



# How To Live To Be 110... And... Still

From:  
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Dear Friend,

As you can see, I have attached a real, live U.S. penny to the top of this letter. Why have I done this? Actually, there are two reasons:

1. I have something very important to tell you and I needed some way to make sure this letter would catch your attention.
2. And secondly, since what I'm writing about can save you money (a *lot* of money) I thought using a penny as a little "eye-catcher" was a good idea.

Anyway, here is what it's all about: In the next few days, I am (with your permission) going to send you a free copy of a report I have written titled:

## How To Have A Photographic Memory... At Any Age!

Did you ever walk into another room to get something... and then... forget what the heck it was you wanted to get? Have you ever been held up when you wanted to go someplace because, you couldn't remember where you left your car keys? Have you ever been talking to a friend and, right in the middle of a sentence, you completely "blanked-out" on the point you wanted to make?

Don't worry. You don't have Alzheimer's. Chances are, there's nothing seriously wrong with you. All you need a simple little pill the drug companies don't want you to know about. You can get it without a prescription, it doesn't have any side effects whatsoever... and... tests prove it is *(by far) the most potent treatment in the world for memory enhancement!*

I'll tell you more about this remarkable discovery in a minute. But first, I want to tell you a secret about myself. My name is Josh Abraham. I am a licensed pharmacist. In fact, I'm licensed to practice pharmacy in both the United States and Canada. I received my Bachelor of Science in Pharmacy from Long Island University in New York in 1988. Not only that, since 1994, I've been Executive Vice President of Regulatory Affairs for Stella Pharmaceutical Co., Ltd. I could tell you all about my other diplomas and certificates but, I'm not going to bother. You see, here is my secret...

## I Have Never Filled A Prescription In My Life!

Why? The answer is simple: I have learned, in the United States alone, more than 100,000 people die every year... *because of the drugs their doctors prescribed for them!*

Plus, many prescription drugs do more harm than good... and... most of the time, there are natural remedies which are much cheaper, have no side effects, and work ten times better. That's a funny thing to hear from a guy who spent a small fortune and years of his life to become a pharmacist, isn't it?

I can't help it: I just can't fill a prescription (even though an M.D. authorized it) for a drug I know is not good

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for someone... especially when there are so many better alternatives. Let me give you an example: If you're over 40, you're probably experienced wine drinkers, people that imitate you. If you're over 50, you're probably better at it.

40, you've probably experienced minor memory lapses that irritate you. If you're over 50, maybe it's gotten to the point where you're a little concerned about it.

Well, you don't need a prescription. What you really need is something you can get in a health food store with the scientific name "pregnenolone". This is a potent *neurohormone* that, once inside your brain, actually *activate* the neuroreceptors necessary for an effective memory. In animal studies, pregnenolone has proven to be 100 times more potent than anything else ever tested to improve memory.

And, guess what? *When tested on humans, the results were similar!* And, humans not only experience dramatic improvement in their memory... but also... a significant increase in concentration, an elevation in mood, and a reduction in mental fatigue.

Also exciting is the fact, when humans use pregnenolone with certain other vitamins and minerals... there is... *dramatic increase in median I.Q. levels!*

However, you must take the right kind of pregnenolone (it's sold under different brand names), the right amount... plus... you need to learn all about the other non-toxic, no-side-effect agents that can virtually magnify your memory.

I can't tell you everything you need to know in this letter. It would take up too much space. That's why I have written *How To Have A Photographic Memory... At Any Age* which is an easy-to-read report... *(written in plain English)*... that will change your life. Why am I willing to send you this report... and... why am I willing to send to you FREE? The answer is simple: It's a bribe! It's what I call an ethical bribe to get you to try a trial subscription to my highly-regarded health newsletter called *The Josh Abraham Letter*.

Here's the deal: If you will agree to a trial subscription to *The Josh Abraham Letter*, I will send you the report have just described... and... I will send it to you FREE! Plus, to make it even better, if you are not happy with my newsletter, *I won't even ask you to pay for it... AND... you still get to keep the free report!*

But wait! I want to "encourage" you even further. You see, once you read just one issue of my newsletter (any issue) I am so certain you will want to keep getting it every month. Therefore, I have decided to go all out... and send you 10 *more* free reports you also get to keep even if you decide to cancel your subscription.

### **Free Report #2: How To Stop, Reverse, And Prevent Heart Disease Now And Forever!**

Did you know there's a safe, natural, inexpensive nutrient available in your local health food store proven to reverse heart disease... *even in seriously ill, bed-ridden heart patients?*

*It's true!* This miracle supplement has been proven to save a woman with congestive heart failure from a \$300,000 heart transplant; to shrink a man's enlarged heart back to normal size; to cut incidence of angina attack (chest pains) in half... and... it could virtually eliminate the need for heart and blood pressure medicine for millions of Americans.

In fact, even if you don't have heart disease now, you should still be taking this amazing nutrient. You could call it good "insurance" against heart disease. That's because this particular nutrient is responsible for energy production. If you have a deficiency of this nutrient (almost everybody does) your energy level is almost sure to be lower than it should be.

In my free report, you'll get all the details you need about how and where to get this miracle supplement.

### **Free Report #3: How To Stop Deadly Cancer Without Surgery Or Radiation!**

You really should read this report first! Why? Simply because cancer is the second cause of death in the U.S. and medical doctors are still bewildered about how to stop it. However, recent research has identified a nutrient (mineral) that will:

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- ✓ Cut your risk of prostate cancer by 63%!
- ✓ Cut your risk of colon cancer by 58%!
- ✓ Cut your risk of lung cancer by 45%!

This marvelous mineral blocks cancer three ways:

1. It releases massive amounts of free radicals. "destroys" cancer-causing
2. It speeds up repair of damaged cells... ice to spark abnormal cell growth (cancer).
3. It kills cancer cells before they begin dividing... and... it starts doing this within 10-seconds from the time you take the first pill!

How To Live To Be 110 Ad by Gary Halbert  
(<https://swiped.co/live-to-110-gary-halbert>)

Swiped in October 2017

Ran 1998

And here's an extra bonus: This mineral not only does everything I've said above, it also prevents heart arrhythmias and palpitations.

In this particular report, you'll learn what brand to buy, how many milligrams to take, when to take it, and much more!

#### **Free Report #4: Six "Insurance" Nutrients You Must Take To Prevent Disease And Premature Death!**

This simple, easy to implement report reveals what you absolutely must do (in terms of supplementation) to prevent disease and premature death. "Death," that's kind of a shocking word, isn't it? Well, if you'd like to ward off and live healthfully up to your genetic potential... you must read *this* report! By the way, did you know every human's genetic potential for longevity is... 120 to 160 years?

However, nutrient deficiencies actually cause premature death.

But don't be afraid. In this free life-saving report, I'll reveal the six absolute "*must take*" supplements that prevent nutrient deficiencies... and... promote good health at the exact same time. You'll learn:

- ☛ *The best brands to buy... because... paying more doesn't always ensure better quality!*
- ☛ *The proper dosages to take of each supplement... and... when to take them!*
- ☛ *A simple method to help develop the habit of automatically taking them!*
- ☛ *All of the benefits associated with each supplement!*

#### **Free Report #5: How To Lower High Blood Pressure In 14-Days Or Less... Without Dangerous Drugs!**

This is easy. There are two minerals you'll need to take and a simple diet to follow. *Don't worry!* You don't have to deprive yourself of food or eat standing on your head. You just need to eat more of certain "special" foods... and... eat them in moderate amounts. As a matter of fact, once you start eating this way, *your energy level will explode!* Your skin and eyes will clear. You'll feel lighter and more relaxed than you have in years, *just like when you were a kid!* In other words, you're going to enjoy this diet and its benefits so much... you will be happy to stay on it forever!

All details are clearly explained in Free Report #5.

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#### **Free Report #6: The Anti-Cancer Diet... 16 Amazing Superfoods That Prevent Cancer!**

This report (combined with Report #3) is your road map for staying cancer free for life!

That's important to you, isn't it? It should be. Did you know cancer kills over half a million people every year just in the United States? In fact, I bet someone in your family or someone very close to you either has cancer... worse yet... has died from this dreadful disease.

But it doesn't have to be that way. This report will reveal several foods... that... if eaten regularly, *will help prevent cancer from ever entering into your life!*

#### **Free Report #7: Miracle Age-Reversing Nutrients!**

Would you like to know how to stop... and... *even reverse*...

- |   |   |
|---|---|
| <input type="checkbox"/> Gray hair?       | <input type="checkbox"/> Balding?             |
| <input type="checkbox"/> Impotence?       | <input type="checkbox"/> Decreased sex drive? |
| <input type="checkbox"/> Facial wrinkles? | <input type="checkbox"/> Muscle loss?         |
| <input type="checkbox"/> Osteoporosis?    |   |

These are considered "common" nasty effects of growing older. But, you can... *stop and even reverse*... all of these if... you know what nutrients to take. I know what these nutrients are. And, I'll reveal each and every one of them to you in Free Report #7.

#### **Free Report #8: How To Cure Arthritis With A Simple Grocery Store Remedy!**

Harvard Medical School recently conducted a medical study with patients already suffering from arthritis using two common grocery store items. The results?

**89% Of Them Completely Stopped  
Taking Their Arthritis Medication  
In 6 Weeks... Because...  
They Didn't Need It Any More!**

Do you know the ironic outcome of this? These same researchers then decided these foods should be classified as "drugs" and require a prescription! (How dumb can you get?) Is it true? Are these foods "*drugs*"? Absolutely not! They simply give people good health without increasing the *profits* of the big drug companies.

Anyway, in this free report, I'll reveal how you can still get this simple arthritis remedy at your grocery store. Plus, I'll divulge a new "high tech" supplement you may want to try for added benefits.

#### **Free Report #9: How To Train Your Metabolism To Burn Fat 24-Hours-A-Day, 7-Days-A-Week And Lose All The Weight You Want... Without Weight-Loss Dieting!**

Let's face it: Weight-loss diets don't work. If they worked, there would only be one weight-loss diet... and... everyone would go on it immediately and be thin for life. Wouldn't that be great? But, that's not reality. The real is... to stay thin and healthy... you must make a slight dietary modification to your eating regime and then "train" your metabolism to turn fat into energy. How do you do that? I'm glad you asked. Aerobic exercise is the only way to train your metabolism to burn fat but... if you don't do it right...

**Aerobic Exercise Can  
Be Dangerous To Your Health!**

The truth is, there's one certain way you must do it for maximum benefits and healthy results. And, when you

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it correctly, this kind of exercise is quite comfortable. It's not stressful or exhaustive like it is the way most people do it.

#### **Free Report #10: Why Viagra (The Potency Pill) Might Not Be A Sexual Panacea For Every Man!**

Yes, you've read all about it. Viagra, the "erection in a bottle" for impotent men. While it may be good for some there are certain things you should know... *before*... going to your doctor.

Think about this: Doctors don't always have your best interest in mind. Most of them are more interested in how much money they make from you... than... returning you to good health. That's why you need my unbiased free report to help you make some very important, informed decisions... such as... (1) Do you actually need Viagra... or... (2) Do you perhaps need some other (non-drug) alternative cure for impotency?

#### **Free Report #11: How To Have Maximum Energy In Minimum Time!**

In this final report, I'll reveal my "top secret" methods for living life with maximum power and energy. You'll learn:

☺ **What to do every morning to ensure maximum energy... all day long!**

- ☺ How to regain youthful hormone levels to give you power, confidence, and, of course... excellent energy levels!
- ☺ **How to breathe for maximum energy!**
- ☺ Why most energy formulas are a waste of money!
- ☺ **The best foods to eat for maximum energy!**

When you apply these energy increasing secrets, you can go from being a pathetic, lethargic "slug" into an energetic, enthused, excited person. Everything you need to be more successful and enjoy a fuller, richer, quality of life is what you will learn when you read this free report.

Okay, that's it. ***How To Have A Photographic Memory... At Any Age*** plus the 10 *other* free reports are bonuses I am offering you... if... you'll start a trial subscription to my newsletter.

And don't forget: If you decide to cancel your subscription at any time, I will send you an immediate pro-rata refund on all issues not mailed to you... and... you still get to keep ***How To Have A Photographic Memory... At Any Age*** plus the 10 other free reports!

Why am I offering such a great deal? The answer is simple. You see, when it comes to your physical, mental and emotional health, ***The Josh Abraham Letter*** probably reveals more valid inside secrets than any other publication on earth. I know once you start reading my newsletter, your overall health will improve... *so dramatically*... you'll want to keep getting the newsletter so you can stay up-to-date on the latest natural ways to prevent disease and enjoy fantastic good health.

There's no doubt about it: Every issue of ***The Josh Abraham Letter*** gives you unique information... *your doctor doesn't want you to know about!* Here are just a few of the little-known secrets you will learn about when you start reading my newsletter:

- ◆ **How to feel better over 50 than you did at 25!**
- ◆ How to *force* your immune system to resist even "super germs"!
- ◆ **How to make sure your doctor and your HMO are... *scared to death*... to give you anything... except... the best possible treatment!**

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- ◆ The real truth about cholesterol... and why... most people who have heart attacks have *normal* cholesterol!
- ◆ **How to use ordinary postage stamps to find out whether a man having erection problems has a physical problem or a psychological problem... and... how to restore full sexual potency in less than 3-days!**
- ◆ Why lypoceme (you can get it without a prescription) reduces cancer more than anything else!
- ◆ **A certain liquid every woman over 50 should drink *every* day!**
- ◆ One very common (so-called "safe") surgery that *increases* the chance of getting prostate cancer by 300%!
- ◆ **Common laxatives which cause brain damage!**
- ◆ An easy way to test yourself for food allergies! (You only need a pocket watch and 15-minutes.)
- ◆ **The amazing 5-cent cure for incontinence!**
- ◆ An almost unknown way to get rid of yeast infections!
- ◆ **Why much of your insomnia is caused by the appliances in your house... and... how to remedy the problem in mere seconds!**

- ◆ How to spot the early warning signs of Alzheimer's!
- ◆ How to get overnight relief from constipation without laxatives!
- ◆ How to get rid of gallstones without surgery!
- ◆ The "hidden" cause of 93% of migraines!
- ◆ Why staying out of the sun... *increases* your risk of getting skin cancer!
- ◆ Why people in New Mexico have only 1/2 the risk of getting cancer... as... people who live in Connecticut!
- ◆ How to fight getting older and win!
- ◆ The common prescription drug that increases your chances of breast cancer by 1200%!
- ◆ Why even heavy cigarette smokers in the Fiji Islands almost never get cancer... and... how you can "cancer-proof" your body!
- ◆ A simple way to wash illness and fatigue right out of your life!
- ◆ Why the best moisturizer for your skin is something you eat!
- ◆ How to flush plaque out of your arteries!
- ◆ Why low-energy is the #1 health complaint of Americans!
- ◆ A secret your doctor will never tell you about that... *guarantees*... you will recover as fast as possible after any surgery!

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- ◆ Why Japanese women have almost no menopausal symptoms!
- ◆ How to have a "million dollar smile" without paying 10 times too much!
- ◆ How you can find a *100% truly painless dentist!*
- ◆ The critical trait of the happiest people in the world!
- ◆ How to spot the seven stages of cancer growth and what to do about each one!
- ◆ The type of body tissue where 70% of all cancers start... and... how to protect this type of overly-vulnerable body tissue... without... going to a doctor!
- ◆ Why most cancer tumors start out 100% harmless... and... how to keep them that way!
- ◆ What *really* turns those harmless cancer tumors deadly... and... how you can prevent it from happening!
- ◆ Why people with varicose veins are more susceptible to cancer!
- ◆ A tropical fruit that reduces arthritis inflammation!
- ◆ An instant energy boost any time of day which is far better than caffeine!
- ◆ The unusual reason you may find the absolute best cure for common fatigue *at your dentist!*
- ◆ How the color of the clothing you wear affects your energy level!
- ◆ Why you should never chew gum if you are trying to lose weight!
- ◆ A non-prescription agent that breaks up fat in your bloodstream and flushes it out of your body!

- ♦ **Does shampoo cause Alzheimer's?**
- ♦ Something you can do today to add ten years to your life expectancy!
- ♦ **A topical cream that makes "age spots" vanish!**
- ♦ Why you should never even consider by-pass surgery!
- ♦ **Why the "by-pass surgery industry" would shut down tomorrow... if... everybody knew the truth!**
- ♦ Why Medicare will run out of funds in five years... and.. what you need to do *right now!* (You must read this.)
- ♦ **How to reduce your chances of having a stroke by 80%!**
- ♦ Why this is the best time to have arthritis... because... it is now a curable disease!
- ♦ **How to shrink every last fat cell in your body!**
- ♦ Why you can't trust the FDA!
- ♦ **Why the 400,000 people who have balloon angioplasties have a death rate 5-times higher than those patients who refuse to have it!**

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- ♦ How to shrink an enlarged heart back to normal!
- ♦ **How to "signal" your fat cells to shed all your excess weight!**
- ♦ How many men ("in-the-know") have cured their enlarged prostate in two months and cancelled their surgery!
- ♦ **How to triple your sexual performance if you are over 40!**
- ♦ Why testosterone is more vital for women than men!
- ♦ **How to "diagnose" your doctor!**
- ♦ How to have three more decades to enjoy your grandkids!
- ♦ **Why vitamins are valueless unless they are absorbed!**
- ♦ How you can actually grow *fresh* neurotransmitters in your brain!
- ♦ **A non-prescription antidote for anxiety that would put Prozac out of business... if... the American public ever found out about it!**

I could go on and on. What you have just read is only a small sample of the exciting information you will get when you subscribe to *The Josh Abraham Letter*. You need this kind of hard-nosed information. It is not a luxury. If you truly want to live to a ripe old age (and stay healthy and youthful at the same time) then the information I am offering you is CRITICAL!

And, please don't forget, when you subscribe to *The Josh Abraham Letter*, you'll get all 11 of those valuable free reports (mentioned earlier in this letter) *plus* your iron-clad guarantee. What I mean is this: If you are ever dissatisfied with *The Josh Abraham Letter* for any reason whatsoever (or even no reason at all) just write and say you want to cancel and you will immediately receive a full refund on all unmailed issues... with no questions asked.

**Plus... You Still Get To Keep  
All 11 Of The FREE Reports!**

How much is your subscription to *The Josh Abraham Letter*? Actually, compared to what you get, it's a lot less.



How much is your subscription to *The Josh Abraham Letter*? Actually, compared to what you get, it's a lot less than you'd expect. When you read the order form enclosed, I am sure you are going to be very pleasantly surprised at our low subscription price. Not only that, we ask you *postdate* your check a full 31-days ahead. That way, if you decide to cancel your subscription, we will immediately send back your *uncashed* check. (By the way, if you chose to pay by credit card, you should also know we will not process your credit card payment for 31-days either.)

May your life be filled with love, joy, happiness... and a new improved memory!

Sincerely,

Josh Abraham  
Editor

P.S. Do not forget to *postdate* your check a full month in advance... or... if you are paying by credit card, to remember we will not process your credit card payment for a full 31-days. Also, I have enclosed a self-addressed reply envelope for your convenience.

Thank you.

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