

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

Temp: 97.6 degrees F
Pulse rate: 68 / minute
Resp: 20 per minute
BP sitting: 120 / 72

Physical Exam

MSK:

cervical and lumbar tenderness

Neurologic:

Awake and alert

II-XII normal

grip better 5/5

rt PF 4/5

decreased rt L5 sensations

absent rt AJ and rt BJ rest DTRs normal

No cerebellar

gait cannot do tandem

positive SLR

Impression & Recommendations:

Problem # 1: Lumbar radiculopathy (ICD-724.4) (ICD10-M54.16)

Assessment: Improved

Her updated medication list for this problem includes:

Percocet 10-325 Mg Tabs (Oxycodone-acetaminophen) T po q 6 hrs prn

Soma 350 Mg Tabs (Carisoprodol) T po q 8 hrs prn

Norco 10-325 Mg Tabs (Hydrocodone-acetaminophen) T po q 6 hrs prn

Other Orders:

99024-NO CHARGE/POST OP (CPT-99024)

Patient Instructions:

- 1) Please schedule a follow-up appointment in 6-8 weeks.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.

Current Allergies:

No known allergies