

# Reinforcement Learning with Human Feedback for Aligning LLMs

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# What is Reinforcement Learning (RL)?

- RL is a framework where an **agent** learns to make decisions by interacting with an **environment**.
- The goal is to maximize cumulative **rewards**.
- Applications include robotics, game playing, and natural language processing.

# Key Components of RL

- **Agent:** Learns and makes decisions.
- **Environment:** The system the agent interacts with.
- **State Space ( $\mathcal{S}$ ):** All possible states  $s$ .
- **Action Space ( $\mathcal{A}$ ):** All possible actions  $a$ .
- **Transition Dynamics ( $P(s'|s, a)$ )**
  - Inputs: Current state  $s$ , action  $a$ , next state  $s'$ .
  - Output: Probability of transitioning to  $s'$ .
- **Reward Function ( $R(s, a)$ )**
  - Inputs: State  $s$ , action  $a$ .
  - Output: Reward  $r$ .

# Policy and Objective

- **Policy** ( $\pi(a|s)$ )
  - Maps states to action probabilities.
  - Defines the agent's behavior.
- **Trajectory**  $\tau = (s_0, a_0, s_1, a_1, \dots, s_T)$
- **Probability of Trajectory**

$$P(\tau|\pi) = \rho_0(s_0) \prod_{t=0}^{T-1} \pi(a_t|s_t) P(s_{t+1}|s_t, a_t)$$

- **Return along Trajectory**

$$R(\tau) = \sum_{t=0}^{T-1} \gamma^t R(s_t, a_t)$$

- **Objective Function**

$$J(\pi) = \mathbb{E}_{\tau \sim P(\cdot|\pi)}[R(\tau)]$$

# Central Optimization Problem

$$\pi^* = \arg \max_{\pi} J(\pi)$$

- Find the optimal policy  $\pi^*$  that maximizes expected return.

# State-Value Function

- **Definition:**

$$V^{\pi}(s) = \mathbb{E}_{\tau \sim P(\cdot|\pi)} \left[ R(\tau) \middle| s_0 = s \right]$$

- Expected return starting from state  $s$  and following policy  $\pi$ .

# Action-Value Function

- **Definition:**

$$Q^{\pi}(s, a) = \mathbb{E}_{\tau \sim P(\cdot | \pi)} \left[ R(\tau) \middle| s_0 = s, a_0 = a \right]$$

- Expected return starting from state  $s$ , taking action  $a$ , then following  $\pi$ .



## Relationship between $V^\pi(s)$ and $Q^\pi(s, a)$

$$V^\pi(s) = \sum_{a \in \mathcal{A}} \pi(a|s) Q^\pi(s, a)$$

- The value of a state is the expected value of action-values under policy  $\pi$ .

# What is RLHF?

- Incorporates human feedback into the RL framework.
- Useful for tasks where rewards are hard to define.
- Aligns AI behavior with human values and preferences.

# Policy Gradient Methods

- Directly adjust policy parameters to maximize expected return.
- Policy gradient theorem:

$$\nabla_{\theta} J(\theta) = \mathbb{E}_{\pi_{\theta}} [\nabla_{\theta} \log \pi_{\theta}(a_t | s_t) A^{\pi_{\theta}}(s_t, a_t)]$$

- High variance and instability can be issues.

# Proximal Policy Optimization (PPO)

- Addresses instability in policy gradients.
- Introduces a clipped surrogate objective.
- Limits the magnitude of policy updates.

# PPO Objective Function

$$L^{\text{PPO}}(\theta) = \mathbb{E} \left[ \min \left( r_t(\theta) \hat{A}_t, \text{clip} \left( r_t(\theta), 1 - \epsilon, 1 + \epsilon \right) \hat{A}_t \right) \right]$$

- $r_t(\theta) = \frac{\pi_\theta(a_t|s_t)}{\pi_{\theta_{\text{old}}}(a_t|s_t)}$
- $\hat{A}_t$  is the advantage estimate.
- $\epsilon$  controls the clipping range.

# Intuition Behind PPO

- Prevents large policy updates that could destabilize training.
- Maintains policy within a "trust region."
- Balances exploration and exploitation.

# What is DPO?

- Directly optimizes policy based on human preferences.
- Uses pairwise comparisons instead of scalar rewards.
- Effective for subjective tasks.

# DPO Objective Function

$$L^{\text{DPO}}(\theta) = \sum_i \log \sigma (f_{\theta}(y_i^+ | x_i) - f_{\theta}(y_i^- | x_i))$$

- $f_{\theta}(y|x) = \log \pi_{\theta}(y|x)$
- $\sigma(z) = \frac{1}{1+e^{-z}}$  is the sigmoid function.
- Maximizes likelihood of preferred responses.



# Intuition Behind DPO

- Directly aligns model outputs with human preferences.
- Simplifies training without explicit reward functions.
- Captures nuanced human judgments.

# Experiment

- Use a model like GPT-2.
- Collect human-annotated preferences.
- Fine-tune the model using PPO and DPO.

# Key Takeaways

- RL is about maximizing expected cumulative rewards.
- RLHF incorporates human feedback for alignment.
- PPO provides stable policy updates.
- DPO directly optimizes for human preferences.
- Both methods enhance LLM alignment with human values.

# Questions

Thank you!  
Questions?