Inf-Sup Constant for 1-forms in 2D on a unstructured Mesh $\mathcal{O}(h)$ high order=1 high order=2 high order=3 10^{-1} CS 10^{-2} 2-5 20 2-6 2-3 2-2 2^{-1} 2^{-4} average meshwidth h