Proof: $\mathbb{E}[e^{r\mathsf{X}}] \leq e^{r\mathbb{E}[\mathsf{X}] + r^2\mathbb{E}[\mathsf{X}]}$ for $r \leq \ln 2$

$$\mathbb{E}[e^{r\mathsf{X}}] \leq e^{r\mathbb{E}[\mathsf{X}] + r^2 \mathbb{E}[\mathsf{X}]}$$

by independence of x_i s:

$$\longleftarrow \prod_i \mathbb{E}[e^{r\mathbf{X}_i}] \le e^{r\mathbb{E}[\mathbf{X}] + r^2\mathbb{E}[\mathbf{X}]}$$

by $e^x > 1 + x + x^2$, for $x \le \ln 2$, since $r \le \ln 2$ and $\mathsf{X}_i \le 1 \implies r\mathsf{X}_i \le r$:

$$\longleftarrow \prod_{i} \mathbb{E}[1 + (r\mathsf{X}_{i}) + (r\mathsf{X}_{i})^{2}] \le e^{r\mathbb{E}[\mathsf{X}] + r^{2}\mathbb{E}[\mathsf{X}]}$$

$$\longleftarrow \prod_{i} \mathbb{E}[1 + (r\mathsf{X}_{i}) + (r\mathsf{X}_{i})^{2}] \le \prod_{i} e^{(r+r^{2})\mathbb{E}[\mathsf{X}_{i}]}$$

because $a_i \leq b_i \implies \prod_i a_i \leq \prod_i b_i$:

$$\iff \forall i, \mathbb{E}[1 + (r\mathsf{X}_i) + (r\mathsf{X}_i)^2] \le e^{(r+r^2)\mathbb{E}[\mathsf{X}_i]}$$

$$\iff \forall i, \mathbb{E}[1 + (rX_i) + r^2X_i^2] \le e^{(r+r^2)\mathbb{E}[X_i]}$$

because $X_i \leq 1 \implies X_i \geq X_i^2$

$$\iff \forall i, \mathbb{E}[1 + r\mathsf{X}_i + r^2\mathsf{X}_i] \le e^{r\mathbb{E}[\mathsf{X}_i] + r^2\mathbb{E}[\mathsf{X}_i]}$$

by linearity of expectation:

$$\iff \forall i, 1 + r\mathbb{E}[X_i] + r^2\mathbb{E}[X_i] \le e^{r\mathbb{E}[X_i] + r^2\mathbb{E}[X_i]}$$

by $1 + x \le e^x$ for all x (still needs to be proved):

$$\iff \forall i, 1 + x \le e^x, x = r\mathbb{E}[X_i] + r^2\mathbb{E}[X_i]$$