

# User Manual

## VR Game for MS Patients



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## 1. Introduction

This user manual is intended to help MS patients use the VR game created to assist them in their rehabilitation. The game is designed to be immersive and engaging while also providing therapeutic benefits. This game is best used under the supervision of a healthcare professional.

## 2. System Requirements

- VR headset (Oculus Quest)
- VR-ready computer
- Internet connection

## 3. Downloading the Game

1. Connect your VR headset to your computer using the USB-C cable.
2. Go to the website where the game is available for download [HERE](#).
3. Select the download button for the game [Download HERE](#).
4. Follow the on-screen prompts to complete the download.

## 4. Installation

1. Once the game has finished downloading, open the Oculus App on your computer. [Download HERE](#)
2. Go to the "Library" tab.
3. Find the game in your library and click "Install".
4. Wait for the game to finish installing.

## 5. Headset

1. Adjust the straps on the headset so that it fits comfortably on your head.
2. Position the lenses so that they are centered over your eyes. Adjust the IPD (interpupillary distance) slider if needed to get a clear image.
3. Adjust the fit of the headset by using the dial on the back of the strap.
4. Put on headphones (if applicable)
5. For the Video Tutorial Click [HERE](#)

## 6. Controllers

You can use your controller to interact with apps and games, using the buttons on your controller to do the following:

1. Trigger, A and X buttons: Press to select things
2. B and Y : Press to go back to the previous screen or menu.
3. Oculus button: Press to go back to Oculus Home or press and hold to reset your controller orientation.
4. Grip button: Press to grab objects or make a fist when using your virtual hands.
5. Menu button: Press the menu button from Oculus Home to bring up the menu.
6. Press any button to wake the controller after you turn on your headset.
7. For the Video Tutorial Click [HERE](#)

## 7. Wifi connection

1. Turn on your Oculus Quest and put on your headset.
2. Select Settings from the bottom toolbar menu.
3. Select Wi-Fi.
4. Select the Wi-Fi network you'd like to connect to.
5. If prompted, enter the password for the Wi-Fi network you'd like to connect to.
6. Select Connect to connect to the Wi-Fi network.

## 8. Starting the Game

1. Put on your VR headset and make sure it is properly adjusted for your comfort.
2. Turn on your VR headset and the controllers.
3. Look at the game icon in the VR library and press the "A" button on the right controller.
4. Wait for the game to load.

## 9. Using the Game

1. Follow the on-screen prompts to start the game.
2. The game has several levels that you can progress through at your own pace.
3. Each level has specific instructions and goals that you must complete.
4. Use the VR controllers to interact with the game world and complete the objectives.
5. Take breaks as needed to avoid overexertion or discomfort.

## 10. Exiting the Game

1. Press the "Menu" button on the right controller.
2. Select the "Quit" option from the menu.
3. Wait for the game to close and return to the VR library.
4. Turn off your VR headset and controllers.