

**DARLEAN SCOTT**

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

**04/13/2017 - Office Visit**

**Provider: Mukesh Misra MD**

**Location of Care: Antelope Valley Neuroscience Medical Group**

**History of Present Illness:**

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 52 year old woman with the complaint of low back pain. bilateral leg pain. Patient with worsening low back and leg pain. Patient for follow up following block with not much relief. Wants to get fixed. Plan ALIF L3-S1 following auth and clearance.

**Review of Records**

**Past Medical History:**

Reviewed history from 11/22/2016 and no changes required:  
No hypertension, diabetes, MI or cancer.

**Past Surgical History:**

Reviewed history from 12/21/2016 and no changes required:  
Status post L3-L5 Lumbar Laminectomy/Laminotomy.  
Status post Left CTR.  
Status post Right CTR.  
Status post C4-C7 ACDF by Dr Misra on 12/12/16.

**Family History:**

Reviewed history from 11/22/2016 and no changes required:  
Family History of Tuberculosis  
Family History of Bleeding Disorders  
Family History of High Blood Pressure  
Family History of Diabetes  
Family History of Heart Disease

**Social History:**

Reviewed history from 11/09/2016 and no changes required:  
Patient currently smokes every day. She smokes 6 cigarettes a day  
Alcohol Use - yes Moderate  
Drug Use - no  
HIV/High Risk - no  
Regular Exercise - no

**Risk Factors:**

Counseled to quit/cut down tobacco use: yes

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**Vital Signs:**

Patient Profile: 52 Years Old Female  
Height: 64 inches  
Weight: 181.7 pounds  
BMI: 31.30  
Temp: 97.7 degrees F  
Pulse rate: 76 / minute  
Resp: 16 per minute  
BP sitting: 130 / 82

**Physical Exam**

**MSK:**

cervical and lumbar tenderness

**Neurologic:**

Awake and alert  
II-XII normal  
grip better 5/5  
rt PF 4/5  
decreased rt L5 sensations  
absent rt AJ and rt BJ rest DTRs normal  
No cerebellar  
gait cannot do tandem  
positive SLR

**Impression & Recommendations:**

**Problem # 1:** Lumbar radiculopathy (ICD-724.4) (ICD10-M54.16)

**Assessment:** Unchanged

Her updated medication list for this problem includes:

Soma 350 Mg Tabs (Carisoprodol) ..... T po q 8 hrs prn  
Norco 10-325 Mg Tabs (Hydrocodone-acetaminophen) ..... T po q 6 hrs prn

Orders:

99215-FU, COMPREHENSIVE (CPT-99215)  
ALIF (FUSION)

**Patient Instructions:**

- 1) Please schedule a follow-up appointment in 6 weeks.
- 2) Discussed the hazards of tobacco smoking (use). Smoking cessation recommended and techniques and options to help patient quit were discussed.
- 3) Discussed importance of regular exercise and recommended starting or continuing a regular exercise