

Dengue fever

Also called: breakbone fever

A mosquito-borne viral disease occurring in tropical and subtropical areas.

Rare

Fewer than 1 million cases per year (India)



Treatment can help, but this condition can't be cured



Spreads by animals or insects



Requires a medical diagnosis



Lab tests or imaging often required



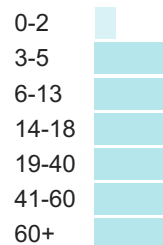
Short-term: resolves within days to weeks

Those who become infected with the virus a second time are at a significantly greater risk of developing severe disease.

Symptoms include high fever, headache, rash and muscle and joint pain. In severe cases there is serious bleeding and shock, which can be life threatening.

Treatment includes fluids and pain relievers. Severe cases require hospital care.

Ages affected



How it spreads

By animal or insect bites or stings.

Symptoms

Requires a medical diagnosis

Symptoms include high fever, headache, rash and muscle and joint pain. In severe cases there is serious bleeding and shock, which can be life threatening.

People may experience:

Pain areas: in the abdomen, back, back of the eyes, bones, joints, or muscles

Whole body: chills, fatigue, fever, or loss of appetite

Gastrointestinal: nausea or vomiting

Skin: rashes or red spots

Also common: bleeding, easy bruising, headache, or sore throat

Critical: consult a doctor for medical advice

Note: The information you see describes what usually happens with a medical condition, but doesn't apply to everyone. This information isn't medical advice, so make sure that you contact a health care provider if you have a medical problem. If you think you may have a medical emergency, call your doctor or a emergency number immediately.

Sources: Apollo Hospitals and others. [Learn more](#)