

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

10/15/2020 - Office Visit

Provider: Mukesh Misra MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 56 year old woman with the complaint of neck pain. low back pain. bilateral buttock pain. bilateral leg pain. Patient follow-up for her ongoing neck and back issues. Patient is mostly stable on medication for pain and periodic steroid injection. She does have chronic pain issues. She has had few back surgeries. She wanted a spinal cord tumor later trial done some time ago but avoided doing that due to Covid. She is wanting to do this at this time. I will schedule her for a spinal cord tumor later trial and then follow-up. In the meantime. We did get schedule for the repeat lumbar steroid injection. Plan and risk and benefit discussed with patient. Patient complies with the 4 A's of opioid treatment.

ADL's: Patient is able to perform activities of daily living with the aid of the medications.

Adverse side effects: No side effects noted including cognitive/somnolence/respiratory depression and constipation.

Abuse: No signs of abuse, misuse or diversion

Associations: No worsening depression or anxiety.

A CURES report from the Department of Justice - Bureau of Narcotic Enforcement was reviewed and is consistent with the medications we are prescribing. Patient would recommend to continue decreasing medication for his pain. Adverse of medication discussed with patient as well.

Review of Records

Past Medical History:

Reviewed history from 09/08/2020 and no changes required:
No hypertension, diabetes, MI, or cancer.

Past Surgical History:

Reviewed history from 09/08/2020 and no changes required:
Statys post L3-L5 Lumbar Laminectomy/Laminotomy.
Status post Left CTR.
Status post Right CTR.
Status post C4-C7 ACDF by Dr Misra on 12/12/16.
Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

Family History Summary:

Reviewed history Last on 09/08/2020 and no changes required:10/15/2020

General Comments - FH:

Family History of Tuberculosis

Family History of Bleeding Disorders

Family History of High Blood Pressure

Family History of Diabetes

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Family History of Heart Disease

Social History:

Reviewed history from 06/01/2017 and no changes required:

Patient currently smokes every day. She smokes 6 cigarettes a day

Alcohol Use - yes Moderate.

Drug Use - no

HIV/High Risk - no

Regular Exercise - no

Vital Signs:

Patient Profile: 56 Years Old Female

Height: 64 inches

Weight: 191 pounds

BMI: 32.78

Temp: 96.2 degrees F

BP Sitting: 146 / 88 (right arm)

Cuff size: large

Patient in pain? Yes

Location: back

Intensity: 8

Physical Exam

Msk:

cervical and lumbar tenderness

Neurologic:

Awake and alert

II-XII normal

grip better 5/5

rt PF 4/5

decreased rt L5 sensations

absent rt AJ and rt BJ rest DTRs normal

No cerebellar

gait cannot do tandem

positive SLR

Impression & Recommendations: