

the girl and her sadness

there was so much she wanted to pursue that day
so much she wanted to achieve
but the girl's sadness told her, *"no, maybe another day"*

everything seemed to be going just fine
she was happy at the beginning of the day, she swore
but the girl's sadness told her, *"something's going to go wrong, it won't stay this way"*

she tried to recall all the events she encountered
maybe something had triggered it?
but the girl's sadness told her, *"you are the sole perpetrator"*

"what's wrong with me?" she asks herself
"why do i always feel so powerless?"
and the girl's sadness told her, *"because you are, so accept it now rather than later"*

head in her hands, a ball on the floor
wondering if she'll ever get out of this constant hell she puts herself in
but the girl's sadness told her, *"you never will, so stop trying"*

then all of a sudden, a new emotion comes along
something new and uplifting
something that stopped her from crying

*"hello, i'm joy
you have another chance, a new day
so go ahead and look at the silver lining"*

the girl's sadness decided it was time to rest for a while