



Top Medical Doctor Speaks Out

# An Open Letter To Anyone Who Wants To Lose Up To 20 Pounds In Two Weeks *The Lazy Way*

**LazyTrim™** has already helped scores of people lose their excess pounds and inches faster and easier than they ever thought possible. Why not find out what **LazyTrim** can do for you by accepting the first two weeks supply at my risk!

Dear Friend,

I've developed something very powerful for the almost effortless removal of stubborn bulging fatty deposits! In fact it's so powerful that, depending on how much you're overweight, it allows you to lose up to 20 pounds of fat, flab and fluids in two weeks, and amazing as it may seem, you can lose this awesome amount of weight, while you eat six meals a day!

Real meals, mouth watering delicious meals, meals that give you that wonderful satisfying feeling that you've really eaten when you get up from the table. But, best of all, it's based on science, factual science, not false claims nor empty promises, and I'll stake my medical reputation on it.

- NO calorie counting.
- NO side effects, natural, gentle, safe.
- NO caffeine, or harmful stimulants.
- NO nervousness or irritability.

You see, being a medical doctor that has specialized in weight loss and rejuvenation for more than 25 years, I've learned a great deal about how you can successfully destroy your stubborn fat, once and for all! How you can actually shed all your unwanted pounds and inches and reverse years of over eating without the pain and effort you may have thought it once took. How you can definitely lose your embarrassing fat and flab, even if you've failed time and time again!

And my **number one** fat burning secret, the secret that has helped so many overweight people just like you lose weight the *lazy way* can be boiled down to simply this.

No matter what you've been told — trying to lose weight the hard way, the way that requires tons of effort, deprivation, and lots of will power, just doesn't work! It's not counting calories or even starving yourself that really makes the difference between a fat unhealthy-unattractive body, and a lean, healthy, beautifully attractive body.

Why? Because your body will compensate for radically decreased caloric intake and actually slow down the burning of fat. And even worse, when you go off your starvation diet, your body will overcompensate and continue what's called the "starvation response," which in plain words means you can actually gain back more weight than you may have temporarily lost!

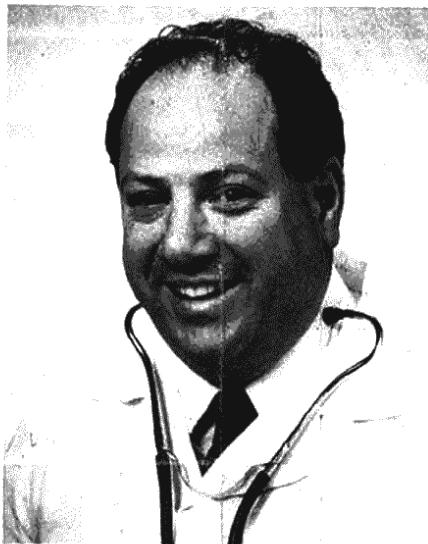
Fortunately, there's now a way to lose weight that doesn't require counting calories or starving yourself, that doesn't require the deprivation and suffering associated with conventional dieting! It's what I call the *lazy way to lose weight*, and it's my number one secret for having a beautiful, slim, stunning body, my number one secret for enjoying the rest of your life as a happy, healthy, permanently thin person.

It's really quite extraordinary, even if I do say so myself! For your nutritional health and well being, I've formulated two very special all natural pills; plus a diet system that can literally trick your body into burning excess stored fat, while you happily eat up to six meals a day! It's a process known to medical doctors as *ketosis activation* and I absolutely guarantee that it works. The process is literally so effective that it can cause your body to go into an almost non-stop fat burning frenzy while you continue to eat up to six delicious meals a day.

A fat burning frenzy that virtually destroys stubborn fat from your entire body, even from hard to reach areas like neck and chin fat. A fat burning frenzy so powerful that I can only allow you to use the *ketosis activating* diet system for two weeks at a time!

That's right! It's a fact! Once you try this powerful and effective method for non-stop fat destruction you may be tempted (because it's so incredibly easy) to use it longer than two weeks. But I absolutely forbid it. You must give your body a chance to readjust for a period of at least one week. After this you can go back on what I call the Fat Burning Cycle and lose additional pounds. And even if you have one hundred pounds or more to lose, you can repeat the Fat Burning Cycle as many times as necessary.

I'm very proud to say, I've spent years researching



Meet Dr. Donald J. Mantell, creator of **LazyTrim** the fastest growing weight loss innovation in America.

Dr. Mantell is board certified in general and family practice. He is internationally recognized as a leading expert in Wholistic health and is presently a Medical Director of an extensive wholistic health center.

His specialties are weight loss, preventive and nutritional medicine. Dr. Mantell is a member of more than thirty professional societies of health care including the American Academy of Family Practice, the International Academy of Wholistic Health, and The Linus Pauling Institute of Science and Medicine. Dr. Mantell believes **LazyTrim** is so effective that virtually anyone can now lose weight faster and easier than they ever imagined.

in your desire to achieve the beautiful, attractive and healthy body of your dreams!

The first pill contains the full spectrum of both vitamins and minerals which you must have in order to safeguard against "vitamin depletion," a condition which can occur during rapid weight loss.

The second pill contains the following key ingredients which I call natural metabolic stimulators. IT'S A TOTALLY UNIQUE FORMULATION AND CONTAINS NO DRUGS WHATSOEVER:

**CHROMIUM PICOLINATE** (Considered a highly effective natural metabolic stimulator.)

**BEE POLLEN/BEE PROPOLIS** (Super high nutrition value promotes lasting energy.)

**B-1 THIAMIN** (Essential for carbohydrate metabolism.)

**RADIX GINSENG** (Recognized as natural energy booster for the last 5000 yrs!)

**GAMMA ORYZINOL** (May contribute to increased stamina.)

**LECITHIN** (Powerful nutritional factor vital to both mind and body.)

**SARASAPARILLA** Absolutely wonderful herbal extract for increased health and well being.)

**INOSINE** (A naturally occurring metabolic product which may help reduce fatigue and improve metabolic functioning.)

But, believe it or not, these very special pills are NOT the reason why my two week fat burning program will work so well for you. They're NOT the reason why you can drop pounds and inches in record time. And they're NOT the reason why you may see dramatic results from almost the very first day you try them!

The real reason why you can actually lose up to twenty pounds in two weeks the *lazy way* is due to the powerful *ketosis activating* diet system.

And with the *ketosis activating* diet system you get to do the one thing everybody else has told you not to do! You get to eat without counting calories! And I mean EAT! Six times a day! Eat so much that **one of my patients almost fainted in disbelief when she stepped on the scale after just two weeks and witnessed the incredible amount of pounds and inches that seemingly vanished!**

Just imagine eating six meals a day for two short weeks, enjoying yourself like never before, and then fitting into clothes you once thought impossible to wear. Imagine, two short wonderful weeks and you can kiss

instructions, but nevertheless you'll have to agree that these are some pretty impressive results:

"*Dr. Mantell you've saved my life. I've been on so many diets and failed that I didn't think I could ever try one again. Thanks to your lazy way to lose weight I've finally lost the 35 pounds I've been trying to lose for more than twenty years!*" Thanks again!

—Dianna F. Oklahoma City, OK

"*Since I lost 27 pounds the lazy way, I'm bubbling over with self confidence. I've got a new boyfriend and can finally wear the clothes I always dreamed of wearing!*"

—Roberta P. Long Beach, CA

"*Dr. Mantell, you have developed what I consider to be one of the most effective weight loss programs available today. And quite unique! Count me in as an ardent supporter!*"

—Dr. M.W. Stamford, CT

"*When it comes to losing weight I really am Lazy. You must have had me in mind when you developed Lazy Trim. Thank God you did, because it worked! I've lost 31 pounds and still going down!*"

—Audrey K. Kansas City, KS

"*Dr. Mantell you deserve a medal. LazyTrim worked like a charm. I lost 45 pounds and never once was hungry!*"

—Loretta Y. Woodland Hills, CA

Can you blame me for believing so strongly in the power of **LazyTrim** that I've put my medical reputation on the line to prove it!

How many diet pills or plans or systems have you tried that were actually developed by a licensed Medical Doctor? Probably very few, if any. Why, because most people or companies have nothing to lose if their so called weight loss programs don't work. They just don't care if your hopes and dreams are shattered. Here today, gone tomorrow, along with your hard earned cash!

Well, I've spent too many years going to college and then medical school, and then working as an intern, and then running my own medical practice during the day and doing scientific research almost every night and weekend, just to risk all this on a Fat Burning Program that doesn't do absolutely everything I say it can do. No, absolutely not! I repeat, I will stake my hard-earned medical reputation on my *lazy way* to lose weight. And I want to prove it's power and effectiveness to you right now!

#### Here's how you can lose up to 20 pounds AT MY RISK

A 30-day supply of **LazyTrim** which includes the *ketosis* activating diet system plus both special all natural pills can be purchased at my Wholistic Health clinic for \$79.95, which is a bargain considering what it can actually accomplish! But since you probably can't come to my clinic, I want you to feel totally secure about your purchase. And what better way than allowing you to try my *LazyTrim Diet System* and the first two-week supply of my 'very special' all natural pills at my risk. I will only charge you for the second two-week supply.

This is how I feel: after you lose a substantial amount of weight the *lazy way* at my risk, you won't mind having paid for the remaining two-week supply. And if you're not completely satisfied, well you haven't lost a penny. However, I'm so confident you will succeed that I'm willing to take this money risk.

Simply send \$39.95 plus \$3.00 for an entire 30-day supply of **LazyTrim**, to my midwest distributor:

Source Direct  
4318 Rainbow Blvd., Suite 370C  
Kansas City, KS 66103

They ship very promptly, that's why I use them please include your name and address. You save \$40.00!

When your products arrive, immediately try them for a period of two full weeks, if you're not thrilled and delighted with the dramatic visible results, then simply send the remaining two-week supply back to me and I will refund your money!

Why not order **LazyTrim** right now on me! You won't be sorry. You have my word on it and guarantee as a medical doctor!

Thank You.

Donald J. Mantell, M.D.

PS. If you desire to lose more than 40 pounds, you can purchase the extended **LazyTrim** plan plus a 60 day supply of my specially formulated all natural pills (normally sold at \$19.95) for only \$59.95 plus \$3.50 shipping and handling. This means you can try your first full-month supply still at my risk. You save \$60.00! Plus the same money back guarantee for the unused portion applies to you.

P.P.S. For the fastest possible service, credit card

and then carefully developing this diet system that tricks your body into relentlessly burning body fat, while you continue to eat up to six real meals a day. And you should know that the special pills that accompany the Ketosis Activating Diet System have been specifically formulated to give you even more support

up to twenty pounds of fat, flab and excess fluids goodbye. Two short weeks to a leaner, more seductive body. It's truly the *lazy way* to lose weight!

Here is what some of my best clients are saying about their success. Of course, weight loss varies for every person and it depends on how well you follow the

holders can order **Lazy Trim** by simply dialing toll free:

**1-800-238-1515 Ext. 370C**  
**24 Hours a Day 7 Days a Week**

Before starting this weight loss program, or any weight loss program please consult your physician to determine that you are in normal health. © SDI 1991



Lose Up To 20 Pounds Ad by Gary Halbert  
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