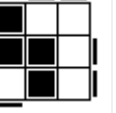
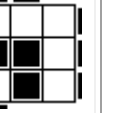
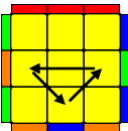
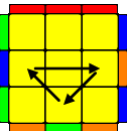
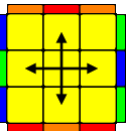
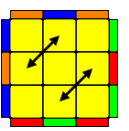
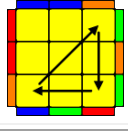
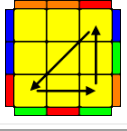
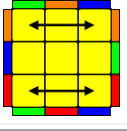


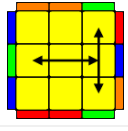
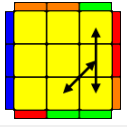
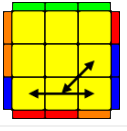
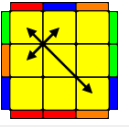
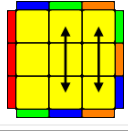
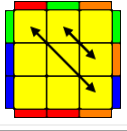
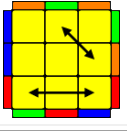
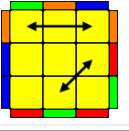
魔方小站 CFOP 公式表 OLL 按小站顺 序分组 (2014/8/26 更新)	<b>1-1</b>  $R' U2 R U$ $R' U R$	<b>1-2</b>  $R U' U'$ $R' U'$ $R U' R'$	<b>1-3</b>  $(r U R' U')$ $(r' F R F')$	<b>1-4</b>  $F'$ $(r U R' U')$ $(r' F R)$	<b>1-5</b>  $(R2 D')$ $(R U' U')$ $(R' D)$ $(R U' U' R)$	<b>1-6</b>  $(R U U$ $R' U')$ $(R U R' U')$ $(R U' R')$	<b>1-7</b>  $R U' U'$ $(R2' U')$ $(R2 U')$ $R2' U2 R$	<b>2-1</b>  $F$ $(R U R' U')$ $F'$	<b>2-2</b>  $f$ $(R U R' U')$ $f'$
<b>2-3</b>  $B' U'$ $(R' U R B)$	<b>2-4</b>  $(R U R' U')$ $(R' F R F')$	<b>2-5</b>  $F$ $(R U R'$ $U')2 F'$	<b>2-6</b>  $F'$ $(L' U' L$ $U)2 F$	<b>2-7</b>  $f$ $(R U R'$ $U')2 f'$	<b>3-1</b>  $(F R U R'$ $U' F') (f R$ $U R' U' f')$	<b>3-2</b>  $(f R U R'$ $U' f') U' (F$ $R U R' U'$ $F')$	<b>3-3</b>  $(f R U R'$ $U' f') U (F$ $R U R' U'$ $F')$	<b>3-4</b>  $(R U' U')$ $(R2' F R$ $F') U2$ $(R' F R F')$	<b>3-5</b>  $(r' U2)$ $(R U R' U)$ $r$
<b>3-6</b>  $(r U' U')$ $(R' U' R U'$ $r')$	<b>3-7</b>  $r U$ $R' U R$ $U U r'$	<b>3-8</b>  $r' U' R U'$ $R' U2 r$	<b>4-1</b>  $F$ $(R U' R' U')$ $(R U R' F')$	<b>4-2</b>  $R U' U'$ $(R2' F R$ $F')(R U' U'$ $R')$	<b>4-3</b>  $(R B')$ $(R2 F)$ $(R2 B)$ $(R2 F') R$	<b>4-4</b>  $(R' F)$ $(R2 B')$ $(R2 F')$ $(R2 B) R'$	<b>4-5</b>  $r' U2$ $(R U R' U')$ $(R U R' U)$ $r$	<b>4-6</b>  $r U$ $(R' U R U')2$ $U' r'$	<b>4-7</b>  $(R U R' U)$ $(R' F R F')$ $U2$ $(R' F R F')$
<b>4-8</b>  $F$ $(R U R' U)$ $y' (R' U2)$ $(R' F R F')$	<b>4-9</b>  $(M_{\downarrow} U)$ $(R U R' U')$ $M_{\uparrow}$ $(R' F R F')$	<b>5-1</b>  $(R U R' U')$ $(R' F)$ $(R2 U R' U')$ $F'$	<b>5-2</b>  $(R U R' U)$ $(R' F R F')$ $(R U' U'$ $R')$	<b>5-3</b>  $(r U R' U')$ $(r' R)$ $(U R U' R')$	<b>5-4</b>  $(R U R' U')$ $r R'$ $(U R U' r')$	<b>5-5</b>  $(R' U')$ $(R' F R F')$ $(U R)$	<b>5-6</b>  $(R U R' U')$ $x D'$ $(R' U R)$ $E'$	<b>5-7</b>  $(R U R' U)$ $(R U' R' U')$ $(R' F R F')$	<b>5-8</b>  $(R' U' R$ $U') (R' U R$ $U) (I U' R'$ $U)$
<b>5-9</b>  $(F R U R'$ $U' F') U (F$ $R U R' U'$ $F')$	<b>5-10</b>  $(r U R' U)$ $(R' F R F')$ $R U2 r'$	<b>6-1</b>  $(R U)$ $(B' U')$ $(R' U R B R')$	<b>6-2</b>  $(R' U' F)$ $(U R U')$ $(R' F' R)$	<b>6-3</b>  $R' F$ $(R U R' U')$ $F'$ $(U R)$	<b>6-4</b>  $L F'$ $(L' U' L U)$ $F$ $(U' L')$	<b>6-5</b>  $(R U R' U$ $R U2 R') (F$ $R U R' U'$ $F')$	<b>6-6</b>  $(R' U' R U'$ $R' U2 R) (F$ $R U R' U'$ $F')$	<b>6-7</b>  $(r' U2 R U$ $R' U r)$ $(R U2 R' U'$ $R U' R')$	<b>6-8</b>  $(r U2 R'$ $U' R U' r')$ $(R' U2 R U$ $R' U R)$
<b>7-1</b>  $(r U r')$ $(R U R' U')$ $(r U' r')$	<b>7-2</b>  $(I' U' I)$ $(L' U' L U)$ $(I' U I)$	<b>7-3</b>  $R' F$ $(R U R' F'$ $R) y'$ $(R U' R')$	<b>7-4</b>  $F (U R U')$ $(R2' F')$ $(R U R U'$ $R')$	<b>7-5</b>  $(R' U' R$ $U') (R' U)$ $y' (R' U R$ $B)$	<b>7-6</b>  $(r U r')$ $(U R U' R')2$ $(r U' r')$	<b>7-7</b>  $R' F (U R$ $U') (R2' F')$ $(R2 U R' U'$ $R)$	<b>7-8</b>  $(r' R U)$ $(R U R' U')$ $(r2 R2')$ $(U R U' r')$		

# 魔方小站 CFOP 公式表 PLL

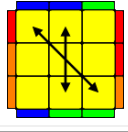
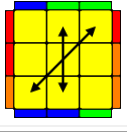
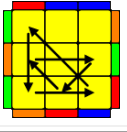
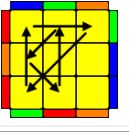
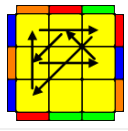
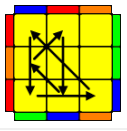
## 第 1 组 简版 CFOP 里面的 7 个 PLL 公式

			
<b>1-1</b> (R U' R) U (R U R U') (R' U' R2)	<b>1-2</b> (R2' U) (R U R' U') (R' U') (R' U R')	<b>1-3</b> M2 U M2 U2 M2 U M2	<b>1-4</b> (M2 U M2 U) (M 上 U2) (M2 U2) (M 上 U2)
			
<b>1-5</b> x' R2 D2 (R' U' R) D2 (R' U R') x	<b>1-6</b> x' (R U' R) D2 (R' U R) D2 R2 x	<b>1-7</b> (R2 U R' U') y (R U R' U')2 (R U R') y' (R U' R2)	

## 第 2 组 8 个关键的 PLL 公式

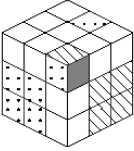
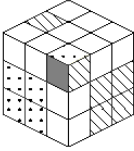
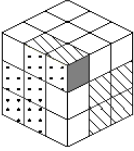
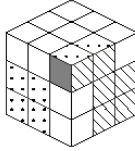
			
<b>2-1</b> (R U R' U') (R' F R2 U' R' U') (R U R' F')	<b>2-2</b> (R U R' F') (R U R' U') (R' F R2 U' R' U')	<b>2-3</b> z (U' R D') (R2 U R' U') (R2 U) D R'	<b>2-4</b> F (R U' R' U') (R U R' F') (R U R' U') (R' F R F')
			
<b>2-5</b> U' (R' U R U') R2' b' x (R' U R) y' (R U R' U' R2)	<b>2-6</b> (R' U R' d') (R' F') (R2 U' R' U) (R' F R F)	<b>2-7</b> (R U' U') (R' U2) (R B' R' U') (R U R B) R2' U	<b>2-8</b> (R' U2) (R U' U') (R' F R U R' U') (R' F' R2 U')

## 第 3 组 最后 6 个较难的 PLL 公式

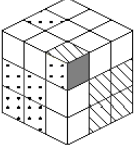
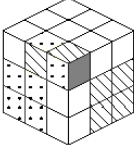
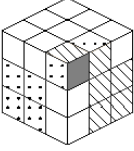
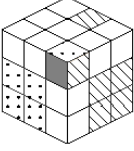
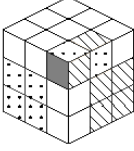
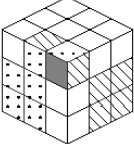
			
<b>3-1</b> z (R' U R') z' (R U2 L' U R') z (U R') z' (R U2 L' U R')	<b>3-2</b> z (U' R D') (R2 U R' U') z' (R U R') z (R2 U R') D R'	<b>3-3</b> (R2' u') (R U' R) U (R' u R2') y (R U' R')	<b>3-4</b> (R U R') y' (R2' u') (R U' R' U) (R' u R2)
			
<b>3-5</b> (R2' u R') (U R' U') (R u' R2') y' (R' U R)	<b>3-6</b> (R' d' F) (R2' u R') U (R U' R) u' R2		

# 魔方小站 CFOP 公式表 F2L

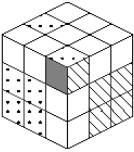
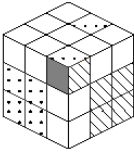
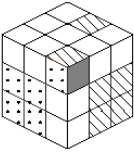
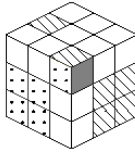
## 第 1 组：四种基本情况

			
$(R\ U\ R')$	$y'\ (R'\ U'\ R)$ 或 $F'\ U'\ F$	$y'\ U'\ (R'\ U\ R)$ 或 $F\ R'\ F'\ R$	$U\ R\ U'\ R'$ 或 $R'\ F\ R'\ F'$

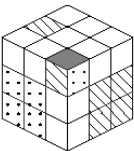
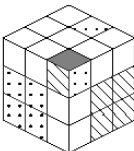
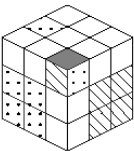
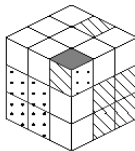
## 第 2 组六种情况：可转化为第 1 和第 2 种基本情况

			
$U'\ (R\ U\ R'\ U)\ (R\ U\ R')$	$d\ (R'\ U\ R)\ d'\ (R\ U\ R')$	$U'\ (R\ U'\ R'\ U)\ (R\ U\ R')$	
			
$U\ y'\ (R'\ U'\ R\ U')\ (R'\ U'\ R)$	$U'\ (R\ U\ R'\ U)\ d\ (R'\ U'\ R)$	$d\ (R'\ U\ R\ U')\ (R'\ U'\ R)$	

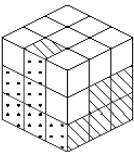
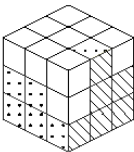
## 第 3 组四种情况：可转化为第 3 和第 4 种基本情况

			
$U'\ (R\ U\ R'\ U)\ U\ (R\ U'\ R')$	$(U'\ R\ U\ R')\ U\ (R\ U'\ R')$	$d\ (R'\ U\ R)\ U\ (R'\ U\ R)$	$d\ (R'\ U'\ R)\ U\ (R'\ U\ R)$

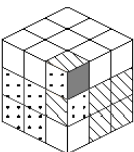
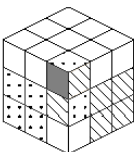
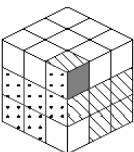
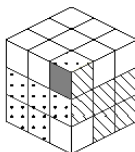
## 第 4 组四种情况：角块都在顶层并分开，并且角块白色朝上

			
$y'\ U'\ (R'\ U\ R)\ U'\ (R'\ U\ R)$	$U\ R\ U\ R'\ (F\ R\ F')$ 或 $U\ (R\ U\ R')\ U\ (R\ U'\ R')$	$U\ (R\ U'\ R)\ U\ (R\ U'\ R')$ 或 $(R\ U'\ R')\ U\ (R\ U'\ R')$	$y'\ U\ (R'\ U'\ R\ U')\ (R'\ U\ R)$ 或 $y'\ (R'\ U\ R)\ U\ (R'\ U'\ R)$

## 第 5 组两种情况：远切回回接孩子放学

			
$U\ (R\ U'\ R')\ U'\ (F'\ U\ F)$	$U'\ (F'\ U\ F)\ U\ (R\ U'\ R')$		

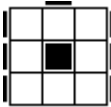
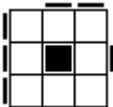
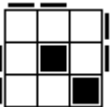
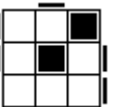
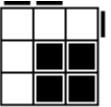
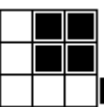
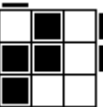
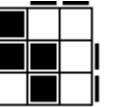
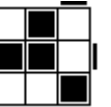
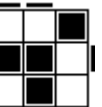
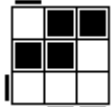
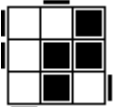
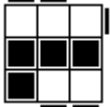
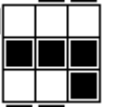
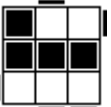


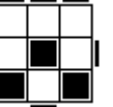
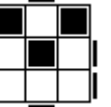
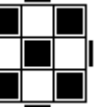
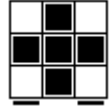
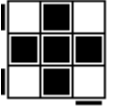
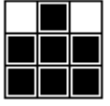
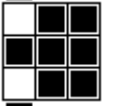
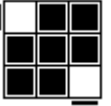

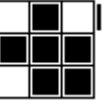
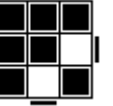
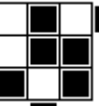
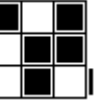
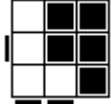
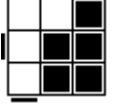
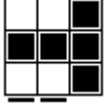
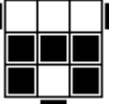
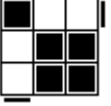
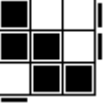
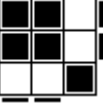
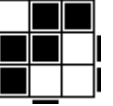

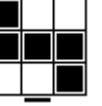
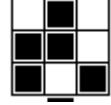
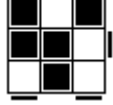
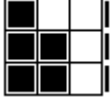
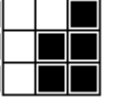
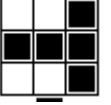

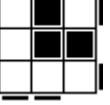
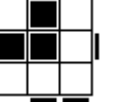
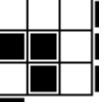


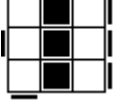
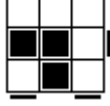
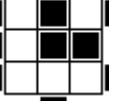
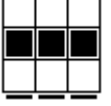


## 第 6 组四种情况：棱块在第二层，角块在顶层并且白色朝侧面

			
$d\ (R'\ U'\ R)\ d'\ (R\ U\ R')$	$U'\ (R\ U\ R')\ d\ (R'\ U'\ R)$	$U'\ (R\ U\ R')\ U\ (R\ U\ R')$ 或 $d\ (R'\ U\ R)\ U\ (R'\ U\ R)$	$(U'\ R\ U'\ R')\ U\ (R\ U'\ R')$

## 第 7 组两种情况：藏棱、角块越过棱块头顶转 180°



















$(R\ U2'\ R')\ U'\ (R\ U\ R')$	$y'\ (R'\ U2\ R)\ U\ (R'\ U'\ R)$		
第 8 组两种情况：藏棱、角块越过棱块头顶转 $90^\circ$			
$(R\ U'\ R'\ U)\ d\ (R'\ U'\ R)$	$y'\ (R'\ U\ R\ U')\ d'\ (R\ U\ R')$ 或 $M\ U\ L\ F'\ L'\ U'\ M'$		
第 9 组两种情况：角棱一上一下，并且角块白色朝上			
$(R\ U'\ R')\ d\ (R'\ U\ R)$	$(R\ U\ R'\ U')^2\ (R\ U\ R')$ 或 $(U\ R\ U'\ R')^3$		
第 10 组四种情况：棱块在顶层，角块在底层且白色在侧面			
$(R\ U'\ R'\ U)\ (R\ U'\ R')$	$y'\ (R'\ U\ R)\ U'\ (R'\ U\ R)$ 或 $(R\ U\ R'\ U')\ (F\ R'\ F'\ R)$	$(R\ U\ R'\ U')\ (R\ U\ R')$	$y\ L'\ U'\ L\ U\ L'\ U'\ L$ 或 $y'\ (R'\ U'\ R\ U)\ (R'\ U'\ R)$
第 11 组两种情况：角棱在顶层挨着，并且侧面同色；角块白色朝上			
$(R\ U\ R')\ d\ (R'\ U\ R\ U')$ $(R'\ U\ R)$	$U2\ R2\ U2\ (R'\ U'\ R\ U')\ R2$ 或 $(R\ U\ R'\ U')\ U'\ (R\ U\ R'\ U')$ $(R\ U\ R')$		
第 12 组五种情况：角棱对都在下面两层，并且在它们自己的槽位里			
$(R\ U'\ R'\ U)\ (R\ U2'\ R')$ $U\ (R\ U'\ R')$	$(R\ U'\ R'\ U)\ d\ (R'\ U'\ R\ U')$ $(R'\ U\ R)$	$(R\ U'\ R')\ U'\ (R\ U\ R')$ $U2\ (R\ U'\ R')$	$(R\ U'\ R'\ U')\ (R\ U'\ R')$ $U\ (F'\ U'\ F)$
$(R\ U'\ U'\ R'\ U)^2\ y'\ (R'\ U'\ R)$			

按传统 OLL 公式顺序的 OLL 公式表

 <p>1</p> <p>(R U' U') (R2' F R F') U2 (R' F R F')</p>	 <p>2</p> <p>(F R U R' U' F') (f R U R' U' f')</p>	 <p>3</p> <p>(f R U R' U' f') U' (F R U R' U' F')</p>	 <p>4</p> <p>(f R U R' U' f') U (F R U R' U' F')</p>	 <p>5</p> <p>(r' U2) (R U R' U) r</p>	 <p>6</p> <p>(r U' U') (R' U' R U' r')</p>	 <p>7</p> <p>r U R' U R U U r'</p>	 <p>8</p> <p>r' U' R U' R' U2 r</p>	 <p>9</p> <p>(R U R' U') (R' F) (R2 U R' U') F'</p>	 <p>10</p> <p>(R U R' U) (R' F R F') (R U' U' R')</p>	
 <p>11</p> <p>(r U R' U) (R' F R F') R U2 r'</p>	 <p>12</p> <p>(F R U R' U' F') U (F R U R' U' F')</p>	 <p>13</p> <p>F (U R U') (R2' F') (R U R U' R')</p>	 <p>14</p> <p>R' F (R U R' F' R) y' (R U' R')</p>	 <p>15</p> <p>(l' U' l) (L' U' L U) (l' U l)</p>	 <p>16</p> <p>(r U r') (R U R' U') (r U' r')</p>	 <p>17</p> <p>(R U R' U) (R' F R F') U2 (R' F R F')</p>	 <p>18</p> <p>F (R U R' U) y' (R' U2) (R' F R F')</p>	 <p>19</p> <p>(M<sub>下</sub> U) (R U R' U') M<sub>上</sub> (R' F R F')</p>	 <p>20</p> <p>(r' R U) (R U R' U') (r2 R2') (U R U' r')</p>	
 <p>21</p> <p>(R U U R' U') (R U R' U') (R U' R')</p>	 <p>22</p> <p>R U' U' (R2' U') (R2 U') R2' U2 R</p>	 <p>23</p> <p>(R2 D') (R U' U') (R' D) (R U' U' R)</p>	 <p>24</p> <p>(r U R' U') (r' F R F')</p>	 <p>25</p> <p>F' (r U R' U') (r' F R)</p>	 <p>26</p> <p>R U' U' R' U' R U' R'</p>	 <p>27</p> <p>R' U2 R U R' U R</p>	 <p>28</p> <p>(r U R' U') (r' R) (U R U' R')</p>	 <p>29</p> <p>(r U2 R' U' R U' r') (R' U2 R U R' U R)</p>	 <p>30</p> <p>(r' U2 R U R' U r) (R U2 R' U' R U' R')</p>	
 <p>31</p> <p>(R' U' F) (U R U') (R' F' R)</p>	 <p>32</p> <p>(R U) (B' U') (R' U R B R')</p>	 <p>33</p> <p>(R U R' U') (R' F R F')</p>	 <p>34</p> <p>(R U R' U') x D' (R' U R) E'</p>	 <p>35</p> <p>R U' U' (R2' F R F') (R U' U' R')</p>	 <p>36</p> <p>(R' U' R U') (R' U R U) (l U' R' U)</p>	 <p>37</p> <p>F (R U' R' U') (R U R' F')</p>	 <p>38</p> <p>(R U R' U) (R U' R' U') (R' F R F')</p>	 <p>39</p> <p>L F' (L' U' L U) F (U' L')</p>	 <p>40</p> <p>R' F (R U R' U') F' (U R)</p>	
 <p>41</p> <p>(R U R' U R U2 R') (F R U R' U' F')</p>	 <p>42</p> <p>(R' U' R U' R' U2 R) (F R U R' U' F')</p>	 <p>43</p> <p>B' U' (R' U R B)</p>	 <p>44</p> <p>f (R U R' U') f'</p>	 <p>45</p> <p>F (R U R' U') F'</p>	 <p>46</p> <p>(R' U') (R' F R F') (U R)</p>	 <p>47</p> <p>F' (L' U' L U)2 F</p>	 <p>48</p> <p>F (R U R' U')2 F'</p>	 <p>49</p> <p>(R B') (R2 F) (R2 B) (R2 F') R</p>	 <p>50</p> <p>(R' F) (R2 B') (R2 F') (R2 B) R'</p>	
 <p>51</p> <p>f (R U R' U')2 f'</p>	 <p>52</p> <p>(R' U' R U') (R' U) y' (R' U R B)</p>	 <p>53</p> <p>r' U2 (R U R' U') (R U R' U) r</p>	 <p>54</p> <p>r U (R' U R U')2 U' r'</p>	 <p>55</p> <p>R' F (U R U') (R2' F') (R2 U R' U' R)</p>	 <p>56</p> <p>(r U r') (U R U' R')2 (r U' r')</p>	 <p>57</p> <p>(R U R' U') r R' (U R U' r')</p>	<p>公式 34 里的 E' 的意思是：从上往下看时，顺时针转水平的中间层。国际规定 E 和 D 顺逆方向一致。</p>			<p>对标记有问题的请到最后页去看标记说明。</p>

以下公式标记解释图为魔方吧小白同学原创，经过魔方小站部分修改。



















### 魔方的某个面

	<b>U</b> 上层作顺时针90度转(即转一下)		<b>R</b> 右面作顺时针90度转(即转一下)		<b>F</b> 前面作顺时针90度转(即转一下)
	<b>U'</b> 上层作逆时针90度转(即转一下)		<b>R'</b> 右面作逆时针90度转(即转一下)		<b>F'</b> 前面作逆时针90度转(即转一下)
	<b>U2</b> 上层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>R2</b> 右面作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>F2</b> 前面作顺时针180度转而逆时针180度实际结果与顺时针是一样的!
	<b>D</b> 底层作顺时针90度转(即转一下)		<b>L</b> 左面作顺时针90度转(即转一下)		<b>B</b> 后面作顺时针90度转(即转一下)
	<b>D'</b> 底层作逆时针90度转(即转一下)		<b>L'</b> 左面作逆时针90度转(即转一下)		<b>B'</b> 后面作逆时针90度转(即转一下)
	<b>D2</b> 底层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>L2</b> 左面作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>B2</b> 后面作顺时针180度转而逆时针180度实际结果与顺时针是一样的!










### 整个魔方

	<b>x</b> 整个魔方作一个R方向90度转		<b>y</b> 整个魔方作一个U方向90度转		<b>z</b> 整个魔方作一个F方向90度转
	<b>x'</b> 整个魔方作一个R'方向90度转		<b>y'</b> 整个魔方作一个U'方向90度转		<b>z'</b> 整个魔方作一个F'方向90度转
	<b>x2</b> 整个魔方作一个R方向180度转		<b>y2</b> 整个魔方作一个U'方向180度转		<b>z2</b> 整个魔方作一个F方向180度转

## 魔方双层转

	<b>u</b> 上面两层作顺时针90度转(即转一下)		<b>r</b> 右面两层作顺时针90度转(即转一下)		<b>f</b> 前面两层作顺时针90度转(即转一下)
	<b>u'</b> 上面两层作逆时针90度转(即转一下)		<b>r'</b> 右面两层作逆时针90度转(即转一下)		<b>f'</b> 前面两层作逆时针90度转(即转一下)
	<b>u2</b> 上面两层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>r2</b> 右面两层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>f2</b> 前面两层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!
	<b>d</b> 底面两层作顺时针90度转(即转一下)		<b>l</b> 左面两层作顺时针90度转(即转一下)		<b>b</b> 后面两层作顺时针90度转(即转一下)
	<b>d'</b> 底面两层作逆时针90度转(即转一下)		<b>l'</b> 左面两层作逆时针90度转(即转一下)		<b>b'</b> 后面两层作逆时针90度转(即转一下)
	<b>d2</b> 底面两层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>l2</b> 左面两层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>b2</b> 后面两层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!

## 中间层

	<b>E'</b> 中间层做从上往下看的顺时针90°旋转。		<b>M'</b> 中层做向上一下的90°旋转		<b>S</b> 中层向F作顺时针90度转(即转一下)
	<b>E</b> 中间层做从上往下看的逆时针90°转。		<b>M</b> 中层做向下一上的90°旋转。规定M和L的顺逆方向一致。		<b>S'</b> 中层作逆时针90度转(即转一下)
	<b>E2</b> 中间层做180°旋转。知所以E'是顺时针是因为规定E和D的顺逆方向是一致的。		<b>M2</b> 中层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!		<b>S2</b> 中层作顺时针180度转而逆时针180度实际结果与顺时针是一样的!