



THE UNIVERSITY OF QUEENSLAND
Institutional Human Research Ethics Approval

Project Title: The effect of added mass and handgrip on sprint-cycling performance

Chief Investigator: A/Prof Glen Lichtwark

Supervisor: A/Prof Glen Lichtwark

Co-Investigator(s): Mr Ross Wilkinson, Mr Callum Hicks, Mr Tobias Edmanson

School(s): School of Human Movement and Nutrition Sciences, The University of Queensland

Approval Number: 2020000354

Granting Agency/Degree: PhD / Honours

Duration: 30 September 2020

Comments/Conditions:

- HREA Form, 21/02/2020
- Flyer_cycling sprints_v3, 06/03/2020
- PICF_v3, 06/03/2020
- Project Description_v3, 06/03/2020
- Adult Pre- Exercise Screening System (APSS)_v2, 06/03/2020

Note: if this approval is for amendments to an already approved protocol for which a UQ Clinical Trials Protection/Insurance Form was originally submitted, then the researchers must directly notify the UQ Insurance Office of any changes to that Form and Participant Information Sheets & Consent Forms as a result of the amendments, before action.

Name of responsible Sub-Committee:

University of Queensland Health and Behavioural Sciences, Low & Negligible Risk Ethics Sub-Committee

This project complies with the provisions contained in the *National Statement on Ethical Conduct in Human Research* and complies with the regulations governing experimentation on humans.

Name of Ethics Sub-Committee representative:

Associate Professor Guy Wallis

Chairperson

University of Queensland Health and Behavioural Sciences, Low & Negligible Risk Ethics Sub-Committee

Signature Guy Wallis

Date 10/03/2020