

DARLEAN SCOTT

Female DOB: 06/12/1964

144349

Ins: Medicare Southern Region

03/01/2023 - Office Visit

Provider: Mukesh Misra MD

Location of Care: Antelope Valley Neuroscience Medical Group

History of Present Illness:

I saw DARLEAN SCOTT in the office today for a followup consultation. She is a 58 year old woman with the complaint of neck pain. bilateral arm pain. low back pain. bilateral leg pain. I saw Darlene in the office today. She for follow-up for ongoing back and neck issues. She had a lumbar steroid block over a month ago and has significant improvement following the block. She denies any new issues. Her pain is adequately managed with medication for pain as prescribed and periodic block if and when the symptoms get worse. Plan and risk and benefit discussed with patient plan to continue present management and follow-up in the office in a few days with prior appointment. Plan discussed with patient she understands and will follow accordingly.

Patient complies with the 4 A's of opioid treatment.

ADL's: Patient is able to perform activities of daily living with the aid of the medications.

Adverse side effects: No side effects noted including cognitive/somnolence/respiratory depression and constipation.

Abuse: No signs of abuse, misuse or diversion

Associations: No worsening depression or anxiety.

A CURES report from the Department of Justice - Bureau of Narcotic Enforcement was reviewed and is consistent with the medications we are prescribing. Patient would recommend to continue decreasing medication for his pain. Adverse of medication discussed with patient as well.

Review of Records

Past Medical History:

No hypertension, diabetes, MI, or cancer.

PHARMACY:

Next Rx

38900 Trade center Dr

Palmdale, CA

93551

Past Surgical History:

Status post L3-L5 Lumbar Laminectomy/Laminotomy.

Status post Left CTR.

Status post Right CTR.

Status post C4-C7 ACDF by Dr Misra on 12/12/16.

Status post L3-S1 ALIF by Dr. Misra on 05/08/17.

Risk Factors:

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Counseled to Quit/Cut Down: yes

Vital Signs:

Patient Profile: 58 Years Old Female

Height: 64 inches

Weight: 210 pounds

BMI: 36.04

O2 Sat: 98 %

Temp: 97.3 degrees F

Pulse rate: 81 / minute

BP Sitting: 140 / 70 (left arm)

Cuff size: regular

Patient in pain? Yes

Location: back, R leg

Intensity: 10

Physical Exam

Msk:

cervical and lumbar tenderness

Neurologic:

Awake and alert

II-XII normal

grip better 5/5

rt PF 4/5

decreased rt L5 sensations

absent rt AJ and rt BJ rest DTRs normal

No cerebellar

gait cannot do tandem

positive SLR

Impression & Recommendations:

Problem # 1: Low back pain, chronic (ICD-724.2) (ICD10-M54.59)

Assessment: Unchanged

Her updated medication list for this problem includes:

Carisoprodol 350 Mg Tablet (Carisoprodol) Take 1 tablet by mouth three times a day as needed for spasms

Percocet 10-325 Mg Tablet (Oxycodone-acetaminophen) Take 1 tablet by mouth every four to six

Antelope Valley Neuroscience Medical Group
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July 1, 2025
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