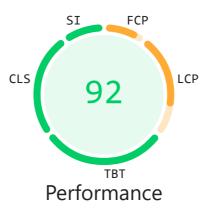
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https://rpires71.github.io/milestone1/certifications.html

92 100 100 100

Performance Accessibility Best SEO Practices



Values are estimated and may vary. The <u>performance score is calculated</u> directly from these metrics. <u>See calculator.</u>

▲ 0-49 50-89 90-100



METRICS Expand view

First Contentful Paint

2.0 s

Largest Contentful Paint

3.2 s

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Total Blocking Time

0 ms

Cumulative Layout Shift

0

Speed Index

2.0 s

View Treemap

Skip to content	Skip to content	Skip to content	Skip to content	Skip to content	Skip to content	Skip to content
모	모	모	모	모	모	모
Certification	Certification	Certification	Certification	Certification	Certification	Certification
Over the years, I've pursued a wid	Over the years, I've pursued a wid	Over the years, I've pursued a wid	Over the years, I've pursued a wid	Over the years, I've pursued a wid	Over the years, I've pursued a wid	Over the years, I've pursued a wid
certifications to complement my academic	certifications to complement my					
in Computer Science and strengthen m	background in Computer Science and					
educator and IT professional. From	my role as an educator and IT profess	my role as an educator and IT profess	my role as an educator and IT profes	my role as an educator and IT profes	my role as an educator and IT profes	my role as an educator and IT profes
training in programming, networks,	foundational training in programming	foundational training in programmin				
development in Portugal to earni	and web development in Portugal					
recognised qualifications such as the C	globally recognised qualifications su	globally recognised qualifications su	globally recognised qualifications so	globally recognised qualifications su	globally recognised qualifications su	globally recognised qualifications su
ITF+, CCNA, and ECDL, each step has e	CompTIA A+, ITF+, CCNA, and ECDL, ea					
technical expertise. My PGCE and ong	expanded my technical expertise. My					
Full Stack Web Development Diplom	ongoing Level 5 Full Stack Web D	ongoing Level 5 Full Stack Web D	ongoing Level 5 Full Stack Web E	ongoing Level 5 Full Stack Web D	ongoing Level 5 Full Stack Web E	ongoing Level 5 Full Stack Web E
commitment to lifelong learning and	Diploma reflect a commitment to lifeld	Diploma reflect a commitment to lifeld	Diploma reflect a commitment to lifely			
growth. These certifications not only	and professional growth. These certif	and professional growth. These certi-				
knowledge but also enhance my ability to	only validate my knowledge but also					
and innovate in education and IT.	ability to teach, lead, and innovate in ed	ability to teach, lead, and innovate in ed	ability to teach, lead, and innovate in ed	ability to teach, lead, and innovate in ed	ability to teach, lead, and innovate in ed	ability to teach, lead, and innovate in er

Later this year, insights will replace performance audits. Learn more and provide feedback

Try insights

here.

Show audits relevant to: All FCP LCP TBT CLS

DIAGNOSTICS

A	Eliminate render-blocking resources — Est savings of 810 ms	~
A	Properly size images — Est savings of 584 KiB	~
A	Largest Contentful Paint element — 3,190 ms	~
A	Minify CSS — Est savings of 5 KiB	~
	Image elements do not have explicit width and height	~
	Serve static assets with an efficient cache policy — 20 resources found	~
	Reduce unused CSS — Est savings of 11 KiB	~
0	Avoid chaining critical requests — 4 chains found	~
0	Minimize third-party usage — Third-party code blocked the main thread for 0 ms	~
0	Avoid long main-thread tasks — 4 long tasks found	~

More information about the performance of your application. These numbers don't directly affect the Performance score.

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PASSED AUDITS (28) Show



Accessibility

These checks highlight opportunities to <u>improve the accessibility of your web app</u>. Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so <u>manual testing</u> is also encouraged.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on <u>conducting an accessibility</u> <u>review</u>.

PASSED AUDITS (19)

Show

NOT APPLICABLE (38)

Show



Best Practices

TRUST AND SAFETY

Ensure CSP is effective against XSS attacks	~
O Use a strong HSTS policy	~
O Ensure proper origin isolation with COOP	~
Mitigate clickjacking with XFO or CSP	~

PASSED AUDITS (15) Show

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NOT APPLICABLE (2) Show



SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on Core Web Vitals. Learn more about Google Search Essentials.

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Show

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (8)

Show

NOT APPLICABLE (2)

Show

Captured at Aug 19, 2025, 11:13 PM GMT Initial page load Emulated Moto G Power with Lighthouse 12.6.1 Slow 4G throttling Single page session

Using Chromium 139.0.0.0 with devtools

Generated by **Lighthouse** 12.6.1 | File an issue

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