

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

03/06/2025 - Office Visit

Provider: Mukesh Misra MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 60 year old woman with the complaint of neck pain. bilateral arm pain. low back pain. bilateral buttock pain. bilateral leg pain. I saw Darlene in the office today she is a 60-year-old patient follow-up ongoing neck and back issues. She recently had a craniotomy and aneurysm clipped in a UCR walking. She for follow-up ongoing pain. She denies any new issues. She tells me her pain is adequately managed with medication is getting. She has a lot of photophobia and has a right eye shield since her a craniotomy. Rest of the neurological exams unchanged. Tells me she is going to go for further treatment possible according for aneurysm in the coming weeks. Recommended to follow with local doctors and in UCR on for pain management as well. She went to find in the meantime continue medication prescribed and then follow-up per appointment plan discussed with patient case of acute event she has been instructed to go to urgent care and or emergency room if not follow-up per appointment.

Patient complies with the 4 A's of opioid treatment.

ADL's: Patient is able to perform activities of daily living with the aid of the medications.

Adverse side effects: No side effects noted including cognitive/somnolence/respiratory depression and constipation.

Abuse: No signs of abuse, misuse or diversion

Associations: No worsening depression or anxiety.

A CURES report from the Department of Justice - Bureau of Narcotic Enforcement was reviewed and is consistent with the medications we are prescribing. Patient would recommend to continue decreasing medication for his pain. Adverse of medication discussed with patient as well.

Certain portion of the progress note may have findings and information retrieved from the previous office visit note. This is a part of this progress note

Active Medications:

Percocet 10 mg-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

IBU 800 mg tablet (ibuprofen) Take 1 tablet by mouth twice a day as needed for pain

carisoprodol 350 mg tablet (carisoprodol) Take 1 tablet by mouth three times a day as needed as directed for spasms

gabapentin 100 mg capsule (gabapentin) Take 1 capsule by mouth three times a day as directed

Percocet 10-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

carisoprodol 350 mg tablet (carisoprodol) Take 1 tablet by mouth three times a day as needed for spasms

Current Allergies:

No known allergies

Radiology Impression

Review of Records

Past Medical History:

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

No hypertension, diabetes, MI, or cancer.

PHARMACY:

Walgreens
21650 US HIGHWAY 18
Apple Valley, CA 92307

Past Surgical History:

Statys post L3-L5 Lumbar Laminectomy/Laminotomy.
Status post Left CTR.
Status post Right CTR.
Status post C4-C7 ACDF by Dr Misra on 12/12/16.
Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

Vital Signs:

Patient Profile: 60 Years Old Female
Height: 64 inches
Weight: 138 pounds
BMI: 23.69 kg/m2
O2 Sat: 97 %
Temp: 98.4 degrees F temporal
Pulse rate: 75 / minute
BP Sitting: 110 / 60 (left arm)

Cuff size: regular
Patient in pain? Yes
Location: head, back, throat
Intensity: 7

Physical Exam

Msk:

cervical and lumbar tenderness

Neurologic:

Awake and alert
II-XII normal
grip better 5/5
rt PF 4/5
decreased rt L5 sensations

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

absent rt AJ and rt BJ rest DTRs normal
No cerebellar
gait cannot do tandem
positive SLR

Impression & Recommendations:

Problem # 1: Spinal stenosis, lumbar region with neurogenic claudication (ICD10-M48.062)

Assessment: Unchanged

Problem # 2: Low back pain, chronic (ICD-724.2) (ICD10-M54.59)

Assessment: Deteriorated

Her updated medication list for this problem includes:

Percocet 10 Mg-325 Mg Tablet (Oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

Ibu 800 Mg Tablet (Ibuprofen) Take 1 tablet by mouth twice a day as needed for pain

Carisoprodol 350 Mg Tablet (Carisoprodol) Take 1 tablet by mouth three times a day as needed as directed for spasms

Percocet 10-325 Mg Tablet (Oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

Carisoprodol 350 Mg Tablet (Carisoprodol) Take 1 tablet by mouth three times a day as needed for spasms

Orders:

99214-FU, DETAILED (CPT-99214)

Patient Instructions:

- 1) Please schedule a follow-up appointment in 1 month.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) The patient was encouraged to lose weight for better health.
- 4) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.
- 5) Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to neck and take medication as instructed for pain relief. Please read the Neck Pain Handout and start Physical Therapy as directed. Plan to get a medication treatment before and then follow-up per appointment in case of acute event she has been instructed to go to urgent care and or emergency room.

Medications:

Rx of carisoprodol 350 mg tablet (carisoprodol)

Take 1 tablet by mouth three times a day as needed as directed for spasms; #90 tablet x 1; Signed;

Entered by: Mukesh Misra MD; Authorized by: Mukesh Misra MD;

Method used: Electronically to WALGREENS #12332 21650 US HIGHWAY 18, APPLE VALLEY, CA 923073990, Ph: (760) 240-0866 Fax: (760) 961-9488, ;

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

Created By: Mukesh Misra MD; Signed By: Mukesh Misra MD;
Clinical Date: 03/06/2025 11:11:08 AM

Rx of Percocet 10 mg-325 mg tablet (oxycodone-acetaminophen)
Take 1 tablet by mouth every six hours as needed for pain; #120 tablet x 0; Signed;
Entered by: Mukesh Misra MD; Authorized by: Mukesh Misra MD;
Method used: Electronically to WALGREENS #12332 21650 US HIGHWAY 18, APPLE VALLEY, CA 923073990, Ph: (760) 240-0866 Fax: (760) 961-9488, ;
Note to Pharmacy: USE Rx DISCOUNT CARD: \$5134.01, BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF87FC88CC;
Created By: Mukesh Misra MD; Signed By: Mukesh Misra MD;
Clinical Date: 03/06/2025 11:11:08 AM

Rx of gabapentin 100 mg capsule (gabapentin)
Take 1 capsule by mouth three times a day as directed; #90 capsule x 2; Signed;
Entered by: Mukesh Misra MD; Authorized by: Mukesh Misra MD;
Method used: Electronically to WALGREENS #12332 21650 US HIGHWAY 18, APPLE VALLEY, CA 923073990, Ph: (760) 240-0866 Fax: (760) 961-9488, ;
Created By: Mukesh Misra MD; Signed By: Mukesh Misra MD;
Clinical Date: 03/06/2025 11:10:44 AM

Rx of IBU 800 mg tablet (ibuprofen)
Take 1 tablet by mouth twice a day as needed for pain; #60 tablet x 3; Signed;
Entered by: Mukesh Misra MD; Authorized by: Mukesh Misra MD;
Method used: Electronically to WALGREENS #12332 21650 US HIGHWAY 18, APPLE VALLEY, CA 923073990, Ph: (760) 240-0866 Fax: (760) 961-9488, ;
Note to Pharmacy: USE Rx DISCOUNT CARD: \$14.94, BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF8C8A12BD;
Created By: Mukesh Misra MD; Signed By: Mukesh Misra MD;
Clinical Date: 03/06/2025 11:10:44 AM

Prescriptions:

IBU 800 mg tablet (ibuprofen) Take 1 tablet by mouth twice a day as needed for pain #60 tablet x 3
Entered and Authorized by: Mukesh Misra MD
Electronically signed by: Mukesh Misra MD on 03/06/2025
Method used: Electronically to
WALGREENS #12332

Note to Pharmacy: USE Rx DISCOUNT CARD: \$14.94, BIN:019876, PCN:CHIPPO,
Group:EMR, ID:DF8C8A12BD

RxID: 2056878672973090

Created By: Mukesh Misra MD

Clinical Date: 03/06/2025 11:10:44 AM

gabapentin 100 mg capsule (gabapentin) Take 1 capsule by mouth three times a day as directed #90 capsule x 2

Entered and Authorized by: Mukesh Misra MD
Electronically signed by: Mukesh Misra MD on 03/06/2025
Method used: Electronically to
WALGREENS #12332

Note to Pharmacy:

RxID: 2056878672973080

Created By: Mukesh Misra MD

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

Clinical Date: 03/06/2025 11:10:44 AM
Percocet 10 mg-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain #120 tablet x 0

Entered and Authorized by: Mukesh Misra MD
Electronically signed by: Mukesh Misra MD on 03/06/2025
Method used: Electronically to
WALGREENS #12332

Note to Pharmacy: USE Rx DISCOUNT CARD: \$5134.01, BIN:019876, PCN:CHIPPO,
Group:EMR, ID:DF87FC88CC

Indications: Radiculopathy, cervical region;Cervical Spondylosis

RxID: 2056878672973070

Created By: Mukesh Misra MD

Clinical Date: 03/06/2025 11:11:08 AM

carisoprodol 350 mg tablet (carisoprodol) Take 1 tablet by mouth three times a day as needed as directed for spasms #90 tablet x 1

Entered and Authorized by: Mukesh Misra MD
Electronically signed by: Mukesh Misra MD on 03/06/2025
Method used: Electronically to
WALGREENS #12332

Note to Pharmacy:

RxID: 2056878672973060

Created By: Mukesh Misra MD

Clinical Date: 03/06/2025 11:11:08 AM

]

Electronically signed by Mukesh Misra MD on 03/06/2025 at 11:11 AM
