

ALAN HARO

Male DOB: 06/23/1995

187900

Ins: BLUE SHIELD

01/30/2025 - Office Visit: INITIAL CONSULT

Provider: Manprit K Dhillon MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw ALAN HARO in the office today for an initial consultation. He is a 29 year old man with the complaint of low back discomfort which is tolerable. He has intermittent right lateral thigh burning. He denies any weakness of the legs or bowel or bladder incontinence. With regard to the lower back his best position is walking and worst position is standing.

He has not undergone physical therapy but goes to the chiropractor approximately twice a year and it does help him. He has not had injections done or been on anti-inflammatories.

He is not on any pain medication.

His MRI of the lumbar spine was done at Beach imaging Center on December 31. It reveals what appears to be grade 2 L5-S1 spondylolisthesis with severe discogenic disease. There does not appear to be any significant central canal stenosis at any level. The images are somewhat grainy and therefore limited especially the T2 axials. A report is not available for review.

Current Allergies (reviewed this update):

No known allergies

Radiology Impression

Review of Records

Past Medical History:

Reviewed and updated today:

Denies hypertension, diabetes, MI, or cancer

PHARMACY:

Rite Aid

Rosamond, CA

Past Surgical History:

Reviewed and updated today:

Denies prior surgeries

Family History Summary:

Family History Reviewed: 01/30/2025

Legacy Family History Notes: High blood pressure Diabetes

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Social History Summary:

Patient has never smoked.

Alcohol Use: Y

Drug Use: N

Marijuana Use: N

HIV/High Risk: N

Regular Exercise: N

Does not smoke

Drinks socially

Works as a pipefitter

Social History Reviewed: 01/30/2025

Previous Social History:

Risk Factors-CCC:

Smoked Tobacco Use: Never smoker

HIV High Risk Behavior: no

Exercise: no

Alcohol Use: yes

Drug Use: no

Marijuana Use: no

Vital Signs:

Patient Profile: 29 Years Old Male

Height: 72 inches

Weight: 370 pounds

BMI: 50.18 kg/m2

O2 Sat: 96 %

Temp: 97.1 degrees F temporal

Pulse rate: 89 / minute

Patient in pain? No

Allergies: Allergies were reviewed with the patient during this visit.

No Known Allergy.

Detailed Neurologic Exam

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Motor Exam:

Gait:

Gait is normal.

Strength:

The bilateral iliopsoas, quadriceps, dorsiflexion, and plantar flexion are with 5/5 strength.

Sensory Exam:

Light Touch:

No evidence for sensory loss.

Reflex Exam:

Deep Tendon Reflexes:

Right Knee: 1+

Left Knee: 1+

Right Ankle: 1+

Left Ankle: 1+

Clonus:

Clonus is absent.

Impression & Recommendations:

Problem # 1: Lumbar pain (ICD-724.2) (ICD10-M54.50)

Orders:

99205-COMP, COMPLEX (CPT-99205)

Patient Instructions:

1) Please schedule a follow up as needed.

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Electronically signed by Manprit K Dhillon MD on 01/30/2025 at 4:29 PM
