# Portfolio Choice with Sustainable Spending: A Model of Reaching for Yield

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#### Abstract

We show that reaching for yield—a tendency to take more risk when the real interest rate declines while the risk premium remains constant—results from imposing a sustainable spending constraint on an otherwise standard infinitely lived investor with power utility. When the interest rate is initially low, reaching for yield intensifies. The sustainable spending constraint also affects the response of risktaking to a change in the risk premium, which can even change sign. In a variant of the model where the sustainable spending constraint is formulated in nominal terms, low inflation also encourages risktaking.

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#### 1 Introduction

How does the level of the safe real interest rate affect investors' willingness to take risk? The conventional answer in finance theory, derived by Merton (1969, 1971), is that it does not. A long-lived investor with constant relative risk averse power utility, facing a constant risk premium, allocates a constant share of wealth to a risky asset regardless of the level of the real interest rate.<sup>2</sup>

Contrary to this conventional theory, the prolonged period of low interest rates in the last decade has led some observers to believe that investors "reach for yield", taking more risk when the real interest rate declines. This has been a particular concern among central bankers who fear that risk-taking may be an unintended consequence of loose monetary policy (Rajan 2006, 2013, Borio and Zhu 2012, Stein 2013).<sup>3</sup>

In this paper we derive reaching for yield in a Merton model with one additional element: a constraint that the investor may only consume the expected return on wealth and may not plan to reduce wealth over time. Our model applies most naturally to endowments and sovereign wealth funds, but it may also describe trusts and even some individuals.

As empirical motivation for our analysis, the top panel of Figure 1 plots the long-term safe real interest rate (20-year constant maturity TIPS yield) since 1997 when TIPS were first issued. During this period the TIPS yield has declined from almost 4% to below 0% in 2020. The bottom panel of the figure shows the risky portfolio share (the share invested in all assets other than cash and fixed-income securities) for a set of university endowments and sovereign wealth funds that

<sup>&</sup>lt;sup>2</sup>Merton's analysis, like this paper, is set in continuous time. Campbell (2018) provides a textbook exposition of the result in discrete time and shows how it extends from power utility to the related model where an investor has Epstein-Zin preferences. The result can be overturned by assuming preferences in which effective risk aversion varies with wealth, such as Sundaresan (1989) or Guasoni, Huberman, and Ren (2020), but these preferences primarily generate strong effects of risky returns on risktaking rather than an effect of the riskless interest rate on risktaking.

<sup>&</sup>lt;sup>3</sup> As Stein (2013) puts it: "A prolonged period of low interest rates, of the sort we are experiencing today, can create incentives for agents to take on greater duration or credit risks, or to employ additional financial leverage, in an effort to reach for yield."

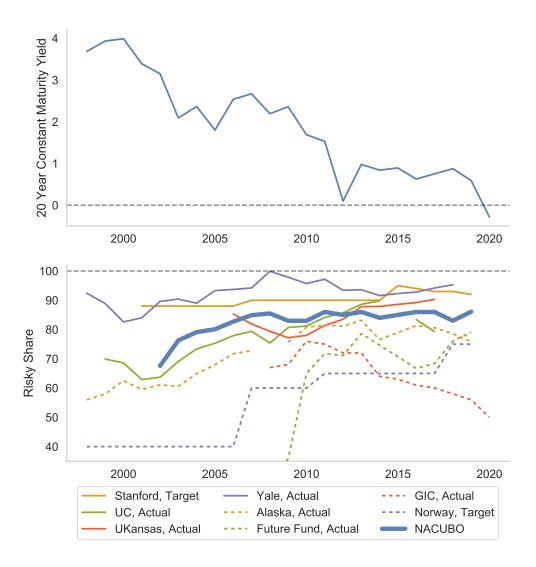


Figure 1: Riskfree Rate and Asset Allocation

disclose this information on a regular basis. Individual endowments, those of Stanford, Yale, the University of California, and the University of Kansas, are indicated with thin solid lines; a value-weighted average asset allocation for endowments in the National Association of College and University Business Officers (NACUBO) database is indicated with a thick solid line; and individual sovereign wealth funds, those of Alaska, Norway, the Australian Future Fund, and the Singapore GIC, are indicated with dashed lines. Although there is variation across funds and the GIC is a notable exception, Figure 1 shows a general upward trend in the risky share as the riskfree real interest rate has declined.

The risky share illustrated in Figure 1 is only a crude measure of risktaking, since funds have also changed their allocations to asset classes within the risky category including public and private equity, absolute return funds, real estate, and commodities. Other financial market conditions including risk premia have also varied during the sample period and may have influenced risktaking. Nonetheless, Figure 1 does lend some plausibility to the idea that endowments and sovereign wealth funds reach for yield.

To model this behavior, we start from the classic Merton model and add one constraint: the investor must consume in each period the expected return on the portfolio. This level of spending ensures that both consumption and wealth follow martingales, so the investor cannot plan either to run down wealth or to accumulate it. For this reason we call the constraint a "sustainable spending" constraint.

The sustainable spending constraint breaks the separation between consumption/saving and asset allocation decisions that underlies the classic Merton result. When the interest rate declines, an investor with a constant rate of time preference wants to increase the expected growth rate of marginal utility. In the classic model, the investor achieves this by consuming more today and less in the future, but the sustainable spending constraint makes this impossible. Instead, the sustainable-spending constrained investor reaches for yield, taking more risk as a way to increase

consumption today while paying the cost—volatile future consumption—only in the future.

We find that reaching for yield intensifies when the interest rate is initially low. This may help to explain why the phenomenon is more widely discussed today than it was in the higher-rate environment of the late 20th Century. The sustainable spending constraint also affects the response of risktaking to a change in the risk premium. This response declines as the interest rate declines and even becomes negative at sufficiently low levels of interest rates.

A subtle issue that we discuss in this paper is whether the expected return that governs sustainable spending is the expected simple (arithmetic average) return or the expected log (geometric average) return. In the former case, the levels of wealth and consumption are martingales while in the latter case the logs of wealth and consumption are martingales. The former case may seem more natural at first, but it implies that wealth and consumption approach zero with ever-increasing probability over time. As Dybvig and Qin (2019) emphasize, this is inconsistent with the spirit of the sustainable-spending constraint. Therefore, while we explore both cases in this paper, we emphasize the results for the geometric average case.

Interpretation of the sustainable spending constraint One natural interpretation is that the constraint reflects a promise that institutions with endowments, such as universities, make to donors. A gift to the endowment implies a commitment by the university to undertake an activity not just for a few years, but permanently. Donors who wish to have a greater short-term impact can make current-use gifts, but endowment gifts reflect a donor's desire for permanent impact. Spending more than the expected return would run down the endowment and support only temporary spending, whereas spending less than the expected return would imply that the gift has less immediate impact than is needed for sustainability. In addition, spending less than the expected return would cause the endowment to grow on average, which can lead to unwelcome

attention and even unfavorable tax consequences in the long run.<sup>4</sup>

The sustainable spending constraint can alternatively be interpreted as a stylized description of the legal restrictions on endowments. Under the Uniform Prudent Management of Institutional Funds Act (UPMIFA), which governs endowment expenditures for nonprofit and charitable organizations in all US states except Pennsylvania, endowment spending must be consistent with the long-run preservation of capital but need not keep the endowment in any particular relation to the original historic value of gifts as was required under earlier state laws.

The principle that endowment spending should be sustainable received a classic formulation from Tobin (1974), who wrote:

"The trustees of an endowed institution are the guardians of the future against the claims of the present. Their task is to preserve equity among generations. The trustees of an endowed university like my own assume the institution to be immortal. They want to know, therefore, the rate of consumption from endowment which can be sustained indefinitely."

The principle is reaffirmed in contemporary university policies, for example Harvard's statement that:

"The University's spending practice has to balance two competing goals: the need to fund the operating budget with a stable and predictable distribution, and the obligation to maintain the long-term value of endowment assets after accounting for inflation." <sup>5</sup>

The sustainable spending constraint also describes restrictions that have been imposed on some

<sup>&</sup>lt;sup>4</sup>The tax reform passed by Congress in 2017 includes an excise tax on private universities with over 500 tuition-paying students and assets of over \$500,000 per student.

<sup>&</sup>lt;sup>5</sup>https://www.harvard.edu/about-harvard/harvard-glance/endowment, accessed January 28, 2020.

sovereign wealth funds such as the Norwegian oil fund. Norges Bank Investment Management, the fund's manager, explains the restrictions in these words:

"So that the fund benefits as many people as possible in the future too, politicians have agreed on a fiscal rule which ensures that we do not spend more than the expected return on the fund. On average, the government is to spend only the equivalent of the real return on the fund, which is estimated to be around 3% per year. In this way, oil revenue is phased only gradually into the economy. At the same time, only the return on the fund is spent, and not the fund's capital."

The sustainable spending constraint may also describe the legal restrictions on trustees in cases where the principal of a trust is reserved for one beneficiary but income is paid to another. Under the 1997 revision of the Uniform Principal and Income Act, trustees are no longer bound to distribute only dividends or coupon payments to income beneficiaries, but have the "power to adjust" income distributions to reflect the expected return on investments (Sitkoff and Dukeminier 2017, pp. 669–670). If a trustee invests in the interests of a long-lived income beneficiary (that is, if the date of principal transfer is in the distant future), then the trustee's decisions may be well approximated by the model developed here.

Finally, the sustainable spending constraint might be interpreted more broadly as a parsimonious way to describe the behavior of older households who live off financial wealth but fear the consequences of running down that wealth, for example because they wish to preserve funds to cover unexpected medical expenses or to leave a bequest. Such households may be willing to take investment risk but may be unwilling to adopt a consumption plan that implies expected declines in future wealth.

<sup>&</sup>lt;sup>6</sup>https://www.nbim.no/en/the-fund/about-the-fund/, accessed January 26, 2020. The 3% figure is a current number; 4% was assumed until the spring of 2017.

Related literature Some papers use the term "reaching for yield" in a different sense, to refer to an unconditional propensity for financial intermediaries to take risk (Becker and Ivashina 2015, Choi and Kronlund 2017). In this paper we use the term exclusively to refer to the response of risk-taking to the interest rate.

Most of the literature on reaching for yield, in this sense, studies the responses to interest rates of financial intermediaries such as banks, insurance companies, money market funds, and pension funds.<sup>7</sup> To the extent that models of reaching for yield are offered, they rely on institutional frictions specific to these intermediaries such as bank liquidity management (Drechsler, Savov, and Schnabl 2018, Acharya and Naqvi 2019), insurance company duration management (Ozdagli and Wang 2019), a zero lower bound on the nominal return that banks and money funds can offer depositors (Chodorow-Reich 2014, Di Maggio and Kacperczyk 2017), or the discounting of pension fund liabilities when calculating funding status (Andonov, Bauer, and Cremers 2017, Lu et al 2019). An exception to this focus on intermediaries is Lian, Ma, and Wang (2019) who document reaching for yield among households and suggest a behavioral explanation.

There is a related literature on "reaching for income" among investors who value current income rather than total return (Hanson and Stein 2015). Daniel, Garlappi, and Xiao (2019) and Hartzmark and Solomon (2019) document this household behavior when interest rates are low.

A literature on endowments has focused primarily on spending rules, and specifically on smoothing rules that govern the short-run response of spending to endowment returns (Dybvig 1995, Brown et al 2014, Gilbert and Hrdlicka 2015).<sup>8</sup> Dahiya and Yermack (2018) is an empirical study of endowments' distributions and returns based on IRS filings. This paper finds that large endowments, with assets of \$100 million or more, distribute on average about 4.5% of market value, comparable

<sup>&</sup>lt;sup>7</sup>See for example Maddaloni and Peydró (2011), Chodorow-Reich (2014), Jiménez et al (2014), Hanson and Stein (2015), Andonov, Bauer, and Cremers (2017), Di Maggio and Kacperczyk (2017), Lu et al (2019), and Ozdagli and Wang (2019).

<sup>&</sup>lt;sup>8</sup>Merton (1993) is an exception that emphasizes the use of an endowment to hedge a university's income risk.

to the geometric expected return on a traditional endowment portfolio with a 60% portfolio share in equities, although less than the realized returns many endowments have obtained during the strong stock market of the past 20 years.<sup>9</sup>

An important precursor to our work is a series of papers by Rampini and Viswanathan (2010, 2013, 2019). The first two of these papers point out that when firms hedge risk, they must post collateral. If firms also need collateral to finance profitable investments, corporate risk management becomes an intertemporal decision. The third paper points out that when households buy insurance, they must pay a premium up front. If households also face borrowing constraints, household risk management becomes an intertemporal decision. In these models, corporations or households take more risk when they face a tighter intertemporal constraint, just as investors do in our model. The difference is that our investors are constrained by a sustainable spending rule rather than by a collateral requirement or borrowing limit, and the sustainable spending rule binds more tightly when the safe real interest rate is low.

Organization of the paper In section 2 we set up a standard consumption and portfolio choice problem for an infinitely lived investor with power utility facing iid returns. We state the standard solution without a sustainable spending constraint, and contrast it with the solutions we obtain when we impose either an arithmetic or a geometric average sustainable-spending constraint. We derive a closed-form solution for the arithmetic case, and properties of the solution for the geometric case. We discuss the welfare costs of sustainable spending constraints at different levels of interest rates. To further build intuition, we describe our constrained solutions using a mean-standard deviation diagram for the level and volatility of consumption.

<sup>&</sup>lt;sup>9</sup>Smaller endowments, however, distribute at a lower rate and appear to plan for endowment growth. This behavior is consistent with a one-sided sustainable spending constraint that prohibits only decumulation and not accumulation of wealth, as discussed in section 3.1 below.

Section 3 explores several extensions of the basic model. We show what happens if the constraint is one-sided, preventing wealth decumulation but not accumulation; if the investor receives a stream of donations; if the sustainable-spending constraint is on nominal spending in an environment with inflation; or if the investor has Epstein-Zin preferences. Finally, we consider a simple extension of the model that imposes a general equilibrium condition on the risky asset market, solving for the risk premium that induces an investor with a sustainable spending constraint to hold a portfolio that is fully invested in the risky asset.

Sections 2 and 3 present comparative static results, comparing economies with different constant levels of interest rates. In section 4, by contrast, we consider a dynamic model where the riskless interest rate follows a persistent stochastic process while the risk premium remains constant. Section 5 concludes, and an online appendix (Campbell and Sigalov 2020) contains additional details of the analysis.

## 2 Comparative Statics with Power Utility

#### 2.1 The Standard Unconstrained Model

We begin by writing down the standard model of consumption and portfolio choice for an infinitely lived investor with power utility facing iid returns, as presented for example in Ingersoll (1987, Chapter 13). The investor chooses consumption  $c_t$  and the portfolio share in a risky asset  $\alpha_t$  to maximize the objective function

$$v = \mathcal{E}_0 \int_0^\infty e^{-\rho t} \frac{c_t^{1-\gamma}}{1-\gamma} dt , \qquad (1)$$

where  $\rho$  is the rate of time preference and  $\gamma$  is the coefficient of relative risk aversion, subject to the intertemporal budget constraint

$$dw_t = w_t dr_{p,t} - c_t dt. (2)$$

The portfolio return  $dr_{p,t}$  is given by

$$dr_{p,t} = \alpha_t dr_t + (1 - \alpha_t) r_f dt, \tag{3}$$

where  $\alpha_t$  is the portfolio share in a risky asset whose return  $dr_t$  is

$$dr_t = (r_f + \mu)dt + \sigma dZ_t. \tag{4}$$

Here  $r_f$  is the riskfree interest rate,  $\mu$  is the risk premium, and  $\sigma$  is the volatility of the risky asset return. The Sharpe ratio of the risky asset is the ratio  $\mu/\sigma$ . All these quantities are constant over time. An iid environment combined with a scale-independent utility function imply that both the consumption-wealth ratio  $\theta_t \equiv c_t/w_t$  and the portfolio share in the risky asset  $\alpha_t$  are constant over time when chosen optimally.

Combining these equations we can write the stochastic process for consumption as

$$\frac{dc_t}{c_t} = \frac{dw_t}{w_t} = (r_f + \alpha\mu)dt + \alpha\sigma dZ_t - \theta dt.$$
 (5)

Using this process we can derive  $E_0 c_t^{1-\gamma}$  as a function of the choice variables  $\alpha$  and  $\theta$  and the other parameters of the model. This allows us to rewrite the objective function (1) as

$$v(w_0) = \left(\frac{w_0^{1-\gamma}}{1-\gamma}\right) \left(\frac{\theta^{1-\gamma}}{\rho - (1-\gamma)\left(r_f + \alpha\mu - \theta - \frac{1}{2}\alpha^2\sigma^2\right) - \frac{1}{2}(1-\gamma)^2\alpha^2\sigma^2}\right).$$
 (6)

We provide a detailed derivation in the online appendix. Note that for utility to be well defined we need the denominator of the second ratio in equation (6) to be positive. In the unconstrained problem this is always the case at the optimum, although it can fail when we impose a sustainable spending constraint as we discuss in section 2.5.

The standard unconstrained model does not impose any relationship between  $\alpha$  and  $\theta$ . The first-order condition for  $\alpha$  gives the usual solution for the risky share,

$$\alpha = \frac{\mu}{\gamma \sigma^2},\tag{7}$$

and the first-order condition for  $\theta$  gives the solution

$$\theta = \frac{\rho}{\gamma} + \frac{\gamma - 1}{\gamma} \left( r_f + \frac{1}{2\gamma} \left( \frac{\mu}{\sigma} \right)^2 \right). \tag{8}$$

Combining these two solutions, the stochastic process for both consumption and wealth is

$$\frac{dc_t}{c_t} = \frac{dw_t}{w_t} = \left(\frac{r_f - \rho}{\gamma} + \frac{1 + \gamma}{2\gamma^2} \left(\frac{\mu}{\sigma}\right)^2\right) dt + \frac{1}{\gamma} \left(\frac{\mu}{\sigma}\right) dZ_t. \tag{9}$$

Consumption and wealth grow at the same constant average rate that is determined by the riskfree interest rate, the rate of time preference, risk aversion, and the Sharpe ratio on the risky asset. We now consider what happens in a constrained problem where the investor is not free to choose the average growth rate of wealth.

### 2.2 An Arithmetic Sustainable Spending Constraint

**Definition** We first consider an arithmetic sustainable spending constraint. This constraint requires that consumption and wealth must be expected to remain constant over time, in other

words that they follow a random walk without drift. Setting the drift in (5) to zero we obtain the following constraint relating the consumption-wealth ratio  $\theta$  and the risky portfolio share  $\alpha$ :

$$\theta = (r_f + \alpha \mu) \Rightarrow \frac{dc_t}{c_t} = \frac{dw_t}{w_t} = \alpha \sigma dZ_t.$$
 (10)

**Maximization problem** Substituting this constraint into the objective function (6) we obtain the following maximization problem with a single choice variable, the risky share  $\alpha$ :

$$\max_{\alpha} \left( \frac{w_0^{1-\gamma}}{1-\gamma} \right) \left( \frac{(r_f + \alpha \mu)^{1-\gamma}}{\rho - \frac{1}{2}\gamma(\gamma - 1)\alpha^2 \sigma^2} \right). \tag{11}$$

Closed-form solution The first-order condition for the problem (11) delivers a closed-form solution for  $\alpha$ :

$$\alpha = \frac{-r_f + \sqrt{K}}{\mu(1+\gamma)},\tag{12}$$

where

$$K = r_f^2 + 2\rho \left(\frac{1+\gamma}{\gamma}\right) \left(\frac{\mu}{\sigma}\right)^2. \tag{13}$$

This solution has several standard properties. Portfolio volatility,  $\alpha \sigma$ , depends on the risk premium and volatility of the risky asset only through the Sharpe ratio  $(\mu/\sigma)$ . Also, the risky share  $\alpha$  declines with the volatility  $\sigma$  of the risky asset and with risk aversion  $\gamma$  when other parameters of the model are fixed (although it is not inversely proportional to  $\sigma^2$  or  $\gamma$  as would be the case in the standard model).

The solution also has several nonstandard properties summarized in the following proposition.

**Proposition 1** (Comparative Statics for the Arithmetic Average Model). In the arithmetic average model, the risky share  $\alpha$  has the following properties.

- 1.  $\alpha$  is a decreasing and convex function of the riskfree rate  $r_f$ .
- 2.  $\alpha$  is an increasing function of the rate of time preference  $\rho$ .
- 3.  $\alpha$  is an increasing function of the risk premium  $\mu$  when  $r_f > 0$ , and a decreasing function of  $\mu$  when  $r_f < 0$ .

Proof: See the online appendix, Campbell and Sigalov (2020).

The first property says that the investor reaches for yield, taking more risk when the riskfree rate is low. Furthermore, the risky share is convex in the riskfree rate, implying that reaching for yield is stronger when the interest rate is low. This result may help to explain why reaching for yield is so actively discussed in today's low-rate environment, and why this paper has been written in 2020 even though the technology to write it was already standard decades ago.

The second property says that a more impatient investor takes more risk. Intuitively, risktaking increases current consumption and the volatility that this implies for future consumption is heavily discounted by an impatient investor.

The third property says that the riskfree rate influences the response of risktaking to the risk premium, which has the same sign as the riskfree rate. This response is constant and positive in the standard model, but once a sustainable spending constraint is imposed an increase in the risk premium has offsetting income and substitution effects on risktaking. The income effect becomes more powerful at low levels of the riskfree rate, and the two effects offset one another when the riskfree interest rate is zero. With  $r_f = 0$  the solution (12) becomes

$$\alpha = \frac{1}{\sigma} \sqrt{\frac{2\rho}{\gamma(1+\gamma)}} \tag{14}$$

for any positive risk premium  $\mu$ , which depends positively on the rate of time preference and

negatively on risk and risk aversion, but not on the level of  $\mu$ .<sup>10</sup>

#### 2.3 A Geometric Sustainable Spending Constraint

**Motivation** Although the arithmetic sustainable spending constraint is simple and intuitive, it has an important disadvantage emphasized by Dybvig and Qin (2019). Application of Ito's Lemma to equation (10) tells us that under an arithmetic sustainable spending constraint, both log consumption and log wealth follow the process

$$d\log(c_t) = d\log(w_t) = -\frac{1}{2}\alpha^2\sigma^2 dt + \alpha\sigma dZ_t,$$
(15)

which has a negative drift. The solution to this equation is

$$w_t = w_0 \exp\left\{-\frac{1}{2}\alpha^2\sigma^2t + \sigma_c Z_t\right\}. \tag{16}$$

When we take the limit of this expression as  $t \to \infty$ , using the fact that  $Z_t/t \to 0$  almost surely, we conclude that  $w_t \to 0$  almost surely; and since the consumption-wealth ratio is constant,  $c_t \to 0$  almost surely. Such a property is undesirable since it implies that spending will eventually approach zero as the investor exhausts available wealth. Intuitively, the right-skewed distributions of the levels of wealth and consumption, with constant means and increasing variances as the horizon increases, imply that almost all probability mass approaches zero while the constant expectations of future wealth and consumption are sustained by a vanishingly small number of scenarios in which wealth and consumption are extremely high.<sup>11</sup>

<sup>&</sup>lt;sup>10</sup>With  $r_f = 0$  and  $\mu = 0$  the problem has no solution because no positive level of consumption is sustainable. We discuss the conditions for existence of a solution in section 2.5.

<sup>&</sup>lt;sup>11</sup>An alternative intuition is that with an arithmetic sustainable spending rule the levels of wealth and consumption follow martingales bounded below by zero. Like any bounded martingales, they must converge almost surely, but the only level to which they can converge is zero because this is the only level at which they have zero volatility. Martin (2012) presents a related analysis.

**Definition** To address this concern we consider an alternative constraint: a geometric sustainable spending constraint. This constraint requires that the logs of consumption and wealth must be expected to remain constant over time, in other words that they follow a random walk without drift. Applying Ito's lemma to (5), the law of motion for log consumption and log wealth is

$$d\log(c_t) = d\log(w_t) = \left(r_f + \alpha\mu - \frac{1}{2}\alpha^2\sigma^2\right)dt + \alpha\sigma dZ_t - \theta dt.$$
 (17)

Setting the drift in (17) to zero we obtain the geometric constraint:

$$\theta = r_f + \alpha \mu - \frac{1}{2}\alpha^2 \sigma^2 \Rightarrow d\log(c_t) = d\log(w_t) = \alpha \sigma dZ_t.$$
 (18)

Under this constraint, the median values of future consumption and wealth equal their current values, because log wealth and log consumption are conditionally normally distributed at all horizons. This behavior seems more in accord with the spirit of a sustainable spending constraint. The lower spending implied by a geometric constraint is also easier to reconcile with empirical evidence on the distributions of large endowments reported by Dahiya and Yermack (2018).

**Maximization problem** Substituting the geometric constraint (18) into lifetime utility (6) we obtain the following maximization problem:

$$\max_{\alpha} \left( \frac{w_0^{1-\gamma}}{1-\gamma} \right) \left( \frac{\left( r_f + \alpha \mu - \frac{1}{2} \alpha^2 \sigma^2 \right)^{1-\gamma}}{\rho - \frac{1}{2} (1-\gamma)^2 \alpha^2 \sigma^2} \right). \tag{19}$$

**Properties of the solution** The first-order condition for the problem (19) implies that the risky share  $\alpha$  is the solution to a cubic equation, and the closed-form expression for  $\alpha$  is not particularly insightful. However, even without solving the equation explicitly we can use the implicit function theorem to prove the following proposition.

**Proposition 2** (Comparative Statics for the Geometric Average Model). In the geometric average model, the risky share  $\alpha$  has the following properties:

- For  $\gamma > 1$ ,
  - 1.  $\alpha$  is a decreasing and convex function of the riskfree rate  $r_f$ .
  - 2.  $\alpha$  is an increasing function of the rate of time preference  $\rho$ .
  - 3. Define  $r_f^* = -\rho/(\gamma^2 1)$ . When  $r_f > r_f^*$ ,  $\alpha$  is an increasing function of the risk premium  $\mu$  and when  $r_f < r_f^*$ ,  $\alpha$  is a decreasing function of  $\mu$ .
  - 4. The growth-optimal risky share  $\mu/\sigma^2$  is an upper bound on  $\alpha$ .
- For  $\gamma = 1$ ,  $\alpha$  equals the growth-optimal risky share  $\mu/\sigma^2$  for all values of  $r_f$  and  $\rho$ .
- For  $\gamma < 1$ ,
  - 1.  $\alpha$  is an increasing function of the riskfree rate  $r_f$  and is neither globally convex or concave.
  - 2.  $\alpha$  is a decreasing function of the rate of time preference  $\rho$ .
  - 3.  $\alpha$  is an increasing function of the risk premium  $\mu$  for all values of  $r_f$ .
  - 4. The growth-optimal risky share  $\mu/\sigma^2$  is a lower bound on  $\alpha$ .

Proof: See the online appendix, Campbell and Sigalov (2020).

Our interest is primarily in the case  $\gamma > 1$ , which we regard as empirically more relevant. In this case the first two properties in Proposition 2—reaching for yield that strengthens as the riskfree rate declines—are the same as those of the arithmetic model described in Proposition 1.

The third property in Proposition 2 is similar to the third property in Proposition 1, but with a geometric constraint the interest rate that causes a sign switch in the effect of the risk premium

on risk taking is negative rather than zero as it is with an arithmetic constraint. When  $r_f = r_f^* = -\rho/(\gamma^2 - 1)$ , the risky share is

$$\alpha^* = \frac{1}{\sigma} \sqrt{\frac{2\rho}{(\gamma^2 - 1)}},\tag{20}$$

for any positive risk premium  $\mu$ , which depends positively on the rate of time preference and negatively on risk and risk aversion, but not on the level of  $\mu$ .

The first and third properties together imply that for any positive  $\mu$ ,  $\alpha^*$  in equation (20) is an upper bound on the risky share  $\alpha$  at all levels of the riskfree rate above  $r_f^*$ , and a lower bound on  $\alpha$  at all levels of the riskfree rate below  $r_f^*$ .

The fourth property in Proposition 2 is new to the geometric case, and reflects the fact that with a geometric constraint the growth-optimal portfolio maximizes current consumption, so low interest rates and high impatience provide no incentive to seek a higher arithmetic return than that offered by the growth-optimal portfolio.

To illustrate these properties, Figure 2 plots the geometrically constrained optimal risky share as a function of the riskfree rate for three different values of the risk premium. The parameters assumed are a risk premium of 6% in the base case (varying up to 7% or down to 5%), an 18% standard deviation of the risky return, a 7.5% rate of time preference, and risk aversion of 3. These parameters imply that in the base case the Sharpe ratio of the risky asset is 1/3 and the unconstrained Merton solution for the risky portfolio share is  $\alpha = 62\%$ —close to the 60% equity allocation that has been traditional for many endowments.

The constrained asset allocation curves plotted in Figure 2 are downward-sloping and convex, illustrating the first property in Proposition 2. In the base case, the constrained risky share equals the unconstrained level when the riskfree interest rate is around 2%. At this level of  $r_f$ , the geometric expected portfolio return is 5.1%, slightly above the average distribution rates reported by Dahiya and Yermack (2018) for large endowments.

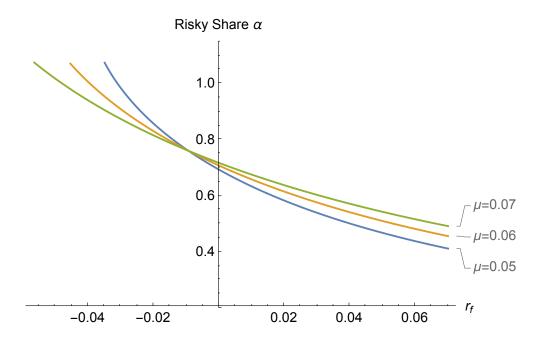


Figure 2: Sensitivity of Optimal Risky Share to Riskfree Rate and Risk Premium

The constrained asset allocation curves are flatter when the risk premium is higher, and they cross at the point where the riskfree interest rate equals  $r_f^* = -\rho/(\gamma^2 - 1) = -7.5\%/8 = -0.94\%$ . At this level of the interest rate the risky share is  $\alpha = 76\%$  from equation (20), independent of the risk premium, while at higher values of the riskfree rate the risk premium has the usual positive effect on the risky share, and at lower (more negative) values of the riskfree rate the risk premium has a negative effect on the risky share. This illustrates the third property in Proposition 2.

An alternative graphical presentation may also be helpful. In the standard portfolio choice problem the optimal risky share is  $\alpha = \mu/\gamma\sigma^2$  resulting in an expected (arithmetic average) portfolio return of

$$Er_p = r_f + \alpha \mu = r_f + \frac{\mu^2}{\gamma \sigma^2}.$$
 (21)

Here the derivative of the expected portfolio return with respect to the riskless interest rate is one. If we plot  $Er_p$  against  $r_f$  we get a 45-degree line with a positive intercept.

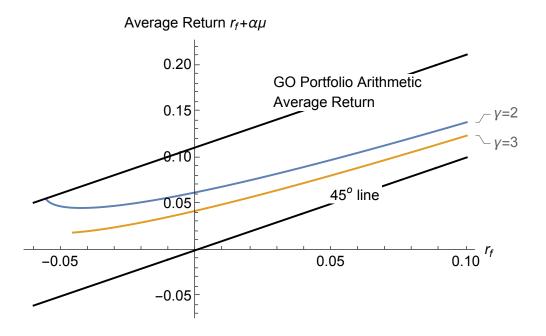


Figure 3: Reaching for Yield. Portfolio Expected Return, the Riskfree Rate, and Risk Aversion.

In the portfolio choice problem with an arithmetic or geometric sustainable spending constraint, a lower riskfree rate leads to a higher risky share. This implies that the derivative of the expected portfolio return with respect to the riskless interest rate is less than one. If we plot  $Er_p$  against  $r_f$  for the constrained problem, the resulting curve will be flatter than a 45-degree line.

We illustrate this property in Figure 3 where we plot the expected portfolio return against the riskfree rate  $r_f$  for several different portfolios.<sup>12</sup> The figure includes a 45-degree line going through the origin, representing a portfolio with  $\alpha=0$  that is fully invested in the riskfree asset. It also includes a 45-degree line with a positive intercept of  $\mu^2/\sigma^2$  corresponding to the growth-optimal portfolio that will be held by an investor with log utility. A conservative investor with  $\gamma>1$  and a geometric sustainable spending constraint picks a portfolio whose expected return lies between these two lines.

<sup>&</sup>lt;sup>12</sup>All parameters are the same as in the base case of Figure 2 except that we consider risk aversion levels of 1 and 2 as well as 3.

Figure 3 illustrates the optimally chosen expected return for geometrically constrained investors with  $\gamma = 2$  (upper blue curve) and  $\gamma = 3$  (lower orange curve). The slope of these curves is less than one, and for a more aggressive investor with  $\gamma = 2$  the slope actually becomes negative when the riskfree rate becomes sufficiently low. In this region of the parameter space the tendency to reach for yield is so strong that a small decrease in the risk free rate can actually increase the arithmetic expected portfolio return (although it does not increase the geometric expected portfolio return and therefore does not increase the investor's current consumption).

Proposition 2 also describes portfolio choice for the cases  $\gamma=1$  and  $\gamma<1$ . When  $\gamma=1$ , the investor holds the growth-optimal portfolio regardless of the level of the riskfree interest rate or the investor's degree of impatience. This portfolio would be optimal in the unconstrained model, and it also maximizes current consumption. When  $\gamma<1$ , the model implies "reverse reaching for yield" in which a low riskfree rate or a high degree of impatience induce the investor to reduce the risky share from the higher level that would be preferred in the unconstrained model towards the growth-optimal level that maximizes current consumption. In this case the function relating the risky share to the riskfree rate is neither globally convex nor globally concave, and the risky share is always an increasing function of the risk premium.

### 2.4 The Welfare Cost of Sustainable Spending

A sustainable spending constraint forces an investor to deviate from the optimal Merton rules for consumption and portfolio allocation. In this section we quantify the utility loss from such a deviation, solving for the share of wealth  $\lambda$  that the investor is willing to give up to remove the constraint. In particular, we define  $v(\alpha, \theta, r_f, w_0)$  as in (6). Then  $\lambda$  is defined implicitly by

$$v\left(\alpha^{UC}, \theta^{UC}, r_f, (1-\lambda)w_0\right) = v\left(\alpha^C, \theta^C, r_f, w_0\right),\tag{22}$$

where  $\alpha^{UC}$  and  $\theta^{UC}$  are the standard unconstrained solutions given in equations (7) and (8), and  $\alpha^{C}$  and  $\theta^{C}$  are the constrained solutions given in equations (12) and (10) for the arithmetic constraint, or their equivalents for the geometric constraint.  $\lambda$  is a function of the model parameters and the riskless interest rate that depends on the particular form of the sustainable spending constraint.

There is a level of the riskfree interest rate at which the sustainable spending constraint does not bind, because the unconstrained agent would freely choose a random walk for the level or log of consumption and wealth. In the base case of Figure 2 with a geometric sustainable spending constraint, this level of the riskfree interest rate is very close to 2%, as one can see from the fact that the constrained risky share equals the unconstrained value of 62% when  $r_f \approx 2\%$ . At this point the welfare cost of the constraint  $\lambda = 0$ , but  $\lambda$  increases as the riskfree interest rate moves away from this point.

Figure 4 illustrates these properties for the base case of Figure 2. The solid blue line plots the welfare loss against the riskfree interest rate, changing the sign to indicate visually that the constraint causes a welfare loss: thus  $-\lambda$  rather than  $\lambda$  is plotted. There is a point close to  $r_f = 2\%$  where the welfare cost of the constraint is zero, but as the riskfree rate falls the welfare loss mounts rapidly. When the riskfree interest rate is low enough, the constrained solution fails to exist as we discuss in the next section. At this point the utility cost of the constraint is infinite and  $\lambda = 1$ . As the riskfree interest rate increases above 2%, the welfare loss also increases but not as rapidly due to the convexity of the risky share as a function of the riskfree interest rate.

This calculation may help us to understand why endowments have accepted restrictions on their flexibility to adjust spending. When interest rates are modestly positive, for the parameter values considered there is almost no welfare cost of a sustainable spending constraint since the constraint is consistent with the endowment's desired spending path. Thus, in the interest-rate environment of the late 20th Century, endowments may have found it natural to reassure donors about their spending intentions by agreeing to a sustainable spending constraint. They may not

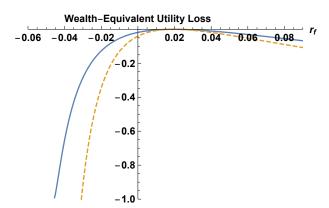


Figure 4: Wealth-Equivalent Welfare Cost of a Geometric Sustainable Spending Constraint have anticipated the current environment of persistently low interest rates in which the constraint

binds tightly and has serious welfare implications.

Welfare implications of reaching for yield We have shown that a sustainable spending constraint generates reaching for yield behavior. We now ask what is the welfare consequence of this behavior. If we impose a further restriction that the investor's asset allocation is fixed at the level prescribed by the Merton rule, we can recalculate the welfare cost  $\psi$ . This is shown in Figure 4 as an orange dashed line.

Naturally the additional restriction further lowers the investor's utility, and we see that the wealth-equivalent welfare cost of sustainable spending increases much more rapidly as the riskfree interest rate declines. For  $r_f = -1\%$ , the wealth-equivalent welfare cost of the sustainable spending constraint is 14% if reaching for yield is restricted but only 5% when reaching for yield is allowed; for an even lower  $r_f = -2\%$  the welfare cost is 30% when reaching for yield is restricted and 10% when it is allowed.

This calculation may help us to understand why endowments have maintained control over their asset allocation even while accepting constraints on their spending behavior. If endowments his-

torically believed that there was a small possibility of entering a persistently low-rate environment, they might have retained the ability to reach for yield as a way to limit the welfare consequences of persistently low interest rates given a sustainable spending constraint.

#### 2.5 Mean-Standard Deviation Analysis for Consumption

To better understand infinite-horizon portfolio choice with sustainable spending constraints, we now characterize the problem as a tradeoff that the investor must make between the initial level and the volatility of consumption. This is analogous to the classic tradeoff between the mean and the volatility of portfolio return in single-period mean-variance analysis, but it differs from the standard unconstrained infinite-horizon problem where the investor can freely choose both the initial level and the volatility of consumption, which jointly determine the subsequent average growth rate of consumption.

Any constant risky share and consumption-wealth ratio in our unconstrained problem imply that the investor's log consumption follows a Brownian motion with an arbitrary constant drift  $\mu_c$  and constant volatility  $\sigma_c$ :

$$d\log c_t = \mu_c dt + \sigma_c dZ_t. \tag{23}$$

The level of consumption then follows the stochastic process

$$\frac{dc_t}{c_t} = \left(\mu_c + \frac{\sigma_c^2}{2}\right)dt + \sigma_c dZ_t. \tag{24}$$

We can rewrite the closed-form expression for the agent's welfare in terms of these parameters:

$$v(c_0) = \left(\frac{c_0^{1-\gamma}}{1-\gamma}\right) \left(\frac{1}{\rho - (1-\gamma)\mu_c - \frac{1}{2}(1-\gamma)^2 \sigma_c^2}\right).$$
 (25)

This equation is another way of expressing value similar to equation (6), but written in terms of the level of consumption and the drift and volatility of the log consumption process rather than in terms of the level of wealth and the choice variables of the agent.

For most of this section we will consider the empirically relevant case where the investor's coefficient of relative risk aversion  $\gamma > 1$ . In this case the second ratio in (25) decreases with  $\mu_c$  and increases with  $\sigma_c$ ; but it is multiplied by a negative number  $1/(1-\gamma)$  to deliver a negative value function that, as one would expect, increases with  $\mu_c$  and decreases with  $\sigma_c$ . We briefly discuss the case where  $\gamma < 1$  at the end of the section.

An important implication of equation (25) is that there is an upper bound on the volatility of consumption that is consistent with finite utility of the infinitely lived investor. When  $\sigma_c$  exceeds this upper bound, the denominator of the second ratio in (25) becomes negative and the value function is undefined.

If we fix the initial level of the value function at some constant v, then equation (25) can be rewritten as an indifference condition relating the initial level of consumption  $c_0$  and the volatility of log consumption  $\sigma_c$ :

$$c_0 = \left[ \left( \rho + (\gamma - 1)\mu_c - (\gamma - 1)^2 \frac{\sigma_c^2}{2} \right) (1 - \gamma)v \right]^{\frac{1}{1 - \gamma}}.$$
 (26)

This equation tells us that  $c_0$  is increasing in both  $\sigma_c$  and v: a larger initial level of consumption is required to compensate the investor for higher volatility given constant value, or to deliver higher value with constant volatility. Hence, if we plot indifference curves in  $(\sigma_c, c_0)$  space, each curve is upward sloping and the agent will pick the highest possible curve subject to a constraint that we next derive from the portfolio choice problem.

Sustainable spending rules determine the drift in log consumption,  $\mu_c$ . They also impose constraints on the relationship between  $c_0$  and  $\sigma_c$ , since an increase in consumption today can be

financed only by taking more portfolio risk which implies greater volatility in consumption growth.

Arithmetic indifference condition and constraint An arithmetic sustainable spending rule implies that the drift in the level of consumption is zero:  $\mu_c + \sigma_c^2/2 = 0$  in equation (24). In this case the indifference condition (26) becomes

$$c_0 = \left[ \left( \rho - \gamma (\gamma - 1) \frac{\sigma_c^2}{2} \right) (1 - \gamma) v \right]^{\frac{1}{1 - \gamma}}.$$
 (27)

Normalizing initial wealth  $w_0 = 1$ , the arithmetic rule implies that the relationship between the initial level of consumption and the volatility of consumption is

$$c_0 = r_f + \left(\frac{\mu}{\sigma}\right)\sigma_c,\tag{28}$$

where  $r_f$  is the riskless interest rate,  $\mu$  is the expected excess return on a risky asset, and  $\sigma$  is the standard deviation of the risky asset return. Equation (28) follows from the familiar relationships in a Merton model that  $\sigma_c = \alpha \sigma$  and the arithmetic expected portfolio return is  $r_f + \alpha \mu$ , where  $\alpha$  is the portfolio share in a risky asset. It implies a linear tradeoff between the initial level and the volatility of consumption with intercept  $r_f$  and slope  $(\mu/\sigma)$ .

Geometric indifference condition and constraint Under the geometric sustainable spending rule, the indifference condition (26) becomes

$$c_0 = \left[ \left( \rho - (\gamma - 1)^2 \frac{\sigma_c^2}{2} \right) (1 - \gamma) v \right]^{\frac{1}{1 - \gamma}}. \tag{29}$$

Comparing the geometric indifference condition (29) with the arithmetic indifference condition (27), the difference is in the coefficient multiplying  $\sigma_c^2/2$ . Since  $\gamma(\gamma-1) > (\gamma-1)^2$  under our maintained

assumption that  $\gamma > 1$ , for any given value v the indifference curve for the arithmetic rule lies above the indifference curve for the geometric rule, except when  $\sigma_c = 0$  where the two curves converge.

Normalizing initial wealth  $w_0 = 1$ , the geometric rule implies that the relationship between the initial level of consumption and the volatility of consumption is

$$c_0 = r_f + \left(\frac{\mu}{\sigma}\right)\sigma_c - \frac{1}{2}\sigma_c^2,\tag{30}$$

where the last term is the Jensen's Inequality difference between the arithmetic and geometric mean of consumption growth. Equation (30) is a concave rather than a linear constraint. As volatility increases, it has a diminishing effect on the expected log portfolio return and therefore on the initial level of consumption.

The highest level of initial consumption is obtained when the investor holds the growth-optimal portfolio with maximum log return. In this case  $\sigma_c = \mu/\sigma$  and

$$c_0 = r_f + \frac{1}{2} \left(\frac{\mu}{\sigma}\right)^2. \tag{31}$$

As in the standard Merton problem, as  $\gamma$  approaches one the optimal portfolio approaches the growth-optimal portfolio and consumption will be given by equation (31).

Graphical analysis To understand the properties of indifference curves with sustainable spending constraints, we can differentiate equations (27) or (29) with respect to the standard deviation of consumption,  $\sigma_c$ , to see that under either type of constraint, the slope of the indifference curve is positive and increasing in  $\sigma_c$ . The slope is zero—the indifference curve is flat—at zero standard deviation, reflecting the fact that investors with twice differentiable utility always take some amount of any compensated risk. The slope approaches infinity as the standard deviation approaches the upper bound at which the value function no longer converges. Since  $\gamma(\gamma - 1) > (\gamma - 1)^2$  under our

maintained assumption that  $\gamma > 1$ , the slope is everywhere greater and the upper bound is smaller for the arithmetic constraint than for the geometric constraint.

These properties are illustrated in Figure 5. There we plot indifference curves (27) and (29), and spending constraints (28) and (30), for both types of constraint and a common level of value v.<sup>13</sup> The two indifference curves have the same intercept with the vertical axis, but the arithmetic indifference curve is higher and steeper elsewhere and its asymptote lies to the left of that for the geometric indifference curve.

Figure 5 also illustrates the fact that at the optimum for the geometric rule, that is for the value v where the geometric indifference curve is tangent to its concave portfolio constraint, the arithmetic indifference curve lies above its linear portfolio constraint. To obtain the optimal choice under the arithmetic constraint we need to shift the indifference curve down, corresponding to a lower value, in order to satisfy the portfolio constraint. In other words optimized consumption delivers lower lifetime utility under the arithmetic constraint than under the geometric constraint; this may be an additional reason to prefer the geometric formulation of the sustainable spending constraint as advocated by Dybvig and Qin (2019).

Existence of a solution Figure 5 allows us to understand the conditions for the existence of a solution: a point where an indifference curve is tangent to the spending constraint. First, since all indifference curves must be in the positive quadrant, a necessary condition for a tangency point to exist is that the spending constraint has a maximum above zero. This condition is trivially satisfied by the arithmetic constraint, which is linear with a positive slope, but not by the concave geometric constraint. If the riskfree rate is sufficiently negative, then even when the investor holds the growth-optimal portfolio, the expected portfolio return may be negative and no sustainable

<sup>&</sup>lt;sup>13</sup>The parameters assumed are a 2% riskfree interest rate together with the base case parameters from Figure 2.

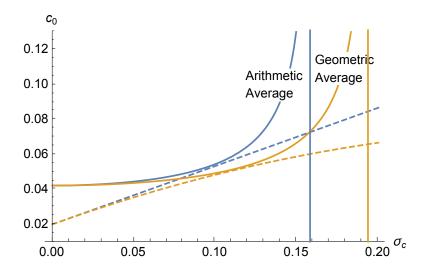


Figure 5: Comparing Arithmetic and Geometric Average Spending Constraints

solution will exist for a geometric spending constraint. This problem arises if

$$r_f < -\frac{1}{2} \left(\frac{\mu}{\sigma}\right)^2. \tag{32}$$

Second, a solution may also fail to exist if the spending constraint becomes positive only at levels of consumption volatility  $\sigma_c$  that exceed the upper bound for the value function to be finite. This problem can arise either for the arithmetic constraint or for the geometric constraint. In the geometric case, from equation (29) the highest permissible level of consumption volatility is

$$\sigma_c^{\star} = \sqrt{\frac{2\rho}{(1-\gamma)^2}},\tag{33}$$

and from equation (30), if the riskfree rate is negative the portfolio constraint first becomes positive at the point

$$\sigma_c^{\star\star} = \mu/\sigma - \sqrt{\mu^2/\sigma^2 + 2r_f}.$$
 (34)

Existence of a solution is guaranteed when  $r_f > 0$ , but when  $r_f < 0$  it requires that  $\sigma_c^{\star\star} < \sigma_c^{\star}$ .

Figure 3 illustrates these two different conditions for existence of a solution to the portfolio choice problem. For a relatively aggressive investor with risk aversion  $\gamma = 1.5$ , the first condition binds when the riskfree rate is very low. Below the binding value of the riskfree rate, even the growth-optimal portfolio does not provide positive consumption: in Figure 3 the upper blue curve starts from the growth-optimal optimal portfolio line.<sup>14</sup> For a more conservative investor with risk aversion  $\gamma = 3$ , on the other hand, the second condition binds: in Figure 3 the leftmost point of the lower orange curve is to the right of the leftmost point of the upper curve. A conservative investor with a geometric average spending constraint cannot tolerate as low a riskfree interest rate as can a more aggressive investor with the same constraint.

Reaching for yield The graphical analysis can be used to understand why sustainable spending rules generate reaching for yield. A change in the riskfree interest rate, with no change in the risk premium, is a parallel shift up or down in the spending constraint. An increase in the riskfree rate is an upward shift that improves the opportunity set and increases the achievable value v, while a decrease is a downward shift that reduces v.

Equations (27) and (29) imply that for both the arithmetic and geometric cases, the slope of the indifference curve is increasing in v. Mathematically, this is because v enters multiplicatively in these equations, increasing both the value and the slope of the indifference curve for any value of consumption volatility.

The response of the slope of the indifference curve to the level of value v implies that as the spending constraint shifts up, the optimal standard deviation of consumption declines; while as the spending constraint shifts down, the optimal standard deviation of consumption increases. This is precisely reaching for yield. It is illustrated in Figure 6 for the geometric case.<sup>15</sup>

<sup>&</sup>lt;sup>14</sup>Since the figure plots the arithmetic average portfolio return, the line is positive at this point but the geometric average portfolio return that enters the sustainable spending constraint is zero.

<sup>&</sup>lt;sup>15</sup>All parameters are the same as in Figure 5 except that we consider riskfree rates of 2.5%, 0%, and -2.5%.

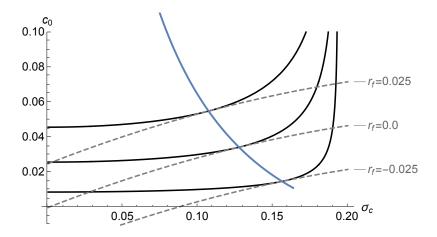


Figure 6: Reaching for Yield. The Effect of the Riskfree Rate on Initial Consumption and Consumption Volatility

Reaching for yield reflects the fact that in the problem with a sustainable spending constraint both consumption today and the stability of the consumption path are normal goods, so the investor uses an improvement in investment opportunities to increase both of them, in other words to reduce volatility as well as to increase current consumption.

The effect of impatience We can also analyze the effect of impatience on the problem. Equations (27) and (29) imply that for both the arithmetic and geometric cases, the slope of the indifference curve is decreasing in the time discount rate  $\rho$ . A more impatient investor values current consumption more relative to volatility that is realized in the future. Hence, the optimal solution will involve higher current consumption and higher consumption volatility as illustrated in Figure 7 for the geometric case.<sup>16</sup>

The effect of the risk premium In the standard Merton model a larger risk premium unambiguously raises the share of wealth allocated to risky assets. Propositions 1 and 2 show that this is no longer the case in the model with a sustainable spending constraint. As illustrated in Figure

<sup>&</sup>lt;sup>16</sup> All parameters are the same as in Figure 5 except that we consider time preference rates of 5%, 7.5%, and 10%.

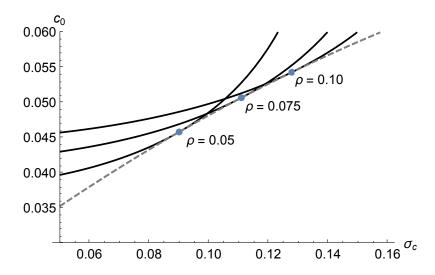


Figure 7: The Effect of Impatience on Initial Consumption and Consumption Volatility

2, when the riskfree interest rate is sufficiently low, a larger risk premium may actually reduce the risky share.

The reason is that there are two effects in play when the risk premium changes. An increase in the risk premium both shifts the portfolio constraint up, and makes it steeper. The former effect reduces risktaking and the latter increases it. As the riskfree rate declines, the former reaching for yield effect becomes more powerful and it dominates at sufficiently low levels of the riskfree rate.

Figure 8 has two panels illustrating the two possible situations.<sup>17</sup> The left panel shows a case where  $r_f$  is very low at -1.5%. Here an increase in value leads to a significant steepening of the indifference curves. This effect dominates the steepening of the portfolio constraint and results in lower consumption volatility for larger values of the risk premium. The right panel shows the case where  $r_f$  is 2%. Here an increase in value results in an almost parallel shift of the indifference curves that is dominated by the steepening of the portfolio constraint.

<sup>&</sup>lt;sup>17</sup>Risk aversion, the rate of time preference, and the volatility of the risky asset return are the same as in Figure 5.

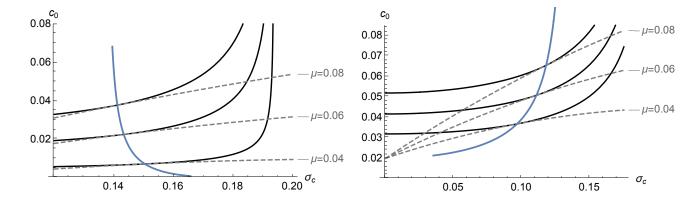


Figure 8: The Effect of Risk Premium on Initial Consumption and Consumption Volatility

The case  $\gamma < 1$  When  $\gamma < 1$ , the indifference curve with a geometric sustainable spending constraint takes a different form that we present in Figure 9. With  $\gamma < 1$ , at any fixed level of lifetime value v the relationship between the initial level of consumption  $c_0$  and the volatility of log consumption  $\sigma_c$  is negative. This means that the indifference curve is downward sloping and is tangent to the geometric constraint at a point with higher risk than would be implied by the growth-optimal portfolio. The figure illustrates the fourth property in Proposition 2, that the growth-optimal risky share is a lower bound on the constrained investor's risky share.

Figure 9 also helps us analyze existence of a solution. When  $\sigma_c = \sigma_c^*$ , the level of consumption volatility defined in equation (33), the indifference curve for the  $\gamma < 1$  case requires  $c_0 = 0$  for any lifetime value v, and no solution exists for any higher level of volatility. When the riskfree rate is positive, the geometric constraint is positive for all levels of consumption volatility below  $\sigma_c^{\dagger}$ , and when the riskfree rate is negative the geometric constraint is positive for all levels of consumption volatility between  $\sigma_c^{\star\star}$  and  $\sigma_c^{\dagger}$ , where  $\sigma_c^{\star\star}$  is defined in equation (34) and  $\sigma_c^{\dagger} > \sigma_c^{\star\star}$  is given by

$$\sigma_c^{\dagger} = \mu/\sigma + \sqrt{\mu^2/\sigma^2 + 2r_f}.\tag{35}$$

For a solution with a finite lifetime value v to exist we need the portfolio constraint to become negative (cross the x-axis from above) at a point to the left of  $\sigma_c^*$ . This requires that  $\sigma_c^{\dagger} < \sigma_c^*$ .

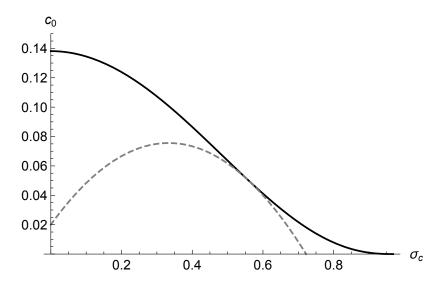


Figure 9: Geometric Constraint for  $\gamma < 1$ 

### 3 Extensions of the Static Model

#### 3.1 A One-Sided Sustainable Spending Constraint

The sustainable spending constraint we have considered so far prohibits both accumulation and decumulation of wealth. An alternative type of constraint is one-sided, preventing decumulation but not accumulation of wealth. In this case the investor is unconstrained when the riskfree interest rate is high enough to induce wealth accumulation, but constrained at low levels of the riskfree rate that incentivize decumulation.

We show optimal risky shares for a one-sided constraint in Figure 10. All the parameters here are the same as in Figure 2, so the three curves are the same at low levels of the riskfree rate but flatten out to the Merton solutions at higher levels of the riskfree rate. The kinks occur at the points where the constraint stops binding: about  $r_f = 0\%$  for a 7% risk premium,  $r_f = 2\%$  for the base case of a 6% risk premium, and  $r_f = 3.5\%$  for a 5% risk premium.

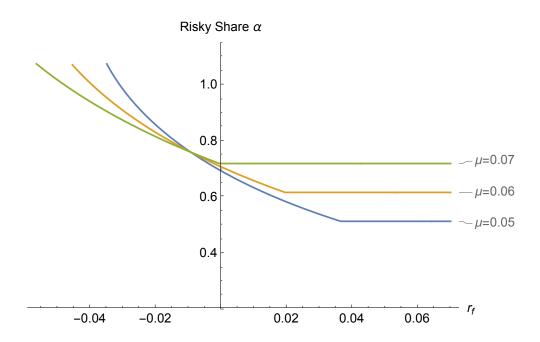


Figure 10: Sensitivity of Optimal Risky Share to Riskfree Rate and Risk Premium for One-Sided Constraint

The possibility of one-sided constraints suggests an additional reason why reaching for yield has become a more salient topic in the current low-interest-rate environment. Some investors with one-sided constraints may now be constrained and reaching for yield, when they were not at the higher interest-rate levels of the late 20th Century.

#### 3.2 Donations

We can extend our analysis to consider an investor who spends not only out of financial wealth, but also out of donations such as those alumni make to universities. For tractability, we assume that the value of donations received is proportional to the existing level of wealth.

Donations to endowments come in two main varieties. Current-use gifts can be spent in the period in which they are received, while endowment gifts must be added to financial wealth and

generate a stream of subsequent spending subject to any sustainable-spending constraints. We assume that current-use gifts are a fraction  $g_u$  of wealth  $w_t$ , while endowment gifts are a fraction  $g_e$ . Then the intertemporal budget constraint becomes

$$dw_t = w_t dr_{n,t} + w_t (q_u + q_e) dt - c_t dt, (36)$$

and the arithmetic sustainable-spending constraint becomes

$$c_t dt = w_t \left( \mathcal{E}_t dr_{p,t} + g_u \right) = w_t (r_f + g_u + \alpha \mu) dt. \tag{37}$$

Both types of gifts enter equation (36), but only current-use gifts enter equation (37). Similarly, only current-use gifts enter the geometric sustainable-spending constraint.

It is straightforward to show that current-use gifts are equivalent to an increase in the riskfree interest rate, and therefore they discourage risktaking. Endowment gifts, on the other hand, are equivalent to an increase in the rate of time preference, and therefore they encourage risktaking. These results hold whether the sustainable spending constraint is arithmetic or geometric.

### 3.3 A Nominal Spending Constraint with Inflation

So far we have considered a real model where consumption, asset returns, and sustainable spending constraints are measured in real terms. We now extend our analysis to consider a nominal spending constraint in a model with inflation.

Consider a price level  $p_t$  that follows

$$dp_t = p_t \pi dt, \tag{38}$$

where  $\pi$  is the constant inflation rate. The nominal rate becomes

$$r_f^{\$} = r_f + \pi \tag{39}$$

and the nominal return on the risky asset is

$$dr_t^{\$} = (r_f + \pi + \mu)dt + \sigma dZ_t. \tag{40}$$

Arithmetic Average Model Suppose that the investor has a nominal sustainable spending constraint

$$c_t^{\$} dt = w_t^{\$} \mathbf{E}[dr_{p,t}^{\$}],$$
 (41)

where  $c_t^{\$} = c_t p_t$  and  $w_t^{\$} = w_t p_t$ , so that

$$c_t dt = w_t \mathbb{E}[dr_{p,t}^{\$}] = w_t (r_f + \pi + \alpha \mu) dt. \tag{42}$$

Nominal wealth then follows a martingale, while real wealth follows the process

$$\frac{dw_t}{w_t} = \frac{dw_t^\$}{w_t^\$} - \pi dt = -\pi dt + \alpha \sigma dZ_t, \tag{43}$$

and log consumption follows

$$d\log(c_t) = \left(-\pi - \frac{\alpha^2 \sigma^2}{2}\right) dt + \alpha \sigma dZ_t. \tag{44}$$

We can now rewrite the indifference condition and portfolio constraint as

$$c_0 = \left[ \left( \rho - (\gamma - 1)\pi - \gamma(\gamma - 1) \frac{\sigma_c^2}{2} \right) (1 - \gamma) v \right]^{\frac{1}{1 - \gamma}}$$

$$(45)$$

and

$$c_0 = r_f + \pi + \left(\frac{\mu}{\sigma}\right)\sigma_c. \tag{46}$$

Comparing these equations with the real versions (27) and (28), we can see that inflation subtracts  $(\gamma - 1)\pi$  from the rate of time preference and adds  $\pi$  to the riskfree interest rate. Both effects reduce risktaking. Hence, with a given real interest rate, a higher inflation rate (equivalently, a higher nominal interest rate) reduces risktaking.

Even if we fix the nominal interest rate, lowering  $r_f$  to offset any change in  $\pi$ , an increase in inflation is equivalent to a reduction in the rate of time preference and hence it lowers risktaking.

Geometric Average Model Very similar results hold in a model with a nominal geometric average constraint. Here we have

$$c_t dt = w_t \left( r_f + \pi + \alpha \mu - \frac{1}{2} \alpha^2 \sigma^2 \right) dt \tag{47}$$

and

$$d\log(c_t) = \left(-\pi - \frac{\alpha^2 \sigma^2}{2}\right) dt + \alpha \sigma dZ_t. \tag{48}$$

We can rewrite the indifference condition and portfolio constraint as

$$c_0 = \left[ \left( \rho - (\gamma - 1)\pi - (\gamma - 1)^2 \frac{\sigma_c^2}{2} \right) (1 - \gamma) v \right]^{\frac{1}{1 - \gamma}}$$
(49)

and

$$c_0 = r_f + \pi + \left(\frac{\mu}{\sigma}\right)\sigma_c - \frac{1}{2}\sigma_c^2. \tag{50}$$

Once again, we see that higher inflation is equivalent to a lower rate of time preference and a higher riskfree interest rate, so it lowers risktaking.

These results allow our model to explain why reaching for yield has been a particular concern in recent years, when it was not during the 1970s. In that decade, the riskfree real interest rate was low but inflation was high, so investors with nominal sustainable spending constraints would not have reached for yield.

### 3.4 Epstein-Zin Preferences

In this section we consider an investor who has Epstein-Zin preferences (Epstein and Zin 1989, 1991), specified in continuous time following Duffie and Epstein (1992). These preferences allow the elasticity of intertemporal substitution (EIS), which we denote by  $\psi$ , to differ from the reciprocal of the coefficient of relative risk aversion  $\gamma$ . We show that the properties of the power utility case with  $\gamma > 1$ , given in Propositions 1 and 2, carry through regardless of the value of the EIS.

Utility for an infinitely lived investor with Epstein-Zin preferences is defined as the solution to

$$V_t = \mathcal{E}_t \int_t^\infty f(c_s, V_s) ds, \tag{51}$$

where

$$f(c,V) = \frac{1}{1 - \psi^{-1}} \left( \frac{\rho c^{1 - \psi^{-1}}}{((1 - \gamma)V)^{\frac{\gamma - \psi^{-1}}{1 - \gamma}}} - \rho (1 - \gamma)V \right).$$
 (52)

The appendix writes out the Hamilton-Jacobi-Bellman (HJB) equation and shows how to solve the model; here we simply state the results for the standard unconstrained model and our model with arithmetic and geometric sustainable spending constraints.

Unconstrained model In the standard unconstrained model, the portfolio rule is the same as for power utility:  $\alpha = \mu/\gamma\sigma^2$ . The consumption-wealth ratio is given by

$$\frac{c_t}{w_t} = \frac{\rho}{\psi^{-1}} + \frac{\psi^{-1} - 1}{\psi^{-1}} \left( r_f + \frac{1}{2\gamma} \left( \frac{\mu}{\sigma} \right)^2 \right), \tag{53}$$

which coincides with the power utility formula (8) when  $\gamma = \psi^{-1}$ .

**Arithmetic constraint** In a model with an arithmetic sustainable spending constraint, the optimal risky share is

$$\alpha = \frac{-r_f + \sqrt{L}}{\mu(1 + \psi^{-1})},\tag{54}$$

where

$$L = r_f^2 + 2\rho \left(\frac{1 + \psi^{-1}}{\gamma}\right) \left(\frac{\mu}{\sigma}\right)^2. \tag{55}$$

This has all the same properties given in Proposition 1 for the power utility case. In addition, it has the property that the risky share increases in the EIS  $\psi$ . The risky share approaches zero as  $\psi$  approaches zero, regardless of the level of risk aversion.

Geometric constraint In a model with a geometric sustainable spending constraint, the appendix shows that the risky share has all the same properties given in Proposition 2 for the power utility case. In addition, it has the property that the risky share is increasing in the EIS  $\psi$ .

## 3.5 Equilibrium in the Risky Asset Market

In this section we consider a simplified form of general equilibrium. We assume that all demand for the risky asset comes from a representative "SS" agent who is subject to a geometric sustainable spending constraint. The SS agent is endowed with wealth in the form of the risky asset, and is the only agent in the economy who can hold that asset. These assumptions imply that the risky share of the SS agent is  $\alpha = 1$ , as the SS agent can only trade the risky asset with other SS agents even if different types of agents are active in other financial markets.

Because the SS agent cannot buy or sell the asset in equilibrium, the SS agent's consumption is financed exclusively by the risky asset's dividends. To make the sustainable consumption path feasible, we assume that the risky asset's dividends follow a logarithmic random walk. There is also a riskless asset with an exogenous riskfree rate  $r_f$  set, for example, by the savings decisions of other types of agents or by a central bank willing to exchange consumption between time periods. In this economy the risk premium  $\mu$  adjusts to make the SS agent willing to keep all wealth in the risky asset rather than borrowing or lending at the riskfree interest rate.

Before we derive the relationship between the riskfree rate and the risk premium, we briefly discuss the existence of an equilibrium. First, there are the familiar conditions for the existence of a solution to the partial equilibrium problem: holding all wealth in the risky asset should give the SS agent positive consumption and finite lifetime value. Second, it must be the case that by adjusting the risk premium it is feasible to make the SS agent hold all wealth in the risky asset. To understand the latter condition consider Figure 2 and in particular the riskfree rate  $r_f^* = -\rho/(\gamma^2 - 1)$  at which the optimal risky share is invariant to the risk premium. If  $\alpha^*$ —the optimal partial equilibrium risky share at  $r_f^*$  given in equation (20)—is below 1, then no matter how large the risk premium is, for any riskfree rate  $r_f > r_f^*$  the optimal risky share will stay below 1 because higher riskfree rates lower the desired risky share. In general equilibrium this implies that the risk premium cannot adjust to make the agent hold all his wealth in the risky asset. For  $r_f < r_f^*$ , the opposite holds, and general equilibrium fails to exist if  $\alpha^*$  exceeds 1.

The following proposition states the relationship between the risk premium and the exogenous riskfree rate for the case  $\gamma > 1$ .

**Proposition 3** (General Equilibrium in the Geometric Average Model with  $\gamma > 1$ .) In the geometric average model with the risky share constrained to  $\alpha = 1$ , and with  $\gamma > 1$ ,

#### 1. Equilibrium exists when

$$\begin{bmatrix}
Case 1: & r_f > -\frac{\sigma^2}{2} > r_f^* \text{ and } \rho > \frac{1}{2}\sigma^2(\gamma^2 - 1) \\
Case 2: & r_f < -\frac{\sigma^2}{2} < r_f^* \text{ and } \frac{1}{2}\sigma^2(\gamma - 1)^2 < \rho < \frac{\sigma^2}{2}(\gamma^2 - 1)
\end{bmatrix} \tag{56}$$

#### 2. The equilibrium risk premium

$$\mu = \sigma^2 \left[ \frac{\rho - \frac{1}{2}\sigma^2(\gamma^2 - \gamma)}{\rho - \frac{1}{2}\sigma^2(\gamma^2 - 1)} + \frac{\gamma - 1}{\rho - \frac{1}{2}\sigma^2(\gamma^2 - 1)} r_f \right]$$
 (57)

is a linear increasing function of the riskfree interest rate  $r_f$  in Case 1 and a linear decreasing function of  $r_f$  in Case 2.

Proposition 3 extends our earlier partial equilibrium intuition to general equilibrium in the risky asset market. In partial equilibrium, the SS agent reaches for yield: as the riskfree interest rate declines the agent wants to take more risk. In general equilibrium, however, the SS agent must hold all wealth in the risky asset, and thus the risk premium adjusts to clear the risky asset market. When  $r_f > r_f^*$ , a higher risk premium has the standard effect of increasing the desired risky share. Hence, in general equilibrium it moves in the same direction as the riskfree rate. When  $r_f < r_f^*$ , the relationship reverses and in general equilibrium the risk premium moves in the opposite direction from the riskfree interest rate.

In the online appendix we state similar conditions for existence and derive the equilibrium risk premium in the geometric model with  $\gamma < 1$  and in the arithmetic model. When equilibrium exists in the arithmetic model, the risk premium is a linear increasing function of  $r_f$  when  $r_f > 0$ , and a linear decreasing function of  $r_f$  when  $r_f < 0$ .

# 4 A Dynamic Model

Earlier sections of this paper have compared static equilibria with higher or lower real interest rates that are assumed to be constant over time. It is natural to ask whether similar results apply in a dynamic model where the riskfree interest rate moves over time.

In a dynamic environment where investment opportunities change over time, the demand for a risky asset depends on its intertemporal hedging properties (Merton 1973). As in Campbell and Viceira (2001), we allow the riskfree interest rate to move but assume a constant risk premium. Then, intertemporal hedging is driven by correlation between shocks to the return on the risky asset and shocks to the riskfree interest rate. We capture such correlation by allowing interest rate innovations to load on two independent Brownian motions, one of which also drives the return on the risky asset. To see how this works, assume two independent Brownian motions  $dZ_{1t}$  and  $dZ_{2t}$ . Then a third Brownian motion  $dZ_{3t} = \eta dZ_{1t} + \sqrt{1 - \eta^2} dZ_{2t}$  has instantaneous variance dt and instantaneous correlation  $\eta dt$  with  $dZ_{1t}$ .

The full problem of the agent now becomes

$$\max_{\alpha_t} E_0 \int_0^\infty e^{-\rho t} u(c_t) dt \tag{58}$$

subject to 
$$c_t = w_t \left( r_{ft} + \alpha_t \mu - \frac{1}{2} \alpha_t^2 \sigma^2 \right)$$

$$\begin{pmatrix} dw_t \\ dr_{ft} \end{pmatrix} = \begin{pmatrix} \frac{1}{2} w_t \alpha_t^2 \sigma^2 \\ \phi(r_{ft}) \end{pmatrix} + \begin{pmatrix} w_t \alpha_t \sigma & 0 \\ \nu r_{ft} \eta & \nu r_{ft} \sqrt{1 - \eta^2} \end{pmatrix} \begin{pmatrix} dZ_{1t} \\ dZ_{2t} \end{pmatrix}$$
(59)

**HJB equation** Under these assumptions the HJB equation is

$$\rho v(w_t, r_{ft}) = \max_{\alpha} \left\{ u(c_t) + \frac{\partial v}{\partial w} \frac{1}{2} w_t \alpha^2 \sigma^2 + \frac{\partial v}{\partial r_f} \phi(r_{ft}) + \frac{1}{2} \frac{\partial^2 v}{\partial w^2} w_t^2 \alpha^2 \sigma^2 + \frac{1}{2} \frac{\partial^2 v}{\partial r_f^2} \nu^2 r_{ft}^2 + \frac{\partial^2 v}{\partial w \partial r_f} w_t \alpha \sigma \nu r_{ft} \eta \right\}.$$
(60)

As previously, we conjecture that the value function takes the form

$$v(w_t, r_{ft}) = A(r_{ft}) \frac{w_t^{1-\gamma}}{1-\gamma},$$
(61)

which differs from the static model by having a time-varying coefficient  $A(r_{ft})$  that reflects changing investment opportunities. If we substitute this guess for the value function into the HJB equation, wealth cancels thus verifying the conjectured form of the value function. We collect terms to obtain

$$\rho A(r_{ft}) \frac{1}{1 - \gamma} = \max_{\alpha} \frac{\left(r_{ft} + \alpha \mu - \frac{1}{2}\alpha^{2}\sigma^{2}\right)^{1 - \gamma}}{1 - \gamma} + A(r) \frac{1}{2}(1 - \gamma)\alpha^{2}\sigma^{2} + A'(r_{ft}) \frac{1}{1 - \gamma}\phi(r_{ft}) + \frac{1}{2}A''(r_{ft}) \frac{1}{1 - \gamma}\nu^{2}r_{ft}^{2} + A'(r_{ft})\alpha\sigma\nu r_{ft}\eta.$$
(62)

**First-order condition** The first order condition for this problem has an additional term compared to the static model:

$$\left(r_{ft} + \alpha\mu - \frac{1}{2}\alpha^2\sigma^2\right)^{-\gamma}(\mu - \alpha\sigma^2) = A(r_{ft})(\gamma - 1)\alpha\sigma^2 - A'(r_{ft})\sigma r_{ft}\nu\eta.$$
 (63)

The first-order condition shows that  $\alpha$  depends on the correlation between the unexpected risky asset return and the risk free rate  $\eta$ . A lower correlation  $\eta$  decreases the right-hand side of equation (63) since  $A'(r_{ft}) < 0$ . The left-hand side is decreasing in  $\alpha$ , so the optimal risky share  $\alpha$  is larger for a smaller correlation  $\eta$ .

The drift of log consumption In the static model the geometric average sustainable spending rule implies that the logs of both wealth and consumption are martingales. In the dynamic model, log wealth remains a martingale but log consumption is not in general. To see this, consider the log change in consumption

$$d\log c_t = d\log w_t \left( r_{ft} + \alpha(r_{ft})\mu - \frac{1}{2}\alpha(r_{ft})^2\sigma^2 \right)$$

$$= \underbrace{d\log w_t}_{\text{mean zero}} + d\log \left( r_{ft} + \alpha(r_{ft})\mu - \frac{1}{2}\alpha(r_{ft})^2\sigma^2 \right).$$
(64)

In general the second term has nonzero drift and we cannot characterize it analytically. Therefore, we rely on numerical methods to describe this and other properties of the solution. The online appendix provides more details on the numerical implementation.

**Analysis of the numerical solution** In Figure 11, we present a numerical solution for the dynamic model and illustrate its sensitivity to different parameter values. We set

$$\phi(r_{ft}) = \frac{1}{2}\nu^2 r_{ft}^2 \tag{65}$$

in order to make  $\log(r_{ft})$  a random walk. This process is natural for our application since it implies that log consumption for an agent that takes zero risk ( $\alpha = 0$ ) follows a random walk similarly to the static case. Log consumption for the agent who invests optimally is not quite a random walk, but predictable changes in consumption are small. More generally, a persistent process for the riskfree rate is required to avoid transient movements in consumption and asset allocation that would be generated by a sustainable spending constraint interacting with transitory shocks to the expected return.

All four panels of Figure 11 have the riskfree interest rate on the horizontal axis, and the risky share on the vertical axis. All the panels show decreasing convex curves, consistent with the static

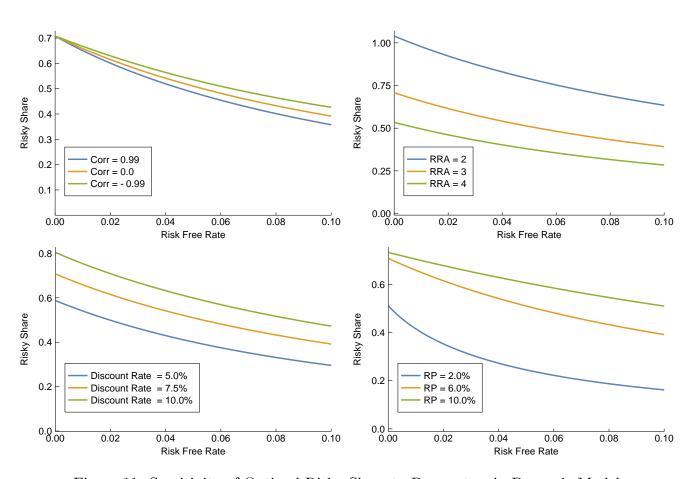


Figure 11: Sensitivity of Optimal Risky Share to Parameters in Dynamic Model

analysis of reaching for yield. The panels differ in the parameters assumed. In every panel the base case, shown as a middle orange curve, has a zero correlation between the riskfree rate and the risky asset return, risk aversion of 3, a time discount rate of 7.5%, a risk premium of 6%, and a risky standard deviation of 18% implying a Sharpe ratio of 1/3 and Merton risky share of 0.62. We set the volatility of risk free rate  $\nu = 1\%$ .

The top left panel varies the correlation to 0.99 or -0.99. A negative correlation increases the demand for the risky asset while a positive correlation reduces it, consistent with the logic of Merton (1973, 1993) and Campbell and Viceira (2001). Quantitatively, we find that this hedging demand is very similar in magnitude to that in the standard Merton model for all values of the riskfree interest rate. The top right panel varies risk aversion up to 4 or down to 2, with intuitive effects on risktaking. The bottom left panel varies the rate of time preference up to 10% or down to 5%, and as in the static model a more impatient investor takes more risk. The bottom right panel varies the risk premium up to 10% or down to 2%. Since in this model the riskfree interest rate is always positive, the effect of the risk premium on risktaking is always positive, but the magnitude of the effect is smaller when the interest rate reaches very low levels. These findings confirm the main results of our static analysis for a plausible dynamic model.

### 5 Conclusion

In this paper we have shown that a constraint on an investor's ability to save or dissave can break the standard result that risktaking depends only on risk aversion, risk, and the risk premium available in financial markets. An investor with a sustainable spending constraint reaches for yield, taking more risk as the riskfree interest rate declines, even if all the standard determinants of risktaking are constant. Furthermore, the tendency to reach for yield is stronger when the real interest rate is low than when it is high. This may be one reason why reaching for yield has been so widely

discussed in the low-interest-rate environment of the early 21st Century.

Reaching for yield also changes the investor's response to a change in the risk premium. An increase in the risk premium stimulates risktaking through the conventional channel, a substitution effect towards risky investing. However it also weakens reaching for yield, an offsetting income effect that reduces risktaking. The offsetting effect becomes stronger when the riskfree interest rate is low, and can even dominate at sufficiently low levels of the interest rate.

For any given preference parameters, there is a level of the riskfree interest rate at which a sustainable spending constraint does not bind because the unconstrained investor does not wish to accumulate or decumulate wealth. The welfare cost of a sustainable spending constraint is very low when the riskfree rate is near this level, but increases rapidly as the riskfree rate declines and more slowly as the riskfree rate increases. A one-sided constraint, preventing wealth decumulation but allowing wealth accumulation, binds only for rates below this level; this provides another reason why reaching for yield may be more important today than in earlier decades where interest rates were higher.

We have extended our model to consider what happens when the investor receives a stream of donations, finding that current-use gifts moderate risktaking while endowment gifts increase it. We have also considered an alternative model in which the sustainable spending constraint is specified in nominal terms. In this case low inflation stimulates risktaking even at a constant real interest rate; this may help to explain why reaching for yield was less of a concern during the 1970s, when the real interest rate was low but inflation was high.

Most of our analysis is static, comparing equilibria with permanently different levels of the riskfree interest rate. However we show that our results carry over to the numerical solution of a dynamic model with a highly persistent riskfree rate whose log follows a random walk.

Although our results depend on the functional forms we have assumed—both the power form for

utility and the arithmetic or geometric forms for the sustainable spending constraints—we believe the insights of this paper are more general. Most obviously, the paper shows that the analysis extends straightforwardly to the case of Epstein-Zin preferences. It should also be possible to enrich our model to allow for a flexible constraint that penalizes but does not prohibit saving or dissaving. The general lesson is that the classic separation between the riskfree interest rate and risktaking is critically dependent on the assumption that investors can freely adjust their spending plans.

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