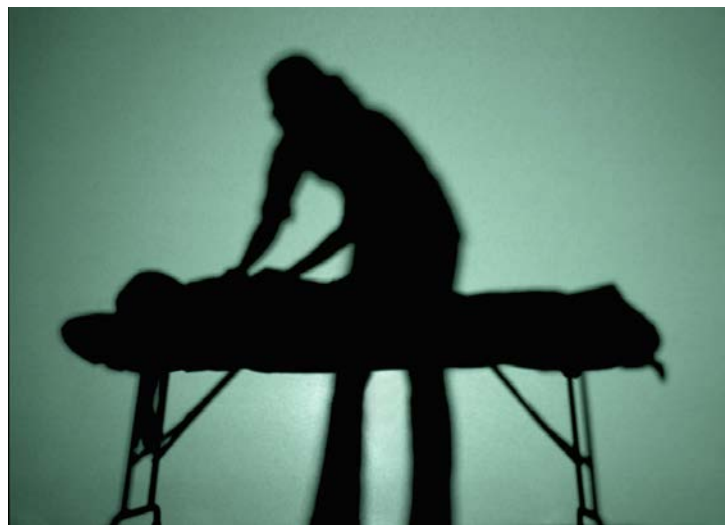




Cancer Support Now provides free 50 minute Reiki Sessions for cancer survivors & their caregivers the fourth Sunday afternoon of each month in Albuquerque near Jefferson & Osuna. Space is limited so make your reservation today. Call 307-3414 or e-mail ptorn@comcast.net . We will then schedule your time which will either begin at 2pm or 3pm. We will also give you instructions on location.



WHAT YOU CAN EXPECT

Reiki is a Japanese form of relaxation and stress reduction administered by the laying on of hands or light touch. During a Reiki session you may experience warmth, coolness, tingling sensations or nothing at all where the practitioners rest their hands. You remain fully clothed during the sessions and will rest comfortably on a massage table.

If we have more people requesting free sessions than we can accommodate for this month, you will be moved to the top of the list for our next month of sessions.



We look forward to meeting you for an afternoon of relaxation!