

Don't forget to look out for the ladybird!



Patient Advice and Liaison Service

If you need general information or advice about Trust services, please contact the Patient Advice and Liaison Service (PALS) by visiting www.bartshealth.nhs.uk/pals. Alternatively please contact staff who are providing your care if you require clinical advice.

Large print and other languages

For this leaflet in large print, please speak to your clinical team.
For help interpreting this leaflet in other languages, please ring 020 8223 8934.

Tell us what you think

Tweet us [@NHSBartsHealth](https://twitter.com/NHSBartsHealth)
Talk to us via www.facebook.com/bartshealth
Leave feedback on NHS Choices www.nhs.uk

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All our patient information leaflets are reviewed every three years.

Patient information

The Play Department



Contents

Welcome Page	Page 3
The role of a Health Play Specialist	Page 4
The role of a Play Worker	Page 5
Activities and play rooms	Page 6
Celebrating and sensory session	Page 7
Healing space and adolescent room	Page 8
Available activities	Page 9
Creative activities (make your own)	Page 10
Referral service	Page 11

Referral service

There is a designated referral service for paediatrics that is offered within the Play Department.

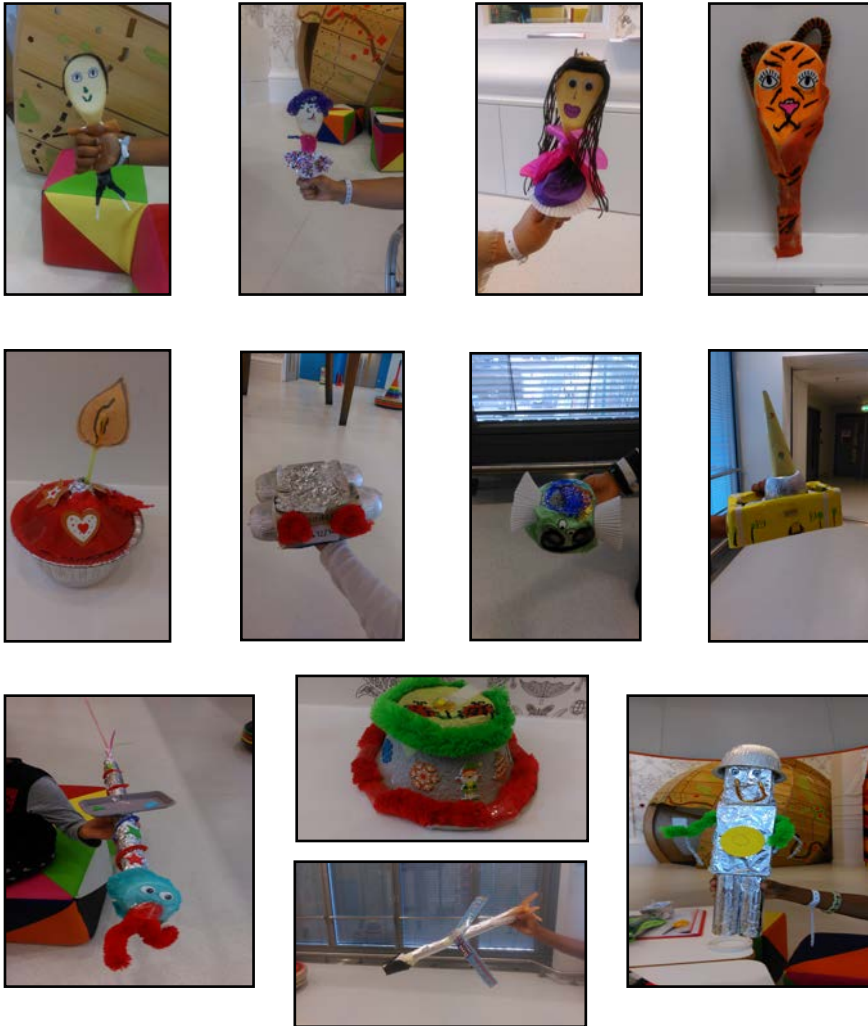
Any child or young person who is seen by one of the medical teams at The Royal London Hospital can be referred into the service if they need extra support.

The service is for children and young people who require additional play input to help with anxiety, coping, behavioural issues, understanding, treatment/procedural support or diagnosis talks.

If you feel like your child is not coping with their hospital appointment/admission, then please speak to a member of your medical team or a Health Play Specialist to enquire about the referral process. Or call the Play Department Team Leader on 020 359 41375 or bleep 0899.

Creative activities (make your own)

Take a look at what patients have already created



Welcome Page

Welcome to The Royal London Hospital. This welcome booklet is designed for patients and their parents/carers with children being admitted to hospital. This booklet contains information about the Play Team and fun activities and areas to visit during your stay.



The Play Team

The hospital environment can be a scary place to be in and fear of the unknown can mount up causing unnecessary distress. There is a lot to take in when undergoing regular on-going treatment or having an operation. Lots of questions which need answering and a step by step process provided by a Health Play Specialist can help reduce any anxieties, concerns or worries. They can provide coping strategies to help you and your child.

Both the Health Play Specialist and the Play Worker can encourage patients and facilitate them in engaging activities by normalising play.

This booklet will provide you with more details on the Play Team, their role within the hospital and the services that are offered.

Health Play Specialists

Health Play Specialists wear turquoise coloured polo tops and provide the below along with much more;

- Normalising and therapeutic play
- Age appropriate toys and resources
- Developmental play and support to patients
- Preparation and explanation
- Distraction for medical procedures
- Promote effective coping mechanisms through play
- Education and self-expression activities
- Emotional support for siblings and families
- Play a vital role in the psychosocial wellbeing of the patients and their families

Health Play Specialists are contactable via bleep service on: 0899 and 1055 Monday to Friday between 09:00 – 16:00.

Meet a few members of the Health Play Specialists



Activities available

We have a range of activities that can be used at the bedside or in the playrooms for our patients.

We have a limited amount of TVs, DVD players and games consoles that are shared between patients. As well as offering the below:

Hama beads	Junk Modelling
Painting	Colouring
Construction	Small World Play
Puzzles	Books
Board Games	Jewellery making
Play dough	Interactive toys
Arts and Crafts	Medical Play

Please speak to a member of the Play Department to find out what else we can offer!

Healing Space

Opening hours: Monday – Friday: 09:00 – 16:00

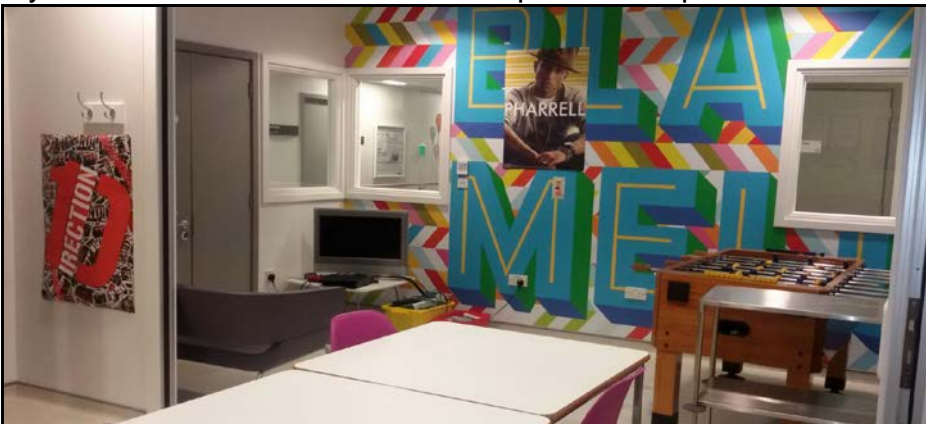
Join us for fun clubs within the healing space held weekly, watch entertainment shows and pantomimes. Or just explore the Ann Riches Healing Space on the 7th Floor!



Adolescent room

Opening hours: Monday – Friday: 09:00 – 16:00

A place especially designed for teenagers (12-18), where you can access age appropriate activities, hang out, chill, and relax! If you would like access to the room please bleep 0899



Play Workers

Play Workers wear pale blue coloured polo tops and provide the below along with much more;

- Normalising and therapeutic play
- Age appropriate toys and resources
- Developmental play and support to patients
- Create a child-friendly environment
- Support to siblings and families
- Running play sessions and helping to organise events and specialists activities

Meet some of the Play Workers



Play Rooms and Activities

Look out for the monthly schedules based around or near the playrooms. These will keep you updated with all the activities that occur within the Play Department. The schedule includes all the information you need to know about fun activities and special events taking place.

There are play rooms located on all inpatient wards as well as play areas located in paediatric Outpatients and Daycare.

Opening hours: Monday – Friday: 09:00 – 16:00

Let your child come and explore our bright and colourful play rooms for hours of fun!



Celebrating

Give your child a sense of belonging by allowing them to take part and contribute in celebrating various festivals and events.



Sensory Session

Stimulate the senses with a sensory session in the playroom or bedside. Along with various sensory toys. Sit and relax listening to calming music and watch the images been projected by the projector.

