



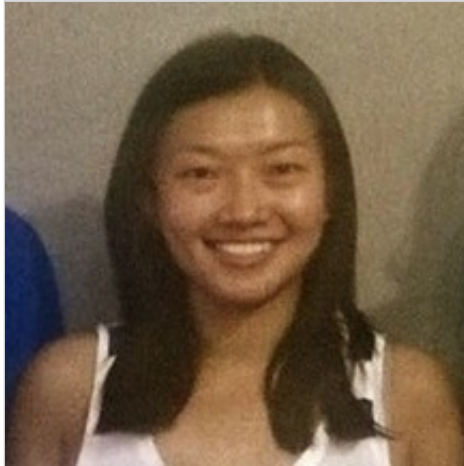
Constance

**First Name** Constance

**Last Name** Duong

**Gender** Woman

**A picture of your face**



**Email Address** [constancegd@gmail.com](mailto:constancegd@gmail.com)

**Phone Number** 3473411118

**Height** 5'3"

**Tryout Availability** Weekend 1; Weekend 2; Weekend 3

**Tryout Availability Explanations** I like fun

**Ultimate History** Leagues: WUDi in NY, SBUL in Bay Area, DiscNW (Toolbox, Mystery Machine) in Seattle  
College: Stanford Superfly 2012  
Club: Seattle Underground 2013, Seattle Freeze 2014

**Handler or Cutter?** Handler

**What could you contribute to this team? Describe your pivotal roles on a team.** My strength is as a D-line handler playing shutdown handler D, but I have played as an O-line handler on past teams. I'm vocal and active on the sidelines. Off the field, I'm an instigator of fun.

**What has frustrated you most on past teams?** Negativity, lack of transparency/communication, low levels of commitment

**Why do you want to play with the  
Seattle Freeze?**

We have fun on and off the field. I love how we push each other to work hard, become better players (and people), and play at our best. It can be difficult balancing intensity with a positive and fun environment, but I think Freeze succeeds.

**Tell us something weird.**

My least favorite name is Candace and I loathe olives. And celery.

**Season Availability**

Gone the two weekends after tryouts end, and might fly back home for a week in June, but otherwise all in!

**Are you trying out for other club  
teams this year?**

No

**Have you paid the \$15 tryout fee  
via PayPal to  
seattlefreezecaptains@gmail.com?**

Yes