

**DARLEAN SCOTT**

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

**10/07/2021 - Office Visit**

**Provider: Mukesh Misra MD**

**Location of Care: Antelope Valley Neuroscience Medical Group**

**History of Present Illness:**

I saw DARLEAN SCOTT back in the office today. She is now over a month she had a spinal cord stimulator implantation. Patient for follow-up. Her incision is healing well. She had seen Medtronic representative in her spinal cord stimulator has been programmed adequately. She does have adequate coverage. She takes medication discussed regarding pain management with the patient at this time. We go to slowly find ways to cut down her narcotic intake. In the meantime plan is to continue present management. Plan discussed with patient and family.

Patient complies with the 4 A's of opioid treatment.

ADL's: Patient is able to perform activities of daily living with the aid of the medications.

Adverse side effects: No side effects noted including cognitive/somnolence/respiratory depression and constipation.

Abuse: No signs of abuse, misuse or diversion

Associations: No worsening depression or anxiety.

A CURES report from the Department of Justice - Bureau of Narcotic Enforcement was reviewed and is consistent with the medications we are prescribing. Patient would recommend to continue decreasing medication for his pain. Adverse of medication discussed with patient as well.

**Review of Records**

**Past Medical History:**

No hypertension, diabetes, MI, or cancer.

**Past Surgical History:**

Statys post L3-L5 Lumbar Laminectomy/Laminotomy.

Status post Left CTR.

Status post Right CTR.

Status post C4-C7 ACDF by Dr Misra on 12/12/16.

Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

**Vital Signs:**

Patient Profile: 57 Years Old Female

Height: 64 inches

Weight: 176 pounds

BMI: 30.21

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O2 Sat: 96 %  
Temp: 97.4 degrees F  
Pulse rate: 70 / minute  
BP Sitting: 130 / 76 (left arm)

Cuff size: regular  
Patient in pain? Yes  
Location: stomach  
Intensity: 10

**Physical Exam**

**Msk:**

cervical and lumbar tenderness

**Neurologic:**

Awake and alert  
II-XII normal  
grip better 5/5  
rt PF 4/5  
decreased rt L5 sensations  
absent rt AJ and rt BJ rest DTRs normal  
No cerebellar  
gait cannot do tandem  
positive SLR

**Impression & Recommendations:**

**Problem # 1:** CHRONIC PAIN SYNDROME (ICD-338.4) (ICD10-G89.4)

**Assessment:** Improved

Orders:

99024-NO CHARGE/POST OP (CPT-99024)

**Problem # 2:** Neck Pain (ICD-723.1) (ICD10-M54.2)

**Assessment:** Unchanged

**Patient Instructions:**

- 1) Please schedule a follow-up appointment in 6-8 weeks.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) The patient was encouraged to lose weight for better health.
- 4) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take

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medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.

5) Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to neck and take medication as instructed for pain relief. Please read the Neck Pain Handout and start Physical Therapy as directed.

**Current Allergies:**

No known allergies

**Electronically signed by Mukesh Misra MD on 10/07/2021 at 10:13 AM**

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