My results of the Learning Style test was Auditory: 25% Visual: 40% Tactile: 35%. It is what I expected because I have taken similar tests/questionnaires in the past and the results of those were still "visual". I also would probably answer similarly even if I hadn't taken the test. I think in pictures (visual), learn things by just jumping into it to figure out myself most times (tactile), and verbal instructions can be hard for me to follow (auditory).

In order for me to optimize my learning I keep track of all my assignments in one place. So I don't have to go back to multiple different places when I need a refresher.

You can help me with just having patience. I can get confused by instructions and writing assignments are the hardest for me in terms of that.