# Maximum Likelihood Estimation (MLE) with Linear Regression Example

#### General Idea of MLE

Maximum Likelihood Estimation (MLE) is a method to estimate unknown parameters of a statistical model. Suppose we observe data  $\mathcal{D} = \{x_1, x_2, \dots, x_n\}$  generated from a distribution with density  $f(x \mid \theta)$  'independently', where  $\theta$  is an unknown parameter (or parameter vector). The likelihood function is defined as

$$L(\theta; \mathcal{D}) = P(x_1, \dots, x_n \mid \theta) = \prod_{i=1}^n f(x_i \mid \theta).$$

The MLE is obtained by maximizing the likelihood function (or equivalently its log):

$$\hat{\theta}_{\text{MLE}} = \arg \max_{\theta} \ \ell(\theta), \quad \ell(\theta) = \log L(\theta; \mathcal{D}).$$

When the samples are not independent, we directly maximize  $\log(P(x_1,\ldots,x_n\mid\theta))$  with respect to  $\theta$ .

Thus, the general idea behind MLE is to select the parameter values that make the observed data most probable, i.e., to find the parameters that best approximate the true data-generating mechanism under the assumption that the observed data are most likely to arise from it. In other words, we approximate the true data-generating mechanism by assuming that the parameters producing the highest likelihood are the ones under which the observed data had the greatest chance of occurring.

## Linear Regression Setup

Consider the linear regression model

$$y_i = x_i^{\top} \beta + \varepsilon_i, \quad \varepsilon_i \sim \mathcal{N}(0, \sigma^2), \quad i = 1, \dots, n,$$

where  $y_i \in \mathbb{R}$  is the response,  $x_i \in \mathbb{R}^p$  is the covariate vector, and  $\beta \in \mathbb{R}^p$  is the parameter vector.

The density of  $y_i$  given  $x_i$  is

$$f(y_i \mid x_i, \beta, \sigma^2) = \frac{1}{\sqrt{2\pi\sigma^2}} \exp\left(-\frac{(y_i - x_i^\top \beta)^2}{2\sigma^2}\right).$$

## Likelihood Function

The likelihood of  $(\beta, \sigma^2)$  given data  $(y_1, \ldots, y_n)$  is

$$L(\beta, \sigma^2) = \prod_{i=1}^n \frac{1}{\sqrt{2\pi\sigma^2}} \exp\left(-\frac{(y_i - x_i^\top \beta)^2}{2\sigma^2}\right).$$

Taking the log,

$$\ell(\beta, \sigma^2) = -\frac{n}{2}\log(2\pi) - \frac{n}{2}\log(\sigma^2) - \frac{1}{2\sigma^2} \sum_{i=1}^n (y_i - x_i^{\top}\beta)^2.$$

## MLE for $\beta$ and $\sigma^2$

Maximizing with respect to  $\beta$  (holding  $\sigma^2$  fixed) is equivalent to minimizing

$$\sum_{i=1}^{n} (y_i - x_i^{\top} \beta)^2,$$

which is the familiar ordinary least squares (OLS) problem. Thus,

$$\hat{\beta}_{\text{MLE}} = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{y},$$

where **X** is the  $n \times p$  design matrix and  $\mathbf{y} = (y_1, \dots, y_n)$ .

For  $\sigma^2$ , plugging  $\hat{\beta}$  into the likelihood and maximizing gives

$$\hat{\sigma}_{\text{MLE}}^2 = \frac{1}{n} \sum_{i=1}^{n} (y_i - x_i^{\top} \hat{\beta})^2.$$

## Key Insight

The MLE framework shows that linear regression with Gaussian errors naturally leads to:

- OLS estimator for  $\beta$ ,
- Variance estimator based on residual sum of squares.

Hence, OLS can be viewed as a special case of MLE under the assumption of normally distributed errors.

Note that  $\mathbf{y} - \mathbf{X}\hat{\boldsymbol{\beta}} = \mathbf{y} - \mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T\mathbf{y} = (\mathbf{I}_n - \mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T)\mathbf{y}$  and  $(\mathbf{I}_n - \mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T)^T(\mathbf{I}_n - \mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T) = \mathbf{I}_n - \mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T$ , Thus,

$$\hat{\sigma}_{\text{MLE}}^2 = \frac{1}{n} \sum_{i=1}^n (y_i - x_i^{\top} \hat{\beta})^2 = \frac{1}{n} (\mathbf{y} - \mathbf{X} \hat{\boldsymbol{\beta}})^T (\mathbf{y} - \mathbf{X} \hat{\boldsymbol{\beta}}) = \frac{1}{n} \mathbf{y}^T (\mathbf{I}_n - \mathbf{X} (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T) \mathbf{y}.$$

Using the results of  $\chi^2$  distribution, we know  $\mathbf{y}^T(\mathbf{I} - \mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T)\mathbf{y} \sim \chi^2(n-p)$  as the rank of  $(\mathbf{I} - \mathbf{X}(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{X}^T)$  is n-p. Thus  $\mathbb{E}(\hat{\sigma}^2) = \frac{n-p}{n}\sigma^2$ . Thus with increasing p, the MLE estimate of  $\sigma^2$  contains more bias.

But,  $\mathbb{E}(\hat{\boldsymbol{\beta}}) = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbb{E}(\mathbf{y}) = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{X} \boldsymbol{\beta} = \boldsymbol{\beta}$ , thus MLE of  $\hat{\boldsymbol{\beta}}$  is an unbiased estimate of  $\boldsymbol{\beta}$ .