# **Antelope Valley Neuroscience Medical Group**

42135 10th Street West Ste 301 LANCASTER, CA 93534-6093 (661) 945-6931 Fax: (661) 945-4592

June 17, 2025 Page 2 Office Visit

**NADINE AGUILAR**Female DOB: 11/26/1958

Home: (661) 802-9785
Ins: NMM - LA CARE

**Family History Summary:** 

Family History Reviewed: 06/09/2025

Legacy Family History Notes: Cancer High blood pressure Diabetes

# **Social History Summary:**

Does nt

# Vital Signs:

Patient Profile: 66 Years Old Female

Height: 54 inches
Weight: 181.8 pounds
BMI: 43.83 kg/m2

O2 Sat: 95 %

Temp: 97.8 degrees F temporal

Pulse rate: 64 / minute BP Sitting: 146 / 86 (left arm)

Cuff size: regular Patient in pain? Yes

Location: back, both feet

Intensity: 6

Allergies: Allergies were reviewed with the patient during this visit.

# **Detailed Neurologic Exam**

### **Motor Exam:**

#### Gait:

She ambulates with a front wheeled walker

### Strength:

The bilateral iliopsoas, quadriceps, dorsiflexion, and plantar flexion are with 5/5 strength.

### **Sensory Exam:**

#### **Light Touch:**

No evidence for sensory loss.

## **Reflex Exam:**

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### **Deep Tendon Reflexes:**

Right Knee: 1+ Left Knee: 1+ Right Ankle: 1+ Left Ankle: 1+

Clonus:

Clonus is absent.

### Impression & Recommendations:

Problem #1: Spondylosis without myelopathy or radiculopathy, lumbar region (ICD10-M47.816)

Orders:

99205-COMP, COMPLEX (CPT-99205)
MRI LUMBAR SPINE W/O CONTRAST (MRI LUM W/O)

#### New additions to the Medication List this visit:

1) Valium 5 Mg Tablet .... Take 1 tablet by mouth once a day for mri

#### **Patient Instructions:**

- 1) PT TO BE SCHEDULED FOR MRI LUMBAR W/O, WILL REQ AUTH.
- 2) PT TO FOLLOW UP AFTER IMAGING IS DONE.
- 3) WILL GIVE PT VALIUM 5MG #2 FOR MRI.

#### **Medications:**

Added

New medication of Valium 5 mg tablet (diazepam)

Take 1 tablet by mouth once a day FOR MRI Indications: Spondylosis without myelopathy or radiculopathy, lumbar region - Signed

Rx of Valium 5 mg tablet (diazepam)

Take 1 tablet by mouth once a day FOR MRI; #2 tablet x 0; Signed;

Entered by: Manprit K Dhillon MD; Authorized by: Manprit K Dhillon MD;

Method used: Electronically to Walmart Pharmacy 2951 1731 EAST AVENUE J, LANCASTER (E), CA 93535, Ph: (661) 945-9568 Fax: (661) 945-5930, ;

Note to Pharmacy: FOR MRI:USE Rx DISCOUNT CARD: \$14.93, BIN:019876, PCN:CHIPPO,

Group:EMR, ID:DF8369DAC4; Created By: Manprit K Dhillon MD; Signed By: Manprit K Dhillon MD;

Clinical Date: 06/09/2025 11:04:49 AM

**Prescriptions:** 

Valium 5 mg tablet (diazepam) Take 1 tablet by mouth once a day FOR MRI #2 tablet x 0

Entered and Authorized by: Manprit K Dhillon MD Electronically signed by: Manprit K Dhillon MD on 06/09/2025

Method used: Electronically to

Walmart Pharmacy 2951

Note to Pharmacy: FOR MRI:USE Rx DISCOUNT CARD: \$14.93, BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF8369DAC4