

# Fitness Blog Website

## 1. Introduction

- With lockdowns being imposed in countries all across the world, staying fit at home is the need of the hour. A fitness blog is an easily accessible online source of motivation and guidance for everything fitness related. The goal of this project will be to make a fully functional fitness blog website filled with various features.
- The value this application can bring to a company/organization/end-user is that it can connect with the audience. For someone who has a YouTube channel about fitness, adding a website will help their users to follow their workouts easily. Gym trainers can use this website to train people at home and book appointments through the website.

## 2. Expected List of Features

- Features will include different sections for workout tips, diets, recipes, videos, BMI calculator, etc. Attractive images to keep the user engaged and aesthetically pleasing UI.
- Using different sections and images will help me use the bootstrap knowledge I will acquire throughout this course. So far, I can see myself using responsive design and bootstrap grids to make this website.

## 3. Market Survey

- Five website with similar idea:
  1. Blogilates
  2. Chloe Ting
  3. Love Sweat Fitness
  4. DIY Active
  5. The Yoga Warrior

## 4. References

- References to any material / websites / books etc. relevant to my application idea:  
<https://www.solodev.com/blog/web-design/creating-a-blog-with-bootstrap.html>
- Links to the websites listed in the section above:
  1. <https://www.blogilates.com/>
  2. <https://www.chloeting.com/program/>
  3. <https://lovesweatfitness.com/blog/>
  4. <https://diyactive.com/category/fitness/>
  5. <https://www.theyogawarrior.org/>