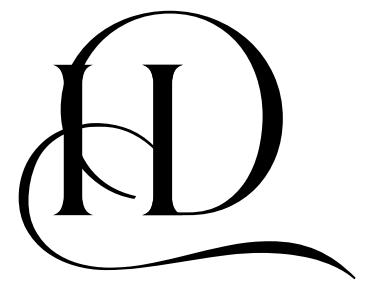


15 Brutal Lessons
My First 4 Months
in Corporate
Taught Me...

Nobody prepares you for it.



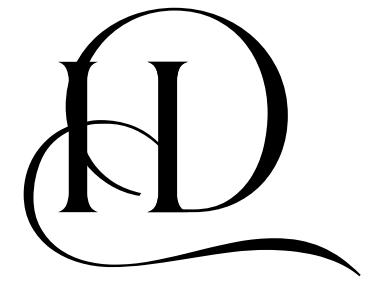
The politics. The pressure.

The silence in your inbox.

The gaslighting disguised as feedback.

The work being credited to “automation” when it was your brain behind it.

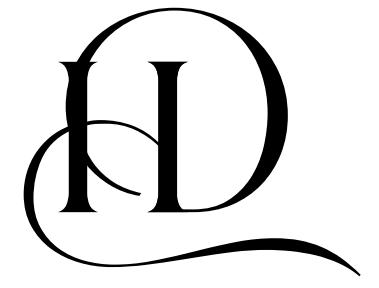
Here’s what I’ve learned — unfiltered.



1.

Half of the company
might not even know
about you thinking the
work is done by AI.

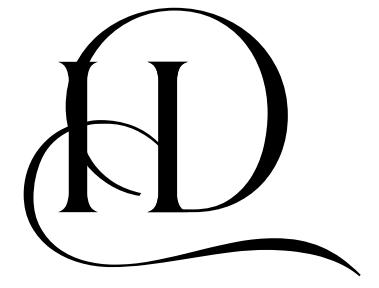
Build your presence.



2.

Don't trust everyone just
because they're nice.

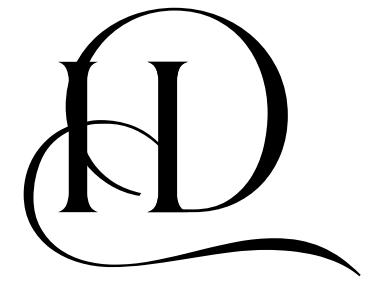
Smiles hide strategies.



3.

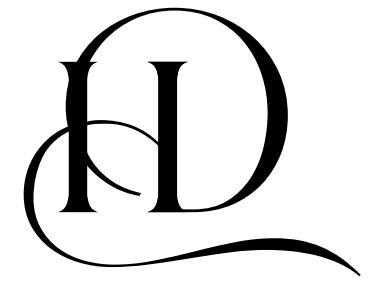
You can yell and still not
be heard.

Command your voice —
don't just raise it.



4.

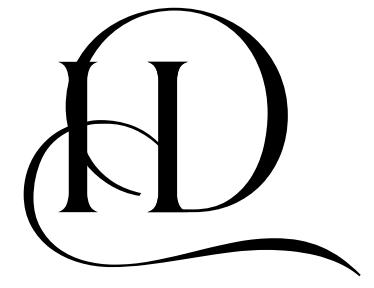
Say no. Offer alternatives.
Don't nod your way into
burnout.



5.

Not every office friendship
needs to turn into something
more.

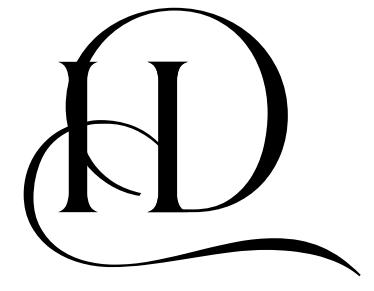
Sometimes being “just
friends” is healthier.



6.

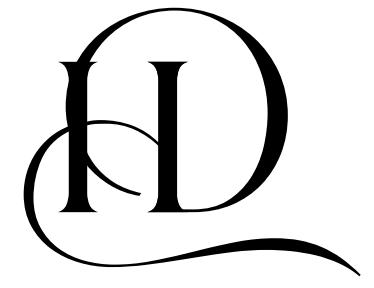
If your work goes
unnoticed, don't whine.

Let your results speak —
louder than your words.



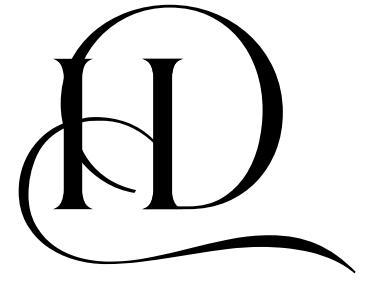
7.

Clarify your role. Don't volunteer for things that aren't your job unless they align with your growth.



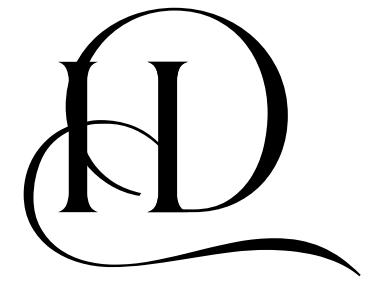
8.

Keep learning. Make
yourself so good, they
think twice before
replacing you.



9.

AI might replace your tasks.
Don't let it replace your soul.
Keep your creativity sharp.



10.

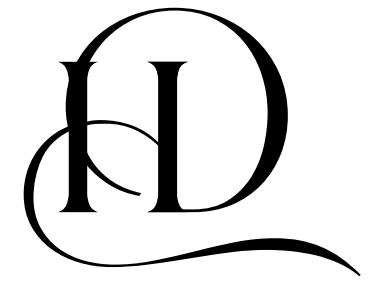
Walk in like you own the room — even if you're just an intern.

Energy is noticed before words are.



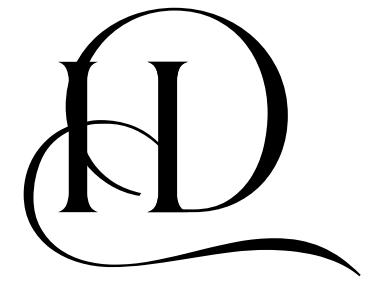
11.

Breathe. Listen. Speak slowly.
Calmness is the most
underrated flex in chaos.



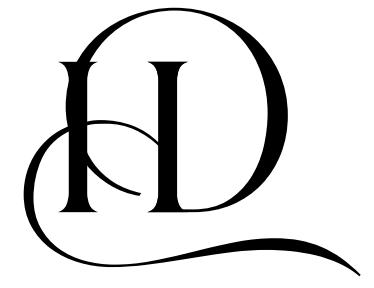
12.

If your workplace doesn't
feed your curiosity or
creativity — walk away.
You owe them a notice
period, not your soul.



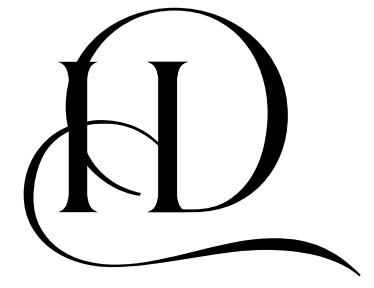
13.

Build yourself outside work.
Your job title isn't your
identity — your personal
brand is.



14.

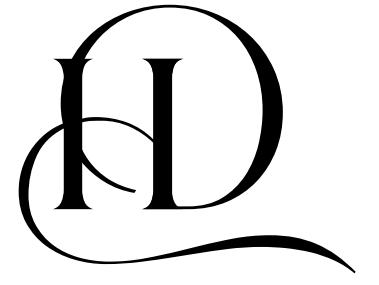
Make time for your parents.
Their presence isn't
forever. Your time with
them is the real salary.



15.

Hustle is great but don't f*ck
up your health and sleep.

Mental peace > Recognition.



This isn't corporate hate.
It's self-respect.
And a reminder: you're
more than just your to-do
list and 9-5.

Which one of these hit
you the hardest?
Share yours in the
comments.