

<b>PLAYER SUBSTITUTION SHEET</b>	<b>4 A SIDE</b>	<b>TEAMS</b>	
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<b>5 PLAYER</b>	<b>1<sup>st</sup> Half</b>				<b>2<sup>nd</sup> Half</b>				<b>EXTRA INFO</b>	
	Start	5min	10min		Start	5min	10min		Goals	
1	R				R					
2	R				R					
3		R				R				
4		R				R				
5			R				R			

<b>6 PLAYER</b>	<b>1<sup>st</sup> Half</b>				<b>2<sup>nd</sup> Half</b>				<b>EXTRA INFO</b>	
	Start	5min	10min		Start	5min	10min		Goals	
1	R				R					
2	R				R					
3		R				R				
4		R				R				
5			R				R			
6			R				R			

7 PLAYER	1 <sup>st</sup> Half				2 <sup>nd</sup> Half				EXTRA INFO	
	Start	5min	10min		Start	5min	10min		Goals	
1	R		R			R				
2	R		R				R			
3	R				R		R			
4		R			R		R			
5		R			R					
6		R				R				
7			R			R				

8 PLAYER	1 <sup>st</sup> Half				2 <sup>nd</sup> Half			
	Start	5min	10min		Start	5min	10min	
1	R		R		R		R	
2	R		R		R		R	
3	R		R		R		R	
4	R		R		R		R	
5		R				R		
6		R				R		
7		R				R		
8		R				R		

