

# Basic Management of LUTS In Men

## BOTHERSOME LUTS RECOMMENDED TESTS:

- Obtain medical history
- Perform physical examination
- Administer International Prostate Symptom Score (IPSS)
- Perform a urinalysis
- **If equipment available**, consider PVR and/or uroflowmetry.
- **\*If PVR >300 cc, irrespective of symptoms, see white paper on "Non-Neurogenic Chronic Urinary Retention: Consensus Definition, Management Strategies, and Future Opportunities"**

## Standard Treatment

- Alter modifiable factors such as caffeine, fluids, contributing medications when possible
- Lifestyle discussion
- *Trial of Medical Therapy Algorithm*

Lack or incomplete response/ continued bothersome symptoms

Frequency volume chart

PVR/Uroflow (if not obtained earlier, these tests are recommended at this point\*)

Urodynamics

Cystoscopy

OAB predominant  
(storage symptoms)  
See *OAB Guideline*

Mixed OAB/BOO  
Follow BOO pathway and see  
*OAB Guideline* for options  
regarding storage symptoms

Improvement/  
symptoms tolerable

Continue therapy,  
routine follow-up

Nocturia is major complaint

Frequency volume chart  
Medication trial

Lack of resolution with medication

Consider other work up and etiologies,  
such as sleep disorders (i.e. sleep apnea)

Evidence of BOO

See *Surgical  
Management  
Algorithm*