

Figure 1A Training

Speed Training
Rene Orion Salmon
Chromatic Scaling

Words & Music by Rene Orion Salmon

Moderate ♩ = 60

1

$\text{♩} = 90$

19

4-3-2-1 4-3-2-1 4-3-2-1 0

0-1-2-3 0-1-2-3 0-1-2-3

① ② ③

24

0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 0

$\text{♩} = 100$

29

0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1

① ② ③

$\text{♩} = 110$

33

4-3-2-1 4-3-2-1 4-3-2-1 0

0-1-2-3 0-1-2-3 0-1-2-3

① ② ③

38

0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 0

♩ = 120

43

0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1

① ② ③

♩ = 130

47

4-3-2-1 4-3-2-1 4-3-2-1 0 0-1-2-3 0-1-2-3 0-1-2-3

① ② ③

52

0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 0

♩ = 140

57

0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1

① ② ③

♩ = 150

61

4-3-2-1 4-3-2-1 4-3-2-1 0 0-1-2-3 0-1-2-3 0-1-2-3

① ② ③

66

0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 0

$\text{♩} = 160$

71

0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1

① ② ③

$\text{♩} = 170$

75

4-3-2-1 4-3-2-1 4-3-2-1 0 0-1-2-3 0-1-2-3 0-1-2-3

① ② ③

80

0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 0

$\text{♩} = 180$

85

0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1

① ② ③

$\text{♩} = 190$

89

4-3-2-1 4-3-2-1 4-3-2-1 0

0-1-2-3 0-1-2-3 0-1-2-3

① ② ③

94

0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 4-3-2-1 0

$\text{♩} = 200$

99

0-1-2-3 0-1-2-3 0-1-2-3 0-1-2-3 4-3-2-1 4-3-2-1 4-3-2-1

① ② ③

103

4-3-2-1 4-3-2-1 4-3-2-1 0