

Objective: Create a very short list of food items for breakfast

===== Task

Breakdown =====

Task 1: Prompt: Here is the next sub-task with a prompt for the subagent:

Prompt: Please generate a short list of 5 common, healthy breakfast food items. The list should include a variety of food groups like fruits, whole grains, proteins, and dairy. Keep each list item to just a few words. Result: Here is a list of 5 common, healthy breakfast food items including a variety of food groups:

1. Greek yogurt, berries
2. Oatmeal, sliced almonds
3. Scrambled eggs, spinach
4. Whole grain toast, avocado
5. Fresh fruit salad

===== Refined

Final Output =====

Here is the refined breakfast food list:

1. Greek yogurt with fresh berries
2. Oatmeal topped with sliced almonds
3. Scrambled eggs with sautéed spinach
4. Whole grain toast spread with mashed avocado
5. Fresh fruit salad made with seasonal fruits