- **3.21** The goal of this problem is to determine degenerate eigenstates of the three-dimensional isotropic harmonic oscillator written as eigenstates of L^2 and L_z , in terms of the Cartesian eigenstates $|n_x n_y n_z\rangle$.
 - (a) Show that the angular-momentum operators are given by

$$\begin{split} L_i &= i\hbar \varepsilon_{ijk} a_j a_k^\dagger \\ \mathbf{L}^2 &= \hbar^2 \left[N(N+1) - a_k^\dagger a_k^\dagger a_j a_j \right], \end{split}$$

where summation is implied over repeated indices, ε_{ijk} is the totally antisymmetric symbol, and $N \equiv a_i^{\dagger} a_j$ counts the total number of quanta.

- (b) Use these relations to express the states $|qlm\rangle = |01m\rangle$, $m = 0, \pm 1$, in terms of the three eigenstates $|n_x n_y n_z\rangle$ that are degenerate in energy. Write down the representation of your answer in coordinate space, and check that the angular and radial dependences are correct.
- (c) Repeat for $|qlm\rangle = |200\rangle$.
- (d) Repeat for $|qlm\rangle = |02m\rangle$, with m = 0, 1, and 2.
- **3.24** We are to add angular momenta $j_1 = 1$ and $j_2 = 1$ to form j = 2, 1, and 0 states. Using either the ladder operator method or the recursion relation, express all (nine) $\{j,m\}$ eigenkets in terms of $|j_1j_2;m_1m_2\rangle$. Write your answer as

$$|j=1, m=1\rangle = \frac{1}{\sqrt{2}}|+,0\rangle - \frac{1}{\sqrt{2}}|0,+\rangle,...,$$

where + and 0 stand for $m_{1,2} = 1$, 0, respectively.

3.27 Express the matrix element $\langle \alpha_2 \beta_2 \gamma_2 | J_3^2 | \alpha_1 \beta_1 \gamma_1 \rangle$ in terms of a series in

$$\mathcal{D}_{mn}^{j}(\alpha\beta\gamma) = \langle \alpha\beta\gamma | jmn \rangle.$$