

**DARLEAN SCOTT**

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

**06/01/2017 - Office Visit: POST OP**

**Provider: Mukesh Misra MD**

**Location of Care: Antelope Valley Neuroscience Medical Group**

**History of Present Illness:**

I saw DARLEAN SCOTT back in the office today. She is now over 2 weeks since her alif. She has been having some leg pain but her back pain and foot weakness is better. Pain meds requirement remains high. No fever. Op site dry and clean. Plan dc staples, continue pain meds and then fu

**Review of Records**

**Past Medical History:**

No hypertension, diabetes, MI, or cancer.

**Past Surgical History:**

Status post L3-L5 Lumbar Laminectomy/Laminotomy.

Status post Left CTR.

Status post Right CTR.

Status post C4-C7 ACDF by Dr Misra on 12/12/16.

Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

**Family History:**

Family History of Tuberculosis

Family History of Bleeding Disorders

Family History of High Blood Pressure

Family History of Diabetes

Family History of Heart Disease

**Social History:**

Patient currently smokes every day. She smokes 6 cigarettes a day

Alcohol Use - yes Moderate.

Drug Use - no

HIV/High Risk - no

Regular Exercise - no

**Vital Signs:**

Patient Profile: 52 Years Old Female

Height: 64 inches

Weight: 181.7 pounds

BMI: 31.30

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Temp: 97.6 degrees F  
Pulse rate: 68 / minute  
Resp: 20 per minute  
BP sitting: 120 / 72

**Physical Exam**

**MSK:**

cervical and lumbar tenderness

**Neurologic:**

Awake and alert

II-XII normal

grip better 5/5

rt PF 4/5

decreased rt L5 sensations

absent rt AJ and rt BJ rest DTRs normal

No cerebellar

gait cannot do tandem

positive SLR

**Impression & Recommendations:**

**Problem # 1:** Lumbar radiculopathy (ICD-724.4) (ICD10-M54.16)

**Assessment:** Improved

Her updated medication list for this problem includes:

Percocet 10-325 Mg Tabs (Oxycodone-acetaminophen) ..... T po q 6 hrs prn

Soma 350 Mg Tabs (Carisoprodol) ..... T po q 8 hrs prn

Norco 10-325 Mg Tabs (Hydrocodone-acetaminophen) ..... T po q 6 hrs prn

**Other Orders:**

99024-NO CHARGE/POST OP (CPT-99024)

**Patient Instructions:**

- 1) Please schedule a follow-up appointment in 6-8 weeks.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.

**Current Allergies:**

No known allergies

**Antelope Valley Neuroscience Medical Group**  
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**Electronically signed by Mukesh Misra MD on 06/01/2017 at 6:07 PM**

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