

# PSY 501: Sampling and Control

Week 7

# Outline

Sampling

Experimental Control

Some poorly designed experiments

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# Sampling

- ▶ Why do we care about sampling methods?
  - ▶ Can't test everybody!
- ▶ **Population:** everybody that the research tries to make conclusions about
- ▶ **Sample:** the subset of the population that actually participates in the research.

# Sampling

Goals:

- ▶ **Maximize:**

- ▶ Representativeness: to what extent do the characteristics of those in the sample reflect those in the population?

- ▶ **Reduce:**

- ▶ Bias: a systematic difference between those in the sample and those in the population

# Sampling Methods

## Type 1: Probability sampling

1. Simple random sampling
2. Systematic sampling
3. Stratified sampling

## Type 2: Non-probability sampling

1. Convenience sampling
2. Quota sampling

# Probability sampling

1. Simple random sampling – every individual has an equal and independent chance of being selected from the population
2. Systematic sampling – selecting every  $n^{th}$  person
3. Stratified sampling – identify groups, then randomly select from each group

## Non-probability sampling

1. Convenience sampling – use the participants who are easy to get
2. Quota sampling – identify specific subgroups, then take from each group until desired number of individuals



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# Experimental Control

Goal:

- ▶ to test how the variability in our IV affects our DV
- ▶ Control is used to minimize excessive variability
- ▶ Need to minimize possible **confounds**
  - ▶ if there are other variables that influence our DV, how do we know that the observed differences are due to our IV and not some other variable?

## Experiment: Color and Words

1. Divide into two groups:
  - ▶ Men
  - ▶ Women
2. Instructions: Read aloud the COLOR that the words are presented in. When done, raise your hand.
3. Women go first...

# List 1

Blue

Green

Red

Purple

Yellow

Green

Purple

Blue

Red

Yellow

Blue

Red

Green

## Experiment: Color and Words

- ▶ Now it is time for the men to go...
- ▶ Remember, read aloud the COLOR that the words are presented in. When done, raise your hand
- ▶ Ready?

## List 2

Blue  
Green  
Red  
Purple  
Yellow  
Green  
Purple  
Blue  
Red  
Yellow  
Blue  
Red  
Green

# Our results

- ▶ So, why the difference between men and women?
- ▶ Is this support for a theory that proposes:
  - ▶ “Women are good color identifiers, men are not”
  - ▶ Why or why not? Let’s look at the two lists.

# List comparison

## List 1

Women

Matched

Blue  
Green  
Red  
Purple  
Yellow  
Green  
Purple  
Blue  
Red  
Yellow  
Blue  
Red  
Green

## List 2

Men

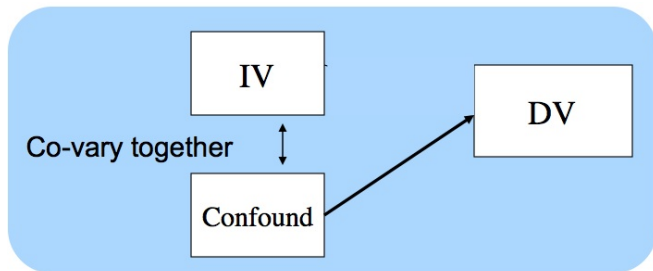
Mis-Matched

Blue  
Green  
Red  
Purple  
Yellow  
Green  
Purple  
Blue  
Red  
Yellow  
Blue  
Red  
Green



# List comparison

- ▶ What resulted in our performance difference?
  - ▶ Our manipulated IV (men vs women)?
  - ▶ The other variable (match vs mismatch)?
- ▶ Because the two variables are perfectly correlated **we can't tell**
- ▶ This is the problem with **confounds**



# List comparison

- ▶ What DIDN'T result in the performance differences?
- ▶ Extraneous variables
  - ▶ Control
    - ▶ # words on the list
    - ▶ The actual words that were printed
  - ▶ Random
    - ▶ Age of participants in groups
    - ▶ Majors, class level, seating in classroom, ...
- ▶ These are not confounds, because they do not co-vary with the IV

# Experimental Control

Our goal:

- ▶ To test the possibility of a systematic relationship between the variability in our IV and how that affects the variability of our DV

## A little math...

Total ( $T$ ) variability can be expressed as follows:

$$T = NonRandom_{exp} + NonRandom_{other} + Random$$

- ▶  $NonRandom_{exp}$  → variance due to manipulation in independent variables (IVs)
  - ▶ Our hypothesis is that changes in the IV will result in changes in the DV
- ▶  $NonRandom_{other}$  → extraneous variables (EV) which covary with IV
  - ▶ other variables that also vary along with the changes in the IV, which may in turn influence changes in the DV
- ▶  $Random$  → random variability
  - ▶ imprecision in manipulation (IV) and/or measurement (DV)
  - ▶ randomly varying extraneous variables (EV)

## A little math...

Total ( $T$ ) variability can be expressed as follows:

$$T = NR_{exp} + NR_{other} + R$$

- ▶ Our goal is to reduce  $R$  and  $NR_{other}$  so that we can **detect**  $NR_{exp}$ .
- ▶ That is, so we can see the changes in the DV that are due to the changes in the IV

## A weight-based analogy

Imagine the different sources of variability as weights:



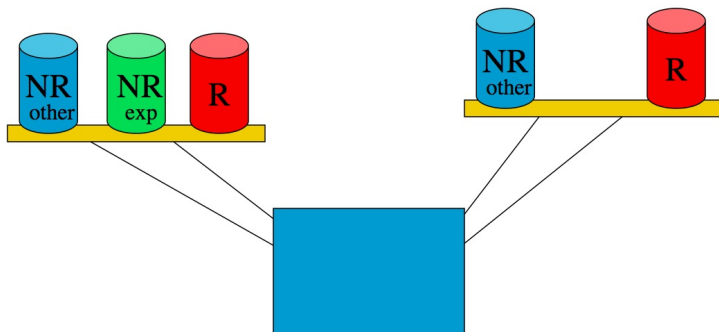
Treatment group



Control group

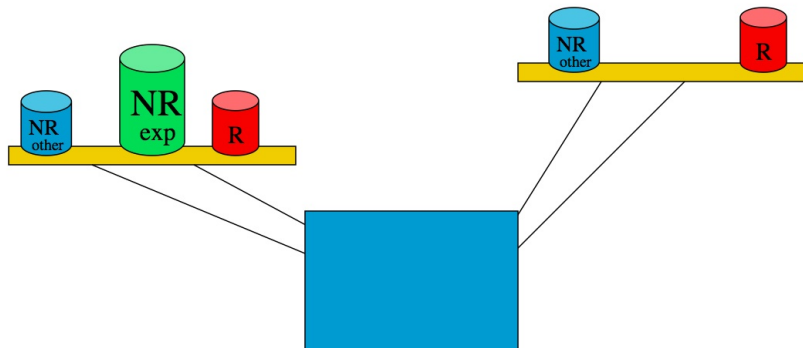
## A weight-based analogy

If  $NR_{other}$  and  $R$  are **large** relative to  $NR_{exp}$ , then detecting a difference may be difficult.



## A weight-based analogy

But if we reduce the size of  $NR_{other}$  and  $R$  relative to  $NR_{exp}$ , detecting the difference becomes **much** easier





# Methods of Controlling Variability

1. Comparison
2. Production
3. Constancy/Randomization

# Methods of Controlling Variability

## Comparison:

- ▶ An experiment always makes a comparison, so it must have at least two groups
  - ▶ Control group + experimental (treatment) group
  - ▶ Groups → range of values of IV
    - ▶ e.g., low anxiety, moderate anxiety, high anxiety

# Methods of Controlling Variability

## Production:

- ▶ The experimenter selects specific values of the IVs
  - ▶ as opposed to allowing the levels to freely vary as in observation studies
- ▶ Need to do this carefully
  - ▶ Suppose that you don't find a difference in the DV across your different groups?
  - ▶ Is this because IV and DV aren't related?
  - ▶ Or, were your levels of IV not different enough?

# Methods of Controlling Variability

Constancy/Randomization:

- ▶ If there is a variable that may be related to the DV that you can't (or don't want to) manipulate, then you should either
  - ▶ **hold it constant** across all experimental conditions
  - ▶ let it **vary randomly** across all experimental conditions

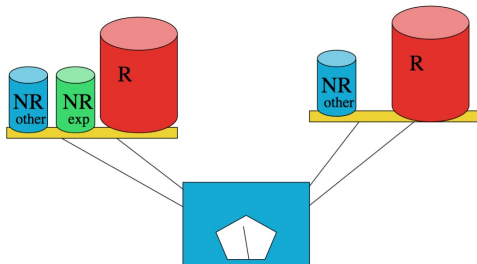
# Potential Problems with Experimental Control

1. **Excessive random variability**
2. **Confounding**
3. **Dissimulation**

# Potential Problems

## Excessive random variability

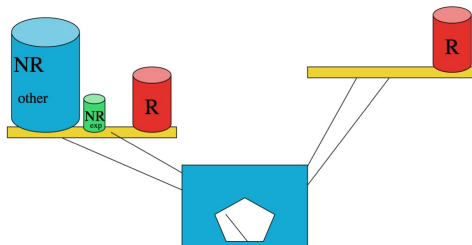
- ▶ If control procedures are not applied, then  $R$  component of data will be excessively large, and this may make  $NR_{exp}$  undetectable
- ▶ So, try to minimize this by using good measures of DV, good manipulations of IV, etc.



# Potential Problems

## Confounding

- ▶ If relevant EV covaries with IV, then  $NR$  component of data will be significantly large, and this may lead to misattribution of effect to IV
- ▶ Hard to detect the effect of  $NR_{exp}$  because the effect looks like it could be from  $NR_{exp}$ , but is really (mostly) due to  $NR_{other}$



# Potential Problems

## Dissimulation

- ▶ If EV which interacts with IV is held constant, then effect of IV is known only for that level of EV, which may lead to overgeneralization of IV effect.
- ▶ Ex: Math students with high working memory capacity do worse in high pressure situations than in low pressure situations (“choking under pressure”).
  - ▶ Generalization? – high pressure negatively affects math performance
  - ▶ BUT: Participants with low working memory capacity don't tend to choke!



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# Poorly designed experiments

Example: Does standing close to somebody cause them to move?

- ▶ So, you stand closely to people and see how long before they move.

# Poorly designed experiments

Example: Does standing close to somebody cause them to move?

- ▶ So, you stand closely to people and see how long before they move.
- ▶ Problem: no control group to establish the comparison group (this is sometimes called a “one-shot case study design”)

# Poorly designed experiments

Example: Does a relaxation program decrease the urge to smoke?

- ▶ One group pretest-posttest design
  1. Pretest (rate desire to smoke)
  2. Give treatment (relaxation program)
  3. Posttest (rate desire to smoke)

# Poorly designed experiments

Example: Does a relaxation program decrease the urge to smoke?

- ▶ One group pretest-posttest design
  1. Pretest (rate desire to smoke)
  2. Give treatment (relaxation program)
  3. Posttest (rate desire to smoke)
- ▶ Problems include:
  - ▶ History
  - ▶ Maturation
  - ▶ Instrument decay
  - ▶ Statistical regression
  - ▶ Etc.

## Poorly designed experiments

Example: Smoking example again, but with two groups. Subjects get to choose which group (relaxation or no treatment) to be in.

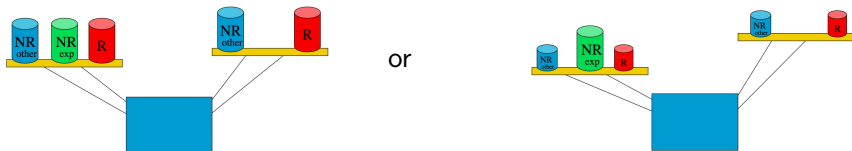
## Poorly designed experiments

Example: Smoking example again, but with two groups. Subjects get to choose which group (relaxation or no treatment) to be in.

- ▶ Groups are likely not equal with respect to extraneous variables (selection bias)
- ▶ Need to do random assignment to groups to “average out” the non-experimental variance

# The key to well-designed experiments

Which measurement scenario do you want as a scientist?



Regardless of the overall design (which we'll cover next week), you'll want to minimize (control) the extraneous variability in your experiment.

Thus, a well-designed experiment must include random group assignment.