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INBORN TALENTS & TRAITS DNA TEST REPORT

Code number: SM5123

Sex: Male

Country: United States



Map My Gene LLC

Prediction - Prevention - Personalization

CHARACTER

	Tested Gene	Result
1.	Ta-01 Optimism	★☆☆☆
2.	Ta-02 Risk-taking	★☆☆☆
3.	Ta-03 Persistence	☆☆☆☆
4.	Ta-04 Shyness	★★☆☆
5.	Ta-05 Composure	★☆☆☆
6.	Ta-06 Split Personality	☆☆☆☆
7.	Ta-07 Hyper Activity	☆☆☆☆
8.	Ta-08 Depression	☆☆☆☆
9.	Ta-09 Impulsive	★☆☆☆
10.	Ta-10 Attentiveness	★☆☆☆
11.	Ta-11 Mould-ability	★★★★

IQ

	Tested Gene	Result
12.	Tb-01 Intelligence	★★☆☆
13.	Tb-02 Comprehension	★★☆☆
14.	Tb-03 Analytical	★★☆☆
15.	Tb-04 Memory	★★★★
16.	Tb-05 Creativity	★★★★
17.	Tb-06 Reading Ability	★☆☆☆
18.	Tb-07 Imagination	★★★★

ARTISTIC

	Tested Gene	Result
19.	Tc-01 Performing	★★★★
20.	Tc-02 Music	★★★★
21.	Tc-03 Drawing	★★★★
22.	Tc-04 Dancing	★☆☆☆
23.	Tc-05 Literature	★★☆☆
24.	Tc-06 Linguistic	★★☆☆

Note: "★" means that the talent related gene you are carrying is outstanding; while "☆☆☆☆" means that the talent-related gene you are carrying is at normal status. More "★" indicates higher intensity of that particular trait or talent.

EQ

	Tested Gene	Result
25.	Td-01 Affectionate	☆☆☆☆
26.	Td-02 Faithfulness	★☆☆☆
27.	Td-03 Passion	★★☆☆
28.	Td-04 Propensity for Teenage Romance	★★☆☆
29.	Td-05 Sentimentality	☆☆☆☆
30.	Td-06 Sociability	★★☆☆
31.	Td-07 Self Reflection	★★☆☆
32.	Td-08 Self Control	★☆☆☆

SPORT

	Tested Gene	Result
33.	Te-01 Endurance	☆☆☆☆
34.	Te-02 Sprint	★★☆☆
35.	Te-03 Technique	★☆☆☆
36.	Te-04 Training Sensitivity	★☆☆☆
37.	Te-05 Tendency of Sport Injuries	☆☆☆☆
38.	Te-06 Sport Psychology	★☆☆☆

PHYSICAL FITNESS

	Tested Gene	Result
39.	Tf-01 Height	★★☆☆
40.	Tf-02 General Wellness	★★☆☆

HEALTH

	Tested Gene	Result
41.	Tg-01 Obesity	★☆☆☆
42.	Tg-02 Sensitivity to Second-Hand Smoke	☆☆☆☆
43.	Tg-02 Insensitivity to Second-Hand Smoke	★☆☆☆

ADDICTION

	Tested Gene	Result
44.	Th-01 Alcoholism	★☆☆☆
45.	Th-02 Smoking	☆☆☆☆
46.	Th-02 General Addiction	☆☆☆☆

Career Profiling

R	I	A	S	E	C
0.48	0.61	0.74	0.41	0.33	0.34
3 rd	2 nd	1 st	-	-	-

Your Career Recommendations: **AIR**

Musician, Painter, Designer, Architect, Sculptor, Actor, Surgeon, Veterinarian, Costumer, Businessman, Sales & Marketing Manager.



REALISTIC

Practical, physical, hands-on, tool-oriented



INVESTIGATIVE

Analytical, intellectual, scientific, explorative



ARTISTIC

Creative, original, independent, unique



SOCIAL

Cooperative, supporting, helping, healing, nurturing



ENTERPRISING

Competitive environments, leadership, persuading









CONVENTIONAL

Detail-oriented, organizing, clerical

Special Remarks: While every effort has been made to empower individuals taking the Inborn Talents & Traits Genetic Test, Map My Gene LLC and its staff shall not be held responsible or liable for any injury, loss, damage, failure or expense sustained or incurred as a result of any act or omission in reliance of any of the information from this Genetic Test Report. This test does not have decisive functions on the person's psychological development; it only serves as a reference for his/her education or career advancement.

According to John Holland's theory, most people are one of six personality types. This profile serves as a reliable roadmap for you to plan your child's path towards educational and career success.

RIASEC		
R	I	A
 <p>Realistic (<i>Do-er/ Hands-on</i>)- high sports genes.</p> <ul style="list-style-type: none"> Realistic individuals are active and stable and enjoy hands-on or manual activities, such as athletics, building, mechanics, or machinery operation. The preferred work environment of the realistic type fosters technical competencies that allow them to produce tangible and actual results. 	 <p>Investigative (<i>Thinker</i>)- high IQ and attentiveness genes.</p> <ul style="list-style-type: none"> Investigative individuals are analytical, observant, intellectual and enjoy research, mathematical or scientific activities. The preferred work environment of the investigative type encourages scientific competencies, allows independent work and focuses on solving abstract, complex problems. 	 <p>Artistic (<i>Creator</i>)- high artistic, creativity and imagination genes.</p> <ul style="list-style-type: none"> Artistic individuals are original, intuitive, imaginative and enjoy creative activities. The preferred work environment of the artistic type fosters creative competencies, and encourages originality and use of the imagination in a flexible, unstructured setting.
S	E	C
 <p>Social (<i>Helper</i>)- high affectionate, sociable, passion and split personality genes.</p> <ul style="list-style-type: none"> Social individuals are humanistic, responsible and concerned with the welfare of others. The preferred work environment of the social type encourages teamwork and allows for significant interaction with others. 	 <p>Enterprising (<i>Persuader</i>)- high optimism, risk-taking, impulsive and creativity genes.</p> <ul style="list-style-type: none"> Enterprising individuals are energetic, ambitious, adventurous, and self-confident. The preferred work environment of the enterprising type encourages them to engage in activities, such as leadership, management and selling, and rewards them through the attainment of money, power and status. 	 <p>Conventional (<i>Organizer</i>)- high composure (conscientious), persistence (task-oriented), and faithfulness (routine-based) genes.</p> <ul style="list-style-type: none"> Conventional individuals are conscientious, efficient, careful, and organized. The preferred work environment of the conventional type fosters organizational competencies, such as record keeping and data management, in a structured operation and places high value on dependability and conformity.

References:

- Holland, J. L., & Gottfredson, G. D. (1994). Career Attitudes and Strategies Inventory: An inventory for understanding adult careers. Odessa, FL: Psychological Assessment Resources.
- Hollands Occupational Personality Types (n.d.). Retrieved from hopkinsmedicine.org

CHARACTER

Optimism
Persistence
Composure
Hyper-Activeness
Impulsive

Risk-taking
Shyness
Split-Personality
Depression
Attentiveness
Mould-ability

01

IQ

Intelligence
Analytical
Creativity
Imagination

Comprehension
Memory
Reading Ability

02

ARTISTIC

Performing
Drawing
Literature

Musical
Dancing
Linguistic

03

CONTENTS

04

05

06

07

08

Affectionate
Passion
Sentimentality
Self-Reflection

Faithfulness
Propensity for Teenage Romance
Sociability
Self-Control

EQ

PHYSICAL FITNESS

ADDICTION

Endurance
Technique
Tendency of Sport Injuries

SPORTS

Sprint
Training Sensitivity
Sport Psychology

Obesity
Insensitive to
Secondhand Smoke

HEALTH

Sensitivity to
Second hand Smoke

Alcoholism
General Addiction
Smoking

01 CHARACTER



OPTIMISM

Hopeful, confident, positive, and believe that good things will happen.

Normal status: For those who have an outstanding status for the Depression gene, it is important to start early by inculcating the spirit of optimism so as to avoid the Depression gene from switching on.

Outstanding status: This is a trait required of a business person. Optimists have a successful mindset and see opportunities in every difficulty.



RISK-TAKING

Willingness to do something that involves a danger or risk in order to achieve a goal.

Normal status: People who do not like to take risk would normally search for stability and security, and they would prefer working regular jobs which provide a predictable income.

Outstanding status: This is a trait required of a business person. One huge risk taken by Bill Gates was that he dropped out of college to create Microsoft. However, his risk-taking personality has made him the success he is today.



PERSISTENCE

Has enduring disposition (mental) and willpower.

Normal status: People who lack this trait may give up easily when faced with obstacles, or move on to a new interest quickly. The good news is that because persistence is a state of mind, it can be cultivated. It can be overcome with concerted effort and ongoing practice.

Outstanding status: This is a trait required of a conventional person. People with this trait are often task-oriented and determined to reach their goal. They have a strong need to feel secure and certain and get things finished. People who continue toward their goals despite obstacles are often met with success in their personal and professional life.



SHYNESS

Cautious and reserved around other people, especially in a social situation.

Normal status: People who exhibit the least amount of shyness tend to be more outspoken and approachable.

Outstanding status: Too many people view shyness as a weakness. Sure, being overly shy can cause you to miss certain opportunities, but it comes with its own strength: Shy people tend to be more reflective and observant than outgoing people- and they are often better listeners too.



COMPOSURE

Steadiness and in control of themselves. Conscientious, thorough, careful, detailed, vigilant, and have the desire to do a task well.

Normal status: This trait can be cultivated by inculcating responsibility and self-discipline in everything you do. A daily planner can be a highly useful time-management tool that can help you keep your important responsibilities and activities in order.

Outstanding status: This is a trait required of a conventional person. People with this trait are very much a reliable and responsible person whom you can trust and rely on. As they have a strong need to attend to every detail, it will keep things going as they focus on the tasks at hand to the exclusion of all else.



SPLIT-PERSONALITY

A person having two conflict personalities. It makes one think this way, but behaves in another way.

Normal status: People who lack this trait tend to follow their heart more and say no to others with conviction.

Outstanding status: This is a trait required of a social person. People with this trait can easily adapt to the society or changes in the environment. In order to fit into their peers or make others happy, sometimes they would split themselves to do something to please others or gain acceptance from others.



HYPER-ACTIVENESS

An active personality. People carrying a genetic risk of hyperactivity have an increased risk of Attention Deficit Hyperactivity Disorder (ADHD).

Normal status: People are less likely to be distracted by their surroundings and are able to sit still for longer periods of time.

Outstanding status: People with this trait may struggle with impulsiveness, restlessness, disorganization, and difficulty paying attention.



DEPRESSION

A tendency to fall in the state of feeling very unhappy, discouraged or lost. People carrying a genetic risk of depression have an increased risk of Major Depressive Disorder (MDD).

Normal status: Average risk of becoming depressed.

Outstanding status: People with this trait are usually born thinkers which can be a strength, but thinking too much may turn the strength into a weakness (overthinking, dwelling in deep thoughts, etc). Studies suggest that omega-3 fatty acids and Vitamin B may be beneficial in the treatment of mild to moderate depression.



IMPULSIVE

Acting fast and effortlessly based on intuitive judgments. The strength of this trait is that one responds fast and wants to succeed. However, if being fast in response becomes recklessness, it would then become a weakness.

Normal status: People who lack this trait tend to think twice when acting on their gut instinct to make the right decisions.

Outstanding status: This is a trait required of a business person. If Bill Gate had not been fast enough to start his Microsoft business even before he finished his education, he might have lost the business opportunity that has made him the richest man today.



ATTENTIVENESS

The act of concentrating and keeping one's mind focused on something while ignoring distractions.

Normal status: People who are easily distracted should minimize noise and other distractions while doing work in a conducive environment. Break tasks into manageable pieces and color coding chores also help to keep yourself from being overwhelmed with everyday tasks.

Outstanding status: People with this trait are able to concentrate their time and energy on their goals to help achieve their desired results



MOULD-ABILITY

Adaptability. Flexibility. Easily shaped.

Normal status: People who lack this trait tend to be more headstrong and determined not to change their attitude or position on something, in spite of good reasons to do so. Taking charge of your stubbornness involves reminding yourself that you are not always right and keeping an open mind.

Outstanding status: Being teachable and humble stand out as the most significant and critical attributes for success.

OPTIMISM GENE

Optimism is a positive character. Optimists will always maintain a calm and positive mood no matter what the situation is and believe that anything bad that happens to them will soon be over and good times will come again. Harmony, health, beauty, success and happiness all originate from a positive state of mind. Misery, anxiety and pessimism may cause people to fall sick. An optimistic outlook will help people to overcome illnesses and prolong their life. Having an optimistic character enables one to stay happy and confident at all times and in all they do.



Expert Suggestions

- **Let children experience love and harmony in their home and have meaningful friendships.** Emotions and friendships play significant roles in cultivating a child's optimistic character. Parents should cultivate a strong bond with their children and encourage them to make sincere friendships. That will help them learn how to love and communicate with others harmoniously. Research has shown that children who grow up in happy families are more likely to possess outgoing and optimistic characters.
- **Grant children certain rights.** Correcting a child's behaviors has a profound effect on the development of his character. Parents should allow children to make their own decisions with parental guidance. A child who grows up with lessons from his past mistakes will learn to take responsibilities and not put the blame on others.
- **Guide children to positive thinking.** Parents should teach a child that the secret of being happy is in possessing positive thoughts. When the child is suffering from setbacks, parents should tell him that his future is still bright despite the setbacks and happiness awaits him in life no matter what happens.
- **Restrict children's possessive instincts for materials.** If children are given too many material things, they will have an illusion of "acquisition is the source of happiness". Parents should teach their children that happiness does not rely on the material things they possess.
- **Inculcate a variety of interests/hobbies in a child.** Parents who provide choices and guidance in introducing a variety of interests/hobbies for their child will be more likely to help build a positive character in him.



What can you do?

"Parents should tell their children stories that illustrate optimism and teach them that optimism is a positive attitude that one should embrace. One should have an optimistic outlook towards life so as to live happily."

RISK- TAKING GENE



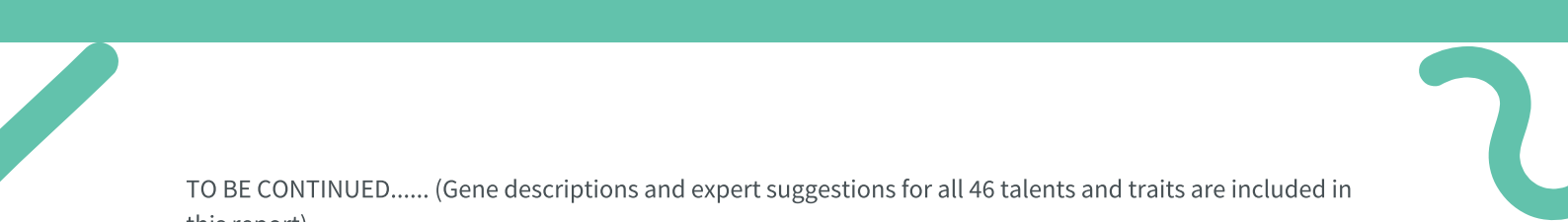
"Enthusiastic, Practical, Wise, Flexible"

People with risk-taking gene often possess many excellent qualities including being enthusiastic, practical, wise and flexible.

They have rational judgment abilities and a constant curiosity about the world and their surroundings. Risk-taking characteristic can be seen in brave and fearless people, such as mountaineers who strive to reach the summit. They are not simply looking for thrills and excitement, but are challenging the human limits. Some scientists with risk-taking characters conduct extremely dangerous scientific researches that benefit humankind that no others dare to be involved in. However, there are also others whose risk-taking strength is over functioned, neglect reality and pursue their dreams blindly and wilfully, this will result in wrong choices and decisions, leading to disappointing results in life. How then should parents inculcate good risk-taking spirit in their children?

Expert Suggestions

- **Establish right philosophies.** Parents should prevent their children from indulging in bad habits or behaviors without affecting their creative and risk-taking spirits. Children's activities that violate the law, go against social or moral ethics or seek gains at the expense of others must be heavily chastised and restrained. On the other hand, children who explore an unknown field in an acceptable manner shall be encouraged, guided and supported.
- **Set up reasonable channels.** Children's recognition of the world is totally different from that of adults. Many things that adults are familiar with may sound completely strange to children, and those normal situations in adults' eyes may be totally foreign to children. Therefore, when trying to cultivate children's risk-taking character, parents should first think from a child's perspective and take progressive measures. Parents may encourage their children to take rides on the roller coasters, go skiing, mountain-climbing, etc, to experience the excitement, which will encourage them to cultivate the spirit of risk-taking and exploration.
- **Proper guidance in children's risk-taking behaviors.** It is children's natural instinct to be curious about everything. For example, they like to disassemble new toys and then try to fix them back. Parents should give assistance to children when they engage in such activities as well as answer questions they have. For example: How could radios speak? How could they sing? Of course, parents cannot use the theory of wireless communication to explain to the children, but instead, they should use metaphors that children are familiar with, or explain it in a manner that they would understand. Parents must also remember not to get angry with their children when a toy or something has been damaged by them out of curiosity. They should not scold or punish them as it will discourage their spirit of exploration. If possible, parents should assist their children to re-fix the items that have been disassembled. Such efforts will not only enrich children's imagination and creativity but will also improve their hands-on abilities and parent-child bond.



TO BE CONTINUED..... (Gene descriptions and expert suggestions for all 46 talents and traits are included in this report)