

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

09/08/2020 - Office Visit

Provider: Mukesh Misra MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 56 year old woman with the complaint of neck pain. low back pain. bilateral leg pain. Patient is here to follow-up and discussed regarding her chronic use of narcotics and chronic pain management. Patient has some findings a urinalysis that had to be discussed. She tells me that she does have a card for cannabis for she did not get with her today. Her chronic pain management and narcotic use and misuse and disuse of other concurrent medications and drugs were discussed at length with the patient. She agrees and understands the repercussions and will follow the instructions. Urinalysis again been sent for testing.

Patient complies with the 4 A's of opioid treatment.

ADL's: Patient is able to perform activities of daily living with the aid of the medications.

Adverse side effects: No side effects noted including cognitive/somnolence/respiratory depression and constipation.

Abuse: No signs of abuse, misuse or diversion

Associations: No worsening depression or anxiety.

A CURES report from the Department of Justice - Bureau of Narcotic Enforcement was reviewed and is consistent with the medications we are prescribing. Patient would recommend to continue decreasing medication for his pain. Adverse of medication discussed with patient as well

Review of Records

Past Medical History:

Reviewed history from 08/13/2020 and no changes required:
No hypertension, diabetes, MI, or cancer.

Past Surgical History:

Reviewed history from 08/13/2020 and no changes required:
Status post L3-L5 Lumbar Laminectomy/Laminotomy.
Status post Left CTR.
Status post Right CTR.
Status post C4-C7 ACDF by Dr Misra on 12/12/16.
Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

Family History Summary:

Reviewed history Last on 08/13/2020 and no changes required:09/08/2020

General Comments - FH:

Family History of Tuberculosis

Family History of Bleeding Disorders

Family History of High Blood Pressure

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Family History of Diabetes
Family History of Heart Disease

Social History:

Reviewed history from 06/01/2017 and no changes required:
Patient currently smokes every day. She smokes 6 cigarettes a day
Alcohol Use - yes Moderate.
Drug Use - no
HIV/High Risk - no
Regular Exercise - no

Risk Factors:

Counseled to Quit/Cut Down: yes

Vital Signs:

Patient Profile: 56 Years Old Female
Height: 64 inches
Weight: 189 pounds
BMI: 32.44
Temp: 97.1 degrees F
BP Sitting: 168 / 88

Patient in pain? Yes

Location: back, right foot
Intensity: 8

Physical Exam

Msk:

cervical and lumbar tenderness

Neurologic:

Awake and alert
II-XII normal
grip better 5/5
rt PF 4/5
decreased rt L5 sensations
absent rt AJ and rt BJ rest DTRs normal
No cerebellar
gait cannot do tandem
positive SLR