

Patient information

Having an eye exam

Play department

Patient Advice and Liaison Service

If you need general information or advice about Trust services, please contact the Patient Advice and Liaison Service (PALS) by visiting www.bartshealth.nhs.uk/pals. Alternatively please contact staff who are providing your care if you require clinical advice.

Large print and other languages

For this leaflet in large print, please speak to your clinical team.

For help interpreting this leaflet in other languages, please ring 020 8223 8934.

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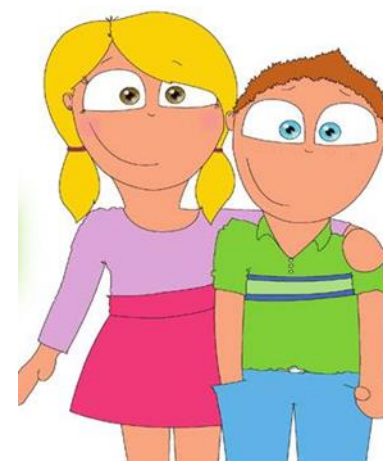
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All our patient information leaflets are reviewed every three years.



Today the doctors would like to check your eyes whilst you are awake.

You will come to the hospital like you usually do and see all the people you normally see.



When the doctor has checked your good eye they need to check behind your special eye. You can take out your special eye or someone can help you. Once your special eye is out the doctor will shine his light inside your socket to make sure it all looks healthy.

Once the doctor has a good look you are all done and can go home!

You can sit on mummy or daddy's lap or you can sit on a chair by yourself. The doctor will need you to look with your eyes only in different directions so they can see all the areas of your eye.

It is important to keep your head really still and only use your eyes. The play specialist will help you with this, and have something for you to look at.



You will need to have eye drops to dilate your eye(s). This is when the pupil, the black part in the middle of your eye gets bigger. This helps the doctors to see in your eye better.



When they check your eye(s) they will wear a special hat called an Indirect Ophthalmoscope, but we like to call it a 'Hatty'. It has a light on it that the doctors will use to look into your eyes.



They will also use a special lense, the doctors call this a magic window because it helps makes your eye look nice and big to see everything inside.

