

**DARLEAN SCOTT**

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

**08/25/2021 - Office Visit**

**Provider: Mukesh Misra MD**

**Location of Care: Antelope Valley Neuroscience Medical Group**

**History of Present Illness:**

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 57 year old woman with the complaint of low back pain. bilateral buttock pain. bilateral leg pain. Patient is for follow-up after her trial from a spinal cord stim later. She did very well following a trial. She can get schedule for implantation of spinal cord stimulator. Risk and benefit of surgical intervention discussed at length with the patient and family. Patient cannot schedule follow arthralgia and clearance.

**Review of Records**

**Past Medical History:**

No hypertension, diabetes, MI, or cancer.

**Past Surgical History:**

Status post L3-L5 Lumbar Laminectomy/Laminotomy.

Status post Left CTR.

Status post Right CTR.

Status post C4-C7 ACDF by Dr Misra on 12/12/16.

Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

**Vital Signs:**

Patient Profile: 57 Years Old Female

Height: 64 inches

Weight: 179 pounds

BMI: 30.72

O2 Sat: 92 %

Temp: 97.3 degrees F

Pulse rate: 80 / minute

BP Sitting: 122 / 78 (left arm)

Cuff size: regular

Patient in pain? Yes

Location: back

Intensity: 8

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**Physical Exam**

**Msk:**

cervical and lumbar tenderness

**Neurologic:**

Awake and alert

II-XII normal

grip better 5/5

rt PF 4/5

decreased rt L5 sensations

absent rt AJ and rt BJ rest DTRs normal

No cerebellar

gait cannot do tandem

positive SLR

**Impression & Recommendations:**

**Problem # 1:** CHRONIC PAIN SYNDROME (ICD-338.4) (ICD10-G89.4)

**Assessment:** Unchanged

**Orders:**

99214-FU, DETAILED (CPT-99214)

SPINAL CORD STIMULATOR (SCS)

**Patient Instructions:**

- 1) Please schedule a follow-up appointment in 6 weeks.
- 2) Discussed importance of regular exercise and recommended starting or continuing a regular exercise program for good health.
- 3) The patient was encouraged to lose weight for better health.
- 4) Most patients (90%) of patients with low back pain will improve with time (2-6 weeks). Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to lower back and take medication as instructed for pain relief. Please read the Back Pain Handout and start Physical Therapy as directed.
- 5) Limit activity to comfort and avoid activities that increase discomfort. Apply moist heat and/or ice to neck and take medication as instructed for pain relief. Please read the Neck Pain Handout and start Physical Therapy as directed. Patient is scheduled for implantation of spinal cord some later following authorization and clearance. Plan and risk and benefits discussed at length with the patient and family. They understand and agree for the above surgical intervention.

**Active Medications:**

PERCOCET 10-325 MG ORAL TABLET (OXYCODONE-ACETAMINOPHEN) T PO Q6 hrs prn pain  
SOMA 350 MG ORAL TABLET (CARISOPRODOL) T PO Q 8 HRS PRN

**Current Allergies:**

**Antelope Valley Neuroscience Medical Group**  
42135 10th Street West Ste 301 LANCASTER, CA 93534-6093  
(661) 945-6931 Fax: (661) 945-4592

*July 1, 2025*  
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No known allergies

**Electronically signed by Mukesh Misra MD on 08/25/2021 at 3:01 PM**

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