

- Ibuprofen as needed for headaches.
- Loratadine 10 mg daily during spring for allergies.

### Family Medical History

- Father had coronary artery disease, passed away at 68 from a heart attack.
- Mother is alive, has type 2 diabetes and hypothyroidism.
- One younger sister, healthy.

### Social History

- Works as an accountant.
- Married, with two children.
- Non-smoker, occasional alcohol consumption on weekends.