



CANCER SUPPORT **Now**

Cancer Survivors Offering Support

March 18, 2017

6th Annual Living With & Beyond Cancer Conference

Central United Methodist Church 201 University Blvd. NE, Albuquerque 87106

8:30 – 8:45 AM	Conference Registration Check your Morning and Afternoon Breakout Sessions Sign up for Free 15 Min. Massage with UNM Center for Life Continental Breakfast	Main Level Life Center
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Elevator or stairs at upper level (UL) rooms

8:45 – 9:00 AM	Welcome Sandy Ginsburg Cancer Support Now President	Life Center
9:00 – 10:15 AM	Keynote Speaker Gail Rubin , a certified Thanatologist (death educator) and author of <i>Kicking the Bucket List</i> and <i>A Good Goodbye: Funeral Planning for Those Who Don't Plan to Die</i>	

10:15 – 10:30 AM BREAK

Please visit our Sponsors, Presenters & Supporters on the Main & Upper Levels

10:30 AM – NOON Morning Breakout Sessions	Hospice 101: Paula Larez , Senior Hospice Specialist and Peer Mentor for Gentiva Hospice in Albuquerque, NM	UL Rm 301
	New Mexico Medical Cannabis Program – Medical and Legal Perspectives: Rachel Furnari, RN and Rachael Speegle, RN from The Verdes Foundation and Patricia Monaghan, MBA, JD	UL Rms 311 & 312
	Improv Medicine: Jason Pfeifer and Irene Loy , entertainment utilizing the craft of improvisation to facilitate communication between health care providers & patients	UL Rm 307
	Sacredness in Healing: Karen Waconda-Lewis , Director at the Center for Native American Integrative Healing (CNAIH)	Life Center
NOON – 2 PM LIFE CENTER	LUNCHEON & SPEAKER — ANNOUNCEMENTS AND 50/50 DRAWING	

12:45 – 2 PM	Mind/Body Health: José Maresma , Director of Programming at The Mindful Center and a Wellness Consultant at Presbyterian Health Services	Life Center
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2:00 – 2:15 PM BREAK

2:15 – 3:45 PM Afternoon Breakout Sessions	<p>Vial of Life, Get your Documents In Order: Tanya Lattin, NREMT-P/FF, is a nationally registered Paramedic and a Fire Commander and EMS Director for the Corrales Fire Department</p> <p>New Mexico Medical Cannabis Program – Medical and Legal Perspectives: Rachel Furnari, RN and Rachael Speegle, RN from The Verdes Foundation and Patricia Monaghan, MBA, JD</p> <p>Improv Medicine: Jason Pfeifer and Irene Loy, entertainment utilizing the craft of improvisation to facilitate communication between health care providers & patients</p> <p>Lymphedema - What it is and how to deal with it: Deborah Torres, an American Board Certified Mastectomy and Compression Fitter; specializes in custom compression garments and post mastectomy products</p>	<p>Life Center</p> <p>UL Rms 311 & 312</p> <p>UL Rm 307</p> <p>UL Rm 301</p>
4:00 – 4:30 PM	<p>Closing Remarks & Participant Feedback</p> <p>Please complete your evaluation form for a chance to win a door prize.</p>	Life Center

Friends of the Conference: Albuquerque Isotopes, Betty's Bath & Day Spa, Buffett's Chocolate, ChocGlitz, Peoples/Savon Flower Shop

All conference speakers, service providers and vendors are provided for educational purposes only and do not replace independent professional judgment. Statements of fact and opinions expressed are those of the participants individually and, unless expressly stated to the contrary, are not the opinions or positions of Cancer Support Now. CSN does not endorse or approve, and assumes no responsibility for, the content, accuracy or completeness of the information, services, or products presented.



FREE 15 Minute Massage

UNM Center for Life

Special thanks to David Lang!

Room 305 from 11:45 AM to 2:00 PM



500 NM-333 Suite A, Tijeras, NM
(505) 281-6332

The Lineberry Foundation

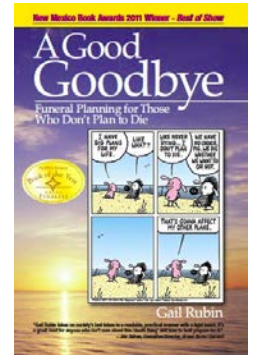
Gail Rubin
Sponsored by



Keynote Speaker



Gail Rubin, CT, is a death educator who uses humor and funny films to teach about end-of-life topics. An award-winning speaker, she "knocked 'em dead" at TEDxABQ in 2015. She's the author of three books on end-of-life issues: *A Good Goodbye: Funeral Planning for Those Who Don't Plan to Die*, *Hail and Farewell: Cremation Ceremonies, Templates and Tips*, and *Kicking the Bucket List: 100 Downsizing and Organizing Things to Do Before You Die*. She's also an informed advocate for planning ahead, a Certified Funeral Celebrant, and a funeral trade press journalist, among other roles.



Luncheon Speaker

José Maresma has been a practicing exercise physiologist for over 25 years. José holds certifications in Advanced Clinical Weight Loss, Stress management, Mind/Body Health, and Strength & Conditioning. José currently is the Director of Programming at The Mindful Center and a Wellness Consultant at Presbyterian Health Services. José's passion is to help people find the best and healthiest version of themselves. You can reach him at Jose@themindfulcenter.com.



Breakout Presenters

Hospice 101

Paula E. Larez is a Senior Hospice Specialist. This Texas native previously worked in the dental field and for the past 13 years with hospice. She enjoys coaching new hires as a Peer Mentor for Gentiva and serving patients, their families and the community at large. When not on the softball field, Paula spends the majority of her time with her family. She can be contacted at (505) 259-2884 and paula.larez@gentiva.com. **(AM ONLY)**

Improv Medicine

Jason Pfeifer, founder of the Improv Medicine, is a working actor and cancer survivor based in Taos, New Mexico. He facilitates groups, leads workshops and has been involved in management and leadership positions at UNM and the Taos Entrepreneurial Network. **Irene Loy**, Research and Communications Director and a Workshop Facilitator for Improv Medicine, brings to this work a professional background of over a decade in healthcare, education, theatre, and non-profit settings. She is thrilled to be part of the Improv Medicine. Her intent is that we all get better at communicating with others by first having a good laugh at ourselves. **(AM & PM)**

Lymphedema - What it is and how to deal with it

Deborah Torres is an American Board Certified Mastectomy and Compression Fitter. She has been working at Active Life for more than six years. Active Life offers cosmetically appealing and comfortable solutions following the removal of breast tissue for clients who are electing or delaying breast reconstruction. Active Life's comprehensive and advanced compression garment treatment options assist our clients in the most challenging situations. She specializes in custom compression garments and post mastectomy products. Deborah states "I love my job because it gives me the opportunity to help others and most importantly educate others about lymphedema." (PM ONLY)

NM Medical Cannabis Program: Medical and Legal Perspectives

Rachael Speegle, RN, MSE, is Director of Operations at The Verdes Foundation, a medical cannabis producer/dispensary where she has been learning the art of cannabis cultivation, processing, and distribution. She is a member of the American Cannabis Nurses Association, the Albuquerque chapter of which was founded by **Rachel Furnari, RN** a native New Mexican who has worked in the medical field for approximately 20 years and an RN since 2013. Rachel's experience includes orthopedic surgery, pediatric ICU/pediatric oncology and cannabis nursing. She is studying to be an advanced herbalist with goals to incorporate local medicinal herbs into cannabis therapy. **Patricia M. Monaghan, MBA, JD**, has practiced law in the areas of business organizations and contract law in Albuquerque since 1996. Her work includes a concentration on representing and advising licensed medical cannabis producers, distributors, manufacturers and applicants for these licenses under New Mexico's Lynn and Erin Compassionate Use Act. (AM & PM)

Sacredness in Healing

Karen Waconda-Lewis, Director at the Center for Native American Integrative Healing (CNAIH) is an initiated medicine healer like her Laguna Pueblo grandparents and their grandparents. She offers a place for spiritual renewal, relaxation and mindfulness, where the Buddhist teachings are blended with Native traditions, as the two indigenous cultures have always integrated meditation as a way "to take you to another level to understand the sacredness of life." You can reach Karen at 505-503-5093 or through the website www.wakandaretreatspa.com. (AM ONLY)

Vial of Life, Get your Documents in Order

Tanya R. Lattin, NREMT-P/FF, is a nationally registered Paramedic, having graduated as valedictorian of her class and a Fire Commander and EMS Director for the Corrales Fire Department, where she has been a member for 20 years. Tanya recently completed the "Community Paramedic" program and runs the Holiday Food and Presents program and is working on setting up a food and clothing pantry in the Village of Corrales. And, in addition to her public service she is the mother of three adult children! (PM ONLY)

Our Gratitude to the CSN Volunteer Conference Planning Committee

Jerry Cross, Anjie Cureton, Sandy Ginsburg, Cyndi Heller, Mary Mann, Ginny-Kay Massara & Mark Rupert

Our Other Valued Volunteers

George Abernathy, Lisa Alvares, Elena Baca, Boy Scout Troop #134, Central United Methodist Church, Shelly Hart, Michelle Humes, Pam Krug, Susana McCoy, Jan Marfyak, Gregory Montgomery, Gwen Montgomery, Gloria & Juan Romero, Tom Rymysza, Joe Stephenson, Adam Torn, Patricia Torn, Linda Trowbridge, Runtang Wang and Scott Zila

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