Antelope Valley Neuroscience Medical Group

42135 10th Street West Ste 301 LANCASTER, CA 93534-6093 (661) 945-6931 Fax: (661) 945-4592

July 8, 2025 Page 1 Office Visit

YVETTE M PREEFemale DOB: 09/07/1968

Home: (626) 493-1928

127733

Ins: NMM - BLUE SHIELD

07/02/2025 - Office Visit

Provider: Abdallah S Farrukh MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

So isolated today her biggest issue is her shoulder and neck pain she said the pain in the shoulder neck is disabling her by the facet injection lumbar spine is at significant improvement in her pain experience and lumbar spine and she actually says he hardly have any pain down the legs as well as of the injection back helped her back pain buttock pain and referred leg pain she did have true sciatica she is referred leg pain but no true sciatica she also reports 50% improvement of her neck pain with the medication not helping the shoulder is much

When evaluated she is fully awake alert oriented x3 pupils are equal and reactive there is no limitation of upward gaze no down beating nystagmus, extraocular muscle movement which is nerve III 4 6 is for face symmetric shoulder shrug on the left disc curtailed due to the severe pain and swelling PFF. The patient is able to have full range of motion the right side left side she has loss of abduction flexion extension she was almost 90% of these range of motion specifically the abduction she has loss of 90% and flexion she did about 15° extension was 5° at b est Peno prepped

Range of motion to the right she did 60° right late ral rotation 15° tilt to the right 5° tilt to the I eft left lateral rotation was 5° at best PFF

Patient reports adequate pain experience with the intake medication without side effect she meets the 4 a s of analgesia I will refill her medication. Again I am recommending facet injection at C3-C4 C4-5 C5-6 with a posterior subacromial injection of the left shoulder

Active Medications:

Medrol (Pak) 4 mg tablets in a dose pack (methylprednisolone) Take 1 tablet by mouth as directed as directed following package instructions

hydrocodone 10 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen) Take 1 tablet by mouth every twelve hours as needed for pain

methocarbamol 750 mg tablet (methocarbamol) Take 1 tablet by mouth three times a day as needed for spasms

Current Allergies:

No known allergies

Radiology Impression

Review of Records

Past Medical History:

Hypertension No diabetes, MI, or cancer. Multiple Sclerosis Angiogram Glaucoma - Dr. Chang

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PHARMACY

Past Surgical History:

Status post Tonsillectomy at age 8
Status post Knee 1997
Status post Right CTR 2011
Status post Left CTR 2012
Status post Mouth surgery
Status post Spinal Cord Stim by Dr. Farrukh on 01/21/16.
Status post C4-C7 ACDF by Dr. Farrukh on 01/25/18.

Vital Signs:

Patient Profile: 56 Years Old Female

Height: 60 inches Weight: 164 pounds BMI: 32.03 kg/m2

O2 Sat: 98 %

Temp: 98.4 degrees F temporal

Pulse rate: 96 / minute BP Sitting: 114 / 84 (left arm)

Cuff size: regular Patient in pain? Yes

Location: both legs, both shoulders

Intensity: 8

Impression & Recommendations:

Problem # 1: Shoulder pain, chronic (ICD-719.41) (ICD10-M25.519)

Orders:

99213-FU, EXPANDED (CPT-99213)

Problem # 2: Lumbar spondylosis (ICD-721.3) (ICD10-M47.816)

Orders:

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99213-FU, EXPANDED (CPT-99213)

Problem # 3: Neck pain (ICD-723.1) (ICD10-M54.2)

Her updated medication list for this problem includes:

Hydrocodone 10 Mg-acetaminophen 325 Mg Tablet (Hydrocodone-acetaminophen) Take 1 tablet by mouth every twelve hours as needed for pain

Methocarbamol 750 Mg Tablet (Methocarbamol) Take 1 tablet by mouth three times a day as needed for spasms

Orders:

99213-FU, EXPANDED (CPT-99213) FACET BLOCK CERVICAL (FB CX) 99213-FU, EXPANDED (CPT-99213)

Patient Instructions:

- 1) The patient is being recommended to have a facet injection plus a subacromial shoulder injection bilatreally.
- 2) Please return to clinic before 30 days for continued management of pain

Electronically signed by Abdallah S Farrukh MD on 07/08/2025 at 1:23 PM