



Issue No.7

January-2020

Midtowner

The Bulletin Of Rotary Bangalore Midtown



Dear Midtowners,

The year 2020 started at Midtown with predictions and resolutions - on how we could re-wire ourselves for the new year

We had Ms Sheela Bajaj - renowned motivational speaker talking to us on this subject!!

Our HSIS dispensary recording a peak of 9350 patients getting free medicines - growth after the extension

Some great Community Service activity like the Pulse Polio camp, Blood donation camp at the Sheshadripuram college.

The month of February, being the Peace and Conflict resolution month, we have planned a seminar on the occasion of the 100 years of Rotary In India - on the 23rd of Feb jointly with the Rotary Bangalore Main - it should be an interesting program

The District conference has just gone by and Midtown's activities were presented - great awareness brought about in the District 3190!!

Your continued support and participation in all the activities planned is sure to make every event a successful one

Looking forward to you all at the Valentine's Night Celebration on the 15th of February - wearing your best of smile !!

**Warm regards,
Rtn Kamal Bhandari
President**

RI President's Message –Dec 2019

Dear fellow Rotarians and members of the family of Rotary,
People from all over the world have multiple reasons for joining
Rotary. Many new Rotarians each year join for the same reason I did
— because Rotary is a great way to benefit your career. When I was a
new attorney starting out in Alabama, Gay and I became partners in
her father's firm. He instilled in us the value of joining Rotary as a way
to build relationships and demonstrate to potential clients that we
were serious professionals who held firm to values even more robust
than what our profession required.



Rotary's commitment to vocational service is built on the highest ethical standards in business and professions, the recognition of the worthiness of all useful work, and the dignifying of each Rotarian's occupation as an opportunity to serve society. That last point is so important. No matter our profession, we all contribute mightily to the world when we conduct our work with integrity and always adhere to The Four-Way Test.

I have made balancing the demands of Rotary with professional and family commitments one of my priorities as president. No Rotarian should feel pressured to put in more time than a volunteer position should ever demand. This is true for several reasons, one of them being that the work we do in our day jobs is just as important to Rotary as the work we do in the organization. We carry our Rotary values everywhere, and our professional success helps build a case for Rotary every day we go into the office.

This is particularly important in our efforts to reach younger new members. We want to see a Rotary where no one is ever asked to choose between being a good Rotarian and being a good parent, business owner, manager, or employee. When we ask busy young people to join us, we should not be asking them to give up their time and freedom. We should be rewarding them with an experience that makes everything they already do even more inspiring.

No matter our profession,
we all contribute mightily to the world
when we conduct our work with integrity.

Providing greater balance within Rotary will have another benefit as well: It will create opportunities for other Rotarians, including Rotaractors, to step up and take a leadership role on projects and committees. This will ensure that they remain engaged in our clubs and inspired to be Rotarians for life. Throughout the world, Rotary is admired for its vocational service and for the time-honored values we instill in all business relationships. As we continue our work to grow Rotary, let us remember that vocational service remains a crucial selling point to potential members.

Rotary Connects the World, and by making Rotary's vocational service work known to people in more professions and at different stages of their careers, we will help grow our organization and make it stronger and more diverse.

Mark Daniel Maloney
President 2019-20

SPEAKER MEETING

On 7th Jan 2020, Speaker meeting for organized at Oakwood, U B City, Bangalore. Ms Sheela Bajaj - Life Coach and Motivational speaker, addressed on how we can program ourselves for the year 2020 and the coming decade.

It was a full house and a very well attended weekly meeting.



PULSE POLIO

In our quest to eradicate Polio from the face of the earth, we at Midtown on the occasion of National Immunization day On 19th Jan 2020 nationwide Polio Immunization program was organized. Our club participated At 5th Cross, 9th Main, Saibaba Nagar, Srirampuram, Bangalore-21. Dr.Satyavathi along with her team and volunteers around 170 did a great job of immunizing Children in and around Srirampuram Area. Covering 2 wards (93 & 94) and one Railway station platform.

After a well attended fellowship at the Krishna bhavan, Malleshwaram proceeded to the camp area.

A big thanks to Dr.Sathyavathi and her team of volunteers at this Public Health center for administering the Polio drops to the children below the age of 5 years.

On 20th and 21st Jan 2020, the team went door to door checking for the children who were not immunized on 19th Jan and successfully completed the job of immunizing 6317 children in the area.

Breakfast, Auto facility, Tea, Coffee and Lunch for the Volunteers, Nursing students and Dr Sathyavathi's team was arranged by Rotary Bangalore Midtown.

A big thanks to PP Rtn K A Kunja, PP Rtn Nadeem Ahmed, PP Rtn Queresh Merchant, PP Rtn Kiran Boal, PP Rtn Varadu Seshamani, PP G S Bhaskar, Hon Secretary Rohitesh Hamirwasia , PE Rtn Ravi Nedungadi, Rtn Atul Kaushal and Ann Suman Bhandari for attending and encouraging the volunteers for this cause.



BLOOD DONATION CAMP



On 31st Jan 2020 Blood donation camp was held at M/s Sheshadripuram College, Bangalore. Midtown was part of the Blood Donation camp organized by the Indian Red Cross Society. The camp started by 8.30 AM and went on till 3:00pm, pleased to share that we collected over 912 units of blood were collected during this camp and the enthusiasm level among the students was very high.

Special thanks to Rtn. Sundeep Shah for arranging camp in association with Indian Red Cross Society. Rr. Raju Chandrashekhar & his team worked actively and made this camp successful.

Thanks to PP Rtn Nadeem Ahmed, PP Rtn K A Kunja and PE Rtn Ravi Nedungadi.



ANNS PROJECT: GIRL AND WOMEN HEALTH AND HYGIENE

As a part of community service project and one of the Rotary's thrust area of girl and women health and hygiene, Midtown Club Ann's are planning to distribute sanitary napkins to underprivileged girls and destitute women.

Each girl / women will be given one hamper of 25 packs for a year requirement. Each pack consists of 6 napkin will cost Rs 14.

One case (25 pack × 6) costs Rs. 350. Contains total 150 sanitary napkin which will be sufficient for a girl child for her entire year requirement.

Along with this a booklet will be distributed to educate them about this subject.

This project is funded by Charitable trust & Midtown Anns Group

Happy to share the list of commitments received from Anns:

Sl. No	Name	No. of Boxes	Sl. No	Name	No. of Boxes
1	Rashmi Khaitan	10	18	Sejal Masturlal	10
2	Veena Hinduja	20	19	Madhu Gupta	10
3	Asma Nadeem	10	20	Sunita Jain	10
4	Madhavi Amin	30	21	Huma Ali	15
5	Geeta Poddar	25	22	Sudha Manandi	15
6	Nivrita Hamirwasia	10	23	Kshama Bhatia	25
7	Asha Chamaria	10	24	Rashmi Bhargav	10
8	Manju Trinad	10	25	Rajani Sharma	50
9	Nandita Singhania	30	26	Reena Anjaria	20
10	Amita Pande	10	27	Smita Hari Prasad	30
11	Ranjana Mallik	20	28	Gayatri Popat	10
12	Suma Nedungudi	50	29	Uma Giridhar Yadalam	30
13	Sangita Poddar	50	30	Sangita lala	30
14	Aarti Bhatia	20	31	Suman Bhandari	100
15	Ananta Shroff	50	32	Shobha Avs Murthy	10
16	Chandrika Boal	10	33	Lalita Singhvi	50
17	Sabina Pandit	50		Total	840

Charitable Dispensary Activity Report-Jan 2020

Particulars	Gottigere	HSIS
No. of Patients Treated	1,555	9,386
Cost of Medicines	24,312	3,18,981
Honorarium	36,331	1,68,000

Maanasi project report

MAANASI
 Community Mental Health Program
 Department of Community Health
 St. John's Medical College and Hospital, Bangalore-34.
 Supported by: Rotary Bangalore Midtown and Rotary Club of Howard West, USA

STATUS REPORT

For the Month of January 2020

Details of Maanasi/Projects – Outreach and Follow-up Work Details

Name of the health worker	Outreach work details of health workers						No. of default pts. Contacted, and retrievals made				No of health education sessions conducted and participants attended					
	No. of Visits	No. of Patients	Total distance	No of follow up visits made	Follow up checklist data entered	Default cases contacted	Default cases attended	Default cases clinic(retrieval)	Dec.19	Jul.19 – Jan.20	Jan.20	Jul.19 – Jan.20	Dec.19	Jul.19 – Jan.20	Jan.20	Jul.19 – Jan.20
Smt. Ushadevi (independently)	19	135	213	135	12	40	3	0	0	0	0	0	0	0	0	0
Smt.Gowramma (independently)	19	81	238	81	7	26	2	3	3	2	454	4	3	17	37	300
Smt. Aruna (independently)	20	93	201	93	9	39	4	46	3	4	454	0	0	0	50	0
Villages visited together	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	58	284	309	1461	652	3502	28	105	454	9	46	6	17	87	300	

Details of Maanasi Project's Clinic and Other Medical Operations

Patients Turnout				Details of old cases attending clinic				Details of pts either facilitated or referred to other specialty clinics/ higher centers				Cost of Drugs dispensed and Concessions Offered					
Date of clinic	Old cases	New cases	Total	Default cases	Regular cases include	Total	Within CHTC mug specialty services	Outside referrals	Total	Cost of drugs dispensed	Amt. collected from Patients	Concession Offered					
	Jan.20	Jul.19 – Jan.20	Jan.20	Jul.19 – Dec.19	Jan.20	Jul.19 – Dec.19											
03.01.2020	20	0	20	2	18	20	0	0	0	5491	3335	2156					
10.01.2020	13	5	16	2	11	13	2	1	3	7195	2164	5031					
17.01.2020	13	547	50	0	13	13	0	0	0	1343	124732	1252	91				
24.01.2020	16	1	14	2	15	16	0	0	0	2588	2449	139					
31.01.2020	22	3	50	24	3	21	22	0	0	5056	3800	1256					
Total	84	547	9	633	9	78	87	2	22	1	8	3	30	21673	124732	13000	
															72544	8673	52189

Rotary Year 2020-21

PE Rtn Ravi Nedungadi is pleased to announce the full board of the club for RY 2020-21

Board Members R Y 2020-21

Sl. No	Name	Designation
1	Rtn Ravi Nedungadi	President
2	Rtn Kamal Bhandari	Immediate Past President
3	Rtn T Srikanth Bhagavat	President Elect
4	Rtn Atul Kaushal	Vice President
5	Rtn Palani Loganathan	Hon. Secretary
6	Rtn Anil Lala	Hon. Joint Secretary
7	Rtn Deepak Pinto	Sgt-At-Arms who will also be Director for Compliance
8	Rtn Uday Masturlal	Hon. Treasurer
9	Rtn Punith Jalan	Director-Community Service
10	Rtn Rakesh Sharma	Director-Vocational Service
11	Rtn Aditya Shroff	Director-Rotary Foundation
12	Rtn Seema Sibbal	Director-TEACH
13	Rtn Jayata Jhaveri	Director-New Generation
14	Rtn Farook Mahmood	Director-International Service
15	Rtn Sunil Mysore	Membership Development Chair
16	PP Rtn Satish Manandi	Co- opted Director
17	PP Rtn Varadu Seshamani	Co- opted Director
18	M G Pramod	Mentor to the Board
19	PP Rtn Nadeem Ahmed	Permanent Invitee to the Board
20	PP Rtn Suresh Bhatia	Permanent Invitee to the Board
21	PDG Vishwanath Setty	Club Trainer

Month		Feb - 20					Public Image	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
					1 Birthday's Ann Samgita Poddar anniversary: Rtn Premkumar & Kiran	2		
3 Anniversary: Rtn R V Prasad & Nivedita Prasad	4 Speaker Meeting - Abhishek Goenka - An overview of the Budget 2020	5	6 Birthday's" Rtn Arun Chamaria Anniversary:	7 Birthday's" Ann Archana Bajaj Ann Namita Kejriwal	8 Anniversary: Rtn Harshvardhan Bhuwalka & Manju Bhuwalka	9		
10 Anniversary : Rtn	11 8th Board Meeting	12 Anniversary : Rtn Farook Mahmood & Jabeen Farook	13	14 Fellowship Program : Valentine's Day Celebration Birthday's" Rtn Suil Mysore	15.	16 Birthday's" Rtn Ali Mohamed		
17 Anniversary : Rtn Adil S Fazal & Shabana Rtn Rajeev Sikka & Anuradha Sikka	18 Birthday's Rtn Ramesh Sadhwani Anniversary : Rtn Arul Kaushal & Amita	19 Anniversary : Rtn Satish Manandi & Sudha	20 Birthday's: Rtn Dr Gunashankar Vuppalapati Anniversary:	21 Anniversary: Rtn Gagan Bihari & Ritashree	22.	23 Rotary Day - Peace and Conflict Resolution Seminar with Rotary BANGALORE MAIN and Syerrgia Foundation		
24 Birthday's: Rtn M C Agarwal	25 Birthday's: Ann Savita (Rtn Vimal Kedia)	26 Birthday's: Ann Rizvana Masood Anniversary: Rtn Nadeem Ahmed & Asma	27 Birthday's: Rtn Dr Kshama Bhatia	28 Birthday's: Rtn Dr Kshama Bhatia	29. Birthday's: Rtn Rohitesh Hamirwasia			