

Almost every horror movie displays at least one scene displaying a character jumping at their own shadow. "Your such a scaredy cat, what are you afraid of your own shadow?" It eases everyone's mind when they realize that what they are afraid of is nothing more than their own shadow.

WHY ARE YOU AFRAID OF YOUR OWN SHADOW?

SCIOPHOBIA CAN CAUSE YOUR SHADOWS TO BECOME A LITTLE TO REAL.



THE FEAR OF SHADOWS