





Parkinson's disease

A disorder of the central nervous system that affects movement, often including tremors.

Common

More than 1 million cases per year (India)

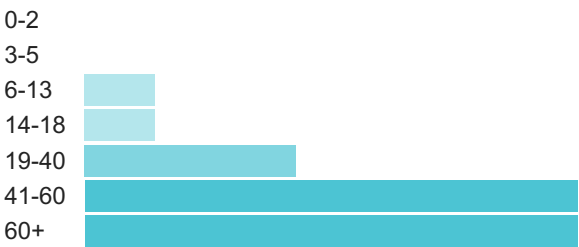
-  Treatment can help, but this condition can't be cured
-  Requires a medical diagnosis
-  Lab tests or imaging often required
-  Chronic: can last for years or be lifelong

Nerve cell damage in the brain causes dopamine levels to drop, leading to the symptoms of Parkinson's.

Parkinson's often starts with a tremor in one hand. Other symptoms are slow movement, stiffness and loss of balance.

Medication can help control the symptoms of Parkinson's.

Ages affected



Symptoms

Requires a medical diagnosis

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People may experience:

Tremor: can occur at rest, in the hands, limbs, or can be postural

Muscular: difficulty standing, difficulty with bodily movements, involuntary movements, muscle rigidity, problems with coordination, rhythmic muscle contractions, slow bodily movement, stiff muscles, or slow shuffling gait

Whole body: dizziness, fatigue, poor balance, or restlessness

Cognitive: amnesia, confusion in the evening hours, dementia, or difficulty thinking and understanding

Sleep: early awakening, nightmares, or restless sleep

Speech: impaired voice, soft speech, or voice box spasms

Mood: anxiety or apathy

Nasal: distorted sense of smell or loss of smell

Urinary: dribbling of urine or leaking of urine

Facial: jaw stiffness or reduced facial expression

Also common: blank stare, constipation, daytime sleepiness, depression, difficulty swallowing, drooling, falling, fear of falling, limping, loss in contrast sensitivity, neck tightness, small handwriting, trembling, unintentional writhing, or weight loss

Consult a doctor for medical advice

Note: The information you see describes what usually happens with a medical condition, but doesn't apply to everyone. This information isn't medical advice, so make sure that you contact a health care provider if you have a medical problem. If you think you may have a medical emergency, call your doctor or a emergency number immediately.

Sources: Apollo Hospitals and others. [Learn more](#)