

6th Annual Living With & Beyond Cancer Conference

March 18, 2017 8:30 AM - 4:30 PM

Central United Methodist Church, 201 University Blvd. NE, Albuquerque, NM 87106

Sacredness in Healing Karen Waconda-Lewis

Karen Waconda-Lewis is Director at the Center for Native American Integrative Healing (CNAIH) is a healer like her Laguna Pueblo grandparents and their grandparents. She offers a place for spiritual renewal, relaxation and mindfulness, where the Buddhist teachings are blended with Native traditions, as the two indigenous cultures have always integrated meditation as a way "to take you to another level to understand the sacredness of life." As she further explains, "There are times [that] the medicine of talking out is needed ... but a lot of times the body just wants it to be quiet, to go back to what is the root and what is the internal space, because it's covered up" (from 2/28/14 article in *Local Flavor*).

Go to www.cancersupportnow.org to register today!

FREE event