

Strengths Development Checklist

Think of a development goal (or goals) that you have, and write it on the lines below. Are you prepared to see real development or progress in this area? Use this checklist to make sure you have what you need.

To ensure your development goal is successful, answer these questions:

- ☐ Which of your CliftonStrengths will you use to achieve this?
- ☐ Is this realistic? By when do you want to achieve it/see results?
- ☐ Do you have accountability for this development goal? Who or what can keep you accountable?
- ☐ What obstacles may get in your way? What strengths will you use to overcome these?
- ☐ Is your environment conducive to this goal (i.e., do you have the time or resources to achieve it)?

Write down what you need to achieve this development goal after reviewing the checklist.
