



Introducion & Agreement

The purpose of the study is to determine how mindfulness training and different emotions affect the ability to mentally visualize. Mental visualization is the ability to realistically imagine events or people who are not physically present. You will be invited to participate in a series of tasks and games, in which you will participate with other people, also taking part in an online study at the same time. Your task each time will be to imagine what the people represented by the computer avatars look like and are like.

The first of three online surveys consists of two stages: **Stage**

1: which involves filling out questionnaires prepared for you.

Stage 2: involving taking part in online games with other participants and mental visualization. You will perform this stage by appointment with the experimenter.

NOTE: The survey contains questions that check whether the instructions are read carefully. These questions are very simple. For example, we may ask "Please mark the answer with the number seven" or "Please mark the answer 'I rather disagree.'"

Since your answers are important to us, it is also important to control whether you answer the questions posed. Randomly clicking answers makes it difficult to interpret the survey results. Therefore, bad

Answering an attention-checking question equals discontinuing the study.

Please read the instructions and questions carefully and give honest answers. If an answer you are not sure about, as a rule, the answer that first comes to mind is the best one.

Participation in the survey is completely voluntary and fully confidential. Your answers will not be linked to any data from which you could be identified as a respondent.

Data will be processed for scientific purposes only. They are used to determine universal processes and not to characterize individuals. You have the right to withdraw your participation at any time without risking any consequences. To opt out, close the browser window. The study should not have any negative emotional consequences.

If you would like to share your comments or ask any questions, please contact us at our email address: mindfulness7@gmail.com

Informed consent:

I certify that I have familiarized myself with the information about the study and its potential effects on my well-being. I have been informed that I may ask questions of the investigator and receive answers to these questions both during and after the study.

I knowingly agree to participate in the procedure and know that I can opt out at any time without giving reasons. I express

consent to the processing of the collected data for scientific purposes related to this study.

After selecting "I agree" you will be taken to the next part of the survey.

I agree to participate in the study

I do not agree to participate in the study

ID Code_t0

Enter below your individual ID code that you received via email:

Info about the stages "Time 0"

You are currently taking part in the first stage of the survey. At this stage, your task will be to fill out the questionnaires we have prepared for you. Further tasks and games with other participants will appear in the next stage.

Sociodemographic data

To begin with, please answer some questions.

What is your gender?

Female

Male

I prefer not to answer
this question

What is your sexual orientation?

Heterosexual

Homosexual

Bisexual

Other

I prefer not to
answer this
question

Enter your age:

What is your political and worldview orientation?

1

2

3

4

5

6

7

Definitely Liberal

liberal

Rather liberal

Neither

such

Rather conservative

Conservative Decide

preserve



What is your political orientation?



What is your nationality?

Pola
d

Oth
er

Mindfulness practice

Do you practice or have you ever practiced mindfulness or other forms of meditation?

Yes

No

Enter below what type of practice it is/was:

Do you still practice mindfulness or other forms of meditation?

How long does this practice last?

Less than month	From one to three months to half year	For three years	From six months to year	Over a year
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

How long did this practice last?

Less than month	From one to three months to half year	For three years	From six months to year	Over a year
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

When did this practice end?

Less than one month ago	From one to three months to half year ago	For three years ago	From six months to one year ago	More than a year ago
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(FOD) Fear of Death_t0

On the following screens you will see 8 consecutive statements.

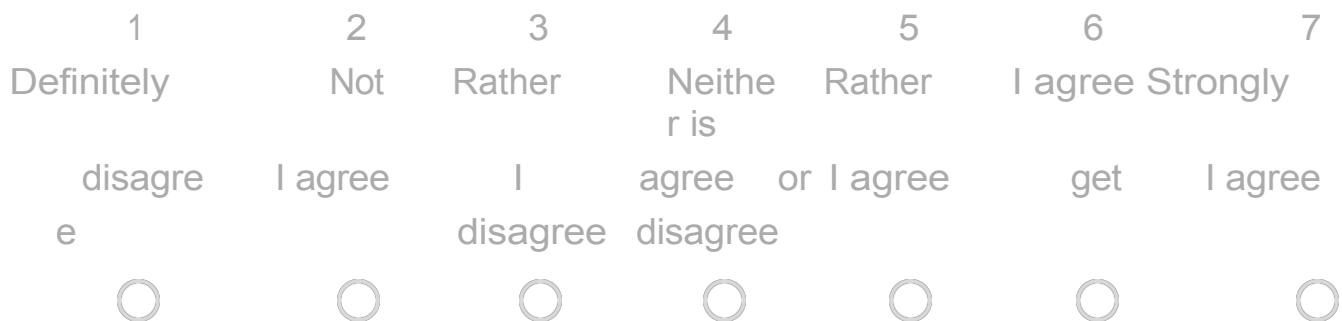
Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

Thinking about death depresses me.



The prospect of my death is terrifying to me.



Death is something upsetting to me.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When someone brings up issues of death in my presence, I quickly try to change the topic of conversation.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I think I will pray more often as the years go by.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It fills me with horror when people close to me die.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't like movies in which one of the main characters dies.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I think about death without fear.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Death is the worst misfortune in a person's life.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(CN) Collective Narcissism & (IS) Ingroup Satisfaction_t0

Each of us belongs to different groups. Toward many groups we have certain feelings and attitudes. We ask you to describe your feelings and thoughts about your belonging to the Polish nation using the statements on the next 10 screens. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

If the Polish people had more say in the world, the world would be a much better place

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The Polish nation deserves special treatment.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It really angers me when others criticize the Polish nation.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Few people understand how important the Polish nation is.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I will not rest until the Poles receive the recognition they deserve.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am happy to be a Pole/Polish.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I think Poles have many reasons to be proud of themselves.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It is good to be Polish/Polish.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I think about being Polish/Polish, I feel good.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(FFMQ) Five Facet Mindfulness Questionnaire_to

On the following screens you will see 23 consecutive statements.

Read them carefully, and then determine to what extent you agree with each of them using the scale provided.

The extreme answer on the left indicates that **you "Strongly Disagree"** with a given statement.

The extreme answer on the right indicates that **you "Strongly Agree"** with a given statement.

I have difficulty focusing on what is happening here and now.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I easily find words to describe my feelings.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I observe my feelings without losing myself in them.

1	2	3	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Rather I agree	I agree get	Strongly I agree
e					

4
Neither
agree nor
disagree

It looks as if I am functioning/ functioning like an automaton without realizing what I am doing.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I tell myself that I shouldn't/shouldn't feel something the way I do.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I am overcome by fearful thoughts and imaginings, I can simply notice them and not react to them.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I perform tasks and jobs automatically, without realizing what I am doing.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I judge whether my thoughts are good or bad.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I am frightened/terrified by thoughts and imaginings, I quickly recover and feel calm.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I feel some sensations coming from my body, it's hard for me to describe them because I can't find the right words.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Even when I feel great anxiety, I can find the right words to express it.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I have desperate thoughts and imaginings, I just notice them and let them go.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither or I agree	Rather disagree	I agree	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I hastily engage in various activities without paying attention to them.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither or I agree	Rather disagree	I agree	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In difficult situations, I can "take it easy" without reacting immediately.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither or I agree	Rather disagree	I agree	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I tell myself that I shouldn't/shouldn't think the way I'm thinking right now.

1 Definitely disagre e	2 Not I agree	3 Rather I disagree	4 Neither is agree disagree	5 Rather or I agree disagree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I consider myself someone who does certain things without paying attention to them.

1 Definitely disagre e	2 Not I agree	3 Rather I disagree	4 Neither is agree disagree	5 Rather or I agree disagree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I criticize myself for having irrational ideas and concepts.

1 Definitely disagre e	2 Not I agree	3 Rather I disagree	5 Rather I agree	6 I agree get	7 Strongly I agree

4

I neither
agree nor
disagree

I usually pay attention to such sensations as the wind in my hair or the sun on my face.

1 2 3 4 5 6 7

Definitely Not Rather Neither Rather I agree Strongly

disagree I agree I agree or I agree get I agree
e disagree disagree

I pay attention to such sounds as the ticking of the clock, birds singing, or the sound of passing cars.

1 2 3 4 5 6 7

Definitely Not Rather Neither Rather I agree Strongly

disagree I agree I agree or I agree get I agree
e disagree disagree

I can feel the smells and aromas of various things.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I notice such elements in art and nature as colors, shapes, texture and patterns of light and shadow.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I think some of my emotions are inappropriate and I shouldn't/shouldn't feel them.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The correct answer is "I agree."

1	2	3	4	5	6	7
Definitely disagree	Not e	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Attention check fail_t0

Unfortunately, you gave an incorrect answer to a question testing your attentiveness.

We strongly urge you to read the questions and instructions carefully, as the reliability of the survey results depends on this. Subsequent incorrect answers will result in the survey being terminated irrevocably.

(GRAT) Gratitude(trait)_t0

On the following screens you will see 3 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

There are many things in my life for which I can feel grateful/appreciative.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If I had to list everything I feel grateful for, it would be a very long list.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am grateful to a wide variety of people.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(SI) Social Identity_to

On the following screens, you will see 13 consecutive statements that can describe your daily experiences.

Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

I feel connected to other Poles.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I stand in solidarity with other Poles.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have a sense of unity with other Poles.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I often think about the fact that I am a Pole/Polish.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Being Polish/Polish is an important part of my identity.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither is agree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Being Polish/Polish is an important part of how I see myself.



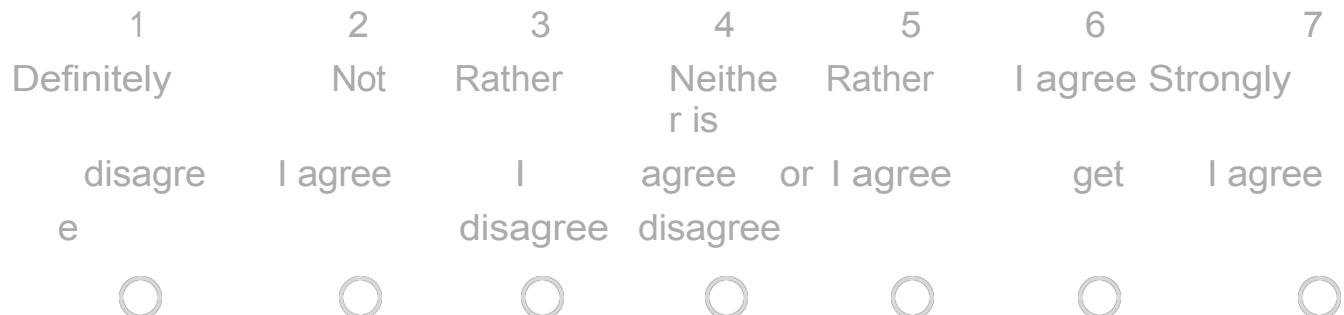
I believe that I have a lot in common with the "statistical Pole/Polish woman."



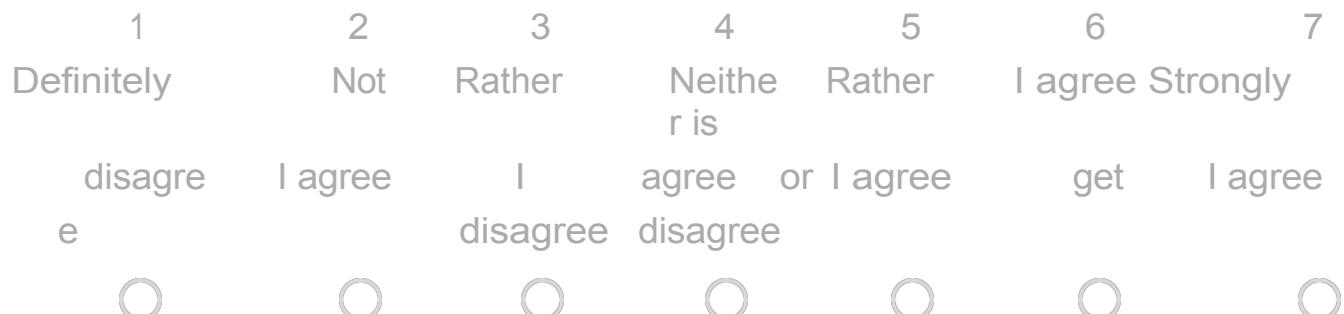
I consider myself a typical Pole/Polish woman.



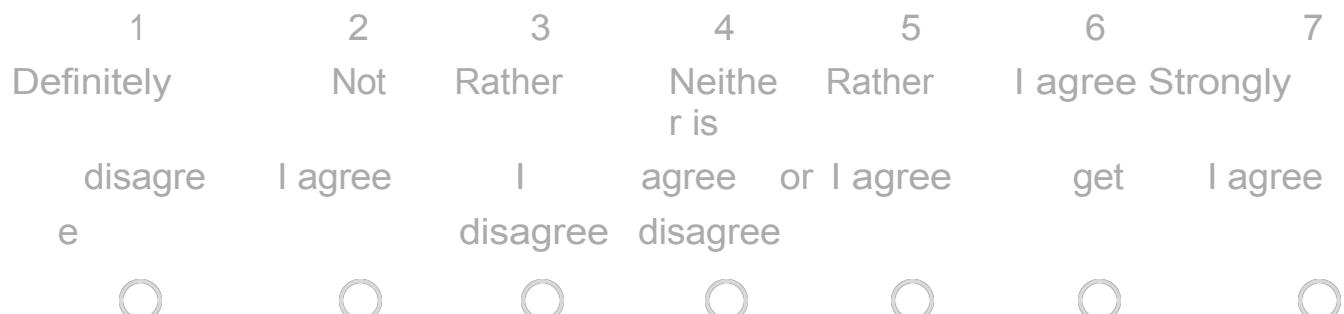
I think I am similar to the "statistical Pole/Polish woman".



Poles are very similar to each other.



Poles have a lot in common.



Poles have a lot in common.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree Strongly get	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(SCOMP) Self-Compassion Scale_t0

On the following screens you will see 7 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

Determine honestly what you really think about yourself.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

I try to be understanding and patient with the parts of my personality traits that I don't like.

5	6	7
Rather Agree	Strongly Agree	
I agree	get	I agree

1	2	3	4			
I strongly disagree	I disagree	I rather disagree	Neither agree nor disagree			
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I try to see my failures as part of human existence.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither I agree or I agree disagree	Rather disagree	I agree	Strongly get
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I'm going through a very difficult time, I try to show myself the care and tenderness I need at the time.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither I agree or I agree disagree	Rather disagree	I agree	Strongly get
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When something upsets me, I try to keep my balance and not get carried away by my emotions.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am intolerant of and impatient with aspects of my personality that I don't like.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

At times when I feel my inadequacy in some way, I try to remind myself that this sense of inadequacy happens to most people in the world.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I do not accept and criticize all my flaws and shortcomings.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I feel depressed I tend to obsessively fixate on everything that is wrong.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I fail at something that is important to me, I have a sense of loneliness in experiencing that failure.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I'm feeling depressed/ depressed, I feel that most people are happier than me.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither nor I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When something painful happens to me, I try to look at the situation in a balanced way, looking at it from all sides.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither nor I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I fail at something I'm passionate about, I'm overwhelmed by a sense of being an insufficiently competent person.

5	6	7
Rather Agree	Strongly Agree	
I agree	get	I agree

1	2	3	4			
I strongly disagree	I disagree	I rather disagree	Neither agree nor disagree			
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(SOC) Social Distance UA_t0

On the following screens you will see 6 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

Poland should increase aid to Ukrainian migrants.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree or I agree disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Poland should accept more Ukrainian immigrants.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I would not mind if Ukrainian immigrants were employed in my workplace.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I wouldn't mind if a family of Ukrainian immigrants lived next door to me.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Ukrainian immigrants residing illegally should be deported.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Border guards should do a better job of protecting the borders from Ukrainian migrants.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(IGR_THR) Intergroup Threat UA_t0

On the following screens you will see 13 consecutive statements in relation **to UKRAINS**.

Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement

- The extreme answer on the right means that **you Strongly Agree** with the given statement

This group is dangerous.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree	Rather or I agree	I agree	Strongly get
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This group poses a threat to Poles.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree	Rather or I agree	I agree	Strongly get
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This group violates trust.

5	6	7
Rather Agree Strongly Agree		
I agree	ge	I agree

1	2	3	4				
I strongly disagree	I disagree	I rather disagree	Neither agree nor disagree				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree with the statement that Ukrainians:

They threaten our jobs

1	2	3	4	5	6	7	
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree or disagree	Rather I agree disagree	I agree	Strongly get	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree with the statement that Ukrainians:

They are taking advantage of our health service

1	2	3	4	5	6	7	
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree or disagree	Rather I agree disagree	I agree	Strongly get	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree with the statement that Ukrainians:

Violate the principles of social intercourse

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree with the statement that Ukrainians:

Represent values that are inconsistent with our values

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree with the statement that Ukrainians:

Influence greater competition in the labor market

1	2	3		5	6	7
Definitely disagree	Not I agree	Rather I disagree		Rather I agree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



To what extent do you agree with the statement that Ukrainians:

Threaten our personal rights and freedoms



To what extent do you agree with the statement that Ukrainians:

They violate our trust



To what extent do you agree with the statement that Ukrainians:

They use our social funds

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree with the statement that Ukrainians:

They threaten our health and life

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

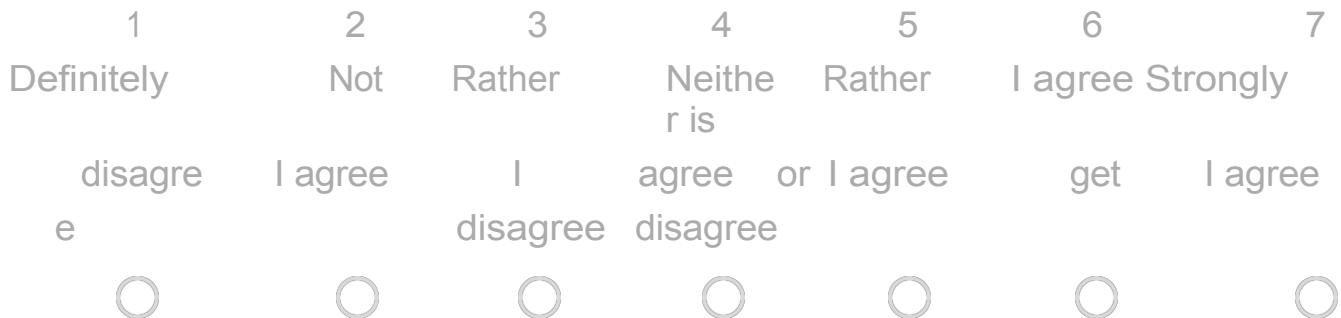
To what extent do you agree with the statement that Ukrainians:

Threaten religious freedom

1	2	3		5	6	7
Definitely disagree	Not I agree	Rather I disagree		Rather I agree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



The correct answer is "I rather agree."



(SE) Self Esteem_t0

On the following screens you will see 10 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **You strongly agree** with the given statement

Overall, I'm satisfied with myself.



Sometimes I think I'm up to no good.



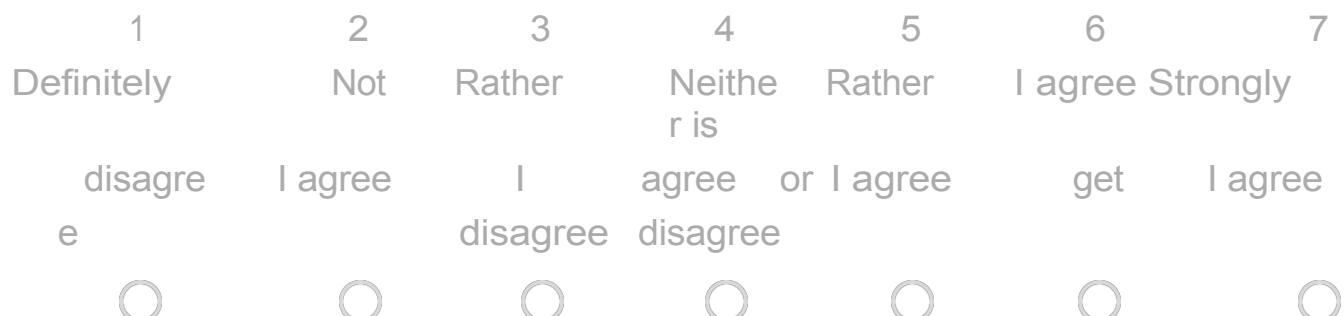
I believe that I have many positive qualities.



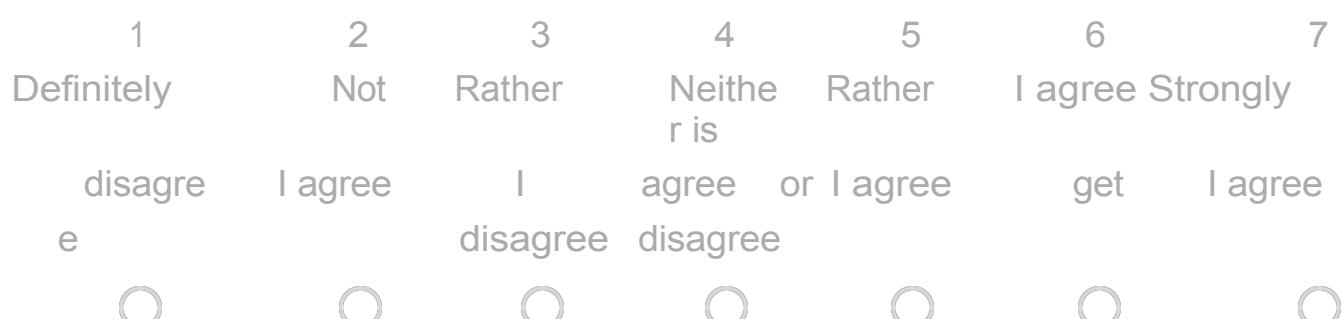
I can do things as well as most other people.



I believe that I don't have many reasons to be proud of myself/you.



Sometimes I feel useless/useless.



I believe that I am a person of value at least as much as others.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or disagree	Rather I disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

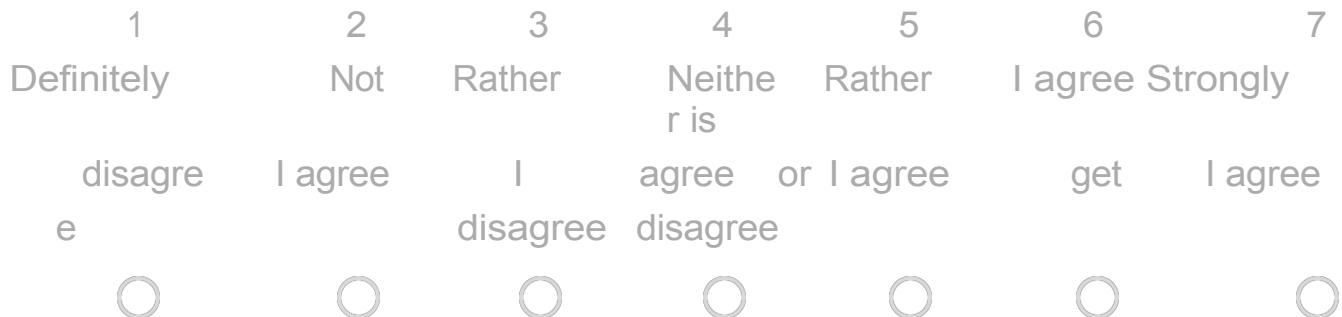
I wish/wish I had more respect for myself.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or disagree	Rather I disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Overall, I am inclined to think that I am not succeeding.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or disagree	Rather I disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I like myself.



(SWLS) Satisfaction with Life Scale_t0

On the following screens you will see 5 consecutive statements.

Read them carefully, and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement.
- The extreme answer on the right means that **you Strongly Agree** with the given statement.

In many ways, my life is close to perfect.



I neither
agree nor
disagree

I agree

The conditions of my life are excellent.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

I am satisfied/ satisfied with my life.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

So far, I have received everything that is important to me from life.

Definitely	Not	Rather	Rather	I agree	Strongly
disagree	I agree	I	I agree	get	I agree
e		disagree			
<input type="radio"/>					

I neither
agree nor
disagree
I agree

If I could live my life again, I would hardly change anything.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			

(PANAS) Positive Affect Negative Affect Scale_t0

On the following screens you will see 20 consecutive adjectives describing feelings and emotions. Read them carefully, and then determine to **what extent you have felt each emotion over the past two weeks.**

Use the scale below to describe your feelings:

- The extreme answer on the left means that you did not feel the emotion at all or hardly at all.
- The extreme answer on the right means that you felt the emotion very strongly.

Interested

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Full of concerns

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Excited

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Disgruntled

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Strong

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Guilty

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Scared

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Hostile

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Enthusiastic

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Proud

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Irritated

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Vigilant

Not at all or hardly at all	Some	Medium	Strongly	Very strongly
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Embarrassed

Some	Medium	Strongly	Very strongly
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

At all or
barely

Full of energy

Not at all or
hardly at all

Some

Medium

Strongly

Very strongly

Restless

Not at all or
hardly at all

Some

Medium

Strongly

Very strongly

Definite

Not at all or
hardly at all

Some

Medium

Strongly

Very strongly

Focused

Some

Medium

Strongly

Very strongly

At all or
barely

Shaken

Not at all or
hardly at all

Some

Medium

Strongly

Very strongly

Active

Not at all or
hardly at all

Some

Medium

Strongly

Very strongly

Anxious

Not at all or
hardly at all

Some

Medium

Strongly

Very strongly

Mark "Strong"

Some

Medium

Strongly

Very strongly

At all or
barely

Feeling Thermometer_t0

On the following screens, you will see 4 consecutive questions about your feelings toward different social groups.

Read them carefully, then identify the feelings using the scale provided.

- The extreme answer on the left means that your feelings are **Definitely negative**.
- The extreme answer on the right means that your feelings are **Definitely positive**.

Evaluate what feelings you have toward:

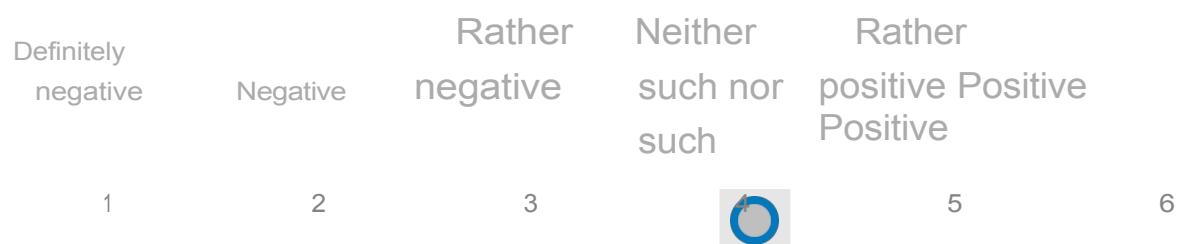
Jews

Definitely negative	Negative	Rather negative	Neither such nor such	Rather positive	Positive
1	2	3	4	5	6



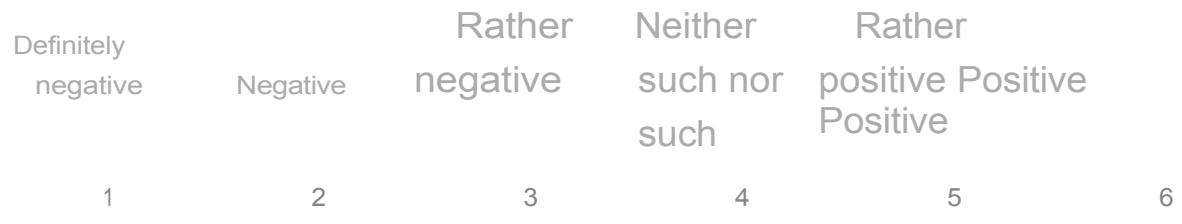
Evaluate what feelings you have toward:

Syrian refugees



Evaluate what feelings you have toward:

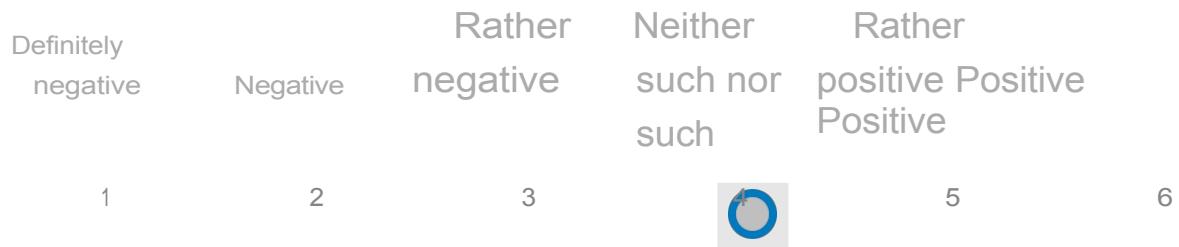
Ukrainians





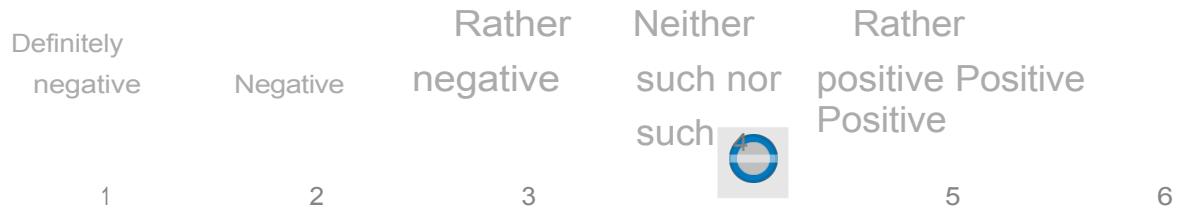
Evaluate what feelings you have toward:

LGBT+ Persons



Evaluate what feelings you have toward:

Poles



(ANT-SEM) Anti-Semitism_t0

On the following screens you will see 12 consecutive statements

RELATING TO JEWS.

Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

Are modern Jews responsible for the crucifixion of Christ?

Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past, Jews have been accused of kidnapping Christian children.
Do you believe that such kidnappings have taken place?

Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I get the impression that the Jews are taking advantage of our remorse.

Definitely	Not	Rather	Neither nor is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree or I agree	get	I agree	
e			disagree			
<input type="radio"/>						

It upsets me when today people still talk about the crimes committed by Poles against Jews.

Definitely	Not	Rather	Neither nor is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree or I agree	get	I agree	
e			disagree			
<input type="radio"/>						

The Jews want to get compensation from the Poles for something the Germans actually did to them.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

Jews spread the idea that Poles are anti-Semitic.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

Jews are seeking to expand their influence in the world economy.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

Jews often operate in a covert, behind-the-scenes manner.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Jews sometimes meet quietly to discuss issues important to them.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Jews aspire to rule the world.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Jews want a decisive voice in international financial institutions.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Jews achieve group goals through secret agreements.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Sexism_t0

On the following screens you will see 12 consecutive statements.

Read them carefully, and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement.
- The extreme answer on the right means that **you Strongly Agree** with the given statement.

Many women have the kind of purity that few men possess.

Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree disagree	Rather or I agree disagree	Rather I agree get	I agree Strongly
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Men should worship and protect women.

Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree disagree	Rather or I agree disagree	Rather I agree get	I agree Strongly
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Women try to gain power by controlling men.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Every man should have a woman he adores.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Men are incomplete without women.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Women exaggerate the problems they face at work.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree or disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Once a woman gets a man, she then keeps him on a short leash.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree or disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When women lose fair competition to men, they usually complain about discrimination against women.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

Many women like to tease men by feigning sexual interest, only to be rejected later.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

Compared to men, women have a higher moral sense.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

Men should be willing to sacrifice their own prosperity to financially contribute to the women in their lives.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Feminists have unreasonable demands of men.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Mark the answer "rather disagree"

1 Definitely disagree e	2 Not I agree	3 Rather I disagree	4 Neither agree or I agree disagree	5 Rather disagree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(KAMF) Kama muta frequency scale_t0

On the following screens you will see 7 consecutive statements.

Read them carefully, and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement.
- The extreme answer on the right means that **you Strongly Agree** with the given statement.

When was the last time you felt moved or touched?

I don't remember, That I have felt the last year moved or moved	During last month	During last week	During last 24 hours
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you feel moved or **touched**?

Never	Less than once a month	Once a month	2-3 times a month	Once a week	2-3 times a week	On average, once a day	Two or more times each day
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you find yourself with your throat clenched from emotion or emotion?

Never	Less than once a month	Once a month	2-3 times a month	Once a week	2-3 times a week	On average, once a day	Two or more times each day
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you find yourself crying or having moist eyes from emotion or emotion?

Never	Less than once a month	Once a month	2-3 times a month	Once a week	2-3 times a week	On average, once a day	Two or more times each day
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you get chills or goosebumps from being touched or moved?

Never	Less than once a month	Once a month	2-3 times a month	Once a week	2-3 times a week	On average, once a day	Two or more times each day
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you feel warmth on your heart from being moved or touched?

Never	Less than once a month	Once a month	2-3 times a month	Once a week	2-3 times a week	On average, once a day	Two or more times each day
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Would you describe yourself as a person who is easily moved or touched?

In general To some extent Definitely yes

(HOMO) Homophobia_t0

On the following screens you will see 3 consecutive statements.

Read them carefully, and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement.
- The extreme answer on the right means that **you Strongly Agree** with the given statement.

Gazeta Polska has included stickers with the words "LGBT-free zone" in its circulation. The decision to include such stickers was the right one.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The Equality Parade in Bialystok was attacked by people who are unwilling to support the LGBT+ community. I support the behavior of these individuals.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Archbishop Marek Jędraszewski has called LGBT+ people a "rainbow plague." I support the Archbishop's statement.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(CSE) Collective Self-Esteem_t0

On the following screens you will see 16 consecutive statements.

Read them carefully, and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement.
- The extreme answer on the right means that **you Strongly Agree** with the given statement.

I think I am a valuable member of the groups I belong to.

Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree or disagree	Rather I agree or disagree	Rather I agree or disagree	I agree get I agree	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I often regret that I belong to certain social groups.

Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree or disagree	Rather I agree or disagree	I agree get I agree	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The groups I belong to are generally considered valuable.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

The groups I am a member of have little influence on what I think about myself and who I am.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

I feel that I don't have much to offer to those social groups of which I am a member.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

Overall, I am satisfied with my membership in the groups of which I am a member.

Definitely	Not	Rather	Neither is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

The groups to which I belong are considered by most to be ineffective compared to other groups.

Definitely	Not	Rather	Neither is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

The groups I belong to largely define who I am.

Definitely	Not	Rather	Neither is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

I think I am a helpful member of the groups I belong to.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

I feel that the social groups I belong to are not worth my time.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

Other people relate respectfully to the groups of which I am a member.

Definitely	Not	Rather	Neither	Rather	I agree	Strongly
disagree	I agree	I	agree	or I agree	get	I agree
e		disagree	disagree			
<input type="radio"/>						

The social groups I belong to have no influence on who I am.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I feel that I am a useless member of the groups I belong to.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I feel good as a member of the social groups to which I belong.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The common opinion is that the groups I belong to are worthless.

Definitely disagree e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In general, my affiliation with groups is an important part of my Self.

Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather or I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

AWE_t0

On the following screens you will see 6 consecutive statements.

Read them carefully, and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement.

- The extreme answer on the right means that **you Strongly Agree** with the given statement.

I often experience a sense of elation.

Definitely disagree	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree or disagree	I agree get Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I notice the beauty around me.

Definitely disagree	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree or disagree	I agree get Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I feel the wonder of the world almost every day.

Definitely disagree	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree or disagree	I agree get Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I often look for regularities in the world around me.

Definitely	Not	Rather	Neither is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

I have many opportunities to marvel at the beauty of nature.

Definitely	Not	Rather	Neither is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

I am looking for experiences that expand my understanding of the world.

Definitely	Not	Rather	Neither is	Rather	I agree	Strongly
disagree	I agree	I disagree	agree	or I agree	get	I agree
e						
<input type="radio"/>						

(NPI) Narcissistic Personality Inventor

On the following screens you will see 13 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **You strongly agree** with the given statement

I like to have authority with other people.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have a strong will.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

People always recognize my authority.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am a born leader/s.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I know I'm a good person because everyone keeps telling me that.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I like to show off my body.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I admire my body.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I usually show off if I have the opportunity.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I like to look at myself in the mirror.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I find it easy to manipulate other people.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I insist that people show me the respect I deserve.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I expect a lot from other people.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am not satisfied until I get what I deserve.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(VN) Vulnerable narcissism (trait)_t0

On the following screens you will see 11 consecutive statements.

Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **You strongly agree** with the given statement

Thinking about my personal affairs, health, relationships with others can completely consume me.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree	Rather disagree	I agree	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The ridiculing comments of others easily hurt my feelings.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree	Rather disagree	I agree	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Often in new places I think everyone is looking at me and I feel uncomfortable.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't like to share my own success with others.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I think I have too much on my mind to worry about the problems of others yet.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither agree or disagree	Rather I agree disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I feel that I am different/other than most people.

1 Definitely disagree e	2 Not I agree	3 Rather I disagree	4 Neither or I agree	5 Rather disagree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I often interpret other people's statements as a personal jab.

1 Definitely disagree e	2 Not I agree	3 Rather I disagree	4 Neither or I agree	5 Rather disagree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It's easy for me to become immersed in thinking about my issues and forget the existence of others.

1 Definitely disagree e	2 Not I agree	3 Rather I disagree	4 Neither or I agree	5 Rather disagree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

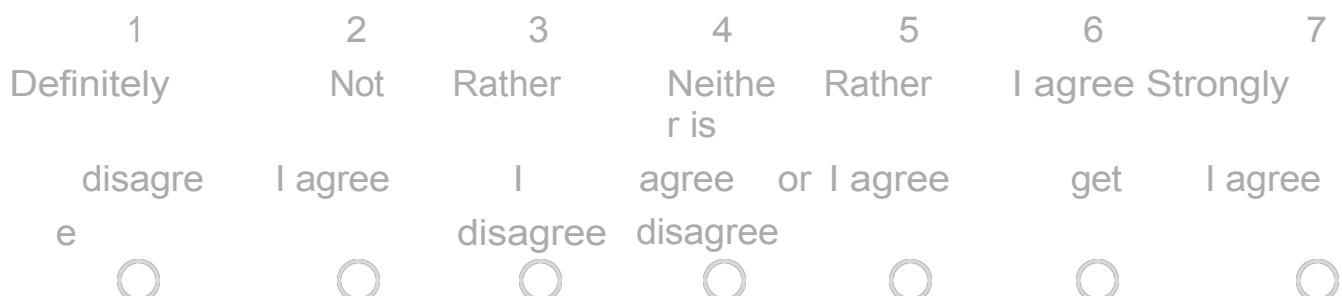
I don't like to be in a group unless there is at least one person in it who particularly appreciates me.



It irritates me when other people confide in me about their problems demanding my time and sympathy.



The correct answer is "I rather agree."



(RWA) Right-wing authoritarianism_t0

On the following screens you will see 21 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

Obedience and respect for authority figures are the most important values children should learn.



What our country really needs instead of civic affairs is a solid dose of real law and order.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The right keys to a good life are discipline and obedience.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Turning away from tradition will one day prove fatal.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Homosexuals and lesbians are as healthy and moral as anyone else.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Decency and obedience to the law are better for us in the long run than constantly undermining the principles on which our society is based.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What our country really needs is a strong, decisive leader who will defeat evil and show us the right path.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

A woman's place should be where she herself wants it to be. Women's subservience to men and social expectations is a thing of the past.

1 Definitely disagre e	2 Not I agree	3 Rather I disagree	4 Neither is agree disagree	5 Rather or I agree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

There is no crime that justifies the use of the death penalty.

1 Definitely disagre e	2 Not I agree	3 Rather I disagree	4 Neither is agree disagree	5 Rather or I agree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

There is nothing wrong with premarital sexual relations.

1 Definitely disagre e	2 Not I agree	3 Rather I disagree	4 Neither is agree disagree	5 Rather or I agree	6 I agree get	7 Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It is important to protect in every way the rights of those with different and even radical views.



It's good that these days young people have more freedom to make their own rules and protest things they don't like.



People should be guided by their own standards in judging what is moral and what is immoral, and less by the guidance of the Bible or similar traditional texts.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Permanent homosexual relationships should be treated on a par with marriage.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It cannot be said that there is any one right way to live; everyone should live as they see fit.

1	2	3	4	5	6	7
Definitely disagree e	Not I agree	Rather I disagree	Neither or I agree disagree	Rather disagree	I agree get	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

People who are the real authorities in our country can be relied upon because they have a higher level of intelligence, are better informed and more knowledgeable than the rest of the population.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree	Rather disagree	I agree Strongly	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

There are many immoral and ruthless people in our country who, driven by their own goals, want to harm it. The authorities should eliminate them.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree	Rather disagree	I agree Strongly	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Our country needs people who think independently, who have the courage to oppose different traditions even when it may annoy many people.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree	Rather disagree	I agree Strongly	I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It would be very good if the relevant authorities banned the distribution of magazines that publish disgusting and uncensored things.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

You shouldn't strictly adhere to hallowed rules - you should try many different ideas and try many different experiences.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The correct answer is "I strongly disagree."

5	6	7
Rather Agree	Strongly Agree	
I agree	get	I agree

1	2	3	4			
I strongly disagree	I disagree	I rather disagree	Neither agree nor disagree			
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(SDO) Social Dominance Orientation_t0

On the following screens you will see 4 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

In determining priorities, the interests of all groups involved should be taken into account.

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neithe r is agree or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

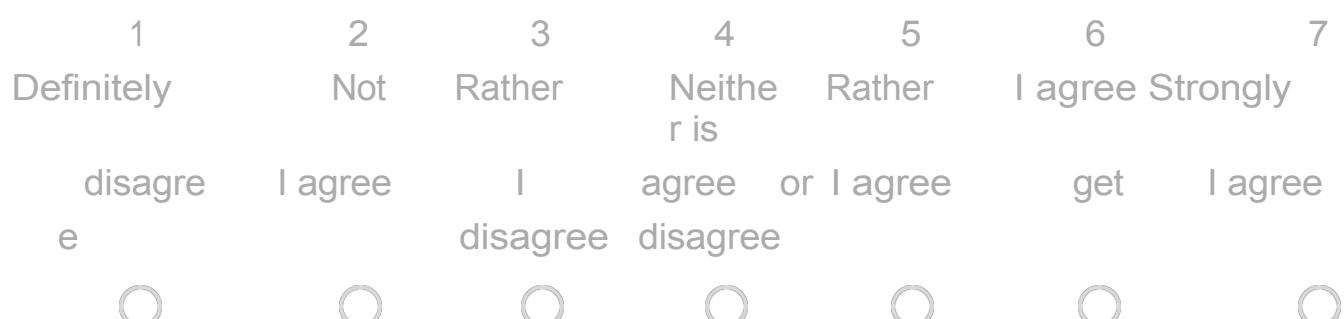
Equality between social groups should not be unconditionally demanded.



Equality for all social groups should be our ideal.



The better social groups should dominate the worse ones.



(HUM) Humanisation_t0

Now think about **immigrants from Ukraine**.

On the following screens you will see 8 consecutive statements that will apply to them.

Read them carefully and then **determine to what extent Ukrainian immigrants seem to you:**

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do Ukrainian immigrants seem to you:

Competent

1	2	3	4	5	6	7
Definitely disagre e	Not I agree	Rather I disagree	Neither or I agree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do Ukrainian immigrants seem to you:

Similar to us

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do Ukrainian immigrants seem to you:

Swojscy

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent does it seem to you in the context of Ukrainians that:

It's easy to put yourself in their shoes

1	2	3		5	6	7
Definitely disagree	Not I agree	Rather I disagree		Rather I agree	I agree get	Strongly I agree
e						

4

Neither
agree nor
disagree

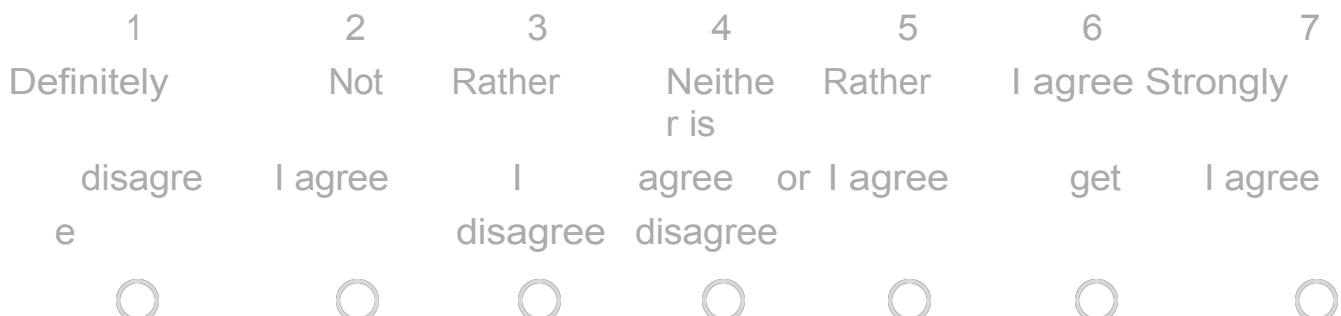
To what extent does it seem to you in the context of Ukrainians that:

It's easy to read their disposition



To what extent do Ukrainian immigrants seem to you:

Smart



To what extent do Ukrainian immigrants seem to you:

Communicators

1	2	3	4	5	6	7
Definitely disagree	Not e	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(DIS) Distinctiveness_10

On the following screens you will see 4 consecutive statements. Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly Disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

I get annoyed when others fail to see the important differences between Ukrainians and Poles.

1	2	3	4	5	6	7
Definitely disagree	Not e	Rather disagree	Neither disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Treating Ukrainians and Poles as the same is incorrect.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I get annoyed when others think Ukrainians and Poles are the same.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

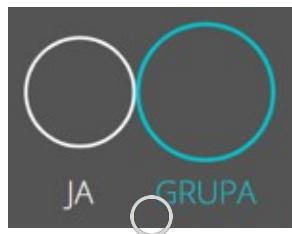
Ukrainians and Poles are very different, and it is a pity that others do not see this.

1	2	3	4	5	6	7
Definitely disagree	Not I agree	Rather I disagree	Neither agree or I agree disagree	Rather disagree	I agree get	Strongly I agree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

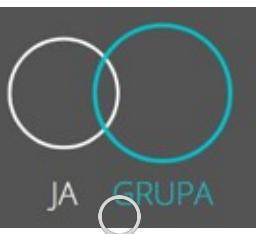
(SF) Self-Fusion_t0

Select one of the following pairs of circles that best represents your relationship with a group of **Poles**.

1.



2.



3.



4.



5.



(PSS) Perceived Stress Scale_t0

On the following screens, you will see 10 consecutive statements about **YOUR FEELINGS AND THINKINGS THAT YOU HAVE EXPERIENCED IN THE LAST MONTH**.

Read them carefully and then determine to what extent you agree with each of them using the scale provided.

- The extreme answer on the left means that **you Strongly disagree** with the given statement
- The extreme answer on the right means that **you Strongly Agree** with the given statement

Over the past month, how often have you been upset because of something that happened unexpectedly?



Over the past month, how often have you felt that you were unable to control important things in your life?



How often in the last month have you felt nervous and stressed?



Over the past month, how often have you felt confident in your ability to deal with personal problems?

1	2	3	4	5	6	7
Almost never	Very rarely	Rarely	Neither rarely, nor often	Often	Very often	Almost always
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Over the past month, how often have you felt that things were going your way?

1	2	3	4	5	6	7
Almost never	Very rarely	Rarely	Neither rarely, nor often	Often	Very often	Almost always
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often in the last month have you found that you couldn't handle all the things you had to do?

1	2	3	4	5	6	7
Almost never	Very rarely	Rarely	Neither rarely, nor often	Often	Very often	Almost always
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past month, how often have you been able to control the irritation in your life?

1	2	3	4	5	6	7
Almost never	Very rarely	Rarely	Neither rarely, nor often	Often	Very often	Almost always
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often in the past month have you felt you were in control of everything?

1	2	3	4	5	6	7
Almost never	Very rarely	Rarely	Neither rarely, nor often	Often	Very often	Almost always
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the last month, how often have you been angry about things beyond your control?

1	2	3	4	5	6	7
Almost never	Very rarely	Rarely	Neither rarely, nor often	Often	Very often	Almost always
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past month, how often have you felt that difficulties have piled up so high that you can't overcome them?

1	2	3	4	5	6	7
Almost never	Very rarely	Rarely	Neither rarely, nor often	Often	Very often	Almost always
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Finish_t0

Thank you for your time and participation in the first stage of the survey!

Please let us know (at mindfulness7@gmail.com) that you have completed this study and are ready to make an appointment with the experimenter for the second stage of this study.

To send a message from your system mailbox, click [HERE](#).

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