Medication History

metoprolol succinate (25mg Tablet, Extende, 1 (one) oral every night, Taken starting 03/17/2025) Active.

famotidine (20mg tablet, 1 (one) oral daily, Taken starting 09/03/2024) Active.

Entresto (24-26mg tablet 1 (one) oral BID, Taken starting 03/17/2025) Active - Hx Entry.

pantoprazole (40mg tablet, delayed, 1 (one) oral daily, Taken starting 03/17/2025) Active.

Pacerone (200mg tablet, 1 (one) oral two times daily, Taken starting 03/17/2025) Active.

Eliquis (5mg tablet, 1 (one) oral BID, Taken starting 05/21/2025) Active.

spironolactone (25mg tablet, ½ (one half) oral daily, Taken starting 05/21/2025) Active. (stop HCTZ)

Vitamin D3 (25 mcg(1,000 uni tablet, oral daily) Active.

Medications Reconciled.

Review of Systems

Skin Not Present- Bruising, Itching and Rash.

HEENT Present- **Wears glasses/contact lenses**. Not Present- Blurred Vision, Dentures, Headache, Hearing Loss, Loose teeth, Nasal polyps, Nose Bleed, Permanent blindness in either eye, Sore Throat and Vertigo. **Neck** Not Present- Neck Pain and Neck Stiffness.

Respiratory Present- Asthma and Wheezing. Not Present- Bloody sputum, Cough, Decreased Exercise Tolerance, Difficulty

Breathing, Hemoptysis, Recent bronchitis or chest cold and Sputum Production.

Cardiovascular Present- Edema. Not Present- Awakening at night gasping for air or short of breath, Calf Cramps, Chest Pain, Claudications, Difficulty Breathing Lying Down, Difficulty Breathing On Exertion, Discoloration of feet and legs, Fainting / Blacking Out, Leg Cramps, Palpitations, Require more than one pillow at night to breathe, Shortness of Breath and Swelling of

Gastrointestinal Not Present- Abdominal Pain, Bloody Stool, Constipation, Diarrhea, Dysphagia, Heartburn, Indigestion,

Nausea and Vomiting.

Musculoskeletal Present- Back Pain, Joint Pain and Joint Swelling. Not Present- Muscle Atrophy and Muscle Pain.

Neurological Present- Depression. Not Present- Decreased Memory, Difficulty Speaking, Dizziness, Epilepsy or seizures, Fainting, Headaches, Incontinence Urine, Loss of Consciousness, Migraines, Numbness, Paresthesias, Sudden visual disturbances in either eye, Temporary blindness in either eye, Temporary speech loss or difficulty talking, Tremor, Trouble walking, Unsteadiness and Weakness or paralysis of one side of the body.

Endocrine Not Present- Appetite Changes, Excessive Thirst, Excessive Úrination and Recent weight gain or loss(>10 lbs.). **Hematology** Not Present- Abnormal Bleeding, Anemia, Easy Bruising, Excessive bleeding, Nose Bleed and Recent fever.

Vitals

05/21/2025 10:37 AM

Weight: 141 lb Height: 75 in

Body Surface Area: 1.89 m² **Body Mass Index:** 17.62 kg/m²

Pulse: 76 (Regular) P. OX: 92% (Room air) **BP:** 103/60 Manual (Sitting, Left Arm, Standard)

Physical Exam

The physical exam findings are as follows:

General

Mental Status - Alert.

General Appearance - Cooperative, Not in acute distress, Not Sickly.

Orientation - Oriented X4.

Build & Nutrition - Well nourished and Well developed.

<u>Integumentary</u>

Global Assessment

Examination of related systems reveals - Examination of digits and nails reveals no abnormalities, no digital clubbing, cyanosis or petechiae.

General Characteristics

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