

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

Patient Profile: 53 Years Old Female
Height: 64 inches
Weight: 171.9 pounds
BMI: 29.61
Temp: 97.6 degrees F
Resp: 16 per minute
BP sitting: 122 / 80

Physical Exam

MSK:

cervical and lumbar tenderness

Neurologic:

Awake and alert
II-XII normal
grip better 5/5
rt PF 4/5
decreased rt L5 sensations
absent rt AJ and rt BJ rest DTRs normal
No cerebellar
gait cannot do tandem
positive SLR

Impression & Recommendations:

Problem # 1: Lumbar radiculopathy (ICD-724.4) (ICD10-M54.16)

Assessment: Unchanged

Her updated medication list for this problem includes:

Percocet 10-325 Mg Oral Tablet (Oxycodone-acetaminophen) T po q 4-6 hrs prn pain
Soma 350 Mg Oral Tablet (Carisoprodol) T po q 8 hrs prn

Orders:

99214-FU, DETAILED (CPT-99214)

Patient Instructions:

- 1) Please schedule a follow-up appointment in 3-4 months.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) The patient was encouraged to lose weight for better health.
- 4) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.
- 5) Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to