



## PREPARATION FOR THE 2013 SEASON

### Development of our Over 35s and Over 45s

To all older All Age Players and our older Over 35s players.

We have the need in our club to continue to develop our mature age teams in line with the age profile of our players. To this end we see an opportunity to create an Over 45s team at NRSC in 2013.

We will need a squad of 20 players, who play for this team, but can also fill in for Over 35 teams when required.

I have a group of local lads who play Over 45s in KDSA, who would love to come and play for NRSC. We number approx 8.

To do this we also need to encourage our eligible All Age players to make the shift into our Over 35s set-up and strengthen our teams as we push players into the 45s.

Can I ask all interested parties to get in contact with Alex Mc, Tony Z or myself and we can get our planning in place.

Cheers

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