

Context & Impetus

Preventative health is a prevalent problem in the US and is of **particular concern to young adults** as they transition to independence from their parents.

Poor health during young adulthood has **long-lasting negative effects**.

This project has the potential to **lower costs and improve outcomes** and lives particularly for **younger patients between the ages of 18 and 24**.



Concept

HealthAid will facilitate customizable programs that educate the user about how **to conduct self checks and why a particular checkup is important.** This knowledge will empower young adults with a greater understanding of their healthcare.

An **in-home hardware device** focused on reminders will accompany the educational web application. The application and the device together will **lower the friction to receiving preventive care.**