# Module 6 R Practice Report & Outputs

## Introduction

The task in this assignment is to build a regression model for the categorical values of the dataset and perform a subset analysis to determine which the best model based on the predictor variables. The dataset chosen here was the Heart Failure Prediction dataset which has 919 rows of data and 12 data fields which is nothing but the attributes of the dataset. The attributes of the dataset are age, sex, chest pain type, resting bp, cholesterol, fasting bp, heart disease, etc. The description of the attributes of the heart failure prediction dataset is as follows.

Attribute Information.

Age: Age of the patient [years]

Sex: Sex of the patient [M, F]

**ChestPainType**: Chest pain type

RestingBP: Resting Blood Pressure [mm Hg]

**Cholesterol**: Serum Cholesterol [mm/dl]

FastingBS: Fasting Blood Sugar

**RestingECG**: Resting ElectroCardiogram results

MaxHR: Maximum heart rate achieved

**ExerciseAngina:** Exercise-induced angina [Yes, No]

Oldpeak: Oldpeak = ST

ST Slope: The slope of the peak exercise ST segment

HeartDisease: Output Class [1: heart disease, 0: Normal]

The heart failure prediction dataset along with all the attributes mentioned will thus help in predicting the possible heart disease based on the various parameters of the dataset. The phases that will be performed would be the descriptive analysis, data visualizations, linear regression model, MV regression and the subset analysis for the dataset to predict the heart disease of the person.

**Source to the dataset:** https://www.kaggle.com/fedesoriano/heart-failure-prediction

# **Data Analysis & Visualizations**

Before beginning with the various phases of the data analysis processes and regression model, packages needed like broom, corrplot, gtsummary, caret and leaps were installed, and the libraries were imported. The dataset of the heart failure prediction was then read into a dataframe which would be used in further analysis. Now, to have some idea about what the dataset represents, describing the data was necessary and so we displayed the column names of the dataset which gave an overall understanding about the data fields, the starting and ending records of the dataset were displayed, the summary and structure of the dataset was displayed which gave an overview about the statistical values of the dataset and finally the class type of the attributes were displayed to know about the type of class of each attribute.

To analyze the dataset in order to be able to perform the regression analysis, descriptive analysis and data visualizations were performed to get an understanding about the values of the dataset. In the descriptive analysis, all the statistical values of the attributes were computed whereas in data visualization boxplot, bar plot and scatter plot with a regression line were created which gave an overall idea about the dataset attributes.

The output of the dataset description, descriptive analysis and data visualizations is as below.

#### Output:

- 1. Dataset Description:
- a. Column names, start records, end records

#### b. Summary, Structure and Type of dataset

```
> dataset_summary <- summary(heart_dataset)
> dataset_summary
                                                                                                     ChestPainType RestingBP
ASY:496 Min.: 0.0
ATA:173 1st Qu.:120.0
   Age
Min. :28.00
                                                                                                                                                                                                                                                                                                            FastingBS
in. :0.0000
                                                                       Sex
                                                                                                                                                                                                                                       Cholesterol
                                                                                                                                                                                                                                                                                                                                                                                RestingECG
                                                                                                                                                                                                                                  Min. : 0.0
1st Qu.:173.2
                                                                                                                                                                                                                                                                                                    Min. :0.0000
1st Qu.:0.0000
                                                                                                                                                                                                                                                                                                                                                                          LVH :188
Normal:552
  Min. .23.3.
1st Qu.:47.00
Median :54.00
Mean :53.51
                                                                      M:725
                                                                                                                                                                 Median :130.0
Mean :132.4
                                                                                                                                                                                                                                   Median :223.0
Mean :198.8
                                                                                                                                                                                                                                                                                                    Median :0.0000
Mean :0.2331
                                                                                                        NAP:203
                                                                                                       TA: 46
     3rd Qu.:60.00
                                                                                                                                                                                                                                    3rd Qu.:267.0
                                                                                                                                                                                                                                                                                                    3rd Qu.:0.0000
Max. :1.0000
                                                                                                                                                                 3rd Qu.:140.0
  3ru
Max. :/.
MaxHR
: f
                                                                                                                                                                 Max. :200.0
                                                                     ExerciseAngina Oldpeak ST_Slope
N:547 Min. :-2.6000 Down: 63
Y:371 1st Qu.: 0.0000 Flat:460
                                                                                                                                                                                                                                                                HeartDisease
  Min. : 60.0
1st Qu.:120.0
Median :138.0
Mean :136.8
                                                                                                                                                                                                                                                         Min. :0.0000
1st Qu.:0.0000
Median :1.0000
Mean :0.5534
                                                                                                                                   Median: 0.6000 Up :395
Mean: 0.8874
                                                                                                                                    3rd Qu.: 1.5000
Max. : 6.2000
     3rd Qu.:156.0
                                                                                                                                                                                                                                                            3rd Qu.:1.0000
Max. :1.0000
 > sapply(heart_dataset,class)
                 physician control of the control of 
                                                                                                                                                                                                                                                                                                                                           FastingBS
                                                                                                                                                                                                               RestingBP
                                                                                                                                                                                                                                                                 Cholesterol
                                                                                                                                                                                                                 "integer"
ST_Slope
"factor"
                                                                                                                                                                                                                                                                                                                                                                                                                'factor
                                                                                                                                                                                                                                                                                 'integer
                                                                                                                                                                                                                                                                                                                                               'integer
                                                                                                                                                                                                                                                               HeartDisease
                                                                                                                                                                                                                                                                                  integer
```

#### 2. Descriptive Analysis:

```
Console Terminal ×

R R 3.63 · / Þ

> #descriptive analysis
> min(heart_dataset$RestingBP)
[1] 0

> max(heart_dataset$RestingBP)
[1] 1200

> mean(heart_dataset$RestingBP)
[1] 132.3965
> median(heart_dataset$RestingBP)
[1] 130
> mode(heart_dataset$RestingBP)
[1] 100

> max(heart_dataset$RestingBP)
[1] 100

> max(heart_dataset$RestingBP)
[1] 100

> sod(heart_dataset$RestingBP)
[1] 100

> max(heart_dataset$RestingBP)
[1] 110

> max(heart_dataset$RestingBP)
[1] 18.3415

> summary(heart_dataset$RestingBP)
[1] 100

> max(heart_dataset$Cholesterol)
[1] 100

> max(heart_dataset$Cholesterol)
[1] 100

> max(heart_dataset$Cholesterol)
[1] 198.7996

> median(heart_dataset$Cholesterol)
[1] 1223

> mode(heart_dataset$Cholesterol)
[1] 100

> sad(heart_dataset$Cholesterol)
[1] 100

> max(heart_dataset$Cholesterol)
[1] 100

> max(heart_dataset$Cholesterol)
[1] 100

> max(heart_dataset$Cholesterol)
[1] 100

> max(heart_dataset$MaxHR)
[1] 100

> max(heart_dataset$MaxHR)
[1] 138

> mode(heart_dataset$MaxHR)
[1] 138

> mode(heart_dataset$MaxHR)
[1] 100

> max(heart_dataset$MaxHR)
[1] 1202

> man(heart_dataset$MaxHR)
[1] 136

> mode(heart_dataset$MaxHR)
[1] 137

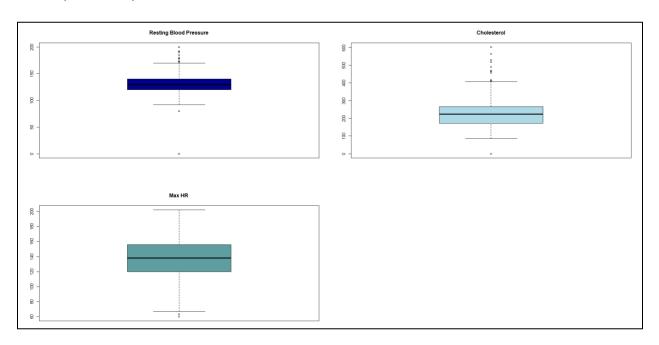
> mode(heart_dataset$MaxHR)
[1] 100

> max(heart_dataset$MaxHR)
[1] 100

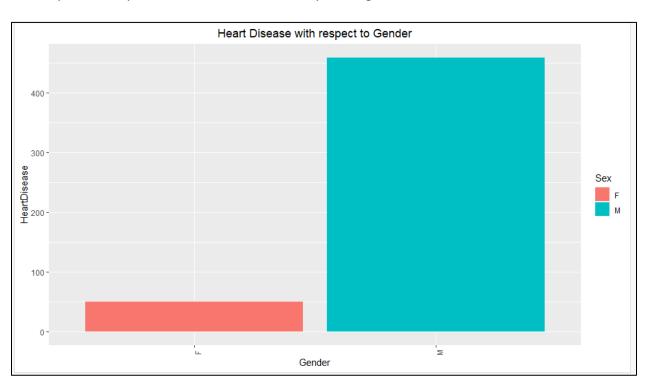
> ma
```

## 3. <u>Data Visualization:</u>

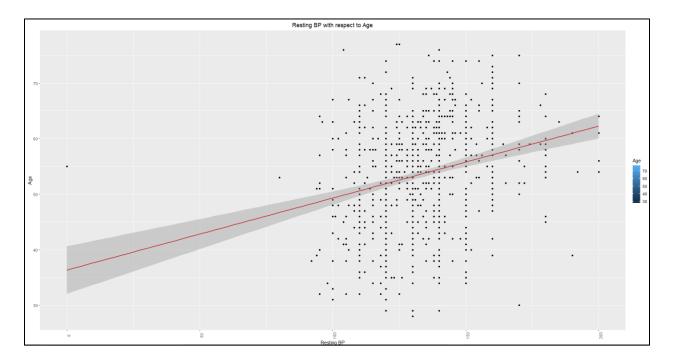
## a. Graph 1 – Boxplot of the attributes



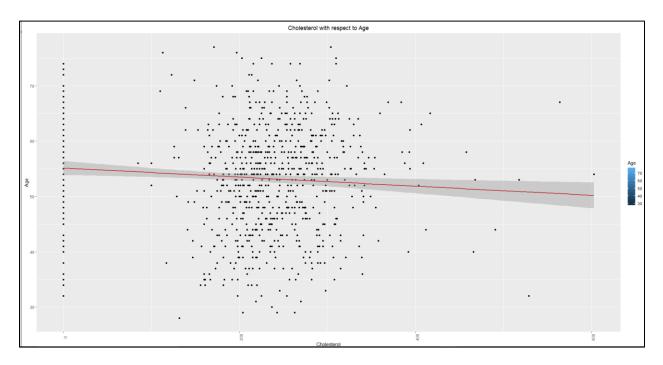
## b. Graph 2 – Bar plot of heart disease with respect to gender



# c. Graph 3 – Resting BP with respect to Age



# d. Graph 4 – Cholesterol with respect to Age



## **Regression Model**

As we know, regression model is used to examine the relationship between the two attributes of the dataset and predict the outcome from the dataset. It basically estimates the relationship between a dependent variable and an independent variable of the dataset. Here in this case, we will use the regression model to predict the possible heart disease of the person with respect to the other predictor variables of the dataset. The dataset consists of numerical as well as categorical data values and thus we will be performing regression analysis on the categorical set of the data attributes as well.

Categorical variables are the variables which can take one of a limited and fixed number of possible values where the categorical data is divided into groups or categories of data based on the qualitative characteristics which does not have a number associated with it. Dummy variables on the other hand are numeric variables which represent the categorical data where their range is small and can take on only two quantitative values which are 0 or 1 representing the absence and presence of something respectively.

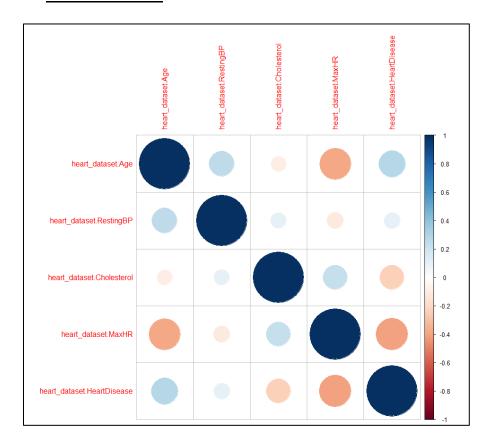
Before starting with the regression analysis and subset analysis, correlation table and chart were plotted to know about the relation between each attribute with each other. A subset of dataset was created in order to plot the correlation table and chart which had numeric attributes to determine the relation between each attribute. The output of the correlation table and the chart is as shown below.

#### **Output:**

#### 1. Correlation Table:

```
Console Terminal ×
R 3.6.3 · ~/ ≈
> #Correlation table & chart
> heart_dataset_new.cor = cor(heart_dataset_new)
> heart_dataset_new.cor
                            heart_dataset.Age heart_dataset.RestingBP heart_dataset.Cholesterol
heart_dataset. Age 1.00000000 heart_dataset. RestingBP 0.25430026
                                                              0.2543994
                                                                                        -0.09528177
heart_dataset.RestingBP
heart_dataset.Cholesterol
                                                              1.0000000
                                                                                        0.10089294
                                  -0.09528177
                                                              0.1008929
                                                                                         1.00000000
                                 -0.38204468
                                                                                         0.23579240
                                                             -0.1121350
heart_dataset.MaxHk -0.38204468
heart_dataset.HeartDisease 0.28203851
                                                             0.1075890
                                                                                        -0.23274064
                       heart_dataset.MaxHR heart_dataset.HeartDisease
                                                                    0.2820385
                                      -0.3820447
heart_dataset.Age
heart_dataset.Age
heart_dataset.RestingBP
heart_dataset.Cholesterol
                                     -0.1121350
                                                                    0.1075890
                                      0.2357924
                                                                   -0.2327406
heart_dataset.MaxHR
                                      1.0000000
                                                                  -0.4004208
heart_dataset.HeartDisease
                                      -0.4004208
                                                                   1.0000000
> corrplot(heart_dataset_new.cor)
```

#### 1. Correlation Chart:



Now, in order to perform the regression analysis on categorical variables of the dataset, dummy variables were created on the categorical attributes of the heart failure prediction dataset. Here, the gender of the person was the categorical attribute for which the dummy variables were created representing 0 as male and 1 as female. Similarly, the dummy variable was created for the attribute of ST\_Slope which was st\_slope\_down and st\_slope\_up. These variables created were then considered for the regression analysis where MV regression was performed in order to examine the relationship between the variables and predict the heart disease for the person. The regression plot for the MV regression model was also plotted in order to understand the regression analysis. The output of the regression model and the plot is as below.

#### **Output:**

#### 1. Creating dummy variables:

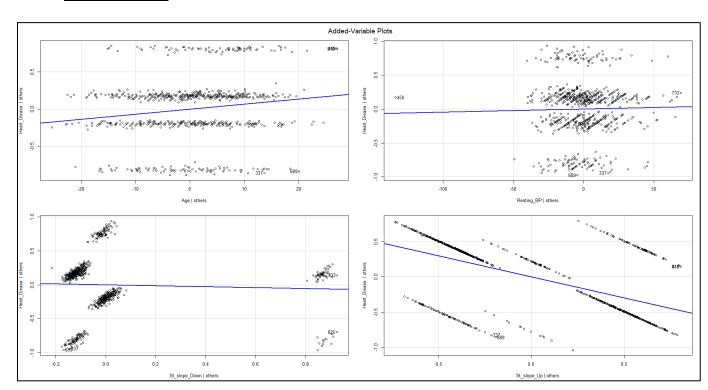
```
Console Terminal
R 3.6.3 · ~/
  dummy_male <- ifelse(heart_dataset$Sex == "M", 1,0)
dummy_female <- ifelse(heart_dataset$Sex == "F", 1,0)
  st_slope_down <- ifelse(heart_dataset$ST_Slope == "Down", 1,0)
st_slope_up <- ifelse(heart_dataset$ST_Slope == "Up", 1,0)</pre>
  Γ1051
[157]
[209]
 [261]
[313]
[365]
[417]
[521]
[573]
\begin{smallmatrix} 1 & 1 & 1 & 0 & 1 & 1 & 1 & 0 \\ 0 & 1 & 0 & 0 & 1 & 1 & 1 & 0 \end{smallmatrix}
                                                                                                           \begin{smallmatrix} 0 & 0 & 1 & 1 \\ 0 & 1 & 0 & 0 \end{smallmatrix}
                                                                                                                       0
                                                                                                                          1
                                                                                                                            0
                                                                                                                                 0 0 1
0 1 1
                                                                                                                        0
                                                                                       \begin{smallmatrix} 0 & 1 & 0 & 1 \\ 0 & 1 & 1 & 1 \end{smallmatrix}
                                                                                                 11100111001011
                                                                                                                                    0 0
```

#### 2. Creating data frame:

#### 3. MV Regression Model:

```
Console Terminal ×
R 3.6.3 · ~/
  #MV regression model
> reg_model <- lm(Heart_Diease ~ Age + Resting_BP + St_slope_Down + St_slope_Up, data = dataframe_regression)
> reg_model
lm(formula = Heart_Diease ~ Age + Resting_BP + St_slope_Down + St_slope_Up, data = dataframe_regression)
Coefficients:
                                        Resting_BP St_slope_Down
                                                                            St_slope_Up
  (Intercept)
                       Age
0.0067956
     0.3905459
                                          0.0004635
                                                           -0.0701849
                                                                              -0.5981079
> summary(reg_model)
lm(formula = Heart_Diease ~ Age + Resting_BP + St_slope_Down + St_slope_Up, data = dataframe_regression)
Residuals:
Min 1Q Median 3Q Max
-0.9719 -0.2047 0.1025 0.1937 0.9461
Coefficients:
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 0.3847 on 913 degrees of freedom
Multiple R-squared: 0.4044, Adjusted R-squared: 0.4018
F-statistic: 155 on 4 and 913 DF, p-value: < 2.2e-16
```

#### 4. Regression Plot:

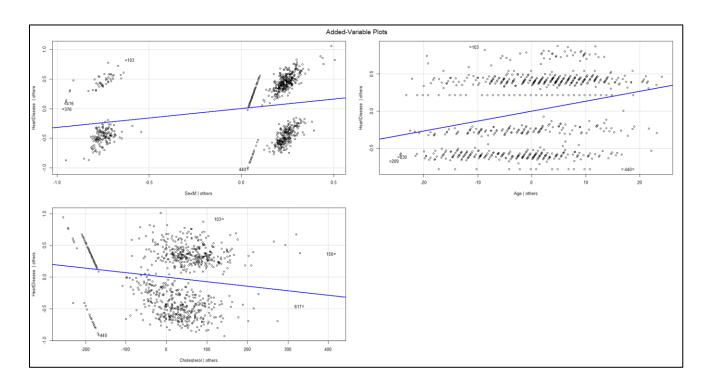


In the second part, we created a MV regression model again on numeric as well as categorical data but this time the dummy variables were automatically created by R. The output of the same is as show below.

#### **Output:**

#### 1. Regression Model:

#### 2. Regression Plot:

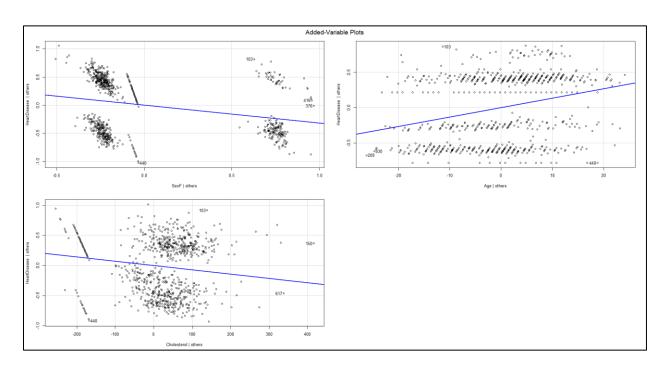


Now, using the relevel function for regression model we get the following output.

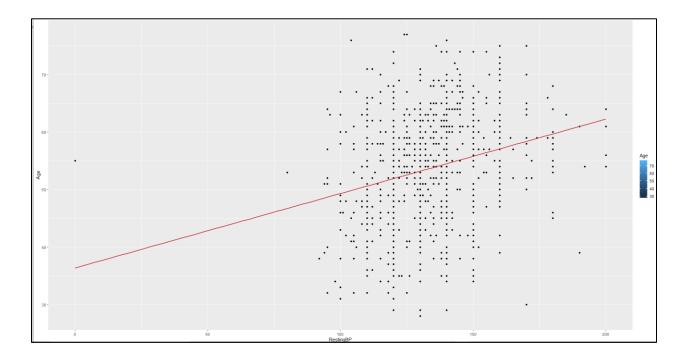
## **Output:**

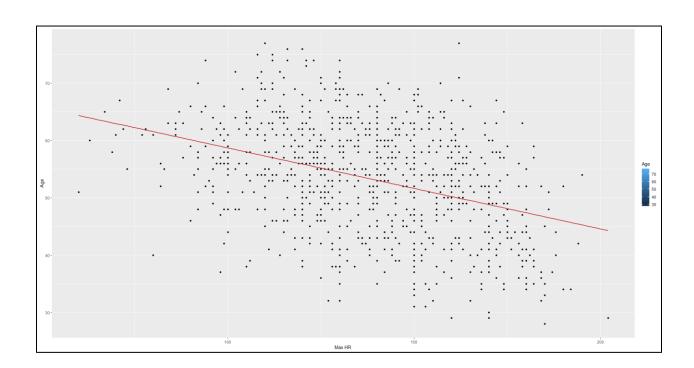
#### 1. Regression Model:

## 2. Regression Plot:



# 3. Regression Graph:





Subset analysis or subset regression is a model selection approach that consists of testing all possible combination of the predictor variables and then selecting the best model according to some of the statistical criteria. This analysis basically helps us to figure out which would be the best model for prediction based on the attributes we selected for prediction. Here, we performed a subset regression analysis to identify the different best models of different sizes. The R function regsubsets() was used for the same where the function returns up to the best 5-variables model. The output of the subset regression analysis performed is as shown below.

#### **Output:**

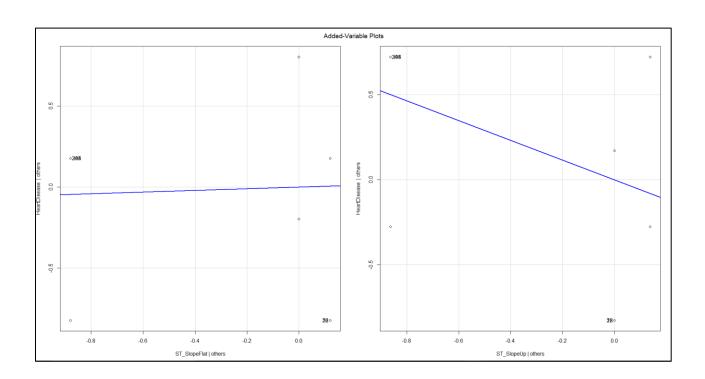
#### 1. Subset model:

```
R 3.6.3 · ~/ ≈
> #SUBSET ANALYSIS
           .
- subset_model <- regsubsets(HeartDisease ~.. data = heart_dataset. nymax = 10)
| Subset_model | C - regsubstation | Subset | Su
   ChestPainTypeNAP
ChestPainTypeTA
                                                                                                                                                                FALSE
                                                                                                                                                                FALSE
   RestingBP
Cholesterol
                                                                                                                                                                FALSE
                                                                                                                                                                FALSE
   FastingBS
RestingECGNormal
RestingECGST
                                                                                                                                                                FALSE
                                                                                                                                                                FALSE
                                                                                                                                                                FALSE
                                                                                                                                                                FALSE
     ExerciseAnginaY
                                                                                                                                                                FALSE
                                                                                                                                                                FALSE
   Oldpeak FALSE
ST_SlopeFlat FALSE
ST_SlopeUp FALSE
1 subsets of each size up to 10
Selection Algorithm: exhaustive
                                                                                                                                                                                                                                                  FALSE
```

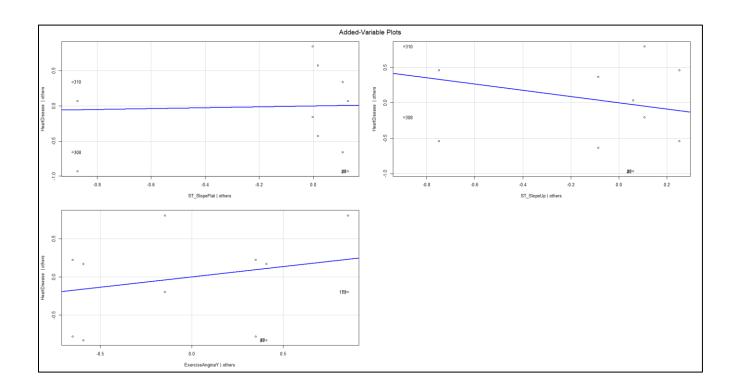
#### 2. Summary of subset model:

#### 3. Best 1 variable model:

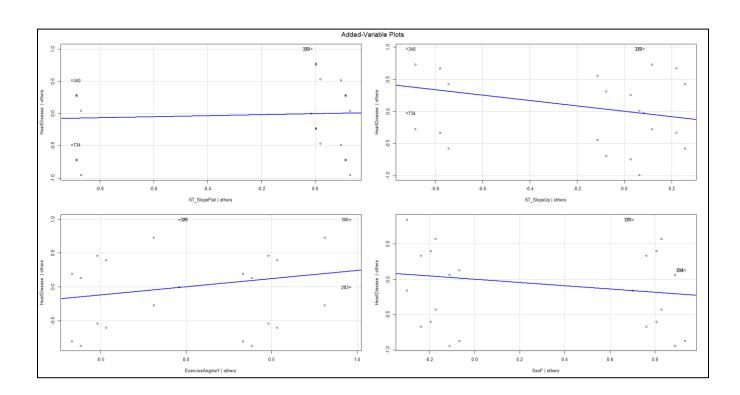
```
Console Terminal ×
R 3.6.3 · ~/ ≈
> #best 1 variable model
> best1_model <- lm(HeartDisease ~ ST_Slope, data = heart_dataset)
> best1_model
call:
lm(formula = HeartDisease ~ ST_Slope, data = heart_dataset)
Coefficients:
(Intercept) ST_SlopeFlat
0.77778 0.05048
                                        ST_SlopeUp
-0.58031
> summary(best1_model)
call:
lm(formula = HeartDisease ~ ST_Slope, data = heart_dataset)
Residuals:
Min 1Q Median 3Q Max
-0.8283 -0.1975 0.1717 0.1717 0.8025
Coefficients:
Estimate Std. Error t value Pr(>|t|)
(Intercept) 0.77778 0.04909 15.844 <2e-16 ***
ST_SlopeFlat 0.05048 0.05234 0.964 0.335
ST_SlopeUp -0.58031 0.05286 -10.978 <2e-16 ***
Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
Residual standard error: 0.3896 on 915 degrees of freedom
Multiple R-squared: 0.3877, Adjusted R-squared: 0.3864
F-statistic: 289.7 on 2 and 915 DF, p-value: < 2.2e-16
```



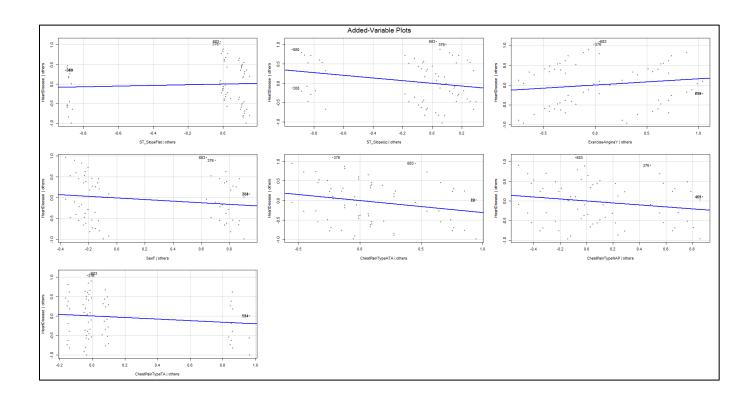
#### 4. Best 2 variable model:



#### 5. Best 3 variable model:



#### 6. Best 4 variable model:



# **Analysis**

The correlation plot gave an overview of the relationship between the attributes of the dataset. Once the relationship was determined between the variables, we understood the positive correlation and negative correlation between them which further helped in our analysis to create subset of the dataset for the regression model. With respect to our dataset, there are categorical variables for which dummy variables needed to be created. Subset analysis was performed to find the best fit model in order to predict the heart disease of the person based on the predictor variable.

A subset\_model variable was created which stored the best fit model of the dataset and we displayed the summary of the same. The summary of the subset regression model returned the best set of variables for each model size. From the output above, an asterisk specifies that a given variable is included in the corresponding model. Thus, depending on the asterisk we would get the best fit variables for our regression model which would help to choose the optimal model. After the subset regression model was performed and we got an overview of the best fit variables, regression model was built for these best fit variables in order to check the performance of these models to better predict the heart disease of the person.

We performed the best 1 variable model which had the st\_slope attribute for predicting the heart disease, the best 2 variable model which had the st\_slope and exercise angina attribute, the best 3 variable model having the st\_slope, exercise angina and gender attribute and the best 4 variable model which had the st\_slope, exercise angina, gender, and the chest pain type attribute for the prediction of the heart disease. The regression model was built for all these best fit variables along with the avplots which is the plot for MV regression.

The output of the regression model along with the plots helped in analyzing and predicting the heart disease based on the various predictor variables. The summary of the regression model returned statistical values of the model helping to analyze further on the model. The r-squared value came out to be 0.5354 for the best 4 variable model which is the highest compared to the other best variable models which could be considered for predicting the heart disease. Similarly, the p-values were also returned where it was less than 0.05 in the best 4 variable model and thus, we rejected the null hypothesis.

## **Summary**

The heart failure prediction dataset helps in predicting the heart disease of the person via the regression model. This dataset consisted of both numerical and categorical values and in order to have categorical values in the regression model, dummy variables were created for gender and st\_slope based on the dataset to build a regression model. As we know, regression model is used for predicting and examining the relationship between the attributes of the dataset. But before performing the regression analysis in order to predict the heart disease of the person with respect to the predictor variables, subset analysis was performed. Subset analysis allows the model selection approach consisting of testing all possible combination of the predictor variables and then selecting the best model according to the statistical criteria.

Now, in order to perform the regression analysis, it was important to have an understanding about the dataset for which descriptive analysis and data visualizations were performed giving us some insights about the dataset. The statistical values were computed in the descriptive analysis for the various attributes of the heart prediction dataset and visualizations like the boxplot, bar plot and scatter plot with regression lines were plotted. These visualizations gave an overall analysis about the dataset and which factor would lead to the heart disease for a person.

After the descriptive analysis and data visualizations were performed, correlation plot and regression model were built for the subset of dataset created for the categorical variables. The correlation chart was plotted for the attributes of the dataset to determine the correlation between them for analysis. MV regression model was built for the categorical attributes of the dataset and avplots were plotted for the same. The summary of the regression models returned the r-squared value and other statistical values such as the p-value which helped in further analysis of the dataset. Subset analysis helps in determining which would be the best model based on the predictor variables. The subset regression model was built for the dataset of the heart failure prediction and the summary of this model returned the best 5 variable model which could be used to perform the regression model and predict the heart disease of a person.

This analysis is much more ideal as compared to the normal regression model built as it allows us to choose the predictor variable for the regression model. The regression model built gave a r-squared value lesser as compared to the best 4 variable model built, which implied that the regression line was not best fitted when performing the analysis for the attributes as compared to when done for the subset analysis.

## References

Zach, S. (2021b, February 2). How to Create Dummy Variables in R (Step-by-Step). Statology.Org. Retrieved December 15, 2021, from <a href="https://www.statology.org/dummy-variables-in-r/">https://www.statology.org/dummy-variables-in-r/</a>

Kassambara. (2018, March 11). Regression with Categorical Variables: Dummy Coding Essentials in R. STHDA.Com. Retrieved December 15, 2021, from <a href="http://sthda.com/english/articles/40-regression-analysis/163-regression-with-categorical-variables-dummy-coding-essentials-in-r/">http://sthda.com/english/articles/40-regression-with-categorical-variables-dummy-coding-essentials-in-r/</a>

Zach, S. (2020b, December 23). How to Plot Multiple Linear Regression Results in R. Statology.Org. Retrieved December 15, 2021, from <a href="https://www.statology.org/plot-multiple-linear-regression-in-r/">https://www.statology.org/plot-multiple-linear-regression-in-r/</a>

Kassambara. (2018a, March 11). Best Subsets Regression Essentials in R. STHDA.Com. Retrieved December 16, 2021, from <a href="http://sthda.com/english/articles/37-model-selection-essentials-in-r/155-best-subsets-regression-essentials-in-r/155

Regression with Categorical Variables. (n.d.). Faculty.Nps.Edu. Retrieved December 16, 2021, from <a href="https://faculty.nps.edu/rbassett/">https://faculty.nps.edu/rbassett/</a> book/regression-with-categorical-variables.html

Marsja, E. (2020, May 24). How to Create Dummy Variables in R (with Examples). Marsja.Se. Retrieved December 16, 2021, from <a href="https://www.marsja.se/create-dummy-variables-in-r/">https://www.marsja.se/create-dummy-variables-in-r/</a>