

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

04/14/2022 - Office Visit

Provider: Mukesh Misra MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 57 year old woman with the complaint of low back pain. bilateral buttock pain. bilateral leg pain. I saw Ms. Scott in the office today. I saw her along with her family. She continues to have lot of low back pain and right leg pain. She is having some issues with her right and not been able to schedule radiofrequency of lesion. She tells me she finds emergent get scheduled for the coming weeks. Plan radiofrequency of lesion medication as prescribed and follow-up in the office in a few weeks with prior appointment. Plan and risk and benefit discussed with patient and family.

Patient complies with the 4 A's of opioid treatment.

ADL's: Patient is able to perform activities of daily living with the aid of the medications.

Adverse side effects: No side effects noted including cognitive/somnolence/respiratory depression and constipation.

Abuse: No signs of abuse, misuse or diversion

Associations: No worsening depression or anxiety.

A CURES report from the Department of Justice - Bureau of Narcotic Enforcement was reviewed and is consistent with the medications we are prescribing. Patient would recommend to continue decreasing medication for his pain. Adverse of medication discussed with patient as well.

Review of Records

Past Medical History:

Reviewed and updated today:

No hypertension, diabetes, MI, or cancer.

PHARMACY:

Next Rx

38900 Trade center Dr

Palmdale, CA

93551

Past Surgical History:

Status post L3-L5 Lumbar Laminectomy/Laminotomy.

Status post Left CTR.

Status post Right CTR.

Status post C4-C7 ACDF by Dr Misra on 12/12/16.

Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

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Vital Signs:

Patient Profile: 57 Years Old Female
Height: 64 inches
Weight: 180 pounds
BMI: 30.89
O2 Sat: 93 %
Temp: 97.4 degrees F
Pulse rate: 74 / minute
BP Sitting: 132 / 78 (left arm)

Cuff size: regular
Patient in pain? Yes
Location: back
Intensity: 10

Physical Exam

Msk:

cervical and lumbar tenderness

Neurologic:

Awake and alert
II-XII normal
grip better 5/5
rt PF 4/5
decreased rt L5 sensations
absent rt AJ and rt BJ rest DTRs normal
No cerebellar
gait cannot do tandem
positive SLR

Impression & Recommendations:

Problem # 1: CHRONIC PAIN SYNDROME (ICD-338.4) (ICD10-G89.4)

Assessment: Unchanged

Orders:

99214-FU, DETAILED (CPT-99214)
FACET BLOCK LUMBAR (FB LU)

Problem # 2: Lumbar radiculopathy (ICD-724.4) (ICD10-M54.16)

Assessment: Unchanged

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Her updated medication list for this problem includes:

Carisoprodol 350 Mg Tablet (Carisoprodol) Take 1 tablet by mouth three times a day as needed
Percocet 10-325 Mg Tablet (Oxycodone-acetaminophen) Take 1 tablet by mouth every four to six hours as needed for pain

Orders:

99214-FU, DETAILED (CPT-99214)
FACET BLOCK LUMBAR (FB LU)

Patient Instructions:

- 1) Please schedule a follow-up appointment in 6 weeks.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) The patient was encouraged to lose weight for better health.
- 4) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.
- 5) Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to neck and take medication as instructed for pain relief. Please read the Neck Pain Handout and start Physical Therapy as directed. Plan radiofrequency of lesion following authorization and clearance. Plan and risk and benefit discussed with patient and family.

Active Medications:

carisoprodol 350 mg tablet (carisoprodol) Take 1 tablet by mouth three times a day as needed
Percocet 10-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth every four to six hours as needed for pain

Current Allergies:

No known allergies

Electronically signed by Mukesh Misra MD on 04/14/2022 at 11:35 AM
