**Frontend User Stories**

1. **As a user, I want to customize notifications per account if I manage multiple emails within the app so that I can receive alerts according to the importance of each account.**
2. **As a user, I want to enable or disable push notifications for new emails so that I can control interruptions on my device.**
3. **As a user, I want to customize the sound and vibration settings for notifications so that I can distinguish between different types of alerts.**
4. **As a user, I want to set quiet hours for notifications so that I am not disturbed during certain times of the day or night.**
5. **As a user, I want notifications to summarize the content of the email so that I can decide the urgency of the email without opening the app.**
6. **As a user, I want the option to receive notifications only for emails marked as important so that I can minimize unnecessary distractions.**

**Backend User Stories**

1. **As the system, I need to deliver notifications based on user-specified settings for each account configured so that users receive the correct alerts for their multiple email accounts.**
2. **As the system, I need to ensure notifications are delivered in real-time so that users are promptly informed about new emails and updates.**
3. **As the system, I need to respect the user's quiet hours settings by withholding notifications during these times and queuing them to be sent later.**
4. **As the system, I need to handle notification preferences across different devices so that user settings are synchronized no matter which device they are using.**
5. **As the system, I need to provide security measures for notification content, ensuring sensitive information is not displayed on lock screens or in public view if the user chooses so.**
6. **As the system, I need to manage the delivery of batched notifications for less urgent emails to reduce the frequency of disturbances while keeping users informed.**