

Terms and Conditions -



Last updated: 18 July, 2023

Welcome to StressAway, a website focused on stress management for students ("us", "we", or "our"). These Terms and Conditions govern your access and use of the StressAway application. By accessing or using StressAway, you agree to be bound by these Terms and Conditions. If you do not agree with any part of these terms, please refrain from using the application.

1. Use of StressAway

- a) StressAway is intended for personal use only, and you must be at least 13 years old to use the application.
- b) You are responsible for maintaining the confidentiality of your account credentials and are liable for any activities that occur under your account.
- c) You agree not to use StressAway for any unlawful or unauthorized purpose or in any way that could damage, disable, overburden, or impair the application or interfere with other users' enjoyment of the services.

2. Intellectual Property

- a) All content, materials, and features available on StressAway, including but not limited to text, graphics, logos, images, audio clips, and software, are the property of StressAway or its licensors and are protected by intellectual property laws.
- b) You are granted a limited, non-exclusive, non-transferable, and revocable license to use StressAway solely for personal, non-commercial purposes. You may not copy, reproduce, modify, distribute, sell, or create derivative works based on StressAway's content without prior written consent from us.

3. User Content

- a) StressAway may allow you to submit content, such as feedback, comments, or other information ("User Content"). By submitting User Content, you grant us a non-exclusive, worldwide, royalty-free, and perpetual license to use, modify, reproduce, distribute, display, and publish the User Content for any purpose related to StressAway.

b) You are solely responsible for the accuracy, legality, and appropriateness of any User Content you submit. We reserve the right to remove or refuse to post any User Content that violates these Terms and Conditions or for any other reason.

4. Privacy

Your privacy is important to us. Please review our Privacy Policy to understand how we collect, use, and disclose your information when you use StressAway.

5. Disclaimer of Warranties

a) StressAway is provided on an "as is" and "as available" basis, without warranties of any kind, whether express or implied.

b) We do not warrant that StressAway will be error-free, uninterrupted, secure, or free from viruses or other harmful components.

6. Limitation of Liability

a) To the extent permitted by law, we shall not be liable for any indirect, incidental, consequential, special, or punitive damages arising out of or in connection with your use of StressAway.

b) In no event shall our total liability to you for all damages, losses, and causes of action exceed the amount you have paid, if any, to access StressAway.

7. Indemnification

You agree to indemnify and hold StressAway and its affiliates, directors, officers, employees, and agents harmless from and against any claims, liabilities, damages, losses, costs, or expenses, including reasonable attorney fees, arising out of or related to your use of StressAway or any violation of these Terms and Conditions.

8. Modifications to Terms and Conditions

We reserve the right to modify these Terms and Conditions at any time without prior notice. The most recent version will be posted on this page. Your continued use of StressAway after any changes to the Terms and Conditions constitutes your acceptance of the updated terms.

9. Termination

We may suspend or terminate your access to StressAway at any time, with or without cause, and without notice.

10. Governing Law

These Terms and Conditions shall be governed by and construed in accordance with the laws of India, without regard to its conflicts of laws principles.

11. Contact Us

If you have any questions, concerns, or suggestions regarding these Terms and Conditions or your use of StressAway, please contact us at stressaway07@gmail.com.

Thank you for using StressAway, and we hope it contributes positively to your stress management journey.