Food group / Productgroep 1 Potatoes / Aaro	dappelen	code
Cassava boiled	Cassave gekookt	2109
Cassava raw	Cassave rauw	667
Chips fried in liquid frying fat	Frites bereid m vloeibaar vet	2107
Chips fried in solid frying fat	Frites bereid m hard vet	2106
Chips oven frozen prepared	Frites oven- diepvries bereid	1679
Chips pre-fried unprepared	Frites voorgebakken onbereid	1456
Chips prepared average	Frites bereid gem	2108
Croquettes potato frozen unprepared	Aardappelkroketten diepvries onbereid	2326
Plantain ripe raw	Banaan bak- rijp rauw	665
Potato croquettes frozen prepared	Aardappelkroketten diepvries bereid	1680
Potato puree powder av	Aardappelpureepoeder gem	1455
Potato puree powder w milkpowder w fat	Aardappelpureepoeder m melkpoeder m vet	2499
Potato puree powder wo milkpowder wo fat	Aardappelpureepoeder z melkpoeder z vet	2493
Potato waffels/balls frozen unprepared	Aardappelbolletjes/-wafeltjes ed dv onbereid	2834
Potatoes boiled with skin av	Aardappelen m schil gekookt gem	2325
Potatoes Eigenheimer wo skin boiled	Aardappelen Eigenheimer z schil gekookt	2745
Potatoes floury average wo skin boiled	Aardappelen kruimig z schil gekookt gem	2747
Potatoes fried	Aardappelen gebakken	1457
Potatoes mashed instant prep w s-sk milk	Aardappelpuree instant bereid m halfvolle melk	2322
Potatoes mashed instant prepared av	Aardappelpuree gem instant bereid	737
Potatoes mashed instant prepared w water	Aardappelpuree instant bereid m water	2323
Potatoes mashed prep w semi-sk milk+marg	Aardappelpuree bereid m hv melk m marg	121
Potatoes mashed prep w s-sk milk wo fat	Aardappelpuree bereid m hv melk z vet	2324
Potatoes new raw	Aardappelen nieuwe rauw	2
Potatoes Nicola wo skin boiled	Aardappelen Nicola z schil gekookt	2744
Potatoes old raw	Aardappelen oude rauw	3
Potatoes raw	Aardappelen rauw	1
Potatoes Red Baron wo skin boiled	Aardappelen Red Baron z schil gekookt	2746
Potatoes sliced frozen deep-fried	Aardappelschijfjes diepvries gefrituurd	1678
Potatoes sliced frozen unprepared	Aardappelschijfjes diepvries onbereid	1150
Potatoes waxy average wo skin boiled	Aardappelen vastkokend z schil gekookt gem	2922
Potatoes wo skins boiled average	Aardappelen z schil gekookt gem	982
Rosti prepared without fat	Rosti bereid z vet	948
Rosti unprepared	Rosti onbereid	856
Sweet potato boiled	Bataat zoete gekookt	2112
Sweet potato raw	Bataat zoete rauw	671
Tannia prepared wo fat	Pomtajer bereid z vet	2315
Tannia raw	Pomtajer rauw	670
Taro boiled	Taro gekookt	2110
Taro raw	Taro rauw	668
Yam boiled	Yam gekookt	2111
Yam raw	Yam rauw	669

Food group / Productgroep	2 Alcoholic and non alcoholic beverages / Alcoholische en niet-alcoholi	code
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Advocaat liqueur	Advocaat	382
Beer >7 vol% alcohol	Bier zwaar >7 vol% alcohol	1468
Beer alcohol free <0,1 vol%	Bier alcoholvrij <0,1 vol% alcohol	1519
Beer brown	Bier oud bruin	389
Beer low alcohol 0,1-1,2 vol%	Bier alcoholarm 0,1-1,2 vol% alcohol	1520
Beer pilsner	Bier pils	390
Beer with fruit flavour	Bier met vruchtensmaak	2837
Berenburg herb liquor	Berenburg	1134
Brandy	Brandewijn	391
Brandy Dutch vieux	Vieux	416
Breakfast drink HeroFruitontbijt p 100ml	Drinkontbijt Hero FruitOntbijt p 100 ml	2079
Breezer	Breezer	2311

Campari	Campari	392
Cappuccino freshly made	Cappuccino vers bereid	2476
Cider	Cider	2513
Coffee cappuccino instant prepared	Koffie cappuccino oplos- bereid	2477
Coffee prepared	Koffie bereid	644
Coffee w milk vending machine	Koffie automaat- m melk	2648
Coffee w sugar and milk vending machine	Koffie automaat- m suiker en melk	2647
Cognac	Cognac	394
Cola light soft drink with caffeine	Frisdrank light m cafeine	1523
Energy drink Golden Power/Bullit	Energydrink Golden Power/Bullit	2480
Energy drink Red Bull sugarfree	Energydrink Red Bull sugarfree	2673
Energy drink Red Bull/Euroshopper/Rodeo	Energydrink Red Bull/Euroshopper/Rodeo	2672
Fruit dried in brandy	Fruit gedroogd op brandewijn	2505
Fruit drink blackcurrant	Vruchtendrank zwarte bessen	387
Fruit drink conc can Albert Heijn	Siroop vruchtenlimonade- blik Albert Heijn	2389
Fruit drink conc Roosvicee Dieet	Siroop Roosvicee Dieet	738
Fruit drink conc Roosvicee Ferro	Siroop Roosvicee Ferro	498
Fruit drink conc Roosvicee Laxo	Siroop Roosvicee Laxo	500
Fruit drink conc Roosvicee Multivit	Siroop Roosvicee Multivit bosvr/perzik	1881
Fruit drink conc Roosvicee Stop	Siroop Roosvicee Stop	501
Fruit drink conc w sugar and sw w vitC	Siroop vruchtenlim m suiker en zoetst m vit C	2288
Fruit drink conc w sugar and sweetners	Siroop vruchtenlimonade- m suiker en zoetstof	2287
Fruit drink conc with 10-15 mg vit C	Siroop vruchtenlimonade- m 10-15 mg vit C	2388
Fruit drink conc with 15-20 mg vit C	Siroop vruchtenlimonade- m 15-20 mg vit C	2390
Fruit drink conc with sweeteners	Siroop limonade- m zoetstof	1135
Fruit drink concentrate fruitmix	Siroop vruchtenmix	497
Fruit drink concentrate Karvan Cevitam	Siroop vruchtenlimonade- Karvan Cevitam	1810
Fruit drink concentrate light	Siroop vruchtenlimonade- light	2289
Fruit drink concentrate undiluted	Siroop vruchtenlimonade-	463
Fruit drink concentrated w 40 mg vit C	Siroop vruchtenlimonade- m 40 mg vit C	2680
Fruit drink Fruit2day	Fruitdrank Fruit2day	2153
Fruit drink Roosvicee 50/50	Vruchtendrank Roosvicee 50/50	2644
Fruit drink Vitamientje bosvr	Vruchtendrank Appelsientje Vitamientje bosvruchten	2146
Fruit juice conc with added vit C	Diksap m vit C geconcentreerd	2291
Fruit juice concentrated	Diksap geconcentreerd	1655
Fruit juice dk Coolbest light orange	Vruchtendrank Coolbest light premium orange	2152
Fruit juice dk minimal 2 fruits	Vruchtendrank 2 of meer vruchten	1463
Fruit juice dk minimal 2 fruits w vit C	Vruchtendrank 2 of meer vruchten m vit C	2634
Fruit juice dk Roosvicee Multivit light	Vruchtendrank Roosvicee Multivit light	2637
Fruit juice dk Roosvicee Spongebob	Vruchtendrank Roosvicee Spongebob/Shrek	2481
Fruit juice dk Surango multivit light	Vruchtendrank multivit nectar light Surango	2515
Fruit juice drink 12fruit nectar light	Vruchtendrank multivit 12vr nectar light	2490
Fruit juice drink ACE average	Vruchtendrank ACE gem	2483
Fruit juice drink diary Wicky fruitzacht	Vruchtendrank m zuivel Wicky fruitzacht rood fruit	2635
Fruit juice drink raspberry	Vruchtendrank frambozen	399
Fruit juice drink redcurrent	Vruchtendrank rode bessen	385
Fruit juice drink Roosvicee Multivit	Vruchtendrank Roosvicee Multivit	1878
Fruit juice drink w dairy Wicky peach	Vruchtendrank m zuivel Wicky fruitzacht perzik	2328
Fruit juicedrink w sweetener 5-<8g CHO	Vruchtendrank m zoetstof 5-<8g KH	2491
Fruitdrink conc sugar and sw 5-10 g CHO	Siroop vruchtenlim m suiker en zoetst 5-10g KH	2534
Fruitdrink conc w sugar & sw 10-15 g CHO	Siroop vruchtenlim m suiker en zoetst 10-15g KH	2831
Gin Dutch lemon flavoured	Jenever citroen-	393
Gin Dutch red currant flavoured	Jenever bessen-	386
Gin old Dutch	Jenever oude	402
Gin young Dutch	Jenever jonge	401
Ice tea	IJsthee	2086
Ice tea light	IJsthee light	2087
Ice tea with less sugar	IJsthee m minder suiker	2724

Ice tea with suiker and sweetner	IJsthee m suiker en zoetstof	2088
Jagermeister herb liquor	Jagermeister	805
Juice 1e sapje 4 mths Olvarit	Sap 1e sapje 4 mnd Olvarit	1333
Juice apple	Sap appel-	383
Juice apple Appelsientje Groeifruit	Sap appel- Appelsientje Groeifruit appel	2148
Juice apple with vitamin C	Sap appel- m vit C	2144
Juice beetroot	Sap bieten-	861
Juice carrot	Sap wortel-	1656
Juice drink	Limonade vruchten-	417
Juice drink Dubbelfrisss	Limonade vruchten- Dubbelfrisss	2134
Juice drink Dubbelfrisss less sugar	Limonade vruchten- Dubbelfrisss minder zoet	2825
Juice drink bubbeinisss less sugai	Limonade vruchten- light	1521
		2139
Juice drink Spa&Fruit light still	Limonade vruchten- Spa&Fruit light koolzuurvrij	2139
Juice drink Spa&Fruit still	Limonade vruchten- Spa&Fruit koolzuurvrij	
Juice drink Vruchtenfris/Tintelfruit	Limonade vruchten- Vruchtenfris/Tintelfruit	2135
Juice drink Vruchtenfris/Tintelfruit lig	Limonade vruchten- Vruchtenfris/Tintelfruit light	2137
Juice drink w sugar & sw	Limonade vruchten- m suiker en zoetstof	2436
Juice drink Wicky	Limonade vruchten- Wicky	2434
Juice fruit Coolbest Vitaday original	Sap vruchten- Coolbest Vitaday original	2151
Juice fruit Coolbest Vitaday tropical	Sap vruchten- Coolbest Vitaday tropical	2150
Juice fruit Hero Fruit&Co	Sap vruchten- Hero Fruit&Co	2564
Juice fruit multi w vitamins SuperdeBoer	Sap vruchten- multivr sap m vit Super de Boer	2154
Juice fruit Vitamientje oranje vruchten	Sap vruchten- Appelsientje Vitamientje oranje vr	2145
Juice grape	Sap druiven-	396
Juice grapefruit	Sap grapefruit-	664
Juice multifruit	Sap multivruchten-	2507
Juice multifruit mild w vit C	Sap vruchten- mild multifruit m vit C	2851
Juice orange Appelsientje Groeifruit	Sap sinaasappel- Appelsientje Groeifruit sin	2149
Juice orange freshly squeezed	Sap sinaasappel- vers geperst	2755
Juice orange pasteurized	Sap sinaasappel- gepasteuriseerd	410
Juice orange with calcium Appelsientje	Sap sinaasappel- m calcium Appelsientje	2143
Juice orange with pulp	Sap sinaasappel- m vruchtvlees	1932
Juice pear	Sap peren-	923
Juice pineapple	Sap ananas-	1462
Juice redcurrant	Sap bessen-	388
Juice sauerkraut	Sap zuurkool-	1657
Juice tomato Appelsientje Zontomaat	Sap tomaten- Appelsientje Zontomaat	1934
Juice tomato/vegetable	Sap tomatengroenten-	1132
Juice tomato/vegetable Appelsientje	Sap tomatengroenten- Appelsientje Tomaat-Groente	1933
Juice tomato/vegetable low sodium	Sap tomatengroenten- Na-	1156
Lemonade fruit Wicky light	Limonade vruchten- Wicky light	2492
Lemonade squash Dubbelfrisss light	Limonade vruchten- Dubbelfrisss light	2136
Liqueur <15 vol% alcohol	Likeur <15 vol% alc	1465
Liqueur >25 vol% alcohol	Likeur >25 vol% alc	1466
Liqueur 15-25 vol% alcohol	Likeur 15-25 vol% alc	403
Liqueur with cream 15-25 vol% alcohol	Likeur met room 15-25 vol% alc	2828
Madeira	Madeira	857
Mineral water average	Bronwater gem	747
Mineral water Bar le Duc	Bronwater Bar le Duc	2074
Mineral water Chaudfontaine	Bronwater Chaudfontaine	1131
Mineral water Evian	Bronwater Evian	398
Mineral water Perrier	Bronwater Perrier	406
Mineral water Sourcy	Bronwater Sourcy	1968
Mineral water Spa	Bronwater Spa	411
Mineral water Vittel	Bronwater Vittel	420
Mineral water w sweetner	Bronwater witten	2141
Muscatel	Muscatel	405
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Rum	Rum	408
Shandy	Shandy	3009
Sherry	Sherry	409
Smoothie fruit	Smoothie vruchten	2639
Smoothie fruit w dairy	Smoothie vruchten m zuivel	2640
Soft drink cola with caffeine	Frisdrank cola	395
Soft drink light without caffeine	Frisdrank light z cafeine	1522
Soft drink tonic	Frisdrank tonic	414
Soft drink w sugar & sweetner 2-<5 g KH	Frisdrank m suiker en zoetstof 2-<5 g KH	2435
Soft drink w sugar,sw&caffeine 2-<5 carb	Frisdrank m suiker en zoetst 2-<5 g KH m cafeine	2641
Soft drink wo caffeine	Frisdrank	400
Softdrink w sugar,sw&caffeine 5-<8g carb	Frisdrank m suiker en zoetst 5-<8 g KH m cafeine	2665
Sport drink River Powerdrink/Freeway	Sportdrank River Powerdrink/Freeway	2443
Sports drink AA High Energy	Sportdrank AA-Drink High Energy	2042
Sports drink AA Isotone	Sportdrank AA-Drink Isotone	2041
Sports drink AA Multi Nine	Sportdrank AA-Drink Multi Nine	2043
Sports drink AA Sportwater	Sportdrank AA-Drink Sportwater	2040
Sports drink Aquarius	Sportdrank Aquarius	2646
Sports drink Extran Energy	Sportdrank Extran Energy	2218
Sports drink Extran Hydro	Sportdrank Extran Hydro	2219
Tea herbal instant sw prepared	Thee kruiden- oplos gezoet bereid	2444
Tea prepared	Thee bereid	645
Tomato juice	Sap tomaten-	413
Vermouth	Vermouth zoete	415
Water >100 mg calcium per litre	Water >100 mg calcium p liter	600
Water 0-50 mg calcium per litre	Water 0-50 mg calcium p liter	598
Water 50-100 mg calcium per litre	Water 50-100 mg calcium p liter	599
Water average	Water gem	1885
Whey drink light Rivella	Weidrank Rivella light	425
Whey drink Taksi w sugar	Weidrank Taksi m suiker	1294
Whey drink Taksi w sugar and sweetener	Weidrank Taksi m suiker en zoetstof	2220
Whey drink Taksi w sweetener	Weidrank Taksi m zoetstof	2846
Whisky	Whisky	421
Wine medicinal pleegzusterbloedwijn	Wijn pleegzusterbloed-	930
Wine red	Wijn rode	422
Wine rose	Wijn rose	2610
Wine white dry	Wijn witte droge	423
Wine white sweet	Wijn witte zoete	2142

Food group / Productgroep 3 Bread / Brood code

Baguette brown	Brood stok- bruin	2794
Baguette w cheese-onion	Brood stok- kaas-uien	2356
Baguette white	Brood stok- wit	2793
Bread Blue Band Goede Start light brown	Brood Blue Band Goede Start Lichtbruin	2494
Bread Blue Band Goede Start white bread	Brood Blue Band Goede Start Witbrood	2277
Bread brown w pumpkin seeds	Brood tarwe- m pompoenpitten	2821
Bread brown w seeds	Brood tarwe- m diverse zaden	2704
Bread brown w sunflower seeds	Brood tarwe- m zonnebloempitten	2382
Bread brown wheat	Brood tarwe-	236
Bread brown/wholemeal w muesli	Brood muesli- obv meel/volkorenmeel	2353
Bread brown/wholemeal w pumpkin seeds	Brood tarwe/volkoren- m pompoenpitten	2786
Bread brown/wholemeal w sunflower seeds	Brood tarwe/volkoren- m zonnebloempitten	2787
Bread ciabatta no filling	Brood wit- ciabatta ongevuld	2789
Bread corn	Brood mais-	2785
Bread corn w sunflower seeds	Brood mais- m zonnebloempitten	2707
Bread currant	Brood krenten-	233
Bread currant w almond paste	Brood krenten- m spijs	2352
Bread current wholemeal	Brood krenten- volkoren	1459

Bread current/raisin w almond paste	Brood krenten/rozijnen m spijs	2812
Bread gluten and starch free Glutafin	Brood gluten- en tarwezetmeelvrij Glutafin	2274
Bread linseed	Brood lijnzaad-	2349
Bread loaf glutenfree Glutafin	Brood glutenvrij Glutafin	2115
Bread low in carbohydrates	Brood koolhydraatarm	3007
Bread multigrain average w seeds	Brood meergranen- m div zaden gem	2350
Bread multigrain flour w seeds	Brood meergranen- m div zaden obv bloem	2783
Bread multigrain wholemeal Becel	Brood meergranen volkoren- Becel	2931
Bread multigrain wholemeal w seeds	Brood meergranen- m div zaden obv meel	2784
Bread pita white	Broodje wit pita	2790
Bread raisin	Brood rozijnen-	244
Bread raisin w almond paste	Brood rozijnen- met spijs	2814
Bread raisin/current average	Brood rozijnen-krenten gem	2813
Bread rye average	Brood rogge- gem	1395
Bread rye dark	Brood rogge- donker	242
Bread rye dark low sodium	Brood rogge- donker Na-	1011
Bread rye light	Brood rogge- licht	243
Bread sourdough wholemeal	Brood zuurdesem- volkoren	2788
Bread Tijger brown wheat	Brood tijger- bruin	2815
Bread Tijger white	Brood tijger- wit	2816
Bread wheat malt Tarvo	Brood mout- Tarvo	249
Bread wheatrye wholemeal	Brood tarwerogge- volkoren	1017
Bread white average milk/water based	Brood wit- gem van melk- en waterwit	2351
Bread white milk based	Brood wit- melk	241
Bread white Turkish	Brood wit- Turks	1361
Bread white w sugar Suikerbrood	Brood suiker- wit	2355
Bread white w sunflower seeds	Brood wit- m zonnebloempitten	2358
Bread white water based	Brood wit- water	248
Bread wholemeal average	Brood volkoren- gem v fijn en grof	246
Bread wholemeal fine	Brood volkoren- fijn	2811
Bread wholemeal w nuts	Brood noten- volkoren	2354
Bread wholemeal w pumpkin seeds	Brood volkoren- m pompoenpitten	2348
Bread wholemeal w seeds	Brood volkoren- m diverse zaden	2703
Bread wholemeal w sunflower seeds	Brood volkoren- m zonnebloempitten	2357
Bread wholemeal w wheat kernels	Brood volkoren- grof	2782
Breadsticks	Soepstengel	2369
Bun currant/raisin	Bol krenten-	2803
Bun wholemeal w muesli	Bol muesli- meel/volkorenmeel	2804
Cracker VitaLU w added calcium	Cracker VitaLU m calcium	2916
Crackers cream	Cracker cream-	228
Crackers cream low sodium	Cracker cream- Na-	1016
Crackers gluten free Glutafin	Cracker glutenvrij Glutafin	1352
Crackers matzes	Cracker tea- matses	238
Crackers rich in fibre gluten free	Cracker vezelrijk glutenvrij Glutafin	2273
Crackers VitaLU	Cracker VitaLU	2229
Crispbakes Dutch	Beschuit	227
Crispbakes Dutch low sodium	Beschuit Na-	1022
Crispbakes Dutch wholemeal	Beschuit volkoren	655
Crispbread averaged	Knackebrod gem	229
Crispbread Cracottes	Cracottes naturel	1312
Crispbread Cracottes Vital	Cracottes Vital	2230
Crispbread gold-brown	Knackebrod goudbruin	596
Crispbread high fibre	Knackebrod vezelrijk	1253
Crispbread light	Knackebrod lichtgewicht	976
Crispbread sandwich Wasa	Knackebrod sandwich Wasa	1802
Crispbread sesame	Knackebrod sesam	975
Crispbread wholemeal	Knackebrod volkoren	1779
Crispbread wholemeal Cracottes	Cracottes volkoren	1322

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Croissant average	Croissant gem	2818
Croissant prepared w butter	Croissant roomboter-	2801
Croissant prepared wo butter	Croissant z roomboter	2802
Croissants	Croissants uit blik afgebakken	878
Croutons	Croutons	2528
Dough for pizza and savoury pie	Brooddeeg (bodem voor pizza/hartige taart)	1914
Roll brown hard	Broodje tarwe- hard	2796
Roll brown soft	Broodje tarwe- zacht	2797
Roll multigrain hard	Broodje meergranen- hard	2799
Roll multigrain soft	Broodje meergranen- zacht	2800
Roll white hard	Broodje wit hard	2795
Roll white soft	Broodje wit zacht	230
Roll wholemeal soft	Broodje volkoren- zacht	2798
Stollen w almond/imitat paste average	Stol m spijs gem m en z noten	2817
Stollen w almond/imitat paste w nuts	Stol m spijs m noten	2792
Stollen w almond/imitat paste wo nuts	Stol m spijs z noten	2791
Toast	Brood geroosterd toast	565
Toast Melba natural	Toast Melba naturel	2937
Toast Melba other varieties	Toast Melba overige soorten	2938

Food group / Productgroep 4 Miscellaneous foods / Diversen

Food group / Productgroep 4 Miscellaneous	foods / Diversen	code
Almond paste with egg	Amandelspijs m ei	790
Almond/imitation paste average	Spijs gem	2807
Cocoa powder	Cacaopoeder	430
Cocoa powder sweetened Benco	Cacaopoeder gezoet Benco	535
Cocoa powder sweetened Nesquik plus	Cacaopoeder gezoet Nesquik plus	2535
Cocoa product powder Ovomaltine	Cacaoproduct poeder Ovomaltine	595
Coconut creamed block Santen	Santen kokoscreme vast	809
Coconut meat fresh	Kokosnootvlees	202
Coconut milk	Kokosmelk	2290
Porridge barley with raisins Bessola	Watergruwel Bessola	605
Salt fortified with iodine	Zout met toegevoegd jodium	841
Salt low sodium LoSalt	Zout mineraal- Na- LoSalt	1212
Salt not fortified with iodine	Zout zonder toegevoegd jodium	2819
Salt sea	Zout zee-	2953
Seaweed agar agar dried	Zeewier agar agar gedroogd	1898
Seaweed kelp raw	Zeewier kelp rauw	1897
Vegetable paste Tartex	Pasta plantaardig Tartex	1094
Vinegar	Azijn	2615
Yeast dried	Gist gedroogd	1025
Yeast extract Marmite	Gistextract Marmite	441
Yeast fresh	Gist vers	950

Food group / Productgroep 5 Eggs / Eieren

1000 group / Hoddetgroep 5 Eggs / El	cien	code
Egg chicken free-range boiled	Ei kippen- scharrel gekookt	2770
Egg chicken free-range raw	Ei kippen- scharrel rauw	2769
Egg chicken maize boiled	Ei kippen- mais gekookt	2774
Egg chicken maize raw	Ei kippen- mais rauw	2773
Egg organic chicken boiled	Ei kippen- biologisch gekookt	2772
Egg organic chicken raw	Ei kippen- biologisch rauw	2771
Egg powder chicken	Eipoeder kippen- gedroogd	87
Egg yolk chicken boiled	Eidooier kippen- gekookt	86
Eggs chicken boiled average	Ei kippen- gekookt gem	84
Eggs chicken fried in margarine	Ei kippen- gebakken	1314
Eggs chicken white raw	Eiwit kippenei rauw	358
Eggs chicken whole raw average	Ei kippen- rauw gem	83
Eggs chicken yolk raw	Eidooier kippen- rauw	85

Food group / Productgroep 6 Fruits / Fruit		code
Abricots dried and soaked	Abrikozen gedroogde geweekt	2685
Apple dried soaked in water	Appeltjes gedroogd geweekt	2954
Apple Elstar with skin	Appel Elstar m schil	2751
Apple Elstar without skin	Appel Elstar z schil	2752
Apple Jonagold with skin	Appel Jonagold m schil	2753
Apple Jonagold without skin	Appel Jonagold z schil	2754
Apple sauce tinned	Appelmoes blik/glas	179
Apple sauce wo sugar tinned	Appelmoes z suiker blik/glas	1182
Apple with skin average	Appel m schil gem	875
Apple without skin average	Appel z schil gem	147
Apples dried	Appeltjes gedroogd	178
Apricots dried	Abrikozen gedroogd	175
Apricots in syrup tinned	Abrikozen op siroop blik/glas	176
Apricots with skin	Abrikozen m schil	149
Avocado	Avocado	689
Banana	Banaan	151
Bilberries	Bessen bos-	155
Billberries in syrup tinned	Bessen bos- op siroop blik/glas	180
Blackberries	Bramen	157
Blackcurrants	Bessen zwarte	154
Blueberries	Bessen blauwe	152
Carambola	Carambola	1888
Cherries	Kersen	163
Cherries in syrup tinned	Kersen op siroop blik/glas	184
Cherries morello	Morellen	167
Cowberries	Bessen vossen-	156
Cranberries	Cranberries	159
Currants dried	Krenten gedroogd pak	185
Dates candied	Dadels gekonfijt	181
Dates fresh	Dadels vers	1887
Figs dried	Vijgen gedroogd	193
Figs fresh	Vijgen vers	1010
Flan filling tinned	Vlaaivulling blik	749
Fruit cocktail in syrup tinned	Fruitcocktail op siroop blik/glas	183
Fruit fresh average excluding citrus	Fruit vers excl citrus- gem	173
Fruit fresh average including citrus	Fruit vers incl citrus- gem	1906
Fruit fresh citrus average	Fruit vers citrus- gem	172
Fruit in own juice tinned	Vruchten op eigen sap blik/glas	1242
Fruit in syrup tinned	Vruchten op siroop gem blik/glas	194
Fruit in water tinned	Vruchten op water blik/glas	1244
Fruit mixed dried	Tuttifrutti gedroogd	192
Fruit mixed dried soaked in water	Tuttifrutti gedroogd geweekt	2957
Ginger stem in syrup tinned	Gember op siroop blik/glas	440
Gooseberries	Bessen kruis-	164
Grapefruit	Grapefruit	162
Grapefruit in syrup canned	Grapefruit op siroop blik/glas	848
Grapes black with skin	Druiven blauwe m schil	2749
Grapes white with skin	Druiven witte m schil	2750
Grapes with skin average	Druiven m schil gem	160
Guava	Guave	690
Infant food fruit 12 months	Babyvoeding fruit 12 mnd	1764
Infant food fruit 4 months	Babyvoeding fruit 12 mild	1280
Infant food fruit 6 months	Babyvoeding fruit 4 mild	2056
Infant food fruit 8 months	Babyvoeding fruit 8 mnd	195
Juice lemon	Sap citroen- vers	1127
	_ ·	
Kaki / Sharon fruit	Kaki / Sharonvrucht	1057

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Kiwi fruit	Kiwi	1056
Kumquat	Kumquat	1099
Lemon	Citroen	158
Lime	Limoen	691
Lychees	Lychee	1090
Manderins	Mandarijn	165
Mango	Mango	692
Melon honeydew	Meloen suiker-	1106
Melon in syrup canned	Meloen op siroop blik/glas	1116
Melon netted	Meloen net-	166
Melon water	Meloen water-	1105
Nectarine	Nectarine	1812
Olives tinned/glass	Olijven blik/glas	137
Orange	Sinaasappel	171
Papaya	Papaja	693
Passion fruit	Passievrucht	1074
Peach without skin	Perzik z schil	169
Peaches in syrup tinned	Perziken op siroop blik/glas	189
Pear dried	Peren gedroogd	187
Pear dried soaked in water	Peren gedroogd geweekt	2955
Pear with skin	Peer m schil	2748
Pear without skin	Peer z schil	168
Pears in syrup tinned	Peren op siroop blik/glas	188
Pineapple	Ananas	150
Pineapple in syrup tinned	Ananas op siroop blik/glas	177
Plums in syrup tinned	Pruimen op siroop blik/glas	191
Plums with skin	Pruimen m schil	170
Pomegranate	Granaatappel	1007
Prunes dried	Pruimen gedroogd	190
Prunes dried soaked in water	Pruimen gedroogd geweekt	2956
Raisins dried	Rozijnen gedroogd	33
Raisins soaked in water	Rozijnen geweekt	2379
Raspberries	Frambozen	161
Raspberries in syrup tinned	Frambozen op siroop blik/glas	182
Raspberry/red currant puree tinned	Puree frambozen-bessen- blik/glas	1217
Redcurrant	Bessen rode	153
Strawberries	Aardbeien	148
Strawberries in syrup tinned	Aardbeien op siroop blik/glas	174
Strawberry puree tinned	Puree aardbeien- blik/glas	1117
Syrup from tinned fruit	Vocht van vruchtenconserven blik/glas	1467
Tangerines in syrup tinned	Mandarijnen op siroop blik/glas	186

Food group / Productgroep 7 Pastry and biscuits / Gebak en koek

Food group / Productgroep 7 Pastry and biscuits / Gebak en koek		
Almond filled pastry	Broodje amandel-	250
Almond paste filled tarts average	Koek gevulde gem	257
Almond paste filled tarts w butter	Koek gevulde m roomboter	2761
Almond paste filled tarts wo butter	Koek gevulde z roomboter	2762
Appel pie Dutch w shortbread w butter	Taart appel- van zandtaartdeeg m roomboter	2622
Appel strudel	Appelcarre	833
Apple pie Dutch w shortbread w marg	Taart appel- van zandtaartdeeg z roomboter	251
Apple turnover	Appelflap	2560
Baklava nut-honey cake	Baklava	1365
Berliner pastry	Berliner bol	1470
Biscuit baby/toddler Nijntje	Biscuit baby- en dreumes- Nijntje	2221
Biscuit brown/wholemeal	Biscuit tarwe-/volkoren-	263
Biscuit Cafe noir	Cafe noir	2162
Biscuit children's average	Koekje kinder- gem	2406
Biscuit children's Bambix startkoekjes	Koekjes start- Bambix	1765

Biscuit chocolate	Biscuit chocolade-	1471
Biscuit chocolate coated Chocoprins	Prince Chocoprince	480
Biscuit digestive w chocolate	Biscuit tarwe- m chocolade	2775
Biscuit Dutch Amaretti Bitterkoekjes	Koekje bitter-	2696
Biscuit Dutch Frou frou	Frou frou	2699
Biscuit Dutch shortbread spritsstukken	Spritsstukken	262
Biscuit Dutch shortbread w chocolate	Spritsstukken m chocolade	2409
Biscuit filled Prince	Prince gevulde biscuit	2227
Biscuit fort Liga Derde Stap Wholemeal	Voedingsbiscuit Liga Derde Stap Meergranen	235
Biscuit fortifd w currants LigaEvergreen	Voedingsbiscuit Liga Evergreen krenten	873
Biscuit fortified Evergreen crunchy	Voedingsbiscuit Evergreen crunchy	2714
Biscuit fortified Fruitkick Extra	Voedingsbiscuit Liga Fruitkick Extra	2225
Biscuit fortified Liga Continue vit/min	Voedingsbiscuit Liga Continue vit en min	2226
Biscuit fortified Liga Derde Stap Ca	Voedingsbiscuit Liga Derde Stap Calcium	1967
Biscuit fortified Liga Eerste Stap	Voedingsbiscuit Liga Eerste Stap	1318
Biscuit fortified Liga Evergr assortment	Voedingsbiscuit Liga Evergreen ov smaken	1356
Biscuit fortified Liga Fruitkick	Voedingsbiscuit Liga FruitKick	1321
Biscuit fortified Liga Milkbreak	Voedingsbiscuit Liga Milkbreak	1965
Biscuit fortified Liga Tweede Stap	Voedingsbiscuit Liga Tweede Stap	234
Biscuit fortified LU Time Out	Voedingsbiscuit LU Time Out	2556
Biscuit fruit	Biscuit fruit-	2232
Biscuit gluten free Glutafin	Biscuit glutenvrij Glutafin	1353
Biscuit Jaffa cakes/Cake PiM's	Koekje PiM's sinaasappel	1480
Biscuit muesli	Koek muesli-	636
Biscuit oatmeal	Koek haver-	837
Biscuit peanut	Koek pinda-	2583
Biscuit shortbread Bastogne	Koek Bastogne	481
Biscuit spiced kruidnoten w chocolate	Kruidnoten m chocolade gem	2952
Biscuit spiced Speculaas	Speculaas gem	261
Biscuit spiced Speculaas w almnd paste	Speculaas gevulde	855
Biscuit spiced Speculaas w butter	Speculaas m roomboter	2763
Biscuit spiced Speculaas wo butter	Speculaas z roomboter	2764
Biscuit sponge fingers	Lange vingers	260
Biscuit sweet	Biscuit	252
Biscuit w dried fruit & yoghurt Yofruit	Biscuit Sultana Yofruit	2700
Biscuit with chocolate layer Scholiertje	Koekje Scholiertje	2228
Biscuits assorted with butter	Koekje roomboter- gem	1972
Biscuits averaged	Koekje gem	258
Biscuits children's Bambix beestenkoekje	Koekjes beesten- Bambix	1767
Biscuits children's Bambix dierenkoekjes	Koekjes dieren- Bambix	1339
Biscuits Dutch krakeling	Krakeling	635
Biscuits sugar free	Koekje suikervrij	1477
Brownies with nuts	Brownies met noten	2190
Bun with vanilla custard	Broodje pudding-	1945
Cake butter Dutch Boterkoek	Koek boter-	789
Cake chocolate made w butter	Cake chocolade- m roomboter	2832
Cake chocolate made wo butter	Cake chocolade- z roomboter	2698
Cake Dutch spiced Kapitein Koek	Ontbijtkoekreep Kapitein Koek	2224
Cake Dutch spiced Ontbijtkoek	Koek ontbijt-	240
Cake Dutch spiced Ontbijtkoek less sugar	Koek ontbijt- minder suiker	2329
Cake Dutch spiced Ontbijtkoek w ginger	Koek ontbijt- gember	1460
Cake Dutch spiced Ontbijtkoek w nuts	Koek ontbijt- m noten	2397
Cake Dutch spiced Ontbijtkoek w raisin	Koek ontbijt- m rozijnen	2233
Cake Dutch spiced Ontbijtkoek wholemeal	Koek ontbijt- volkoren	925
Cake Dutchspiced Ontbijtkoek w rockcandy	Koek ontbijt- m kandij	2398
Cake made with butter	Cake m roomboter	1969
Cake sponge Dutch Eierkoek	Koek eier-	254
Cake wo butter	Cake z roomboter	253

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Cake wrapped in marzipan and chocolate	Mergpijpje	2413
Cassava cake Bojo	Bojo cassavetaart	697
Cereal bar Hero B'tween	Graanreep Hero B'tween	2234
Cereal bar Hero B'tween free	Graanreep Hero B'tween free	2235
Cereal bar Special K Kellogg's	Graanreep Special K Kellogg's	2237
Cereal bar w milk Kellogg's	Graanreep m melk Kellogg's	2238
Cheesecake made with cream cheese	Taart Mon Chou-	1479
Cheesecake made with fromage frais	Taart kwark-	835
Chocolate chip cookie	Koekje chocolate chip cookie	2405
Chocolate eclair	Moorkop	2395
Coconut flavoured cookies	Koek kokos-	634
Cream slice Dutch Tompouce	Tompouce	468
Croissant chocolate-	Croissant chocolade-	2400
Cup cake iced	Koek Glace-	2403
Danish pastry	Broodje koffie-	232
Doughnut Dutch style	Oliebol	474
Doughnuts plain	Donuts ongevuld	1473
Eclair with whipped cream filling	Soes slagroom-	1475
Eclair without filling	Soes ongevuld	1915
Fatless sponge	Taartbodem van biscuitdeeg	2272
Flan apple and crumble topping	Vlaai appelkruimel-	2776
Flan bottom Limburg	Vlaaibodem Limburgse	1917
Flan filled with rice pudding	Vlaai rijste-	489
Flan fruit and crumble topping	Vlaai kruimel- m vruchten	1478
Flan hard shell with custard cream	Vlaai wener bodem m bakkersroom	2777
Flan sponge with custard cream	Vlaai zachte bodem m bakkersroom	2778
Flan with fruit filling	Vlaai vruchten-	486
Gateau fatless sponge w fruit & cream	Taart vruchten- van biscuitdeeg m slagroom	854
Gateau with butter-cream filling	Taart creme au beurre-	256
Gateau with whipped cream	Taart slagroom-	255
Gingersnap	Kletskop	2412
Macaroons	Kokosmakronen	259
Meringue cake Bokkenpootje	Bokkenpootje	633
Meringue with butter-cream	Taart schuim- m creme au beurre	1476
Muesli bar	Mueslireep	2239
Muesli bar with chocolate	Mueslireep m chocolade	1509
Pastry tulumba tatlici Turkish	Gebak tulumba tatlici Turks	1366
Rice cakes puffed	Wafel rijst- naturel	1481
Rice cakes puffed w caramel	Wafel rijst- m caramel	2360
Rice cakes puffed w chocolate	Wafel rijst- m chocolade	2231
Shortbread	Zandtaartjes	836
Spiced cake Indonesian- Spekkoek	Spekkoek	2399
Sponge cake w fruit	Taart vruchten- van cakedeeg	2010
Sponge cake wholemeal	Koek eier- volkoren/meergranen	2933
Tart fruit w shortbread base	Taart vruchten- van zandgebak	2009
Tarts filled with jam	Koek met gelei/appelvulling	2401
Teacakes chocolate coated marshmellow	Schuimzoenen	2410
Vol -au-vont made w butter	Pasteibakje roomboter	898
Vol -au-vont shell	Pasteibakje	899
Waffle Luikse	Wafel Luikse-	2661
Waffle soft-/sugar-/flash-	Wafel zachte-/suiker-/flash-	2662
Waffle syrup average	Wafel stroop- gem	713
Waffle syrup w butter	Wafel stroop- m roomboter	2820
Waffle syrup w/o butter	Wafel stroop- z roomboter	2810

Food group / Productgroep 8 Cereals and cereal products / Graanproducten en bindmiddelen

Baking mix brown gluten free Glutafin	Bakmix bruin Ca+ glutenvrij Glutafin	1351
Baking mix white gluten free Glutafin	Bakmix wit Ca+ glutenvrij Glutafin	1350

code

Barley easy cook raw	Gort vlug- rauw	1024
Barley malt	Mout gorte-	211
Barley pearl raw	Gort parel- rauw	212
Barley whole grain raw	Gerst hele korrel rauw	1890
Binding agents averaged	Bindmiddel gem	223
Blancmange powder chocolate	Puddingpoeder chocolade instant	488
Blancmange powder chocolate wo sugar	Puddingpoeder chocolade z suiker	994
Blancmange powder wo sugar average	Puddingpoeder z suiker	993
Br prod Bambix Groei Ontbijt fijne gr	Ontbijtprod Bambix Groei Ontbijt fijne granen	224
Br prod Bambix Groei Ontbijt licht volk	Ontbijtprod Bambix Groei Ontbijt licht volkoren	1338
Br prod Bambix Peuter Ontbijt 8 granen	Ontbijtprod Bambix Peuter Ontbijt 8 granen	1991
Bread crumbs	Paneermeel	1013
Breakfast cereal All-Bran Fruit n Fibre	Ontbijtproduct All-Bran Fruit 'n Fibre Kellogg's	2004
Breakfast cereal All-Bran Plus Kellogg's	Ontbijtproduct All-Bran Plus Kellogg's	591
Breakfast cereal Brinta	Ontbijtproduct Brinta	225
Breakfast cereal Chocos Kellogg's	Ontbijtproduct Chocos Kellogg's	2683
Breakfast cereal Cornflakes	Ontbijtproduct Cornflakes	2081
Breakfast cereal Cornflakes Kellogg's	Ontbijtproduct Cornflakes Kellogg's	209
Breakfast cereal Honey Loops Kellogg's	Ontbijtproduct Honey Loops Kellogg's	2007
Breakfast cereal Rice Krispies Kellogg's	Ontbijtproduct Rice Krispies Kellogg's	653
Breakfast cereal Smacks Kellogg's	Ontbijtproduct Smacks Kellogg's	2006
Breakfast prod All-Bran flakes Kellogg's	Ontbijtproduct All-Bran flakes Kellogg's	2705
Breakfast prod Coco Pops Kellogg's	Ontbijtproduct Choco Pops Kellogg's	2002
Breakfast product 7 cereals energy	Ontbijtprod Molenaar 7-granen-energie ontbijt	1804
Breakfast product Frosties Kellogg's	Ontbijtproduct Frosties Kellogg's	1999
Breakfast product Spec K choc Kellogg's	Ontbijtproduct Special K chocolade Kellogg's	2684
Breakfast product Special K Original	Ontbijtproduct Special K Original Kellogg's	2005
Buckwheat groats	Grutten boekweite-	1019
Bulgur wheat raw	Tarwe gebroken bulgur rauw	1015
Cornflour	Maizena	215
Couscous boiled	Couscous gekookt	2158
Couscous unprepared	Couscous rauw	1889
Custard powder	Custardpoeder	210
Drink breakfast Brinta Wake Up	Drinkontbijt Brinta Wake Up	2051
Flour buckwheat	Meel boekweite-	208
Flour cassava	Meel cassave-	695
Flour for pancakes	Meel pannenkoek-	530
Flour for poffertjes batter mix	Meel poffertjesmix	531
Flour maize	Meel mais-	696
Flour rice	Bloem rijste-	80
Flour rice instant Bambix	Bloem rijste- Bambix	1023
Flour rice Molenaar	Bloem rijste- Molenaar kindermeel	2082
Flour rye	Meel rogge-	218
Flour rye 60% extraction	Bloem rogge- 60% uitmaling	217
Flour wheat 50% extraction	Meel tarwe-	222
Flour wheat self-raising	Meel bak- zelfrijzend	1020
Flour wheat white 75% extraction	Bloem tarwe- patent	220
Gelatin	Gelatine	439
Millet boiled	Gierst gekookt	2159
Millet raw	Gierst rauw	847
Muesli Country Store Kellogg's	Muesli Country Store Kellogg's	2008
Muesli crunchy plain/w fruit	Muesli krokante naturel/m fruit	2366
Muesli crunchy w chocolate	Muesli krokante m chocolade	2676
Muesli crunchy w nuts	Muesli krokante m noten	2675
Muesli w fruit	Muesli vruchten-	2809
Oatmeal	Mout haver-	213
Pasta glutenfree raw	Pasta glutenvrij rauw	2271
Pasta plain average boiled	Pasta witte gem gekookt	659
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Pasta white fresh boiled	Pasta witte vers gekookt	2781
Pasta white raw	Pasta witte rauw	4
Pasta white w egg boiled	Pasta witte m ei gekookt	2780
Pasta white wo egg boiled	Pasta witte z ei gekookt	2779
Pasta wholemeal boiled	Pasta volkoren gekookt	2157
Pasta wholemeal raw	Pasta volkoren rauw	811
Popcorn kernels	Mais pof- gedroogd	214
Pudding instant powder Bourbon	Puddingpoeder instant Bourbon	746
Pudding instant powder with sugar	Puddingpoeder	216
Pudding instant various flavours powder	Puddingpoeder overige smaken instant	622
Rice brown boiled	Rijst zilvervlies- gekookt	1014
Rice brown raw	Rijst zilvervlies- rauw	712
Rice multi-grain boiled	Rijst meergranen- gekookt	2682
Rice multi-grain raw	Rijst meergranen- rauw	2049
Rice white boiled	Rijst witte gekookt	658
Rice white parboiled boiled	Rijst parboiled gekookt	955
Rice white raw	Rijst witte rauw	5
Rye flakes rolled	Vlokken rogge- geplet	1018
Seitan	Seitan	1458
Semolina	Meel gries-	78
Semolina powder without sugar	Puddingpoeder griesmeel z suiker	992
Starch potato	Meel aardappel-	226
Tapioca	Tapioca	219
Vermicelli raw	Vermicelli rauw	82
Wheat bran	Zemelen tarwe-	590
Wheat germ	Kiemen tarwe-	231
Wrap/Tortilla	Wrap/Tortilla	2359

Food group / Productgroep 9 Vegetables / Groenten

code

Antroewa raw	Antroewa rauw	674
Artichoke raw	Artisjok rauw	1021
Asparagus boiled	Asperges gekookt	957
Asparagus raw	Asperges rauw	9
Asparagus tinned	Asperges blik/glas	130
Aubergine boiled	Aubergine gekookt	11
Aubergine raw	Aubergine rauw	10
Bamboo shoots tinned	Bamboespruiten blik/glas	1187
Bami vegetables mixed boiled	Bamipakket gekookt	2331
Bean sprouts boiled	Tauge gekookt	59
Bean sprouts raw	Tauge rauw	58
Beans broad boiled	Bonen tuin- gekookt	962
Beans broad frozen unprepared	Bonen tuin- diepvries onbereid	1148
Beans broad raw	Bonen tuin- rauw	62
Beans broad tinned	Bonen tuin- blik/glas	142
Beans French boiled	Bonen sperzie- gekookt	951
Beans French frozen boiled	Bonen sperzie- diepvries gekookt	954
Beans French raw	Bonen sperzie- rauw	50
Beans French tinned	Bonen sperzie- blik/glas	139
Beans hyacinth koeliboontje	Koeliboontje rauw	678
Beans long yard Kouseband boiled	Kousenband gekookt	1811
Beans long yard kouseband raw	Kousenband rauw	679
Beans runner	Bonen snij- rauw	49
Beans runner boiled	Bonen snij- gekookt	961
Beans runner frozen unprepared	Bonen snij- diepvries onbereid	1143
Beans runner tinned	Bonen snij- blik/glas	138
Beetroot boiled	Bieten gekookt	958
Beetroot low sodium tinned	Bieten Na- blik/glas	1118
Beetroot pickled glass	Bieten rode zoetzuur glas	1454

Beetroot raw	Bieten rauw	12
Black nightshade raw	Agoemawiwiri rauw	672
Bottlegourd poeng	Poeng rauw	681
Broccoli boiled	Broccoli gekookt	920
Broccoli raw	Broccoli rauw	921
Brussel sprouts boiled	Spruitjes gekookt	55
Brussel sprouts frozen boiled	Spruitjes gekookt	1147
Brussel sprouts raw	Spruitjes rauw	564
Cabbage Chinese boiled	Kool Chinese gekookt	22
Cabbage Chinese raw	Kool Chinese rauw	21
Cabbage green boiled	Kool groene gekookt	25
Cabbage green raw	Kool groene rauw	24
Cabbage oxheart boiled	Kool spits- gekookt	54
Cabbage oxheart boiled Cabbage oxheart raw	Kool spits- rauw	53
Cabbage pak-choi raw	Paksoi rauw	1892
Cabbage red boiled	Kool rode gekookt	42
Cabbage red boiled Cabbage red glass	Kool rode blik/glas	145
Cabbage red glass Cabbage red raw	Kool rode blik/glas	41
Cabbage red raw Cabbage red w apple pieces frozen boiled	Kool rode rauw Kool rode m appeltjes diepvries gekookt	650
Cabbage red w apple pieces frozen bolled Cabbage sauerkraut cooked	Kool rode in appeitjes diepvries gekookt Kool zuur- gekookt	74
Cabbage sauerkraut low sodium tinned	Kool zuur- Na- blik/glas	1154
Cabbage sauerkraut raw Cabbage sauerkraut raw	Kool zuur- rauw	73
	Kool savooie- gekookt	44
Cabbage Savoy boiled Cabbage Savoy raw	Kool savooie- gekookt	43
,	Kool witte gekookt	70
Cabbage white cooked	Kool witte rauw	69
Cabbage white raw		2402
Capers Carrot bunched boiled	Kappertjes Wortelen bospeen gekookt	2727
Carrot bunched raw	Wortelen bospeen rauw	2727
Carrot winter boiled	Wortelen bospeen radw Wortelen winterpeen gekookt	2729
Carrot winter raw	Wortelen winterpeen rauw	2729
Carrots boiled average	Wortelen gekookt gem	72
Carrots boiled average Carrots raw average	Wortelen gekookt gem	72 71
Carrots raw average Carrots tinned	Wortelen Hadw geni Wortelen blik/glas	143
Cauliflower boiled	Kool bloem- gekookt	15
Cauliflower raw	Kool bloem- rauw	14
Celeriac boiled	Selderij knol- gekookt	26
Celeriac polied Celeriac raw	Selderij knol- rauw	558
Celery boiled	Selderij bleek- gekookt	13
Celery raw	Selderij bleek- rauw	557
Chicory boiled	Witlof gekookt	68
Chicory raw	Witlof gerookt	67
Chili pepper raw	Peper Spaanse rauw	2524
Courgettes boiled	Courgette gekookt	966
Courgettes raw	Courgette rauw	922
Cress garden raw	Sterkers rauw	126
Cucumber boiled	Komkommer gekookt	28
Cucumber sliced pickled	Komkommerschijven zoetzuur glas	1161
Cucumber w skin raw	Komkommer m schil rauw	2739
Cucumber w skin raw	Komkommer z schil rauw	2739
Dagoe leaf raw	Dagoeblad rauw	675
Dandelion leaves raw	Sla mol- rauw	1087
Endive boiled	Andijvie gekookt	8
Endive boiled Endive frozen unprepared	Andijvie diepvries onbereid	1136
Endive rrozen unprepared Endive raw	Andijvie diepvries onbereid Andijvie rauw	7
Endive raw Endive tinned	Andijvie blik/glas	129
LIIUIVE UIIIIEU	אוועוןעוב טווג/טומט	129
Fennel boiled	Venkel gekookt	967

Gherkins low sodium	Augurken Na-	1153
Gherkins pickled without sugar	Augurken zoetzuur z suiker	1160
Gherkins sour pickled	Augurken zuur	131
Gherkins sweet pickled	Augurken zoetzuur	132
Gherkins sweet pickled low sodium	Augurken zoetzuur Na-	1157
Gourd bitter sopropo raw	Sopropo rauw	683
Grape leaves glass	Druivenblad glas	1370
Infant food vegetables 4 months	Babyvoeding groente 4 mnd	1281
Kaisoi raw	Kaisoi rauw	676
Kale curly boiled	Kool boeren- gekookt	16
Kale curly boiled glass	Kool boeren- glas	1398
Kale curly frozen boiled	Kool boeren- diepvries gekookt	952
Kale curly raw	Kool boeren- rauw	959
Klaroen raw	Klaroen rauw	677
Kohlrabi boiled	Koolrabi gekookt	30
Kohlrabi raw	Koolrabi rauw	560
Leek boiled	Prei gekookt	37
Leek raw	Prei rauw	562
Lettuce green average raw	Sla groene gem rauw	2346
Lettuce head boiled	Sla gekookt	47
Lettuce head raw	Sla krop- rauw	46
Lettuce iceberg raw	Sla ijsberg- rauw	1399
Lettuce lambs boiled	Sla veld- gekookt	66
Lettuce lambs raw	Sla veld- rauw	65
Lettuce red raw	Sla rode rauw	2708
Mange-tout boiled	Peultjes gekookt	964
Mushrooms boiled	Champignons gekookt	20
Mushrooms chanterelle boiled	Cantharellen gekookt	18
Mushrooms chanterelle raw	Cantharellen rauw	17
Mushrooms fried in margarine with salt	Champignons gebakken m zout	1394
Mushrooms low sodium tinned	Champignons Na- blik/glas	1133
Mushrooms raw	Champignons rauw	19
Mushrooms tinned	Champignons blik/glas	133
Mustard leaf raw	Amsoi rauw	673
Okra raw	Okra rauw	680
Onion Welsh boiled	Ui sla- gekookt	2738
Onion Welsh raw	Ui sla- rauw	2737
Onions boiled	Ui gekookt	64
Onions deep-fried sachet	Uitjes gefrituurd zak	1484
Onions fried in margarine	Ui gebakken	1393
Onions raw	Ui rauw	63
Onions silver-skin sweet pickled low Na	Uien zilver- zoetzuur Na- glas	1158
Onions silverskin sweet pickled wo sugar	Uien zilver- zoetzuur z suiker glas	1159
Pea garden extra fine low sodium tinned	Doperwten extra fijn Na- blik/glas	1119
Pea garden super fine low sodium tinned	Doperwten zeer fijn Na- blik/glas	1115
Pea garden super fine tinned	Doperwten zeer fijn blik/glas	135
Peas and carrots frozen unprepared	Doperwten m wortelen diepvries onbereid	1139
Peas and carrots tinned	Doperwten m wortelen blik/glas	136
Peas fresh boiled	Doperwten gekookt	963
Peas frozen boiled	Doperwten diepvries gekookt	953
Peas garden medium fine tinned	Doperwten middelfijn blik/glas	134
Peas mange-tout raw	Peultjes rauw	35
Peas raw	Doperwten rauw	23
Pumpkin boiled	Pompoen gekookt	2113
Pumpkin raw	Pompoen rauw	682
Purslane boiled	Postelein gekookt	36
Purslane raw	Postelein rauw	561
Radish black raw	Rammenas rauw	125
radion black raw	rannicias rauw	123

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Radish red/white raw	Radijs rauw	124
Rhubarb puree w sugar	Rabarbermoes m suiker	538
Rhubarb raw	Rabarber rauw	40
Rocket raw	Sla rucola rauw	2736
Salsify boiled	Schorseneren gekookt	960
Salsify raw	Schorseneren rauw	45
Silver-skin onions sweet pickled glass	Uien zilver- zoetzuur glas	144
Spinach boiled	Spinazie gekookt	52
Spinach creamed frozen boiled	Spinazie a la creme diepvries gekookt	651
Spinach cut frozen unprepared	Spinazie gesneden diepvries onbereid	1146
Spinach frozen boiled	Spinazie diepvries gekookt	146
Spinach raw	Spinazie rauw	51
Spinach tinned	Spinazie blik/glas	140
Swede boiled	Koolraap gekookt	29
Swede raw	Koolraap rauw	559
Sweet pepper average boiled	Paprika gekookt gem	2743
Sweet pepper average raw	Paprika rauw gem	2742
Sweet pepper green boiled	Paprika groene gekookt	32
Sweet pepper green raw	Paprika groene rauw	31
Sweet pepper red boiled	Paprika rode gekookt	885
Sweet pepper red raw	Paprika rode rauw	884
Sweet pepper sweet/sour pickled	Paprika zoetzuur glas	851
Sweet pepper yellow boiled	Paprika gele gekookt	2741
Sweet pepper yellow raw	Paprika gele rauw	2740
Sweetcorn boiled	Mais suiker- gekookt	57
Swiss chard leaf boiled	Snijbiet gekookt	48
Swiss chard leaf raw	Snijbiet rauw	563
Tannia leaves prepared wo fat	Tajerblad bereid z vet	2316
Tannia leaves raw	Tajerblad rauw	684
Tomato average boiled	Tomaat gekookt gem	2735
Tomato average raw	Tomaat rauw gem	2734
Tomato beef boiled	Tomaat vlees- gekookt	2733
Tomato beef raw	Tomaat viees- rauw	2732
Tomato cherry raw	Tomaat kers- rauw	2731
Tomato puree concentrated tinned	Puree tomaten- geconcentreerd blik	141
Tomato sun-dried	Tomaat zongedroogd	2378
Tomato vine raw	Tomaat tros- rauw	2730
Tomatoes dried in oil tin/glass	Tomaat gedroogd in olie blik/pot	2377
Tomatoes normal boiled	Tomaat gewoon gekookt	61
Tomatoes normal raw	Tomaat gewoon rauw	60
Tomatoes sieved	Tomaten gezeefd pak	2498
Tomatoes stewed	Tomaat gestoofd	1397
Tomatoes stewed	Tomaat in blik	2293
Turnip tops boiled	Raapstelen gekookt	39
Turnip tops raw	Raapstelen rauw	38
Vegetable mix for pea soup frozen unprep	Groente erwtensoep- diepvries onbereid	1140
Vegetable mix for soup raw	Groente soep- rauw	75
Vegetable mix for soup raw Vegetable mix puszta frozen unprepared	Groentemix poesta diepvries onbereid	1142
Vegetable mix puszta mozen unprepared Vegetable mixed Mexico frozen unprepared	Groentemix Mexico diepvries onbereid	1141
Vegetables average boiled	Groenten gekookt gem	1904
Vegetables average raw	Groenten rauw gem	1905
Vegetables average raw Vegetables mixed pickled Atjar tjampoer	Groente zoetzuur atjar tjampoer glas	850
Vegetables mixture for soup frozen	Groente zoetzuur atjar tjampoer gias Groente soep- diepvries onbereid	1144
Vegetables mixture for soup mozen Vegetables mixture raw	Rauwkost gem	127
Vegetables mixture raw Vegetables pickled Turkish Tursu	Tafelzuur tursu Turks	1371
vegetables pickied fulkisti fulsu	Tareizaar tarsa Tarks	13/1

Food group / Productgroep 10 Savoury bread spreads / Hartig broodbeleg

code

Peanut butter	Pindakaas	455	

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Peanut butter light	Pindakaas light	2367
Peanut butter with nut pieces	Pindakaas m stukjes noot	541
Sandwich spread cucumber	Spread sandwich- komkommer	574
Sandwich spread original	Spread sandwich- naturel	575
Sesame paste tahin	Pasta sesam- tahin	1461

Food group / Productgroep 11 Cheese / Kaas

Food group / Productgroep 11 Cheese / Kaas		code
Cheese 10+	Kaas 10+	2264
Cheese 20+	Kaas 20+	1723
Cheese 20+ Leidse w cumin/Fries clove	Kaas 20+ Leidse/Friese nagel-	514
Cheese 20+ rindless	Kaas 20+ korstloze	1727
Cheese 20+ sodium reduced	Kaas 20+ Na-	927
Cheese 30+	Kaas 30+	1382
Cheese 30+ low salt	Kaas 30+ minder zout	2824
Cheese 40+ Leiden w cumin/Fries clove	Kaas 40+ Leidse/Friese nagel-	1726
Cheese 40+ sodium reduced	Kaas 40+ Na-	928
Cheese 45+	Kaas 45+	1809
Cheese 48+ low salt	Kaas 48+ minder zout	881
Cheese 50+	Kaas 50+	1724
Cheese Amsterdam 48+	Kaas Amsterdammer 48+	883
Cheese Bel Paese	Kaas Bel Paese	1893
Cheese Bluefort	Kaas Bluefort	726
Cheese Brie 50+	Kaas Brie 50+	593
Cheese Brie 60+	Kaas Brie 60+	1487
Cheese Camembert 30+	Kaas Camembert 30+	1111
Cheese Camembert 45+	Kaas Camembert 45+	556
Cheese Cheddar	Kaas Cheddar	725
Cheese cottage	Kaas huttenkase	654
Cheese cream 60+	Kaas room- 60+	715
Cheese cream soft Boursin	Kaas room- zachte Boursin	728
Cheese cream soft Mon Chou	Kaas room- zachte Mon Chou	719
Cheese cream soft Paturain	Kaas room- zachte Paturain	1302
Cheese Edam 40+	Kaas Edammer 40+	511
Cheese Emmenthaler	Kaas Emmentaler	724
Cheese fresh light 8% fat	Kaas verse light 8% vet	1489
Cheese goat fresh	Kaas geiten- verse	1650
Cheese goat hard	Kaas geiten- hard	2518
Cheese Gorgonzola	Kaas Gorgonzola	1939
Cheese Gouda 48+ age 10-12 mths	Kaas Goudse 48+ oud	2759
Cheese Gouda 48+ age 4-7 mths	Kaas Goudse 48+ belegen	2758
Cheese Gouda 48+ age 4-8 weeks	Kaas Goudse 48+ jong	2756
Cheese Gouda 48+ age 8 wk-4 mths	Kaas Goudse 48+ jong belegen	2757
Cheese Gouda 48+ average	Kaas Goudse 48+ gem	513
Cheese Gruyere	Kaas Gruyere	722
Cheese Kernhem 60+	Kaas Kernhemmer 60+	882
Cheese Leerdammer/Maasdammer 45+	Kaas Leerdammer/Maasdammer 45+	1725
Cheese Limburger	Kaas Limburgse	721
Cheese Mozzarella	Kaas Mozzarella	1955
Cheese Parmesan	Kaas Parmezaanse	718
Cheese processed rindless 40+	Kaas 40+ korstloze	512
Cheese product w veg fat 45+	Kaasproduct m plantaardige vetten 45+	2920
Cheese Rambol	Kaas Rambol	1108
Cheese raw milk 48+	Kaas rauwmelkse 48+	1112
Cheese Roquefort	Kaas Roquefort	714
Cheese Saint Paulin/Port Salut	Kaas Saint Paulin/Port Salut	716
Cheese sheep fresh	Kaas schapen- vers	804
Cheese smoked	Kaas rook-	1104
Cheese sodium reduced 48+	Kaas 48+ Na-	1113

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Cheese spread 20+	Kaas smeer- 20+	517
Cheese spread 20+ low sodium	Kaas smeer- 20+ Na-	1303
Cheese spread 30+	Kaas smeer- 30+	1103
Cheese spread 40+	Kaas smeer- 40+	516
Cheese spread 45+	Kaas smeer- 45+	2995
Cheese spread 48+	Kaas smeer- volvet 48+	515
Cheese spread 60+ Kiri	Kaas smeer- 60+ Kiri	1109
Cheese Stilton	Kaas Stilton	1110
Cheese Swiss dried	Kaas strooi- Zwitserse	304
Dairy spread plain/herbs	Zuivelspread naturel/kruiden	2678
Dairy spread plain/herbs light	Zuivelspread naturel/kruiden light	2679
Mascarpone cheese	Kaas Mascarpone	2925

Food group / Productgroep 12 Herbs and spices / Kruiden en specerijen

Food group / Productgroep 12 Herbs and spices /	Kruiden en specerijen	code
Basil dried	Basilicum gedroogd	1220
Basil fresh	Basilicum vers	2177
Celery leaves fresh	Selderij blad- vers	1235
Chervil dried	Kervel gedroogd	1224
Chervil fresh	Kervel vers	831
Chilli powder	Chilipoeder	1221
Chives fresh	Bieslook vers	829
Cinnamon powder	Kaneel	826
Cloves	Kruidnagel	828
Cumin seed dried	Komijnzaad gedroogd	827
Curry powder djawa	Kerrie djawa	1223
Garlic fresh	Knoflook vers	830
Ginger root fresh	Gemberwortel	832
Gravy powder	Juspoeder	858
Herb and vegetable mix sachet	Kruidenmix m groente zakje	1501
Herb mix cube	Kruidenmix blok	1500
Herb paste boemboe	Pasta kruiden-/boemboe	2473
Horse-radish raw	Mierikswortel rauw	1891
Lemon grass powder	Serehpoeder	1236
Marjoram dried	Majoraan gedroogd	1226
Mix rice/Chines noodles unprepared	Mix voor nasi/bami onbereid	2671
Monosodium glutamate Ve-tsin	Monosodium glutamate Ve-tsin	1216
Mustard	Mosterd	824
Mustard low sodium	Mosterd Na-	1227
Nutmeg powder	Nootmuskaat	825
Oregano dried	Oregano gedroogd	1228
Paprika sweet powder	Paprikapoeder	1229
Parsley dried	Peterselie gedroogd	1230
Parsley fresh	Peterselie vers	128
Pepper black/white	Peper zwarte/witte	823
Pepper red cayenne	Peper cayenne- rood	1225
Pepper red hot fried paste	Sambal gebakken	1234
Pepper red hot paste	Sambal oelek	1232
Pepper red hot paste low sodium	Sambal oelek Na-	1233
Rosemary dried	Rozemarijn gedroogd	1231
Seasoning flavoured liquid	Aroma vloeibaar	859
Seasoning flavoured pow I sodium	Aroma strooi- Na-	1879
Seasoning flavoured powder	Aroma strooi-	860
Shrimp paste trassie	Garnalenpasta trassie	704
Stock cubes	Bouillonblokje	429
Stock powder	Bouillonpoeder	842
Stock powder low sodium	Bouillonpoeder Na-	1883
Tamarind	Tamarinde	694

Food group / Productgroep 13 Milk and mi	lk products / Melk en melkproducten	code
Actimel	Actimel	2258
Actimel light	Actimel light	2689
Blancmange caramel	Pudding caramel-	933
Blancmange chocolate	Pudding chocolade-	532
Blancmange Delight Line Ton Puts	Pudding Delight Line Ton Puts	1001
Blancmange low fat w sugar	Pudding light	2269
Blancmange vanilla w strawberry sauce	Pudding vanille- m aardbeiensaus	940
Breakfast drink Activia Start	Drinkontbijt Activia Start	2936
Breakfast drink Breaker Breakfast	Drinkontbijt Breaker Breakfast	2940
Breakfast drink Goede Morgen fruit	Drinkontbijt Goede Morgen fruit	2941
Breakfast drink Goede Morgen light	Drinkontbijt Goede Morgen light	3005
Breakfast drink Goede Morgen original	Drinkontbijt Goede Morgen original	2257
Buttermilk	Melk karne-	289
Buttermilk curds fresh	Hangop	287
Buttermilk with fruit	Melk karne- m vruchten	479
Chocolate pudding with sauce	Pudding chocolade- m roomsaus	915
Coffee creamer 20% fat	Room koffie-	293
Coffee creamer Balance	Melk koffie- Balance	1954
Coffee creamer full fat	Melk koffie- volle	280
Coffee creamer half fat	Melk koffie- halfvolle	285
Coffee creamer low fat	Melk koffie- magere	292
Coffee creamer low fat powder	Creamer koffie- verlaagd vetgehalte	2690
Coffee creamer powder	Creamer koffie-	274
Coffee creamer powder Licht en Romig	Creamer koffie- Licht en Romig	554
Coffee creamer semi-sk w veg oil Nutroma	Melk koffie- halfvolle plantaardig Nutroma	275
Coffee creamer with pufa Becel	Melk koffie- mov verrijkt Becel	271
Colostrum cow's	Biest	1086
Cream 25% fat	Room slank- 25% vet onbereid	1503
Cream cooking	Room kook-	2275
Cream cooking light	Room kook- light	2276
Cream custard	Room banketbakkers-	1469
Cream sour	Room zure	812
Cream type prod Blue Band Finesse	Blue Band Finesse voor koken	2279
Cream whipped w sugar canned	Room spuitbus	1791
Cream whipped with added sugar	Room slag- geklopt m suiker	1916
Cream whipping	Room slag- onbereid	299
Creme fraiche	Creme fraiche	1808
Creme fraiche half fat	Creme fraiche halfvol	2268
Creme fraiche type prod BlueBand Finesse	Blue Band Finesse voor verrijken	2280
Custard 2 flavours w syrup vlaflip	Vlaflip dubbel- Campina	2522
Custard chocolate full fat	Vla chocolade- volle	276
Custard chocolate low fat	Vla chocolade- magere	478
Custard half fat all flavours	Vla halfvolle alle smaken	2519
		2267
Custard no fat w sweetners Optimel Custard several flavours full fat	VIa magere m zoetstof Optimel	
	Vla volle overige smaken	1720
Custard soft & airy Campina	Vla zacht & luchtig Campina	2539
Custard vanilla full fat	Vla vanille- volle	282
Custard vanilla low fat	Vla vla sus sus	477
Custard with whipped cream	VIa slagroom-	1957
Dairy dessert with cream averaged	Toetje m room	1008
Dairy dr Milk&Fruit strawberry-cherry	Zuiveldrank Milk&Fruit aardbei-kers	2052
Dairy drink Campina fruitmilk	Zuiveldrank Fruitmelk Campina	2496
Dairy drink Milk&Fruit mango	Zuiveldrank Milk&Fruit mango	2917
Dairy drink Milk&Fruit orange	Zuiveldrank Milk&Fruit sinaasappel	2053
Dessert made of custard, yoghurt & syrup	Vlaflip Campina	2537
Fromage frais full fat	Kwark volle	307

Fromage frais full fat w fruit	Kwark vruchten- volle	2504
Fromage frais half fat	Kwark halfvolle	306
Fromage frais half fat w fruit	Kwark vruchten- halfvolle	917
Fromage frais low fat	Kwark magere	305
Fromage frais low fat w fruit w sw	Kwark magere m vruchten/vanille m zoetst Optimel	2246
Fromage frais low fat with fruit	Kwark vruchten- magere	931
Fromage frais w fruit Danoontje	Kwark vruchten- Danoontje	2248
Fromage frais yoghurt w fruit	Kwarkyoghurt m vruchten	2247
Hot chocolate from vending machine	Melk chocolade- automaat	2760
Ice cream dairy cornet	IJs room/vanille cornet	485
Ice cream dairy cream based	IJs room/vanille-	303
Ice cream dairy Delight Line wo ad sugar	IJs gst Delight Line Ton Puts	1002
Ice cream dairy w chocolate coating	IJs room/vanille m chocoladecoating	2251
Ice cream dairy w fruitcoating	IJs room/vanille m fruitcoating	2252
Ice lolly Festini	IJs Festini	2250
Ice lolly/ Sorbet	IJs water-	1474
Icecream based on coconutmilk	IJs op basis van kokosmelk	2939
Jelly	Pudding gelatine-	2343
Melk goats- full fat	Melk geiten- volle	2240
Milk chocolate-flavoured Chocomel light	Melk chocolade- m zoetstof Chocomel light	1970
Milk chocolate-flavoured full fat	Melk chocolade- volle	272
Milk chocolate-flavoured low fat	Melk chocolade- magere	273
Milk chocolate-flavoured semi-skimmed	Melk chocolade- halfvolle	1464
Milk chocolate-flavoured w sw Optimel	Melk chocolade- m zoetstof Optimel	3004
Milk full fat condensed w sugar tinned	Melk volle gecondenseerd m suiker blik	281
Milk human	Melk moeder-	297
Milk raw	Melk rauwe	270
Milk semi-skimmed	Melk halfvolle	286
Milk semi-skimmed enriched w calcium	Melk halfvolle verrijkt m calcium	1719
Milk skimmed	Melk magere	294
Milk skimmed condensed w sugar tinned	Melk magere gecondenseerd m suiker blik	277
Milk skimmed dried	Melkpoeder magere	295
Milk whole	Melk volle	279
Milk whole dried	Melkpoeder volle	296
Milkdrink skimmed milk Becel pro-activ	Melkdrank magere- Becel pro-activ Milkshake	2725
Milkshake Mousse chocolate	Mousse chocolade-	862 767
		2270
Mousse chocolate light Porrdige buttermilk groats	Mousse chocolade- light Pap karnemelkse gorte-	1958
Porridge buttermilk w wheat flour	Pap karnemelkse bloem-	290
Porridge oatmeal	Pap havermout-	288
Porridge rice	Pap rijste-	298
Porridge semolina	Pap griesmeel-	1722
Pudding airy average	Pudding luchtige gem	2520
Pudding almonds with cherry sauce	Pudding amandel- m kersensaus	941
Pudding chipolata	Pudding chipolata-	786
Pudding raspberries w currant sauce	Pudding frambozen- m bessensaus	912
Pudding semolina with red currant sauce	Pudding griesmeel- m rode bessensap	938
Pudding vanilla	Pudding vanille-	736
Tiramisu	Tiramisu	2371
Topping dessert powder w sugar Klop-Klop	Topping m suiker poeder Klop-Klop	291
Topping dessert w sugar whipped KlopKlop	Topping m suiker opgeklopt Klop-Klop	555
Yakult	Yakult	1813
Yakult light	Yakult light	2265
Yoghurt & custard Campina	Yoghurt & vla Campina	2536
Yoghurt 0% fat w fruit Activia	Yoghurt 0% vet m vruchten Activia	2655
Yoghurt cream- with fruit	Yoghurt room- m vruchten	2244
Yoghurt drink	Yoghurtdrank	657

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Yoghurt drink Becel pro-activ	Yoghurtdrank Becel pro-activ	2308
Yoghurt drink Fristi	Yoghurtdrank Fristi	2921
Yoghurt drink Fristi with sweetners	Yoghurtdrank Fristi m zoetstof	2255
Yoghurt drink Vifit fruit	Yoghurtdrank Vifit vruchten	1832
Yoghurt drink Vifit fruit light	Yoghurtdrank Vifit vruchten light	2253
Yoghurt drink Vifit natural	Yoghurtdrank Vifit naturel	1831
Yoghurt drink w sweeteners Optimel	Yoghurtdrank m zoetstof Optimel	1834
Yoghurt drink with sweetners	Yoghurtdrank m zoetstof	2254
Yoghurt drink Yomild drink fruit	Yoghurtdrank Yomild drink vruchten	2256
Yoghurt drink Yomild drink naturel	Yoghurtdrank Yomild drink naturel	2038
Yoghurt full fat	Yoghurt volle	278
Yoghurt full fat natural Activia	Yoghurt volle naturel Activia	2935
Yoghurt full fat w fruit/muesli Activia	Yoghurt volle m vruchten/muesli Activia	2278
Yoghurt full fat with fruit	Yoghurt volle m vruchten	863
Yoghurt Greek full fat	Yoghurt Griekse volle	2503
Yoghurt half fat	Yoghurt halfvolle	1502
Yoghurt half fat Vifit naturel	Yoghurt halfvolle Vifit naturel	1829
Yoghurt half fat w fruit	Yoghurt halfvolle m vruchten	2501
Yoghurt I fat w fruit/van w sw Optimel	Yoghurt magere m vruchten/vanille m zoetst Optimel	1833
Yoghurt low fat	Yoghurt magere	301
Yoghurt low fat Bulgarian	Yoghurt magere Bulgaarse	916
Yoghurt low fat w fruit w sw Vitalinea	Yoghurt magere m vruchten m zoetstof Vitalinea	2245
Yoghurt low fat with fruit	Yoghurt magere m vruchten	284
Yoghurt low fat with fruit with sweetene	Yoghurt magere m vruchten m zoetstoffen	2822
Yoghurt product Becel pro-activ	Yoghurtproduct Becel pro-activ	2310
Yoghurt snack Breaker	Yoghurtsnack Breaker	2241
Yoghurt snack Breaker Light	Yoghurtsnack Breaker Light	2243
Yoghurt vanilla half fat	Yoghurt vanille- halfvolle	1721
Yoghurt whole milk Bulgarian	Yoghurt volle Bulgaarse	300

Food group / Productgroep 14 Soy products and vegetarian products / Sojaproducten en vegetari code

Beans soya boiled	Bonen soja- gekookt	971
Beans soya dried	Bonen soja- gedroogd	839
Cream based on veg oil Cuisine Alpro	Cuisine Alpro	2262
Dessert soya Alpro	Dessert soja- Alpro	1380
Falafel unprepared	Falafel onbereid	2994
Flour soya defatted	Meel soja- ontvet	868
Flour soya full fat	Meel soja- volvet	869
Hamburger vegetarian unprep	Hamburger vegetarisch onbereid	1511
Milk soya average	Melk soja- gem	870
Milk soya Choco Fresh Alpro	Melk soja- Choco Fresh Alpro	2260
Milk soya Groeidrink Alpro	Melk soja- Groeidrink Alpro	2261
Milk soya Natural Fresh Alpro	Melk soja- Natural Fresh Alpro	1381
Milk soya Nature Ca+ Alpro	Melk soja- Nature Ca+ Alpro	1510
Milk soya several flavours Alpro	Melk soja- diverse smaken Alpro	1602
Mincemeat vegetarian unprepared	Gehakt fijn- vegetarisch onbereid	2047
Miso soya paste	Sojapasta miso	871
Nuggets vegetarian	Nuggets vegetarisch onbereid	2951
Quorn fillet crumbed unprepared	Quorn filet gepaneerd onbereid	2032
Quorn minced unprepared	Quorn fijngehakt onbereid	2030
Quorn pieces unprepared	Quorn stukjes onbereid	2031
Quorn sausage with herbs unprepared	Quorn worstjes m Italiaanse kruiden onbereid	2284
Quorn southern style burger unprepared	Quorn southern style burger onbereid	2033
Schnitzel vegetarian unprep	Schnitzel vegetarisch onbereid	1512
Soya based yoghurt Yofu soja Alpro	Yofu soja Alpro m vruchten/vanille	1953
Soya sauce salt	Ketjap zout	1213
Soya sauce sweet	Ketjap zoet	1215
Soya sauce sweet low sodium	Ketjap zoet Na-	1214

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Tahoe soya curd	Tahoe	687
Tempeh fermented soya beans	Tempe	688
Vegetable burger vegetarian unpr	Schijf vegetarisch onbereid	2286
Vegetarian mincemeat balls unprep	Balletjes vegetarisch onbereid	2046
Vegetarian prod w cheese Valess unprep	Valess kaasvariatie onbereid	3040
Vegetarian product filled filet Valess	Valess gevulde filet onbereid	3041
Vegetarian sausages unprepared	Worst vegetarisch onbereid	2285
Vegetarian schnitzel Valess unprepared	Valess schnitzel onbereid	2282

Food group / Productgroep 15 Nuts, seeds and snacks / Noten, zaden en snacks

15 Nats, seeds and sin	deks / Noteri, Zaderi eri shaeks	code
Almonds blanched unsalted	Noten amandelen z vliesje ongezouten	198
Biscuit salted average	Biscuit zoute	264
Biscuit savoury Sultana	Biscuit hartig Sultana	2527
Biscuits & snacks cheesy averaged	Koekje kaas- gem	1699
Brazil nuts unsalted	Noten para- ongezouten	203
Cashew nuts unsalted	Noten cashew- ongezouten	199
Cassave crackers	Chips/Kroepoek Cassave	2706
Chestnuts	Kastanjes	201
Chick peas roasted leblebi Turkish	Kikkerwten geroosterd leblebi Turks	1369
Chicken sticks breaded	Kipcorn diepvries onbereid	2552
Chines noodle ball unprepared	Bamibal diepvries onbereid	2547
Chinese noodle ball deep-fried	Bamibal bereid	610
Cocktail snacks based on corn or wheat	Zoutje luchtig mais/tarwebasis	2370
Cocktail snacks Nibbits	Nibbits	618
Cocktail snacks Wokkels	Wokkels	619
Crisps based on potato flour	Chips op basis van aardappelmeel	2173
Crisps maize Bugles	Bugles	2163
Crisps potato average	Chips gem	122
Crisps potato flavoured	Chips paprika ea smaken	2924
Crisps potato Lays Sensations flavoured	Chips Lays Sensations div smaken	2929
Crisps potato light flavoured	Chips light paprika ea smaken	2926
Crisps potato light unflavoured	Chips light naturel	1505
Crisps potato straws average	Fritessticks gem	620
Crisps potato straws flavoured	Fritessticks paprika	2928
Crisps potato straws natural	Fritessticks naturel	2927
Crisps potato unflavoured	Chips naturel	2923
Crisps tortilla unflavoured	Chips tortilla naturel	1937
Croissant w ham and cheese	Croissant m ham en kaas	2551
Croissant with cheese	Croissant met kaas	2830
Croquette meat Bitterbal prep in oven	Bitterbal bereid in oven	943
Croquette meat ragout deep-fried	Kroket bereid	326
Croquette meat ragout frozen unprep	Kroket diepvries onbereid	2548
Croquette meat ragout prepared in oven	Kroket bereid in oven	944
Eclair cheese cream filled	Soesje kaas-	1506
Hazelnuts unsalted	Noten hazel- ongezouten	200
Japanese rice cracker mix w peanuts	Japanse mix m pinda's	1943
Japanese rice cracker mix wo peanuts	Japanse mix z pinda's	2147
Linseeds	Lijnzaad	867
Mixed nuts and raisins	Studentenhaver	205
Nuts macadamia	Noten macademia	2844
Nuts mixed salted	Noten gemengd gezouten	1935
Nuts mixed unsalted	Noten gemengd ongezouten	207
Pastry puff cheese filled unprepared	Kaassouffle onbereid	1488
Peanuts coated	Noten borrel-	546
Peanuts dry roasted	Noten pinda's dry roasted	2048
Peanuts salted	Noten pinda's gezouten	876
Peanuts sugar coated	Noten pinda's suiker-	2345
Peanuts unsalted	Noten pinda's ongezouten	204

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Pecan nuts unsalted	Noten pecan- ongezouten	1895
Pine nuts	Pijnboompitten	2176
Pistachio nuts salted	Noten pistache- gezouten	1896
Popcorn puffed natural	Popcorn gepoft naturel	630
Popcorn sweet puffed	Popcorn gepoft zoet	2387
Poppy seeds	Maanzaad	2805
Potato crisps oven baked	Chips oven-	2529
Prawn crackers	Kroepoek bereid	269
Pretzel sticks	Pepsels	267
Puff pastry baked	Bladerdeeg, bereid	265
Pumpkin seeds	Pompoenpitten	2806
Rice ball spiced frozen prepared	Nasibal diepvries bereid	609
Rice cakes w spices	Wafel rijst- gekruid	2653
Salad celeriac	Salade selderij-	852
Salad chicken curry	Salade kip-kerrie-	1498
Salad cucumber	Salade komkommer-	1876
Salad egg	Salade ei- lunch/borrel	1499
Salad fish	Salade vis- lunch/borrel	1496
Salad ham and leek	Salade ham-prei-	1497
Salad meat	Salade vlees- lunch/borrel	1877
Satay chicken w peanut sauce prepared	Sate kip- m saus bereid	865
Satay pork w peanut sauce prepared	Sate varkens- m saus bereid	893
Sausage Dutch Frikandel deep-fried	Frikandel bereid	322
Sausage Dutch Frikandel frozen unprep	Frikandel diepvries onbereid	2362
Sesame seeds	Sesamzaad	838
Snack sausage roll puff pastry	Broodje saucijzen-	266
Snack sausage roll w bread dough pastry	Broodje worsten-	901
Snack sausage roll with bread dough froz	Broodje worsten- diepvries bereid	843
Springroll frozen unprepared	Loempia diepvries onbereid	2549
Sunflower seeds	Zonnebloempitten	872
Walnuts unsalted	Noten wal- ongezouten	206

Food group / Productgroep 16 Legumes / Peulvruchten

code

Beans baked in tomato sauce tinned	Bonen witte in tomatensaus blik/glas	197
Beans blackeyepesie dried	Bonen blackeyepesie gedroogd	685
Beans brown tinned	Bonen bruine blik/glas	660
Beans kidney dried	Bonen kidney rode gedroogd	1894
Beans white/ brown dried	Bonen witte/bruine gedroogd	117
Beans white/brown boiled	Bonen witte/bruine gekookt	968
Lentils boiled	Linzen gekookt	970
Lentils dried	Linzen gedroogd	120
Peas chick boiled	Erwten kikker- gekookt	1095
Peas green boiled	Erwten groene gekookt	972
Peas green dried	Erwten groene gedroogd	118
Peas green split splitpesie dried	Erwten splitpesie gedroogd	686
Peas marrowfat legumes boiled	Kapucijners gekookt	969
Peas marrowfat legumes dried	Kapucijners gedroogd	119
Peas marrowfat legumes tinned	Kapucijners blik/glas	196
Splitpeas yellow boiled	Erwten split- gele gekookt	2314

Food group / Productgroep 17 Clinical formulas / Preparaten

code

Breast milk enhancer Frisopre powder	Friso BMF p 2 sachets Friso Kindervoeding	1928
Breast milk fortifier Nenatal BMF liquid	Nenatal BMF p 100 ml Nutricia	2167
Breast milk fortifier Nenatal BMF powder	Nenatal BMF poeder Nutricia	2166
Dfr Modifast Intensive Milkshake	Modifast Intensive Milkshake	2013
Dfr Modifast Intensive Muesli	Modifast Intensive Muesli	1792
Dfr Modifast Intensive Pudding	Modifast Intensive Pudding	2012

Drink Calogen p 100 ml Nutricia	Calogen p 100 ml Nutricia	2999
Drink Ensure p 100 ml	Ensure p 100 ml Abbott	1037
Drink Nutrical p 100 ml Nutricia	Nutrical p 100 ml Nutricia	2998
Drink Pediasure Fibre p 100 ml Abbott	Pediasure Fibre p 100 ml Abbott	1942
Drink Resource 2.0 Fibre p 100 ml	Resource 2.0 Fibre p 100 ml Novartis	2195
Drink Resource En Shake Fib p 100 ml	Resource Energy Shake Fibre p 100 ml Novartis	2196
Drink Resource Energy Fruit	Resource Energy Fruit Novartis	2198
Drink Resource Energy p 100 ml	Resource Energy p 100 ml Novartis	2194
Drink Resource Energy Shake p 100 ml	Resource Energy Shake p 100 ml Novartis	2017
Drink Resource Fruit p 100 ml	Resource Fruit p 100 ml Novartis	2199
Drink Resource Junior p 100 ml	Resource Junior p 100 ml Novartis	2200
Drink Resource Protein p 100 ml	Resource Protein p 100 ml Novartis	2202
Drink Resource Support p 100 ml	Resource Support p 100 ml Novartis	2201
Drink Resource Thickened Drink	Resource Thickened Drink Novartis	2028
Drink Suplena p 100 ml Abbott	Suplena p 100 ml Abbott	1730
E+ meal Resource Instant Menu powder	Resource Instant Menu poeder Novartis	2204
Ef Alitraq p 100 ml Abbott	Alitraq p 100 ml Abbott	2958
Ef Jevity HiCal p 100 ml Abbott	Jevity HiCal p 100 ml Abbott	2967
Ef Jevity p 100 ml Abbott	Jevity p 100 ml Abbott	2970
Ef Jevity Plus HP p 100 ml Abbott	Jevity Plus HP p 100 ml Abbott	2969
Ef Jevity Plus p 100 ml Abbott	Jevity Plus p 100 ml Abbott	2968
Ef Nepro p 100 ml Abbott	Nepro p 100 ml Abbott	2972
Ef Nutrini Low Energy Multi Fibre p100ml	Nutrini Low Energy Multi Fibre p 100 ml Nutricia	2992
Ef Nutrini Peptisorb p 100 ml Nutricia	Nutrini Peptisorb p 100 ml Nutricia	2993
Ef Osmolite HiCal p 100 ml Abbott	Osmolite HiCal p 100 ml Abbott	2973
Ef Oxepa p 100 ml Abbott	Oxepa p 100 ml Abbott	2974
Ef Pediasure p 100 ml Abbot	Pediasure p 100 ml Abbott	1729
Ef Pediasure Plus Fibre p 100 ml Abbott	Pediasure Plus Fibre p 100 ml Abbott	2975
Ef Pediasure Plus p 100 ml Abbott	Pediasure Plus p 100 ml Abbott	2976
Ef Perative p 100 ml Abbott	Perative p 100 ml Abbott	1950
Ef Promote p 100 ml Abbott	Promote p 100 ml Abbott	2978
Friso glucose 5% p 100 ml	Friso glucose 5% p 100 ml Friso Kindervoeding	1921
Friso ORS Friso Kindervoeding p 100 ml	Friso ORS p 100 ml Friso Kindervoeding	1922
Fructose powder	Fructosepoeder	1599
Imf Neocate Active powder Nutricia	Neocate Active poeder Nutricia	2991
Imf Neocate LCP powder	Neocate LCP poeder Nutricia	1980
Imf Neocate Nutra powder Nutricia	Neocate Nutra poeder Nutricia	2990
Imf Neocate per 100 ml	Neocate p 100 ml Nutricia	1979
Imf Nutrilon 1 per 100 ml	Nutrilon 1 p 100 ml Nutricia	1261
Imf Nutrilon 1 powder	Nutrilon 1 poeder Nutricia	1282
Imf Nutrilon Forte 1 per 100 ml	Nutrilon Forte 1 p 100 ml Nutricia	1713
Imf Nutrilon Forte 1 powder	Nutrilon Forte 1 poeder Nutricia	1714
Imf Nutrilon Goede Nacht p 100 ml	Nutrilon Goede Nacht p 100 ml Nutricia	2985
Imf Nutrilon Omneo 1 per 100 ml	Nutrilon Omneo 1 p 100 ml Nutricia	1975
Imf Nutrilon Omneo 1 poeder	Nutrilon Omneo 1 poeder Nutricia	1976
Imf Nutrilon Peuter Groeimelk 1+ p 100ml	Nutrilon Peuter Groeimelk 1+ p 100 ml Nutricia	2983
Imf Nutrilon Peuter groeimelk 2+ p 100ml	Nutrilon Peuter Groeimelk 2+ p 100 ml Nutricia	2984
Imf Nutrilon Soya 1 powder	Nutrilon Soya 1 poeder Nutricia	1304
Imf Soya 1 per 100 ml	Nutrilon Soya 1 p 100 ml Nutricia	1715
Meal enhancer Ensure powder Abbott	Ensure poeder Abbott	1947
Mod En+ conc Resource dextrine maltose	Resource dextrine maltose poeder Novartis	2206
Modular preparation Fantomalt	Fantomalt poeder Nutricia	1062
Modular protein powder Protifar Plus	Protifar Plus poeder Nutricia	76
Mpc Alburone powder Roussel	Alburone poeder Nestle	1054
Mpc Resource Instant Protein powder	Resource Instant Protein poeder Novartis	1055
Mwf Nino Standaard 2 p 100 ml	Nino Standaard 2 p 100 ml Robin Food	2919
Mwf Nino Standaard 3 p 100 ml Robin Food	Nino Standaard 3 p 100 ml Robin Food	2918
Mwm formula Pepti-Junior per 100 ml	Pepti-Junior p 100 ml Nutricia	1249

Mwmf Enfamil AR 1 Lipil p 100 ml	Enfamil AR 1 Lipil p 100 ml Mead Johnson	2096
Mwmf Enfamil AR 1 Lipil powder	Enfamil AR 1 Lipil poeder Mead Johnson	2095
Mwmf Enfamil AR 2 Lipil p 100 ml	Enfamil AR 2 Lipil p 100 ml Mead Johnson	2098
Mwmf Enfamil AR 2 Lipil powder	Enfamil AR 2 Lipil poeder Mead Johnson	2097
Mwmf Enfamil HA digest w Lipil p100ml	Enfamil HA Digest m Lipil p 100 ml Mead Johnson	3011
Mwmf Enfamil HA Digest w Lipil powder	Enfamil HA Digest m Lipil poeder Mead Johnson	3012
Mwmf Enfamil Premium 1 Lipil	Enfamil Premium 1 Lipil poeder Mead Johnson	3013
Mwmf Enfamil Premium 2 Lipil powder	Enfamil Premium 2 Lipil poeder Mead Johnson	3014
Mwmf Friso 1 allergy care p 100 ml	Friso 1 allergy care p 100 ml Friso Kindervoeding	2203
Mwmf Friso 1 comfort p 100 ml	Friso 1 comfort p 100 ml Friso Kindervoeding	2211
Mwmf Friso 1 extra p 100 ml	Friso 1 extra p 100 ml Friso Kindervoeding	2213
Mwmf Friso 1 hypo-allergeen p 100 ml	Friso 1 hypo-allergeen p 100 ml Friso Kindervoeding	2215
Mwmf Friso 1 normaal p 100 ml	Friso 1 normaal p 100 ml Friso Kindervoeding	2208
Mwmf Friso 2 comfort p 100 ml	Friso 2 comfort p 100 ml Friso Kindervoeding	2212
Mwmf Friso 2 extra p 100 ml	Friso 2 extra p 100 ml Friso Kindervoeding	2214
Mwmf Friso 2 hypo-allergeen p 100 ml	Friso 2 hypo-allergeen p 100 ml Friso Kindervoeding	2216
Mwmf Friso 2 normaal p 100 ml	Friso 2 normaal p 100 ml Friso Kindervoeding	2209
Mwmf Friso 3 normaal p 100 ml	Friso 3 normaal p 100 ml Friso Kindervoeding	2210
Mwmf Friso hypo-allergen 1 powder	Friso 1 hypo-allergeen poeder Friso Kindervoeding	1929
Mwmf Infatrini p 100 ml	Infatrini p 100 ml Nutricia	2129
Mwmf NAN 1 per 100 ml	NAN 1 p 100 ml Nestle	2175
Mwmf NAN 1 powder	NAN 1 poeder Nestle	2174
Mwmf NAN 2 Probiotica p 100 ml	NAN 2 Probiotica p 100 ml Nestle	2180
Mwmf NAN 2 Probiotica powder	NAN 2 Probiotica poeder Nestle	2179
Mwmf NAN Hypo Allergeen 1 p 100 ml	NAN Hypo Allergeen 1 p 100 ml Nestle	2184
Mwmf NAN Hypo Allergeen 1 powder	NAN Hypo Allergeen 1 poeder Nestle	2183
Mwmf NAN Hypo Allergeen 2 p 100 ml	NAN Hypo Allergeen 2 p 100 ml Nestle	2186
Mwmf NAN Hypo Allergeen 2 powder	NAN Hypo Allergeen 2 poeder Nestle	2185
Mwmf NAN Sensitive p 100 ml	NAN Sensitive p 100 ml Nestle	2182
Mwmf NAN Sensitive powder	NAN Sensitive poeder Nestle	2181
Mwmf Nutramigen 1 Lipil LGG p 100 ml	Nutramigen 1 Lipil LGG p 100 ml Mead Johnson	2092
Mwmf Nutramigen 1 Lipil LGG powder	Nutramigen 1 Lipil LGG poeder Mead Johnson	2091
Mwmf Nutramigen 2 Lipil LGG p 100 ml	Nutramigen 2 Lipil LGG p 100 ml Mead Johnson	2094
Mwmf Nutramigen 2 Lipil LGG powder	Nutramigen 2 Lipil LGG poeder Mead Johnson	2093
Mwmf Nutramigen AA w Lipil p 100ml	Nutramigen AA m Lipil p 100 ml Mead Johnson	3010
Mwmf Nutramigen AA w Lipil powder	Nutramigen AA m Lipil poeder Mead Johnson	3015
Mwmf Nutrilon 3 per 100 ml	Nutrilon 3 p 100 ml Nutricia	1973
Mwmf Nutrilon AR 1 per 100 ml	Nutrilon AR 1 p 100 ml Nutricia	1604
Mwmf Nutrilon AR 1 powder	Nutrilon AR 1 poeder Nutricia	1636
Mwmf Nutrilon AR 2 per 100 ml	Nutrilon AR 2 p 100 ml Nutricia	2171
Mwmf Nutrilon AR 2 powder	Nutrilon AR 2 poeder Nutricia	2160
Mwmf Nutrilon Forte 2 p 100 ml	Nutrilon Forte 2 p 100 ml Nutricia	2170
Mwmf Nutrilon Forte 2 powder	Nutrilon Forte 2 poeder Nutricia	2161
Mwmf Nutrilon Hypo-allergeen 1 p 100ml	Nutrilon Hypo-allergeen 1 p 100 ml Nutricia	2168
Mwmf Nutrilon Hypo-allergeen 1 powder	Nutrilon Hypo-allergeen 1 poeder Nutricia	2155
Mwmf Nutrilon Hypo-allergeen 2 p 100 ml	Nutrilon Hypo-allergeen 2 p 100 ml Nutricia	2169
Mwmf Nutrilon Hypo-allergeen 2 powder	Nutrilon Hypo-allergeen 2 poeder Nutricia	2156
Mwmf Nutrilon Pepti 1 per 100 ml	Nutrilon Pepti 1 p 100 ml Nutricia	1637
Mwmf Nutrilon Pepti 1 powder	Nutrilon Pepti 1 poeder Nutricia	1638
Mwmf Nutrilon Pepti 2 per 100 ml	Nutrilon Pepti 2 per 100 ml Nutricia	1649
Mwmf Nutrilon Pepti 2 poeder	Nutrilon Pepti 2 poeder Nutricia	1681
Mwmf Nutrilon Soya 2 per 100 ml	Nutrilon Soya 2 p 100 ml Nutricia	1331
Mwmf Nutrilon Soya 2 powder	Nutrilon Soya 2 poeder Nutricia	1330
Mwmf Pepti-Junior powder	Pepti-Junior poeder Nutricia	1293
Mwmf Pregestimil Lipil powder	Pregestimil Lipil poeder Mead Johnson	1783
Mwmf Pregomin per 100 ml Mwmf Pregomin powder	Pregomin pooder Milupa	1640
	Pregomin poeder Milupa	1648
Of Nutrison Adv Peptisorb p 100 ml	Nutrison Adv Peptisorb p 100 ml Nutricia	1387

Of Nutrison Adv Peptisorb powder p100 ml	Nutrison Adv Peptisorb Powder p100 ml Nutricia	2104
Of Vivonex TEN powder Novartis	Vivonex TEN poeder Novartis	2207
Pd Diasip p 100 ml Nutricia	Diasip p 100 ml Nutricia	3000
Pd Enlive Plus p 100 ml Abbott	Enlive Plus p 100 ml Abbott	2959
Pd Ensure Plus Fibre p 100 ml Abbott	Ensure Plus Fibre p 100 ml Abbott	2961
Pd Ensure Plus Fresh p 100 ml Abbott	Ensure Plus Fresh p 100 ml Abbott	2962
Pd Ensure Plus HP p 100 ml Abbott	Ensure Plus HP p 100 ml Abbott	2963
Pd Ensure Plus p 100 ml Abbott	Ensure Plus p 100 ml Abbott	2964
Pd Ensure TwoCal p 100 ml Abbott	Ensure TwoCal p 100 ml Abbott	2965
Pd FortiCare p 100 ml	FortiCare p 100 ml Nutricia	2124
Pd Fortini Multi Fibre p 100 ml	Fortini Multi Fibre p 100 ml Nutricia	2119
Pd Glucerna SR p 100 ml Abbott	Glucerna SR p 100 ml Abbott	2966
Pd Nutridrink Compact p 100 ml Nutricia	Nutridrink Compact p 100 ml Nutricia	2981
Pd Nutridrink Creme p 100 ml	Nutridrink Creme p 100 ml Nutricia	1388
Pd Nutridrink juice style p 100ml	Nutridrink Juice Style p 100 ml Nutricia	1703
Pd Nutridrink Multi Fibre per 100 ml	Nutridrink Multi Fibre p 100 ml Nutricia	1702
Pd Nutridrink Protein p 100 ml	Nutridrink Protein p 100 ml Nutricia	1048
Pd Nutridrink Yoghurt Style p 100 ml	Nutridrink Yoghurt Style p 100 ml Nutricia	1685
Pd ProSure p 100 ml Abbott	ProSure p 100 ml Abbott	2979
Pd Renilon 7.5 p 100 ml	Renilon 7.5 p 100 ml Nutricia	2123
Pd Renilon Powder p 100 ml	Renilon Powder p 100 ml Nutricia	2121
Pd Resource Citrotene powder	Resource Citrotene poeder Novartis	1052
Pd Resource Meritene powder	Resource Meritene poeder Novartis	1050
Pd Scandishake Mix powder	Scandishake Mix poeder Nutricia	2120
Pef Fortify Complete p 100 ml Nutricia	Fortify Complete p 100 ml Nutricia	3006
Pef Fortify Complete powder	Fortify Complete poeder Nutricia	1704
Pef Fortini p 100 ml	Fortini p 100 ml Nutricia	2118
Pef imm modul Impact per 100 ml	Impact p 100 ml Novartis	1796
Pef Isosource Energy Fibre p 100 ml	Isosource Energy Fibre p 100 ml Novartis	2191
Pef Isosource energy per 100 ml	Isosource energy p 100 ml Novartis	2020
Pef Isosource fibre per 100 ml	Isosource Fibre p 100 ml Novartis	1795
Pef Isosource Junior per 100 ml	Isosource Junior p 100 ml Novartis	1794
Pef Isosource MCT powder	Isosource MCT poeder Novartis	1250
Pef Isosource Protein Fibre p 100 ml	Isosource Protein Fibre p 100 ml Novartis	2192
Pef Isosource protein per 100 ml	Isosource protein p 100 ml Novartis	2021
Pef Isosource Standard per 100 ml	Isosource Standard p 100 ml Novartis	1291
Pef Novasource GI control per 100 ml	Novasource GI control p 100 ml Novartis	2019
Pef Novasource Start p 100 ml	Novasource Start p 100 ml Novartis	2193
Pef Nutrini Energy Multi Fibre p 100 ml	Nutrini Energy Multi Fibre p 100 ml Nutricia	2128
Pef Nutrini Energy p 100 ml	Nutrini Energy p 100 ml Nutricia	2126
Pef Nutrini Multi Fibre p 100 ml	Nutrini Multi Fibre p 100 ml Nutricia	2127
Pef Nutrini p 100 ml	Nutrini p 100 ml Nutricia	2125
Pef NutriniMax En Multi Fibre p 100 ml	NutriniMax Energy Multi Fibre p 100 ml Nutricia	2116
Pef NutriniMax Energy p 100 ml	NutriniMax Energy p 100 ml Nutricia	2217
Pef NutriniMax Multi Fibre p 100 ml	NutriniMax Multi Fibre p 100 ml Nutricia	2117
Pef NutriniMax p 100 ml	NutriniMax p 100 ml Nutricia	2114
Pef Nutrison 1000 complete MF	Nutrison 1000 complete MF p 100 ml Nutricia	2988
Pef Nutrison 1200 complete MF p 100 ml	Nutrison 1200 complete MF p 100 ml Nutricia	2989
Pef Nutrison Advanced Cubison p 100 ml	Nutrison Advanced Cubison p 100 ml Nutricia	2987
Pef Nutrison Advanced Protison p 100 ml	Nutrison Advanced Protison p 100 ml Nutricia	2986
Pef Nutrison concentrated p 100 ml	Nutrison Concentrated p 100 ml Nutricia	1689
Pef Nutrison Energy Multi Fibre	Nutrison Energy Multi Fibre p 100 ml Nutricia	2131
Pef Nutrison Energy p 100 ml	Nutrison Energy p 100 ml Nutricia	1029
Pef Nutrison Low Energy Multi Fibre	Nutrison Low Energy Multi Fibre p100ml Nutricia	1993
Pef Nutrison Multi Fibre per 100 ml	Nutrison Multi Fibre p 100 ml Nutricia	1341
Pef Nutrison p 100 ml	Nutrison p 100 ml Nutricia	1030
Pef Nutrison Powder Nutricia p 100 ml	Nutrison Powder p 100 ml Nutricia	3008
Pef Nutrison Pre per 100 ml	Nutrison Pre p 100 ml Nutricia	1252

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Pef Nutrison Protein Multi Fib p 100 ml	Nutrison Protein Plus Multi Fib p 100 ml Nutricia	2130
Pef Nutrison Protein Plus per 100 ml	Nutrison Protein Plus p 100 ml Nutricia	1683
Pef Nutrison Soya p 100 ml	Nutrison Soya p 100 ml Nutricia	1031
Pef Oral Impact immunonutrition powder	Oral Impact poeder Novartis	2018
Pef Osmolite p 100 ml	Osmolite p 100 ml Abbott	1292
Pef Pulmocare p 100 ml Abbott	Pulmocare p 100 ml Abbott	1316
Pef Renilon 4.0 p 100 ml	Renilon 4.0 p 100 ml Nutricia	2122
Pf Ensure Plus Creme Abbott	Ensure Plus Creme Abbott	2960
Pf Nutridrink Fruit p 100 ml Nutricia	Nutridrink Fruit p 100 ml Nutricia	2982
Pf Nutridrink Soup p 100 ml Nutricia	Nutridrink Soup p 100 ml Nutricia	2980
Polycose powder Abbott	Polycose poeder Abbott	2977
Polymeric drink Nutridrink p 100 ml	Nutridrink p 100 ml Nutricia	1246
Premature food Friso prematuur p 100 ml	Friso 1 prematuur p 100 ml Friso Kindervoeding	1084
Premature food Nenatal 1 per 100 ml	Nenatal 1 p 100 ml Nutricia	2165
Premature food Nenatal 1 powder	Nenatal 1 poeder Nutricia	2164
Premature food Nenatal Start per 100 ml	Nenatal Start p 100 ml Nutricia	1270
Premature food Nenatal Start powder	Nenatal Start poeder Nutricia	1285
PreOp drink Nutricia p 100 ml	PreOp p 100 ml Nutricia	2132
Preparation Cubitan p 100 ml	Cubitan p 100 ml Nutricia	1996
Preparation glucose powder Dextro-M	Glucosepoeder Dextro-M	1065
Preparation ORS Orisel per 100 ml	Orisel p 100 ml Nutricia	1068
Preparation ORS Orisel-Junior per 100 ml	Orisel-Junior p 100 ml Nutricia	1067
Preparation Respifor p 100 ml	Respifor p 100 ml Nutricia	1997
Resource instant pap powder	Resource instant pap poeder Novartis	2205
Soluble fibre Resource Benefiber powder	Resource Benefiber poeder Novartis	2029
Sports drink Isostar Long Energy powder	Isostar Long Energy poeder	1793
Sports food Isostar Actifood	Isostar Actifood	2024
Sports food Isostar power tabs	Isostar Powertabs	2027
Stimulance Multi Fibre Mix	Stimulance Multi Fibre Mix Nutricia	2133
Thickened drink Energy Dessert	Resource Energy Dessert Novartis	2197
Thickening agent Multi-Thick Abbott	Multi-Thick Abbott	2971
Thickening agent pow Nutrilon Nutriton	Nutrilon Nutriton poeder Nutricia	1332
Thickening agent powder Nutilis	Nutilis poeder Nutricia	1768
Toddler milk BL Dreumesmelk BL powder	Dreumesmelk BL poeder Nestle	2188
Toddler milk Dreumesmelk BL p 100 ml	Dreumesmelk BL p 100 ml Nestle	2189
Toddler milk vanilla Nestle p 100 ml	Dreumesmelk vanille p 100 ml Nestle	2187
Wmf Neocate Advance per 100 ml	Neocate Advance p 100 ml Nutricia	1981
Wmf Neocate Advance powder	Neocate Advance poeder Nutricia	1982
Wmf Nutrilon 2 per 100 ml	Nutrilon 2 p 100 ml Nutricia	1687
Wmf Nutrilon 2 powder	Nutrilon 2 poeder Nutricia	1328
Wmf Nutrilon 3 powder	Nutrilon 3 poeder Nutricia	1974
Wmf Nutrilon Omneo 2 per 100 ml	Nutrilon Omneo 2 p 100 ml Nutricia	1977
Wmf Nutrilon Omneo 2 poeder	Nutrilon Omneo 2 poeder Nutricia	1978
<u>' '</u>	<u> </u>	

Food group / Productgroep 18 Mixed dishes / Samengestelde gerechten

Brown beans, meat and rice	Bruine bonen met rijst Surinaams	2317
Casserol Surinam Pom	Ovenschotel m pomtajer Pom Surinaams	2320
Chicken-curry frozen meal	Kip-kerriesaus/rijst diepvriesmaaltijd	1821
Chicken-curry ready to eat	Kip-kerriesaus/rijst koelverse maaltijd	1820
Chilli con carne bean dish	Chili con carne bereid	1595
Chilli con carne cooled meal	Chili con carne koelverse maaltijd	1822
Chilli con carne ready made frozen	Chili con carne diepvriesmaaltijd	1823
Chinese noodle dish Bami goreng frozen	Bami goreng diepvriesmaaltijd	1816
Chinese noodle dish Bami goreng tinned	Bami goreng blik	368
Chinese noodle dish Bami goreng wo egg	Bami goreng z ei	470
Chinese noodles Bami goreng ready to eat	Bami goreng koelverse maaltijd	1815
Chop-suey Indonesian without rice	Tjap tjoi z rijst	472
Dish w veg and meat Moksi-alesi Surinam	Groente-vlees schotel Moksi-alesi Surinaams	2321

code

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Eggplant stuffed dolma patlican Turkish	Aubergine gevuld dolma patlican Turks bereid	1378
Endive raw with mashed potatoes	Stamppot rauwe andijvie z vlees bereid	1531
Endive/potatoes/meat fresh cooled meal	Andijvie/aardappelen/vlees koelverse maaltijd	1818
Endive/potatoes/meat frozen meal	Andijvie/aardappelen/vlees diepvriesmaaltijd	1819
Foe jung hai filled omelet	Foe yong hai z rijst	473
Fried rice Nasi goreng frozen/tinned	Nasi goreng blik/diepvries	371
Fried rice Nasi goreng ready to eat	Nasi goreng koelverse maaltijd	1837
Fried rice Nasi goreng w egg	Nasi goreng m ei	471
Gado gado without rice and without egg	Gado gado z rijst en z ei	853
Goulash	Goulash	788
Hotchpotch carrots/onions wo meat prep	Stamppot wortel/ui z vlees bereid	1485
Infant food meal 12 months	Babyvoeding maaltijd 12 mnd	2054
Infant food meal 15 months	Kindervoeding maaltijd 15 mnd	1279
Infant food meal 18 months	Kindervoeding maaltijd 18 mnd	1770
Infant food meal 6 months	Babyvoeding maaltijd 6 mnd	1278
Infant food meal 8 months	Babyvoeding maaltijd 8 mnd	372
Kale curly w mashed potato w/o meat prep	Stamppot boerenkool z vlees bereid	1483
Kale curly w mashed potatoes and sausage	Stamppot boerenkool m worst	647
Lasagna w meat and sauce frozen	Lasagne m saus en vlees diepvriesmaaltijd	1824
Lasagna w meat and sauce ready to eat	Lasagne m saus en vlees koelverse maaltijd	1491
Macaroni w ham&cheese sauce tinned	Macaroni m ham en kaassaus blik	370
Pancake	Pannenkoek	467
Pizza salami frozen upprepared	Pizza salami diepvries onbereid	2945
Pizza w cheese and vegetables frozen	Pizza m kaas en groenten diepvries onbereid	2942
Pizza w fish frozen unprepared	Pizza m vis diepvries onbereid	2944
Pizza w ham and pineapple frozen unprep	Pizza hawaii diepvries onbereid	2946
Pizza w meat frozen unprepared	Pizza m vlees diepvries onbereid	2943
Pork Chinese style Babi pangang wo rice	Babi pangang z rijst	469
Quiche with vegetables/cheese/egg	Taart hartige v bladerdeeg m groente/kaas/ei	1533
Ragout with meat all types	Ragout m vlees	787
Roti Surinam pancake	Roti	2312
Roti with potato filling	Roti met aardappelvulling	2318
Salad egg w potato	Salade ei- maaltijd	2948
Salad meat m potato	Salade vlees- maaltijd	2950
Salad Russian	Salade huzaren-	577
Salad salmon w potato	Salade zalm- maaltijd	2949
Sauce w yellow split peas Dahl	Saus m gele spilterwten Dahl Surinaams	2319
Sauerkraut w mash potatoes and sausage	Stamppot zuurkool m worst	1191
Sauerkraut w mashed potato wo meat prep	Stamppot zuurkool z vlees bereid	1486
Spaghetti Bolognese frozen	Spaghetti Bolognaise diepvries	646
Spaghetti w cheese and tom sauce tinned	Spaghetti m kaas en tomatensaus blik	373
Spring roll fried	Loempia bereid	369
Stew meat/cabbage/apple/mash potatoes	Jachtschotel rode kool puree diepvries	1189
Tart w bread base w veg/egg/cheese	Taart hartige v brooddeeg m groente/kaas/ei	1493
Tortellini boiled	Tortellini gekookt	2347
Tortellini ready to eat	Tortellini koelverse maaltijd	1817
Vegetable dish w meat turlu Turkish prep	Groenteschotel m vlees turlu Turks bereid	1377

Food group / Productgroep 19 Soups / Soepen

cod	

Soup clear w meat vegetables and noodles	Soep heldere m vlees/vermicelli/groente	762
Soup clear with meat	Soep heldere m vlees	758
Soup clear with meat and noodles	Soep heldere m vermicelli en vlees	760
Soup clear with meat and vegetables	Soep heldere m vlees en groente	761
Soup clear with noodles	Soep heldere m vermicelli	791
Soup clear with vegetables	Soep heldere m groente	759
Soup clear with vegetables and noodles	Soep heldere m vermicelli en groente	757
Soup cup-a-soup prepared	Soep cup-a-soup bereid	2932
Soup legume based dried packet prepared	Soep op peulvruchtenbasis bereid pakje	799

Soup legume based ready made prepared	Soep op peulvruchtenbasis bereid blik	802
Soup lentil dried packet Turkish prep	Soep linzen- Turks bereid pakje	1373
Soup luxury dried packet prepared	Soep luxe bereid pakje	1582
Soup main course canned prepared	Soep maaltijd- bereid blik	803
Soup main course w legumes and meat	Soep maaltijd- m peulvruchten en vlees	766
Soup main course w legumes without meat	Soep maaltijd- m peulvruchten z vlees	765
Soup meat based dried packet prepared	Soep op vleesbasis bereid pakje	798
Soup meat based ready made prepared	Soep op vleesbasis bereid blik/zak	801
Soup noodle prepared	Soep noodle- bereid	2540
Soup tarhana dried packet Turkish prep	Soep tarhana Turks bereid pakje	1374
Soup thickened no filling	Soep gebonden z vulling	2561
Soup thickened w meat	Soep gebonden m vlees	764
Soup thickened w meat and vegetables	Soep gebonden m vlees en groente	792
Soup thickened w vegetables	Soep gebonden m groente	763
Soup vegetable based dried packet prep	Soep op groentebasis bereid pakje	797
Soup vegetable based low sodium prepared	Soep op groentebasis Na- bereid	995
Soup vegetable based tinned prepared	Soep op groentebasis bereid blik/zak	800
Stock from cube prepared	Bouillon van blokje bereid	1528

Food group / Productgroep 20 Sugar, sweets and	sweet sauces / Suiker, snoep, zoet beleg en zoe	code
Chocolates filled/Belguim chocolate	Bonbon	1508
After eight chocolate mints	After eight	2373
Boiled sweets	Zuurtjes	450
Boiled sweets sugar free	Zuurtjes suikervrij	2292
Candybar Bounty	Candybar Bounty	526
Candybar KitKat	Candybar KitKat	2595
Candybar Mars	Candybar Mars	487
Candybar Milky Way	Candybar Milky Way	525
Candybar Nuts	Candybar Nuts	570
Candybar Snickers	Candybar Snickers	528
Candybar Twix	Candybar Twix	845
Chewing gum	Kauwgom	446
Chewing gum without sugar	Kauwgom z suiker	447
Chocolate bar milk with nuts	Chocolade melk- m noten	717
Chocolate bar milk without sugar	Chocolade melk- z suiker	929
Chocolate butter	Boter chocolade-	434
Chocolate confetti averaged	Hagelslag chocolade- gem	1311
Chocolate confetti milk	Hagelslag chocolade- melk	1962
Chocolate confetti mix white and plain	Hagelslag chocolade mix wit en puur	2656
Chocolate confetti plain	Hagelslag chocolade- puur	1963
Chocolate confetti white	Hagelslag chocolade wit-	2424
Chocolate flakes average	Vlokken chocolade- gem	2531
Chocolate flakes milk	Vlokken chocolade- melk	433
Chocolate flakes plain	Vlokken chocolade- puur	435
Chocolate liqueurs	Bonbon m likeur	727
Chocolate milk	Chocolade melk-	431
Chocolate milk w hazelnuts wo sugar	Chocolade melk- m hazelnoten z suiker	1451
Chocolate milk w puffed rice	Chocolade melk- m gepofte rijst	2376
Chocolate plain	Chocolade puur	432
Chocolate plain w nuts	Chocolade puur m noten	2375
Chocolate plain without sugar	Chocolade puur z suiker	1450
Chocolate spread white	Pasta chocolade- wit	2930
Chocolate white	Chocolade witte	2266
Coconut bread sweetened sliced	Kokosbrood	449
Coloured confetti fruit-flavoured	Hagelslag vruchten-	442
Fondant cream	Borstplaat room-	1507
Honey	Honing	443
Jam	Jam	445

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	T	T
Jam reduced sugar	Jam halfzoet	484
Jam rose hip	Jam rozenbottel-	457
Jam without sugar	Jam z suiker	807
Liquorice allsorts	Drop Engelse	751
Liquorice Dutch type average	Drop gem	1389
Liquorice Dutch type double salted	Drop dubbelzoute	521
Liquorice Dutch type salted	Drop zoute	520
Liquorice Dutch type sweet	Drop zoete	522
Liquorice Stophoest	Stophoest	523
Liquorice sugarfree	Drop suikervrij	2532
Liquorice w peppermint	Drop m pepermunt	2384
M&M's chocolate	M&M's chocolade	524
M&M's chocolate with peanuts	M&M's chocolade m pinda's	621
Maltesers	Maltesers	2530
Marsh mellows	Marshmellows	750
Marzipan	Marsepein	1256
Nougat	Nougat	2386
Peppermint	Pepermunt	453
Raisins coated w milkchocolate	Rozijnen omhuld m chocolade melk-	2372
Sauce chocolate for pudding	Dessertsaus chocolade-	540
Sauce fruit for pudding	Dessertsaus vruchten-	539
Sports food energy bar Isostar	Isostar Energy Bar	980
Spread chocolade plain	Pasta chocolade- puur	444
Spread chocolate Duo Penotti hazelnut	Pasta Duo Penotti chocolade- hazelnoot	2666
Spread chocolate hazelnut	Pasta chocolade- hazelnoot	436
Spread chocolate milk	Pasta chocolade- melk	1964
Spread duo w chocolate	Pasta duo- m chocolade	2657
Spread duo wo chocolate	Pasta duo- z chocolade	2658
Spread speculaas flavoured	Pasta speculoos-	2489
Spread sweet averaged	Broodbeleg zoet gem	464
Sugar brown Basterdsuiker	Suiker basterd- bruine	374
Sugar granulated	Suiker kristal-	377
Sugar light	Suiker light	2697
Sugar white Basterdsuiker	Suiker basterd- witte	375
Sweet fruity chew	Kauwbonbon fruitsmaak	2691
Sweets fruit pectinbased	Snoep op pectinebasis vruchten-	866
Sweets jelly/gums/foam	Snoep schuim-/gum-	2659
Sweets marshmellow type Spekkie	Spekkie	482
Syrup apple	Stroop appel-	427
Syrup barley malt	Stroop gerstemout-	1651
Syrup corn	Stroop maismout-	1652
Syrup Keukenstroop	Stroop keuken-	378
Syrup molasses	Stroop melasse-	379
Syrup rice malt	Stroop rijstmout- glas	1653
Syrup sugar	Stroop suiker-	381
Toffee w chocolate	Toffee m chocolade	2380
Toffees	Toffee	461
Turkish Delight	Turks fruit	1364
Wine gum w liquorice	Winegum m drop	2533
Wine gums	Winegums	752
- 5	12	

Food group / Productgroep 21 Fats, oils and savoury sauces / Vetten, oliën en hartige sauzen

Beef fat	Vet rund- uitgesmolten	315
Butter cream	Creme au beurre	1472
Butter product 25% fat	Boterproduct 25% vet	2295
Butter product half fat	Boterproduct halfvolle	1530
Butter salted	Boter gezouten	879
Butter unsalted	Boter ongezouten	310

code

Cooking fat liq 97%fat <17g sat unsalted Bak- en braadvet vlb 97% vet <17g verz vetz ongezo	ut 2562
Cooking fat liquid 97% fat <17 g sat Bak- en braadvet vloeib 97% vet <17g verz vetz	2066
Cooking fat sol 97% fat>17g sat unsalted Bak- en braadvet vast 97% vet > 17g verz vetz ongez	2563
Cooking fat solid 80% fat >17 g sat Bak- en braadvet vast 70-80% vet >17 g vvz	2073
Cooking fat solid 97% fat >17 g sat Bak- en braadvet vast 97% vet >17 g verz vetz	2067
Fat for gravy unprepared Smeltjus Smeltjus onbereid pakje	880
Frying fat horeca Frituurvet horeca	2525
Frying fat liquid <24 g sat fatty acids Frituurvet vloeibaar <24 g verz vetz	2068
Frying fat solid >24 g sat <10 g trans Frituurvet vast >24 g verz vetz <10 g transvetz	2069
Gravy 25% fat clear prep w gravy powder Jus 25% vet ongebonden bereid z juspoeder	2588
Gravy 25% fat clear prep w gravypowder Jus 25% vet ongebonden bereid m juspoeder	2449
Gravy 25% fat thick prep wo gravypowder Jus 25% vet gebonden bereid z juspoeder	2452
Gravy 25% fat thickend prep w gravypowde Jus 25% vet gebonden bereid m juspoeder	2451
Gravy 5% fat clear prep w gravy powder Jus 5% vet ongebonden bereid m juspoeder	3038
Gravy 5% fat clear prep wo gravypowder Jus 5% vet ongebonden bereid z juspoeder	2462
Gravy 5% fat thick prep wo gravypowder Jus 5% vet gebonden bereid z juspoeder	2456
Gravy 5% fat thickend w gravy powder Jus 5% vet gebonden bereid m juspoeder	2580
Gravy 50% fat clear prep wo gravypowder Jus 50% vet ongebonden bereid z juspoeder	2459
Gravy 50% fat prepared w gravypowder Jus 50% vet ongebonden bereid m juspoeder	2450
Gravy 50% fat thick prep wo gravypowder Jus 50% vet gebonden bereid z juspoeder	2453
Gravy 50%fat thickend prep w gravypowder Jus 50% vet gebonden bereid m juspoeder	2461
Gravy 75% fat clear prep w gravy powder Jus 75% vet ongebonden bereid m juspoeder	3037
Gravy 75% fat clear prep wo gravypowder Jus 75% vet ongebonden bereid z juspoeder	2460
Gravy 75% fat thick prep wo gravypowder Jus 75% vet gebonden z juspoeder	2454
Gravy 75%fat thick prep w gravy powder Jus 75% vet gebonden bereid m juspoeder	3036
Gravy average clear prep wo gravypowd Jus gem ongebonden bereid z juspoeder	1492
Gravy no fat prep w gravy powder Jus zonder vet bereid m juspoeder	2650
Ketchup curry Ketchup curry-	584
Ketchup hot Ketchup hot	583
Ketchup tomato Ketchup tomaten-	462
Vet varkens- uitgesmolten	314 2566
Low fat marg 40% fat <17g sat unsalted Halvarine 40% vet <17g verz vetz ongezouten Halvarine 40% vet <17g verz vetz ongezouten	2061
Low fat marg prod 20-25% fat <10 g sat Halvarineproduct 20-25% vet <10 g verz vetz Low fat marg prod Blue Band Goede Start Halvarineproduct Blue Band Goede Start	1961
Low fat margarine 40% fat <17 g sat Halvarine 40% vet <17 g verz vetz	2059
Low fat margarine prod 35% fat <10 g sat Halvarineproduct 35% vet <10g verz vetz ongezouter	
Low fat margarine prod 35 % fat <10 g sat Low fat margarine prod AH Bewust light Halvarineproduct Albert Heijn Bewust light	2559
Low fat margarine prod Becel Omega3 Plus Halvarineproduct Becel Omega-3 Plus Halvarineproduct Becel Omega-3 Plus	2422
Low fat margarine prod Blue Band Idee Halvarineproduct Blue Band Idee Halvarineproduct Blue Band Idee	2423
Low fat margarine product tub Becel Ligh Halvarineproduct kuipje Becel Light	1839
Low fat margarine Twenty four Ultralight Halvarineproduct Twenty four Ultralight	2294
Low fat spead Becel pro-activ light Halvarineproduct Becel pro-activ calorie light	2934
Low fat spread Becel pro-activ Halvarineproduct Becel pro-activ	1956
Mango chutney Mango chutney	1886
Margarine 80% fat > 24 g sat unsalted Margarine 80% vet > 24 g verz vetz ongezouten	2557
Margarine 80% fat >24 g saturates Margarine 80% vet >24 g verz vetz	2063
Margarine 80% fat 17-24 g saturates Margarine 80% vet 17-24 g verz vetz	2062
Margarine 80% fat 17-24g sat unsalted Margarine 80% vet 17-24g verz vetz ongezouten	2565
Margarine liq 80% fat < 17g sat unsalted Margarine vlb 80% vet < 17 g verz vetz ongezouten	2558
Margarine liq 80% fat <17 g saturates Margarine vloeibaar 80% vet <17 g verz vetz	2077
Margarine product 60% fat <17 g sat Margarineproduct 60% vet <17 g verz vetz ongez	2072
Margarine product 70% fat <17 g sat Margarine product 70% vet <17 g verz vetz	2064
Margarine product 70% fat >17 g sat Margarine product 70% vet >17 g verz vetz	2065
Margarine product AlbertHeijn Bewust Margarine product Albert Heijn Bewust	2711
Margarine product liquid light Margarineproduct vloeibaar light	2713
Margarine product liquid light unsalted Margarineproduct vloeibaar light ongezouten	2712
Margarine product tub Becel Dieet Margarineproduct kuipje Becel Dieet	1847
Mayonnaise Mayonaise	451

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Mayonnaise low fat 40% oil	Halvanaise	729
Mayonnaise product approx 35% oil	Mayonaiseproduct ca 35% olie	2471
Mayonnaise product w olive oil	Mayonaiseproduct m olijfolie	2083
Mayonnaise yoghurt based 25% oil	Yoghonaise	1260
Oil Becel	Olie Becel-	606
Oil corn	Olie mais-	312
Oil corn germ	Olie maiskiem-	608
Oil olive	Olie olijf-	601
Oil peanut	Olie arachide-	308
Oil safflower	Olie saffloer-	607
Oil soya	Olie soja-	313
Oil sunflower seed	Olie zonnebloem-	317
Oil wok average	Olie wok- gem	2472
Peanut sauce homemade w water w fat	Saus sate- huishoudelijk bereid m water m vet	1913
Peanut sauce jar prepared	Saus sate- op basis potje bereid	616
Peanut sauce packet prepared	Saus sate- op basis pakje bereid	1938
Pesto	Pesto	2178
Piccalilly	Piccalilly	454
Salad cream 25% oil	Saus sla- 25% olie	458
Salad dressing 20% oil w yogurt	Dressing sla- 20% olie m yoghurt	2667
Salad dressing 40% oil Becel	Dressing 40% olie Becel	553
Salad dressing honey/mustard	Dressing honing/mosterd-	2468
Salad dressing naturel without oil	Dressing naturel z olie	844
Salad dressing vinaigrette	Dressing vinaigrette-	2466
Salad dressing./sauce approx 13% oil	Dressing/saus frites-/saus sla- ca 13% olie	2467
Sauce barbecue	Saus barbecue-	428
Sauce based on roux prepared	Saus op basis roux bereid	1515
Sauce cheese-	Saus kaas- op basis roux bereid	2419
Sauce Chinese soursweet home-made prep	Saus Chinese zoetzure huishoudelijk bereid	1912
Sauce cocktail/party/table >25% oil	Saus cocktail/party/tafel- >25% olie	2651
Sauce cocktail/party/table 25% oil	Saus cocktail/party/tafel- 25% olie	437
Sauce for chips 25% oil	Saus frites- 25% olie	465
Sauce for chips 35% oil	Saus frites- 35% olie	466
Sauce garlic 20% oil	Saus knoflook- 20% olie	2573
Sauce hot liquid ready made <12% fat	Saus warm vloeibaar kant-en-klaar <12% vet	2418
Sauce hot liquid ready made >12% fat	Saus warm vloeibaar kant-en-klaar >12% vet	2420
Sauce Joppie	Saus Joppie-	2611
Sauce mix packet <3% fat prepared	Saus op basis pakje <3% vet bereid	1517
Sauce mix packet >3% fat prepared	Saus op basis pakje >3% vet bereid	1518
Sauce oriental ready-made in jar/bag	Saus oosterse kant-en-klaar glas/zak	1803
Sauce tomato based shashlik	Saus schaschlik-	548
Sauce tomato ready made jar	Saus tomaten- kant-en-klaar glas	1524
Sauce veg juice and milk based wo fat	Saus op basis groentenat/melk bereid z vet bereid z vet	1516
Tapenade olive	Tapenade van olijven	2612

Food group / Productgroep 22 Fish / Vis

Anchovy in oil canned	Ansjovis in olie blik	1588
Bloater fried	Bokking bak- bereid	822
Caviar/cod roe	Kaviaar	1097
Cod boiled	Kabeljauw gekookt	819
Cod dried bakkeljauw	Bakkeljauw kabeljauw gedroogd	703
Cod fillet fried/simmered	Kabeljauwfilet gebakken/gestoofd	1315
Cod prepared in microwave oven	Kabeljauw bereid in magnetron z toev	1613
Cod raw	Kabeljauw rauw	820
Coquilles scallop shell St. Jacques raw	Jacobsschelpen rauw	1899
Crab in water tinned	Krab in water blik	351
Dab/lemon dab prep in microwave oven	Schar/tongschar bereid in magnetron z toev	1618
Eel prepared in microwave oven	Paling bereid in magnetron z toev	1624

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Eel raw	Paling rauw	112
Eel smoked	Paling gerookt	603
Fish fat > 10 g fat raw	Vis vet >10 g vet gem rauw	116
Fish fingers fried	Vissticks gebakken	814
Fish fingers unprepared	Vissticks onbereid	815
Fish lean 0-2 g fat raw	Vis mager 0-2 g vet gem rauw	114
Fish medium fat > 2-10 g fat raw	Vis matig vet >2-10 g vet gem rauw	115
Flounder prepared in microwave oven	Bot bereid in magnetron z toev	1620
Gurnard prepared in microwave oven	Poon bereid in magnetron z toev	1621
Haddock prepared in microwave oven	Schelvis bereid in magnetron z toev	1614
Halibut smoked	Heilbot gerookt	1585
Herring fillet in tomato sauce tinned	Haringfilet in tomatensaus blik	349
Herring pickled (sweet)sour	Haring in (zoet)zuur	1100
Herring pickled w gherkin	Rolmops	2947
Herring raw	Haring pan- rauw	113 350
Herring salted	Haring gezouten	
Herring smoked	Haring gerookt	1606
Kipper smoked Kippers steamed	Bokking gerookt Bokking gestoomd	347 1605
Liver haddock tinned	Lever schelvis- blik	356
Lobster boiled	Kreeft gekookt	350
Mackerel fillet smoked	Makreelfilet gerookt	1586
Mackerel in oil tinned	Makreel in olie blik	1609
Mackerel in water tinned	Makreel in water blik	1255
Mackerel prepared in microwave oven	Makreel bereid in magnetron z toev	1608
Mackerel raw	Makreel rauw	353
Mackerel steamed	Makreel gestoomd	604
Mussels boiled	Mosselen gekookt	111
Mussels fried	Mosselen gebakken/gefrituurd	1583
Mussels pickled	Mosselen in zuur glas	1630
Oysters	Oesters	354
Pangasius prep in microwave oven	Pangasius bereid in magnetron z toev	2765
Perch prepared in microwave oven	Baars rood- bereid in magnetron z toev	1622
Plaice boiled	Schol gekookt	918
Plaice fillet fried/simmered	Scholfilet gebakken/gestoofd	1310
Plaice fried	Schol gebakken	817
Plaice prepared in microwave oven	Schol bereid in magnetron z toev	1617
Plaice raw	Schol rauw	813
Pollack boiled	Koolvis gekookt	919
Pollack prepared in microwave oven	Koolvis bereid in magnetron z toev	1615
Pollack raw	Koolvis rauw	2296
Salmon farmed prep in microwave oven	Zalm kweek- bereid in magnetron z toev	1610
Salmon raw	Zalm rauw	1587
Salmon smoked	Zalm gerookt	1096
Salmon tinned	Zalm blik	602
Salmon trout prepared in microwave oven	Forel zalm- bereid in magnetron z toev	1612
Sardines/pilchards in oil tinned	Sardines in olie blik	355
Sea eel/conger prep in microwave oven	Paling zee- bereid in magnetron z toev	1625
Shrimps Dutch peeled boiled	Garnalen Hollandse gekookt	348
Shrimps in water tinned	Garnalen in water blik	1631
Shrimps salted dried	Garnalen gezouten gedroogd	702
Snails	Slakken wijngaard-	1101
Soft/hard roe fried	Kuit/hom gebakken	1627
Soft/hard roe from fat bloater	Kuit/hom van bokking	1628
Sole prepared in microwave oven	Tong bereid in magnetron z toev	1619
Sole raw	Tong rauw	2298
Spawn/hard roe coloured	Kuit vis- gekleurd glas	1629
Sprat fillet smoked	Sprotfilet gerookt	1607

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Squid prepared in microwave oven	Inktvis pijl- bereid in magnetron z toev	1632
Squid raw	Inktvis rauw	1098
Squid rings battered deep-fried	Inktvisringen gefrituurd	1584
Stockfish soaked	Stokvis geweekt	357
Tilapia raw	Tilapia rauw	2299
Trout prepared in microwave oven	Forel bereid in magnetron z toev	1611
Tuna in oil tinned	Tonijn in olie blik	1589
Tuna in water tinned	Tonijn in water blik	1590
Tuna raw	Tonijn rauw	2297
White fish fillet in batter deep-fried	Lekkerbekje gefrituurd	818
Whiting prepared in microwave oven	Wijting bereid in magnetron z toev	1616
Wolf fish prepared in microwave oven	Zeewolf bereid in magnetron z toev	1623

Food group / Productgroep 23 Meat, meat products and poultry / Vlees, vleeswaren en gevogelte code Bacon Bacon 641 Bacon fat raw Spek vers vet rauw 343 Bacon lean prepared 1391 Spek mager bereid Bacon lean smoked prepared Spek rook- mager bereid 2907 Bacon lean smoked raw Spek rook- mager rauw 3025 1297 Bacon prepared Spek vers vet bereid Bacon rasher prepared Speklap bereid 3026 Bacon rasher raw Speklap rauw 1432 Bacon rashers streaky Spek ontbijt-639 Bacon rashers streaky grilled Spek ontbijt- gegrild 1775 Bacon smoked Katenspek Spek katen-3002 Rundvlees <10 g vet bereid gem Beef <10% fat prepared 1665 1663 Beef <5% fat raw average Rundvlees <5 g vet rauw gem Beef >10% fat prepared Rundvlees >10 g vet bereid gem 1666 Beef >5% fat raw Rundvlees >5 g vet rauw gem 1664 Beef breast boneless prepared Runderborstlappen bereid 2902 Beef breast boneless raw Runderborstlappen rauw 3028 Beef frying steak prepared Runderbaklappen bereid 1539 Beef frying steak raw Runderbaklappen rauw 1404 Beef olives prepared Vink runder- bereid 2903 Beef olives raw Vink runder- rauw 2339 Beef prime rib prepared Runderentrecote bereid 1538 Beef prime rib raw Runderentrecote rauw 1402 Beef rib prepared Runderklapstuk bereid 1541 Beef rib raw 1406 Runderklapstuk rauw Beef rib steak prepared Runderriblappen bereid 1547 1412 Beef rib steak raw Runderriblappen rauw Beef ribeye steak prepared Runder ribeye steak bereid 2905 Runder ribeye steak rauw Beef ribeye steak raw 3032 Beef roast prepared Runderroshief bereid 1545 Beef roast raw Runderrosbief rauw 1410 Beef rolled prepared Runderrollade bereid 1544 Runderbiefstuk bereid Beef rump steak prepared 1536 Beef rump steak raw Runderbiefstuk rauw 1400 Beef salted cooked Pekelvlees 338 Beef salted cooked Surinam Rundvlees gezouten gekookt Surinaams 2313 Beef salted dried Surinam 699 Rundvlees gezouten gedroogd Surinaams Beef salted raw Surinam Rundvlees gezouten rauw Surinaams 698 Runderschenkel bereid 1546 Beef shank prepared Beef shank raw Runderschenkel rauw 1411 Beef sirloin rolled raw Runderrollade rauw 1409 Runderrookvlees Beef smoke-dried 340 Rundertartaar bereid 1550 Beef steak tartare prepared Beef steak tartare raw Rundertartaar rauw 1415

Beef steak tartare spiced filet americ	Filet americain	810
Beef stewing meat prepared	Runderpoelet bereid	1543
Beef stewing meat raw	Runderpoelet rauw	1408
Beef stewing steak prepared	Rundersukadelappen bereid	1549
Beef stewing steak raw	Rundersukadelappen rauw	1414
Beef streaked/marbled prepared	Runder doorregen lappen bereid	1548
Beef streaked/marbled raw	Runder doorregen lappen rauw	1413
Beef T-bone steak prepared	Runder T-bone steak bereid	2904
Beef T-bone steak raw	Runder T-bone steak rauw	3033
Beef tenderloin steak raw	Runderbiefstuk van de haas rauw	1401
Beef tongue raw	Rundertong rauw	1416
Black pudding	Worst bloed-	568
Brains calf's raw	Kalfshersenen rauw	105
Brawn, pork pickled in vinegar	Zult zure	1773
Chicken burger breaded prepared	Kipburger gepaneerd bereid	1645
Chicken drumstick w skin raw	Kip drumstick m vel rauw	2090
Chicken fillet prepared	Kipfilet bereid	1392
Chicken fillet raw	Kipfilet rauw	1634
Chicken for soup w skin raw	Kip soep- m vel rauw	1306
Chicken nuggets prepared in frying fat	Kipnuggets bereid in frituurvet	1644
Chicken nuggets prepared in oven	Kipnuggets bereid in oven	1643
Chicken rolled prepared	Kiprollade bereid	1641
Chicken rolled raw	Kiprollade rauw	1642
Chicken with skin prepared	Kip m vel bereid	1633
Chicken with skin raw	Kip m vel rauw	108
Chicken without skin grilled	Kip/bout z vel gegrild	1317
Chicken without skin prepared	Kip z vel bereid	1635
Chicken without skin raw	Kip z vel rauw	1305
Corned beef	Cornedbeef	319
Duck whole raw	Eend rauw	106
Forcemeat balls for soup canned	Soepballetjes blik	908
Gammon boiled deboned	Ham been-	1777
Goat meat raw average	Geitenvlees rauw gem	1900
Ham lean boiled	Ham achter-	784
Ham lean grilled	Ham achter- gegrild	1776
Ham shoulder medium fat boiled	Ham schouder-	785
Ham smoked raw	Ham rauwe	328
Hamburger prepared	Hamburger bereid	1569
Hamburger raw	Hamburger rauw	1435
Hare whole raw	Haas rauw	107
Horsemeat raw	Paardenvlees rauw	95
Kidney lamb raw	Nier lams- rauw	1903
Kidney ox raw	Nier runder- rauw	1902
Kidney pork raw	Nier varkens- rauw	1901
Kromesky meat filled prepared	Vink sla- bereid	1565
Kromesky meat filled raw	Vink sla- rauw	1431
Lamb <10 g fat raw av	Lamsvlees <10 g vet gem rauw	2057
Lamb >10 g fat raw average	Lamsvlees >10 g vet rauw gem	1675
Lamb chop prepared	Lamskarbonade bereid	1577
Lamb chop raw	Lamskarbonade rauw	1445
Lamb leg prepared	Lamsbout bereid	1575
Lamb leg raw	Lamsbout rauw	1443
Lamb saddle prepared	Lamszadel bereid	1578
Lamb saddle raw	Lamszadel rauw	1446
Lamb shoulder prepared	Lamsschouder bereid	1579
Lamb shoulder raw	Lamsschouder rauw	1447
Liver calf's prepared	Lever kalfs- bereid	1573
Liver calf's raw	Lever kalfs- rauw	1439

Liver chicken raw	Lever kippen- rauw	475
Liver ox boiled	Lever runder- gekookt (vleeswaar)	333
Liver ox prepared	Lever runder- bereid	1542
Liver ox raw	Lever runder- rauw	1407
Liver pate	Pastei lever-	335
Liver pate sausage	Worst smeerlever-	1239
Liver pate/Berliner liver sausage	Leverkaas/berliner	1771
Liver pork boiled	Lever varkens- gekookt (vleeswaar)	334
Liver pork prepared	Lever varkens- bereid	1560
Liver pork raw	Lever varkens- rauw	1426
Liver sausage	Worst lever-	640
Liver sausage coarse hausmacher	Worst lever- hausmacher	1238
Luncheon meat tinned	Luncheon meat blik	336
Meat average raw <5% fat excl liver	Vlees <5 g vet excl lever rauw gem	1676
Meat average raw >5% fat excl liver	Vlees >5 g vet excl lever rauw gem	1677
Minced beef ball prepared w egg/crumbs	Gehaktbal runder- m ei bereid	1390
Minced beef ball prepared without egg	Gehaktbal runder- z ei bereid	1601
Minced beef kofte Turkish prepared	Gehakt runder- kofte Turks bereid	1375
Minced beef lean raw	Gehakt mager runder- rauw	3034
Minced beef lean shallow fried	Gehakt mager runder- rul gebakken	3035
Minced beef raw	Gehakt runder- rauw	1405
Minced beef shallow fried	Gehakt runder- rul gebakken	1540
Minced beef/pork ball prep w egg/crumbs	Gehaktbal hoh bereid	1568
Minced beef/pork raw	Gehakt hoh rauw	1434
Minced beef/pork shallow fried	Gehakt hoh rul gebakken	1326
Minced lamb prepared	Gehakt lams- bereid	1576
Minced lamb raw	Gehakt lams-/schapen- rauw	1444
Minced meat loaf fried	Gehakt gebraden (vleeswaar)	1155
Minced mutton prepared Kofte Turkish	Gehakt schapen- kofte Turks bereid	1376
Minced pork prepared	Gehakt varkens- bereid	1555
Minced pork raw	Gehakt varkens- rauw	1421
Minced veal raw	Gehakt kalfs- rauw	3017
Minced veal shallow fried	Gehakt kalfs- rul gebakken	3029
Mutton <10g fat raw av	Schapenvlees <10 g vet gem rauw	2058
Mutton >10g fat raw av	Schapenvlees >10 g vet rauw gem	99
Ostrich, raw	Struisvogelvlees rauw	2089
Partridge raw	Patrijs rauw	337
Pate	Pate	642
Pheasant whole raw	Fazant rauw	320
Pork <10% fat prepared	Varkensvlees <10 g vet bereid gem	1670
Pork <5% fat raw	Varkensvlees <5 g vet rauw gem	1667
Pork >15% fat raw	Varkensvlees >15 g vet rauw gem	1669
Pork >19% fat prepared	Varkensvlees >19 g vet bereid gem	1672
Pork 10-19% fat prepared	Varkensvlees 10-19 g vet bereid gem	1671
Pork 5-14% fat raw	Varkensvlees 5-14 g vet rauw gem	1668
Pork chop prepared	Varkenshamlappen bereid	1554
Pork chop raw	Varkenshamlappen rauw	1420
Pork fillet prepared	Varkensfiletlappen bereid	1552
Pork fillet raw	Varkensfiletlappen rauw	1418
Pork fricandeau fried	Varkensfricandeau gebraden (vleeswaar)	1772
Pork fricandeau part of leg prepared	Varkensfricandeau bereid	1553
Pork fricandeau part of leg raw	Varkensfricandeau rauw	1419
Pork gammon steak prepared	Varkenshamschijf bereid	1557
Pork gammon steak raw	Varkenshamschijf rauw	1423
Pork loin chop prepared	Varkenshaaskarbonade bereid	1558
Pork loin chop raw	Varkenshaaskarbonade rauw	1424
Pork rib chop prepared	Varkensribkarbonade bereid	1647
Pork rib chop raw	Varkensribkarbonade rauw	1788

Pork schnitzel breaded raw	Varkensschnitzel gepaneerd rauw	2340
Pork schnitzel not breaded prepared	Varkensschnitzel ongepaneerd bereid	1789
Pork schnitzel not breaded raw	Varkensschnitzel ongepaneerd rauw	1790
Pork shoarma seasoning prepared	Shoarmaylees varkens- bereid	2906
Pork shoarma seasoning raw	Shoarmavlees varkens- rauw	3027
Pork shoulder chop prepared	Varkensschouderkarbonade bereid	1559
Pork shoulder chop raw	Varkensschouderkarbonade rauw	1425
Pork shoulder prepared	Varkensschouderkalbonade rauw Varkensschouderlappen bereid	1564
Pork shoulder raw	Varkensschouderlappen rauw	1430
Pork side cured and smoked	Casselerrib gerookt/gekookt	643
	3 ,3	1561
Pork spare rib prepared	Varkenskrabbetjes bereid	1427
Pork spare rib raw	Varkenskrabbetjes rauw	
Pork sparerib prepared	Spareribs varkens- bereid	2908
Pork sparerib raw	Spareribs varkens- rauw	3031
Pork steak/chop prepared	Varkenslappen bereid	1646
Pork stewing meat prepared	Varkenspoelet bereid	2909
Pork stewing meat raw	Varkenspoelet rauw	3024
Pork stir fry meat prepared	Varkensnasivlees bereid	1562
Pork stir fry meat raw	Varkensnasivlees rauw	1428
Pork tenderloin medaillon prepared	Varkensoester bereid	1563
Pork tenderloin medaillon raw	Varkensoester rauw	1429
Pork tenderloin prepared	Varkenshaas bereid	1556
Pork tenderloin raw	Varkenshaas rauw	1422
Processed meat prod <10 g fat excl liver	Vleeswaren <10 g vet excl leverprod gem	1908
Processed meat prod >30 g fat excl liver	Vleeswaren >30 g vet excl leverprod gem	1911
Processed meat prod 20-30 g fat ex liver	Vleeswaren 20-30 g vet excl leverprod gem	1910
Processed meat prod excl liver average	Vleeswaren excl leverproducten gem	1907
Processed meat prod I sodium 10-20 g fat	Vleeswaren Na- 10-20 g vet excl leverprod	1659
Processed meat prod I sodium 20-30 g fat	Vleeswaren Na- 20-30 g vet	1660
Processed meat prod low sodium <10 g fat	Vleeswaren Na- <10 g vet excl leverprod	1658
Processed meat prod low sodium average	Vleeswaren Na- gem	1661
Processed meat products <10 g fat	Vleeswaren <10 g vet gem	1211
Processed meat products >30 g fat	Vleeswaren >30 g vet gem	1151
Processed meat products 10-20 g fat	Vleeswaren 10-20 g vet gem	1172
Processed meat products 20-30 g fat	Vleeswaren 20-30 g vet gem	1171
Processed meat products average	Vleeswaren gem	344
Rabbit domesticated raw	Konijn tam rauw	109
Rabbit wild raw	Konijn wild rauw	110
Salami	Worst salami	1152
Salami sausage saveloy	Worst cervelaat-	638
Salami sausage saveloy lean	Worst cervelaat- magere	2304
Sandwich meat chicken	Kipfilet (vleeswaar)	2654
Sandwich meat turkey	Kalkoenfilet (vleeswaar)	3001
Sausage beef Braadworst prepared	Runderbraadworst bereid	2901
Sausage beef Braadworst raw	Runderbraadworst rauw	3030
Sausage beef frankfurter type tinned	Worst knak- runder blik/glas	3003
Sausage Chorizo	Worst Chorizo	2996
Sausage cooked	Worst gekookte	1162
Sausage cooked lean	Worst gekookte magere	2303
Sausage dry salam Turkish	Worst droge salam Turks	1368
Sausage dry sucuk Turkish	Worst droge sucuk Turks	1367
Sausage excl liver average	Worst excl leverproducten gem	1909
Sausage frankfurter lean tinned	Worst knak- magere blik/glas	2302
Sausage frankfurter tinned	Worst knak- blik/glas	566
Sausage grill	Worst grill-	2997
Sausage grill w cheese	Worst grill- met kaas	2836
Sausage incl liver products average	Worst incl leverproducten gem	796
Sausage luncheon meat	Worst boterham-	567

Sausage luncheon meat lean	Worst boterham- magere	2306
Sausage pork Braadworst prepared	Varkensbraadworst bereid	1551
Sausage pork Braadworst raw	Varkensbraadworst rauw	1417
Sausage raw beef	Worst ossen-	2768
Sausage smoked beef cooked	Worst rook- runder gekookt	2301
Sausage smoked cooked average	Worst rook- gekookt gem	324
Sausage smoked industrial cooked	Worst rook- industrieel gekookt	2766
Sausage smoked lean cooked	Worst rook- magere gekookt	2300
Sausage smoked traditional cooked	Worst rook- ambachtelijk gekookt	2767
Sausage spiced and smoked	Worst thee-	782
Sausage tongue	Worst tingen-	1774
Sausage veal Braadworst prepared	Kalfsbraadworst bereid	2912
Sausage veal Braadworst raw	Kalfsbraadworst rauw	3021
Sausage with smoked bacon-bits	Worst paling-	783
Sweetbread raw	Kalfszwezerik rauw	1442
Tongue calf's raw	Kalfstong rauw	1442
Turkey fillet raw	Kalkoenfilet rauw	1936
Turkey raw	Kalkoen rauw	330
Veal <5% fat raw average	Kalfsvlees <5 g vet gem rauw	1673
Veal >5% fat raw average	Kalfsvlees >5 g vet gem rauw	1674
Veal fricandeau prepared	Kalfsfricandeau bereid	1572
Veal fricandeau prepared Veal fricandeau raw	Kalfsfricandeau bereid Kalfsfricandeau rauw	1438
Veal frying steak prepared	Kalfslappen mager bereid	2914
1	Kalfslappen mager rauw	3019
Veal frying steak raw Veal olive prepared	Vink kalfs- bereid	1571
Veal olive raw	Vink kalfs- rauw	1437
Veal prime rib prepared	Kalfsentrecote bereid	1570
Veal prime rib prepared Veal prime rib raw	Kalfsentrecote rauw	1436
Veal rib steak prepared	Kalfsriblappen bereid	2913
Veal rib steak prepared Veal rib steak raw	Kalfsriblappen rauw	3020
Veal schnitzel not breaded prepared	Kalfsschnitzel ongepaneerd bereid	3039
Veal schnitzel not breaded raw	Kalfsschnitzel ongepaneerd rauw	3039
Veal shank prepared	Kalfsschenkel bereid	1574
Veal shank prepared Veal shank raw	Kalfsschenkel rauw	1440
Veal stewing meat prepared	Kalfsvleesreepjes bereid	2910
Veal stewing meat raw	Kalfsvleesreepjes rauw	3023
Veal stewing steak prepared	Kalfssukadelappen bereid	2911
Veal stewing steak prepared Veal stewing steak raw	Kalfssukadelappen rauw	3022
Veal tenderloin medaillon prepared	Kalfsoester bereid	2915
Veal tenderloin medaillon raw	Kalfsoester rauw	3018
Venison raw	Ree wild rauw	339
venison raw	INCC WING TOUW	339