



Paula Dooley (foreground) of Artesia practices with trainer Patricia Torn (background), a combined stress management technique of puffing a puff ball while using deep breathing with a pursed lip exhale. (Who said cancer peer support facilitator training couldn't possibly be fun)?

8 people attended cancer peer support training in Carlsbad Monday and Tuesday (Aug. 12, Aug 13) including 1 from Artesia, 1 from Roswell and 6 from Carlsbad. Thanks to the New Mexico Department of Health and the Jeff Diamond

Law Firm for making this possible. And thank you Marie Monje, Florence Martinez, Lisa Roback, Yvonne Saiz, Evy Diamond, Levi Sanchez, Kim Bunch, and Paula Dooley for making the whole learning and sharing experience a joy. One new cancer support group is being planned for in Carlsbad as a result of the training.

Coming up on Saturday October 12th and Saturday October 19th - Cancer Peer Support Training in Albuquerque. If you are interested call Patricia Torn at (505)307-3414 or e-mail ptorn@comcast.net