

POSITIVE POINTS ABOUT ME:

1.TIME MANAGEMENT: Time management is the process of planning and exercising conscious control of time spent on specific activities especially to increase effectiveness,efficiency,and productivity.time management involves demands relating to work,social life,family,personal interests and commitments.

2.GOOD TEAM PLAYER: As a good team player,i listen carefully to my teammates and make sure their ideas are heard.i share my own ideas and encourage open discussion.

3.PATIENCE:Being more patient in your daily life involves a conscious effort to manage negative emotions,and maintain a focus on long-term goals and values.couple with mindfulness and self compassion,these strategies can significantly improve your patience levels.

4.SELF MOTIVATING:They learn how to present their best self in whatever task they are doing.they become more resilient because achieving their goals takes time and effort.when they fail,they see feedback as learning opportunity.they learn to take the initiative to manage their time better.

5.ADAPTABILITY:I stay flexible and open to new methods of learning. I adapt easily to different courses by quickly understanding their requirements and adjusting my study habits accordingly.