

B Now read or listen to the text, and check whether you were right.

1 Visas

In order to avoid hold ups or even getting turned back at borders, remember to check whether you need a visa for the country you are going to visit. For many countries you have to have a valid visa before you travel.

2 Health

Tell your doctor which country you are going to so that he can advise you whether you need vaccinations against diseases like cholera and yellow fever. You should ask for a certificate listing any vaccinations you have had.

Take along a basic medical kit in case you become ill. Include in it essential medicines such as antibiotics, pain killers, and something for insect bites and stomach complaints. Remember also to take along a supply of bandages and plasters.

Take out medical insurance to cover doctor's fees and hospital bills.

3 Language

Learn some basic language so that you can communicate with the people of the country you are going to visit. You don't have to spend a lot of time doing this and you needn't learn a lot of complicated grammar, but try to learn expressions for things like: 'Hello', 'Goodbye', 'Yes', 'No', 'Please', 'Thank you', 'I'd like ...' and 'Have you got ...?'

Remember to buy a dictionary and phrase book before you set off to help with the language for things like shopping and booking a hotel room.

4 Local customs

Find out as much as you can about the local customs of the country you intend to visit so as not to offend people there. For example, in Moslem countries it is important to remove your shoes before you enter a mosque. Also, in many countries you are not allowed to wear beachwear off the beach in the streets of the town or city.

5 Security

Don't carry a lot of cash around with you when you travel in case you get robbed. Take traveller's cheques so that you can claim the money back if the cheques are stolen.

Also, keep your money and passport in a safe place and insure yourself against loss and theft.

6 Travel information

Read a good travel book so as to find out the cheapest and best places to stay, most interesting places to visit, best way to travel, etc.

7 Luggage

Avoid packing too much luggage in order not to carry around too many things you will never use. Only take what is really essential. Make a list of everything you pack so that you can check your things every time you re-pack on the journey.

C Notice how we can talk about purpose with *in order to*, *so as to*, *to ...* and *so that*:

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Find out as much as you can about the local customs of the country you intend to visit so as not to offend people there.

Take out medical insurance to cover doctor's fees and hospital bills.

Tell your doctor which country you are going to so that he can advise you whether you need vaccinations against diseases like cholera and yellow fever.

Notice also how we use *in case* to mean 'so as to be safe if (something happens)':

Take along a basic medical kit in case you become ill.

Read or listen to the text again and complete these sentences:

- 1 Learn some basic language so that ...
- 2 Remember to buy a dictionary and phrase book before you set off to ...
- 3 Don't carry a lot of cash around with you when you travel in case ...
- 4 Take traveller's cheques so that ...
- 5 Read a good travel book so as to ...
- 6 Avoid packing too much luggage in order not to ...
- 7 Make a list of everything you pack so that ...

D Think of some travel tips of your own. Write sentences saying *why* people should follow your advice, using the words in the box below.

Examples

Pack some warm clothes in case the weather is cold.
Take a good map so that you can plan your journey.

... *so as (not) to* ...
... *in order (not) to* ...
... *to* ...
... *so that* ... (*can/will/etc*) ...
... *in case* ...

Here are some ideas to help you:
clothing, packing, means of transport (train, coach, etc), food, accommodation (hotels, youth hostels, etc), useful things to take with you.

When you have finished writing, exchange your travel tips with other students and decide which are the best ideas.