

# A Test Task

Make a list of results of clinical trials for anti-aging techniques (or drugs) on humans.

The list should contain:

- No greater than 10 articles, reports, or reviews, including links to relevant papers.
- Published no later than 2011.
- The summary of results, including participant parameters.

1. nicotinamide mononucleotide (NMN)

- NMN supplement intake of 12-week improve muscle function
- 42 sample size in this specific research

[https://assets.researchsquare.com/files/rs-455083/v1\\_covered.pdf?c=1631869536](https://assets.researchsquare.com/files/rs-455083/v1_covered.pdf?c=1631869536)