

YVETTE M PREE

Female DOB: 09/07/1968

127733

Home: (626) 493-1928

Ins: NMM - BLUE SHIELD

06/04/2025 - Office Visit

Provider: Abdallah S Farrukh MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

This is a well-known patient of mine she suffers from chronic neck pain, chronic low back pain perform an ACDF for the cervical spine that resulted in improvement in her myelopathy and radiculopathy but the patient continued to have recurrent neck pain recurrent low back pain she does perform home exercise program but the patient says her neck pain in both shoulders as significant he progressed she has frozen shoulders both sides of the limitation of shoulder abduction flexion extension left worse than right. Pap patient responded for a short by shoulder injection and cervical spine injection in the past with better than 70% improvement in her pain symptomatology and improved function

I have given the patient shoulder exercises and cervical spine exercises to do and ability bass bases addition to lumbar exercises

Pain medication improve her pain experience by about 40-50% but the cervical spine facet injection will enhance her pain experience significantly and improve her activity daily living

The patient does not report any ill effect from the intake of her narcotics, nor the muscle relaxant methocarbamol

I have given the patient a Medrol Dosepak it did not take away her neck pain or shoulder pain it happened on May 13

When evaluated the patient she is fully awake alert she has significant animation of pain in her face she cried when I asked her how she is doing so the neck pain is quite severe is rated to be 10/10 with severe limitation range of motion his neck is stiff and she has radiation to the medial Area into the shoulder plus she has interestingly shoulder pain bilateral

Patient reflexes are depressed in the bicipital triceps she has preservation of hand function dorsiflexion flaying flexion ulnar and median deviation of the wrist present there is full range of motion of both elbows but the shoulder she has hardly any abduction on the right she did 5° in the left flexion was 5° on the right 5° of the left extension is about 10° of extenHowever the pain is severe.

For now the patient meets the 4s of analgesia I will refill her narcotic a muscle relaxant but I am recommending cervical spine facet injection at C3-C4 C4-C5 C5-C6 and injection of both shoulders I would like to perform a posterior subacromial injection in both shoulders at the same time

Hands recommendation C3-C4, C4-C5, C5-C6 bilateral facet injections cervical spine

Posterior subacromial shoulder injection bilaterally using lidocaine and 10 mg adduct dexamethasone per shoulder

Active Medications:

Medrol (Pak) 4 mg tablets in a dose pack (methylprednisolone) Take 1 tablet by mouth as directed as directed following package instructions

hydrocodone 10 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen) Take 1 tablet by mouth every twelve hours as needed for pain

methocarbamol 750 mg tablet (methocarbamol) Take 1 tablet by mouth three times a day as needed for spasms

Current Allergies:

No known allergies

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Radiology Impression

Review of Records

Past Medical History:

Hypertension
No diabetes, MI, or cancer.
Multiple Sclerosis
Angiogram
Glaucoma - Dr. Chang

PHARMACY

Past Surgical History:

Status post Tonsillectomy at age 8
Status post Knee 1997
Status post Right CTR 2011
Status post Left CTR 2012
Status post Mouth surgery
Status post Spinal Cord Stim by Dr. Farrukh on 01/21/16.
Status post C4-C7 ACDF by Dr. Farrukh on 01/25/18.

Vital Signs:

Patient Profile: 56 Years Old Female
Height: 60 inches
Weight: 173 pounds
BMI: 33.78 kg/m2
O2 Sat: 95 %
Temp: 98.0 degrees F temporal
Pulse rate: 91 / minute
BP Sitting: 130 / 84 (left arm)

Cuff size: regular
Patient in pain? Yes
Location: whole body
Intensity: 7

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Impression & Recommendations:

Problem # 1: Shoulder pain, chronic (ICD-719.41) (ICD10-M25.519)

Orders:

99214-FU, DETAILED (CPT-99214)

Problem # 2: Neck pain (ICD-723.1) (ICD10-M54.2)

Her updated medication list for this problem includes:

Hydrocodone 10 Mg-acetaminophen 325 Mg Tablet (Hydrocodone-acetaminophen) Take 1 tablet by mouth every twelve hours as needed for pain

Methocarbamol 750 Mg Tablet (Methocarbamol) Take 1 tablet by mouth three times a day as needed for spasms

Orders:

99214-FU, DETAILED (CPT-99214)

FACET BLOCK CERVICAL (FB CX)

Patient Instructions:

- 1) Patient is recommended to have a Cervical facet injection plus a shoulder injection.
- 2) Please return to clinic in 30 days for continued pain management.

Medications:

Rx of hydrocodone 10 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen)

Take 1 tablet by mouth every twelve hours as needed for pain; #60 tablet x 0; Signed;

Entered by: Abdallah S Farrukh MD; Authorized by: Abdallah S Farrukh MD;

Method used: Electronically to WALGREENS #06976 37160 47TH ST E, PALMDALE, CA 935524450,

Ph: (661) 236-0015 Fax: (661) 236-0057, ;

Note to Pharmacy: DO NOT FILL BEFORE 06/11/25! USE Rx DISCOUNT CARD: \$21.26, BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF5301C598;

Created By: Abdallah S Farrukh MD; Signed By: Abdallah S Farrukh MD;

Clinical Date: 06/11/2025 12:00:00 AM

Rx of hydrocodone 10 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen)

Take 1 tablet by mouth every twelve hours as needed for pain; #60 tablet x 0; Signed;

Entered by: Abdallah S Farrukh MD; Authorized by: Abdallah S Farrukh MD;

Method used: Electronically to WALGREENS #06976 37160 47TH ST E, PALMDALE, CA 935524450,

Ph: (661) 236-0015 Fax: (661) 236-0057, ;

Note to Pharmacy: DO NOT FILL BEFORE 07/11/25! USE Rx DISCOUNT CARD: \$27.4, BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF5301C598;

Created By: Abdallah S Farrukh MD; Signed By: Abdallah S Farrukh MD;

Clinical Date: 07/11/2025 12:00:00 AM

Prescriptions:

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hydrocodone 10 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen) Take 1 tablet by mouth every twelve hours as needed for pain #60 tablet x 0

Entered and Authorized by: Abdallah S Farrukh MD
Electronically signed by: Abdallah S Farrukh MD on 07/03/2025
Method used: Electronically to
WALGREENS #06976

Note to Pharmacy: DO NOT FILL BEFORE 07/11/25!:USE Rx DISCOUNT CARD: \$27.4,
BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF5301C598

Indications: Cervical disc disease;Radiculopathy, cervical region

RxID: 2067164309042350

Created By: Abdallah S Farrukh MD

Clinical Date: 07/11/2025 12:00:00 AM

hydrocodone 10 mg-acetaminophen 325 mg tablet (hydrocodone-acetaminophen) Take 1 tablet by mouth every twelve hours as needed for pain #60 tablet x 0

Entered and Authorized by: Abdallah S Farrukh MD
Electronically signed by: Abdallah S Farrukh MD on 06/06/2025
Method used: Electronically to
WALGREENS #06976

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BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF5301C598

Indications: Cervical disc disease;Radiculopathy, cervical region

RxID: 2064849649710410

Created By: Abdallah S Farrukh MD

Clinical Date: 06/11/2025 12:00:00 AM

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Electronically signed by Abdallah S Farrukh MD on 07/08/2025 at 1:22 PM
