

Scurvy

Also called: scorbutus

A condition caused by a severe lack of vitamin C in the diet.

Very rare

Fewer than 100 thousand cases per year (India)



Treatable by a medical professional



Requires a medical diagnosis



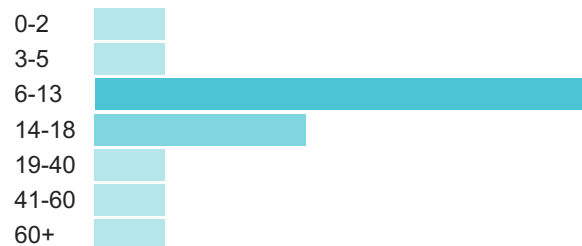
Lab tests or imaging often required

Vitamin C is found in citrus fruits and vegetables. Scurvy results from a deficiency of vitamin C in the diet.

Symptoms may not occur for a few months after a person's dietary intake of vitamin C drops too low. Bruising, bleeding gums, weakness, fatigue and rash are among scurvy symptoms.

Treatment involves taking vitamin C supplements and eating citrus fruits, potatoes, broccoli and strawberries.

Ages affected



Symptoms

Requires a medical diagnosis

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People may experience:

Pain areas: in the joints, bones, or muscles

Whole body: fatigue, fever, loss of appetite, or malaise

Skin: rash of small purplish spots, rashes, or red spots

Also common: bleeding gums, bruising, coiled hair, failure to thrive, irritability, joint swelling, muscle weakness, poor wound healing, swollen gums, tooth loss, or weight loss

Consult a doctor for medical advice

Note: The information you see describes what usually happens with a medical condition, but doesn't apply to everyone. This information isn't medical advice, so make sure that you

contact a health care provider if you have a medical problem. If you think you may have a medical emergency, call your doctor or a emergency number immediately.

Sources: Apollo Hospitals and others. [Learn more](#)