

Objective: Create a very short list of food items for breakfast

===== Task  
Breakdown =====

Task 1: Prompt: Here is the next sub-task prompt:

Generate a short list of 3-5 common breakfast food items. The list should include a variety of food groups like fruits, grains, proteins, and dairy. Keep the items very basic and generic. Result: Here is a short list of 3-5 common breakfast food items including a variety of food groups:

1. Eggs
2. Whole grain toast
3. Greek yogurt
4. Fresh fruit (e.g. bananas, berries)
5. Oatmeal

===== Refined  
Final Output =====

Here is a concise list of 5 common breakfast food items that provide a balanced variety of food groups:

1. Scrambled eggs
2. Whole grain toast with avocado
3. Greek yogurt with fresh berries
4. Banana
5. Oatmeal with nuts and honey