Farrukh MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

The patient said the injection at least sublobar 60% with mild so usually before the injection it 6 she tried to turn in bed his pain will be excruciating she does not have that however she preferred to use a walker Catalpa back pain although listers surgeon wanted to use a cane but for now she is discovering that the walker is helping her back pain better overall the patient has adequate good outcome from the facet injection I added a multifidus muscle exercises when flexion exercises transverse abdominis exercises to be performed

Active Medications:

ibuprofen 800 mg tablet (ibuprofen) Take 1 tablet by mouth twice a day as needed

Current Allergies:

No known allergies

Radiology Impression

Review of Records

Past Medical History:

Reviewed and updated today:
Astha
Hypertension
No cancer,MI or diabetes

PHARMACY: Walmart Valley Central Way

Past Surgical History:

Status post tubal ligation 1989

Vital Signs:

Patient Profile: 58 Years Old Female

Height: 67 inches Weight: 256.6 pounds

Antelope Valley Neuroscience Medical Group

42135 10th Street West Ste 301 LANCASTER, CA 93534-6093 (661) 945-6931 Fax: (661) 945-4592

July 9, 2025 Page 2 Office Visit

YVETTE MEREDITH

Home: (661) 718-9567 Ins: NMM - GENERIC Female DOB: 01/10/1967 172639

BMI: 40.18 kg/m2

O2 Sat: 98 %

Temp: 97.7 degrees F temporal

Pulse rate: 78 / minute

BP Sitting: 112 / 70 (left arm)

Cuff size: regular Patient in pain? Yes

Location: both knees, back

Intensity: 5

Impression & Recommendations:

Problem # 1: Lumbar pain (ICD-724.2) (ICD10-M54.50)

Her updated medication list for this problem includes:

Ibuprofen 800 Mg Tablet (Ibuprofen) Take 1 tablet by mouth twice a day as needed

Orders:

99213-FU, EXPANDED (CPT-99213)

Problem # 2: Spondylosis, cervical, with radiculopathy (ICD-723.4) (ICD10-M47.22)

Orders:

99213-FU, EXPANDED (CPT-99213)

Patient Instructions:

1) Please return to clinic in 30 months for a routine follow-up.

Electronically signed by Abdallah S Farrukh MD on 07/09/2025 at 9:48 PM