Sanjaya Khanal, MD

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Date of Encounter: 05/21/2025

Russell G. Parker (DOB 08/17/1956)

History of Present Illness

The patient is a 68 year old male presenting to discuss diagnostic procedure results. The patient had echocardiography. The diagnostic test was performed on - Date: (05/05/2025 labs done 05/12/2025). He was hospitalized in February 2025 with atrial fibrillation and rapid ventricular response and congestive heart failure he underwent DC cardioversion to sinus rhythm on 2/26/2025. His dyspnea has improved since then but still has dyspnea on moderate exertion he denies any palpitations, lightheadedness, or syncope.

Additional reasons for visit:

<u>Transition into care</u> is described as the following: To establish care

Past Medical History

Asthma, mild COPD, moderate

Heart failure with reduced ejection fraction; Echocardiogram done on 6/12/23 incidentally showed LVEF of 10-15% with a dilated cardiomyopathy. BNP 980 7/27/23. He likely had tachycardia induced cardiomyopathy and he was cardioverted into sinus rhythm in May 2023 from atrial fibrillation. Echocardiogram on 10/20/2023 when he was hospitalized at AV MC showed LVEF of 50 to 55%. Echocardiogram on 1/30/2024 shows LVEF of 50 to 55% with functionally bicuspid aortic valve with trace aortic regurgitation. Echocardiogram on 2/25/2025 showed that his LVEF was less than 15% with atrial fibrillation and rapid ventricular response in February 2025.

Essential hypertension

History of peptic ulcer disease; he had a bleeding duodenal ulcer treated in 2021. He was hospitalized with severe GI bleed with peptic ulcer disease in October 2023.

History of atrial fibrillation; he had wide complex tachycardia at 150 beats a minute and was cardioverted in the emergency room in May 2023. He had recurrent A-fib with RVR and heart failure exacerbation with reduction in his LV function in February 2025 when he was admitted to AV MC.

DJD (degenerative joint disease), lumbosacral; s/p spine surgery 3/24 by Dr. Farrukh **Stage 3a chronic kidney disease**

Family History

Hypertension: Family Members In General

Diabetes Mellitus: Sister, Brother

Social History

Alcohol use: Moderate alcohol use

No tobacco use Illicit drug use; weed Caffeine use: Coffee

Marital status: Divorced; 5 kids

Exercise: Inactive

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