

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

01/26/2017 - Office Visit: POST OP

Provider: Mukesh Misra MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw DARLEAN SCOTT back in the office today. She is now a few weeks out since her ACDF. Patient getting better. Her main issues is her back now. Plan to continue present management. Will plan back surgery in 2-3 months.

Review of Records

Past Medical History:

Reviewed history from 11/22/2016 and no changes required:
No hypertension, diabetes, MI or cancer.

Past Surgical History:

Reviewed history from 12/21/2016 and no changes required:
Statys post L3-L5 Lumbar Laminectomy/Laminotomy.
Status post Left CTR.
Status post Right CTR.
Status post C4-C7 ACDF by Dr Misra on 12/12/16.

Family History:

Reviewed history from 11/22/2016 and no changes required:
Family History of Tuberculosis
Family History of Bleeding Disorders
Family History of High Blood Pressure
Family History of Diabetes
Family History of Heart Disease

Social History:

Reviewed history from 11/09/2016 and no changes required:
Patient currently smokes every day. She smokes 6 cigarettes a day
Alcohol Use - yes Moderate
Drug Use - no
HIV/High Risk - no
Regular Exercise - no

Risk Factors:

Counseled to quit/cut down tobacco use: yes

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Vital Signs:

Patient Profile: 52 Years Old Female
Height: 64 inches
Weight: 194.0 pounds
BMI: 33.42
Temp: 97.9 degrees F
Pulse rate: 84 / minute
Resp: 20 per minute
BP sitting: 146 / 88

Physical Exam

MSK:

cervical and lumbar tenderness

Neurologic:

Awake and alert
II-XII normal
grip better 5/5
rt PF 4/5
decreased rt L5 sensations
absent rt AJ and rt BJ rest DTRs normal
No cerebellar
gait cannot do tandem
positive SLR

Impression & Recommendations:

Problem # 1: Neck Pain (ICD-723.1) (ICD10-M54.2)

Assessment: Improved

Her updated medication list for this problem includes:

Norco 10-325 Mg Tabs (Hydrocodone-acetaminophen) T po q 6 hrs prn

Medications Added to Medication List This Visit:

1) Norco 10-325 Mg Tabs (Hydrocodone-acetaminophen) T po q 6 hrs prn

Other Orders:

99024-NO CHARGE/POST OP (CPT-99024)

Patient Instructions:

- 1) Please schedule a follow-up appointment in 2-3 months.
- 2) Discussed the hazards of tobacco smoking (use). Smoking cessation recommended and techniques and options to help patient quit were discussed.
- 3) Discussed importance of regular exercise and recommended starting or continuing a regular exercise