

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

01/30/2025 - Office Visit

Provider: Mukesh Misra MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 60 year old woman with the complaint of neck pain. bilateral arm pain. low back pain. bilateral buttock pain. bilateral leg pain. Saw Darlene in the office today she is a 60-year-old patient for ongoing neck and back issues. She recently recently had a workup done and was found to have multiple intracranial rhythms. She tells me she going in for surgery next week at the University. She otherwise denies any new issues. Her neurological exams remains unchanged. Plan to any medication treatment before and follow-up after her surgery and healing from surgery plan and risks and benefit discussed with patient and family case of acute event she has been instructed to go to urgent care and or emergency room if not follow-up per appointment.

Patient complies with the 4 A's of opioid treatment.

ADL's: Patient is able to perform activities of daily living with the aid of the medications.

Adverse side effects: No side effects noted including cognitive/somnolence/respiratory depression and constipation.

Abuse: No signs of abuse, misuse or diversion

Associations: No worsening depression or anxiety.

A CURES report from the Department of Justice - Bureau of Narcotic Enforcement was reviewed and is consistent with the medications we are prescribing. Patient would recommend to continue decreasing medication for his pain. Adverse of medication discussed with patient as well.

Certain portion of the progress note may have findings and information retrieved from the previous office visit note. This is a part of this progress note

Active Medications:

Percocet 10 mg-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

IBU 800 mg tablet (ibuprofen) Take 1 tablet by mouth twice a day as needed for pain

carisoprodol 350 mg tablet (carisoprodol) Take 1 tablet by mouth three times a day as needed as directed for spasms

gabapentin 100 mg capsule (gabapentin) Take 1 capsule by mouth three times a day as directed

Percocet 10-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

carisoprodol 350 mg tablet (carisoprodol) Take 1 tablet by mouth three times a day as needed for spasms

Current Allergies (reviewed this update):

No known allergies

Radiology Impression

Review of Records

Past Medical History:

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Reviewed and updated today:

No hypertension, diabetes, MI, or cancer.

PHARMACY:

Walgreens

21650 US HIGHWAY 18

Apple Valley, CA 92307

Past Surgical History:

Reviewed history from 11/20/2024 and no changes required:

Status post L3-L5 Lumbar Laminectomy/Laminotomy.

Status post Left CTR.

Status post Right CTR.

Status post C4-C7 ACDF by Dr Misra on 12/12/16.

Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

Vital Signs:

Patient Profile: 60 Years Old Female

Height: 64 inches

Weight: 142 pounds

BMI: 24.37 kg/m²

O2 Sat: 95 %

Temp: 98.0 degrees F temporal

Pulse rate: 85 / minute

BP Sitting: 122 / 62 (left arm)

Cuff size: regular

Patient in pain? Yes

Location: back, three fingers on left hand

Intensity: 7

Allergies: Allergies were reviewed with the patient during this visit.

Physical Exam

Msk:

cervical and lumbar tenderness

Neurologic:

Awake and alert

II-XII normal

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grip better 5/5
rt PF 4/5
decreased rt L5 sensations
absent rt AJ and rt BJ rest DTRs normal
No cerebellar
gait cannot do tandem
positive SLR

Impression & Recommendations:

Problem # 1: Aneurysm (ICD-442.9) (ICD10-I72.9)

Assessment: Unchanged

Orders:

99214-FU, DETAILED (CPT-99214)

Problem # 2: Low back pain, chronic (ICD-724.2) (ICD10-M54.59)

Assessment: Unchanged

Her updated medication list for this problem includes:

Percocet 10 Mg-325 Mg Tablet (Oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

Ibu 800 Mg Tablet (Ibuprofen) Take 1 tablet by mouth twice a day as needed for pain

Carisoprodol 350 Mg Tablet (Carisoprodol) Take 1 tablet by mouth three times a day as needed as directed for spasms

Percocet 10-325 Mg Tablet (Oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain

Carisoprodol 350 Mg Tablet (Carisoprodol) Take 1 tablet by mouth three times a day as needed for spasms

Orders:

99214-FU, DETAILED (CPT-99214)

Patient Instructions:

- 1) Please schedule a follow-up appointment in 1 month.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.
- 4) Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to neck and take medication as instructed for pain relief. Please read the Neck Pain Handout and start Physical Therapy as directed. Plan to get a medication before patient to follow-up after her aneurysm surgery plan discussed with patient she understand follow accordingly.

Medications:

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Rx of carisoprodol 350 mg tablet (carisoprodol)

Take 1 tablet by mouth three times a day as needed for spasms; #90 tablet x 1; Signed;

Entered by: Mukesh Misra MD; Authorized by: Mukesh Misra MD;

Method used: Electronically to WALGREENS #12332 21650 US HIGHWAY 18, APPLE VALLEY, CA 923073990, Ph: (760) 240-0866 Fax: (760) 961-9488, ;

Created By: Mukesh Misra MD; Signed By: Mukesh Misra MD;

Clinical Date: 01/30/2025 9:38:39 AM

Rx of Percocet 10 mg-325 mg tablet (oxycodone-acetaminophen)

Take 1 tablet by mouth every six hours as needed for pain; #120 tablet x 0; Signed;

Entered by: Mukesh Misra MD; Authorized by: Mukesh Misra MD;

Method used: Electronically to WALGREENS #12332 21650 US HIGHWAY 18, APPLE VALLEY, CA 923073990, Ph: (760) 240-0866 Fax: (760) 961-9488, ;

Note to Pharmacy: USE Rx DISCOUNT CARD: \$5134.01, BIN:019876, PCN:CHIPPO, Group:EMR, ID:DF87FC88CC;

Created By: Mukesh Misra MD; Signed By: Mukesh Misra MD;

Clinical Date: 01/30/2025 9:38:39 AM

Rx of gabapentin 100 mg capsule (gabapentin)

Take 1 capsule by mouth three times a day as directed; #90 capsule x 2; Signed;

Entered by: Mukesh Misra MD; Authorized by: Mukesh Misra MD;

Method used: Electronically to WALGREENS #12332 21650 US HIGHWAY 18, APPLE VALLEY, CA 923073990, Ph: (760) 240-0866 Fax: (760) 961-9488, ;

Created By: Mukesh Misra MD; Signed By: Mukesh Misra MD;

Clinical Date: 01/30/2025 9:38:04 AM

Prescriptions:

gabapentin 100 mg capsule (gabapentin) Take 1 capsule by mouth three times a day as directed #90 capsule x 2

Entered and Authorized by: Mukesh Misra MD

Electronically signed by: Mukesh Misra MD on 01/30/2025

Method used: Electronically to
WALGREENS #12332

Note to Pharmacy:

RxID: 2053849123277620

Created By: Mukesh Misra MD

Clinical Date: 01/30/2025 9:38:04 AM

Percocet 10 mg-325 mg tablet (oxycodone-acetaminophen) Take 1 tablet by mouth every six hours as needed for pain #120 tablet x 0

Entered and Authorized by: Mukesh Misra MD

Electronically signed by: Mukesh Misra MD on 01/30/2025

Method used: Electronically to
WALGREENS #12332

Note to Pharmacy: USE Rx DISCOUNT CARD: \$5134.01, BIN:019876, PCN:CHIPPO,
Group:EMR, ID:DF87FC88CC

Indications: Radiculopathy, cervical region;Cervical Spondylosis

RxID: 2053849123277610

Created By: Mukesh Misra MD

Clinical Date: 01/30/2025 9:38:39 AM

carisoprodol 350 mg tablet (carisoprodol) Take 1 tablet by mouth three times a day as needed as directed

Antelope Valley Neuroscience Medical Group
42135 10th Street West Ste 301 LANCASTER, CA 93534-6093
(661) 945-6931 Fax: (661) 945-4592

July 1, 2025
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Office Visit

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for spasms #90 tablet x 1

Entered and Authorized by: Mukesh Misra MD

Electronically signed by: Mukesh Misra MD on 01/30/2025

Method used: Electronically to
WALGREENS #12332

Note to Pharmacy:

RxID: 2053849123277600

Created By: Mukesh Misra MD

Clinical Date: 01/30/2025 9:38:39 AM

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Electronically signed by Mukesh Misra MD on 01/30/2025 at 9:38 AM
