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# Robotic Exoskeletons: An Introduction



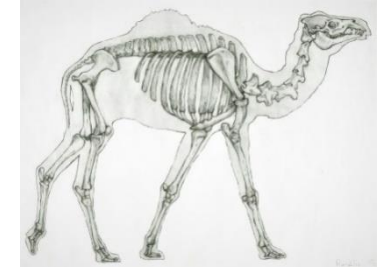
# Outline

1. Definition
2. History
3. Types
4. Applications
5. Future Requirements



## Exoskeleton - Definition

- Humans and Animals have skeletons → Protection, Support, Structure and Movement → of their bodies.
- Muscles → Actuators for facilitating movement of the body parts.
- **Endoskeleton** → Skeleton inside the body.
  - Living structure.
  - All vertebrates.
- **Exoskeleton** → Skeleton lying outside the body.
  - Non-Living structure.
  - All arthropods.
- Turtle → has both Endoskeleton & Exoskeleton.



## Robotic Exoskeleton - Definition

- A mechanical structural frame → to be worn by a human.
- Must provide → Attachment for actuators and power transmission and also comfortable user's body interface.
- Must conform to the body's shape and function.
- Initially developed → Military purpose.
- Benefits:
  - Enhancement of strength and durability of the human wearer.
  - Provides additional support and protection from mobility issues.



Ekso Bionics Exoskeleton

## Exoskeleton - Definition

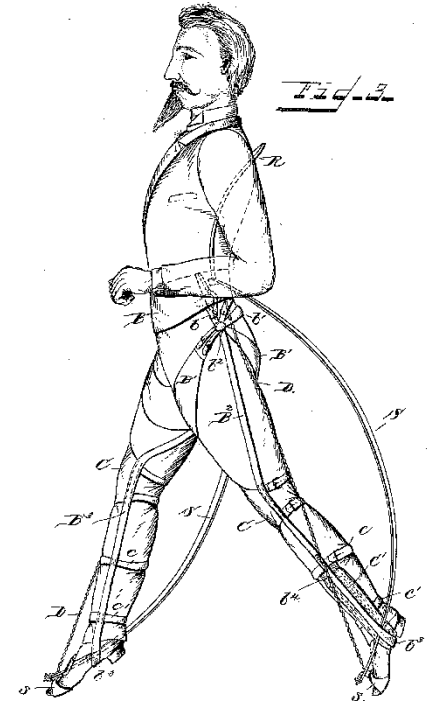
### ➤ Four Main Functions:

- Support – supporting physically disabled patients in the field of rehabilitation.
- Protection – protecting the human operator in hazardous environment such as battle field and nuclear plant.
- Enhancement – providing strength to the human operator by acting as assistive equipment.
- Sensing and data fusion – acting as the interface between the human operator and the environment. Also makes data fusion from the information received from the human operator.

## Exoskeleton – Historical Perspectives

### ➤ Yagn's Exoskeleton

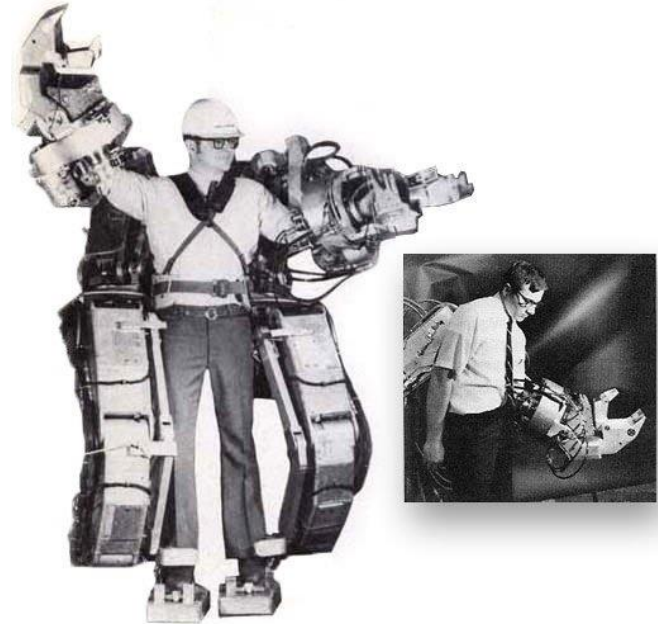
- First exoskeleton concept for augmenting running and jogging
- Patented in 1890 – Nicholas Yagn
- Bow/Leaf spring – on the lateral side of the legs
- Stance phase – to transfer the body weight to the ground
- Swing phase – to flex effortlessly



## Exoskeleton – Historical Perspectives

### ➤ “Hardiman”

- First Powered Exoskeleton – GE (1965-1971)
- Er. Ralph Mosher – 680 kg
- Was Unsuccessful
- Only Arm – 340 kg
- Not applicable for practical usage





## Exoskeleton – Historical Perspectives

### ➤ Mihailo Pupin Exoskeleton

- Miodir Vukobratovic
- Kinematic Walker – hydraulic actuator – hip & knees
- Partial Active Exoskeleton – pneumatic actuator – hip, knees & ankles
- Complete Active Exoskeleton – DC motors – torso support
- Force feedback control



## Exoskeleton – Historical Perspectives

### ➤ BLEEX

- Prominent exoskeleton under DARPA
- 4 Actuated DOF (hip-f/e & a/a, knee-f/e & ankle-f/e)
- Can support upto 75 kg – 0.9m/s
- Weighs 14 kg

- Current generation focusses on lightweight, compact exoskeleton  
→ **Enhancing agility**



## Exoskeleton - Classification

- Based on *Which Body Part Actuated*
  - ☐ Whole Body Exoskeletons
  - ☐ Upper Extremity Exoskeletons
  - ☐ Lower Extremity Exoskeletons
- Based on *Powering*
  - ☐ Powered Exoskeletons
  - ☐ Passive Exoskeletons
  - ☐ Pseudo-Passive Exoskeletons
  - ☐ Hybrid Exoskeletons
- Based on *Mobility*
  - ☐ Fixed Exoskeletons
  - ☐ Supported Exoskeletons
  - ☐ Mobile Exoskeletons

## Exoskeleton - Applications

- **Military Applications**
- **Medical Applications**
- **Industrial Applications**
- **Civilian Applications**



## Exoskeleton - Applications

- **Military Applications:**

- For enhancement of strength, agility and endurance of soldiers
- To perform deep squats, lifting heavy objects and running upto 10mph in uneven terrains
- For reducing Soldier's response time
- To protect from strain injuries



## Exoskeleton - Applications

### ■ Military Applications: (cont'd)

#### ➤ *HULC (Human Universal Load Carrier)*

- Ekso Bionics – 2008
- Lockheed Martin – Public demonstration – Army Winter Symposium – 2009
- Supports 20 km range – back and front payloads – max. speed: 11 to 16 km/hr
- Design: Compact and Customizable – 24 kg & 5'4" to 6'2"
- Army and naval drydock workers – load lifter – upto 91 kg
- Fuel Cell power supply – support 72 hour extended mission



HULC, Ekso Bionics

## Exoskeleton - Applications

### ■ Military Applications: (cont'd)

#### ➤ *Sarcos XOS 2 suit*

- Public demonstration – 2010
- Lifting weights at 17:1 – Allows repeated lifting
- Weighs 95kg → high-strength steel and aluminium, controllers, actuators and sensors
- Wearer can perform work done – 3 soldiers
- Lifting – Upto 90kg



XOS 2, SARCOS/RAYTHEON

## Exoskeleton - Applications

### ■ Military Applications: (cont'd)

#### ➤ *PowerWalk*

- Knee exoskeleton – Bionic Power Inc.
- Walk-recharge capability – reduces the need of carrying backup batteries & battery resupply in the field
- Intelligent analysis – when to generate high power with less effort



PowerWalk, Bionic Power



## Exoskeleton - Applications

- **Medical Applications:**

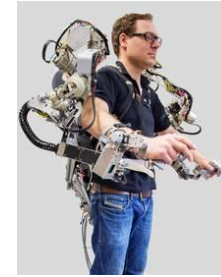
- To assist elderly people and restore motor abilities of stroke patients



Phoenix Medical Exoskeleton



ARMin III Exoskeleton



Cario Exoskeleton



Ekso GT Exoskeleton



Armeo-Spring Arm and Hand Exoskeleton



ReWalk Exoskeleton

## Exoskeleton - Applications

### ■ Medical Applications: (cont'd)

#### ➤ *PHOENIX Medical Exoskeleton*

- Enables – Stand up and walk
- Weighs only 12.25 kg
- 0.5 m/s speed & 4 hour walking support (for a single charging)
- Worn while wheel chair seating



PHOENIX Medical  
Exoskeleton

## Exoskeleton - Applications

### ■ Medical Applications: (cont'd)

#### ➤ *ReWalk Exoskeleton*

- Aids the SCI Patients to Stand upright, walk, turn, climb and descend stairs
- First exoskeleton in US to receive FDA clearance – personal use and with patients
- Weighs 23.3 kg



ReWalk Exoskeleton

## Exoskeleton - Applications

- **Industrial Applications:**

- In expanding worker capabilities by relieving stress and pressure in his/her neck, knees and back.



Hyundai CEX Exoskeleton



Paexo Exoskeleton



Sarcos Gaurdian Exoskeleton

## Exoskeleton - Applications

- **Civilian Applications:**

- Assisting humans in performing activities of daily living (ADL).



HAL Exoskeleton



Panasonic Exoskeleton



Walking Assist Wearable Robot,  
Hyundai Motor Group

## Requirements

- Ensure Safety
- Light Weight (<15 kg in term of Military applications)
- Affordable (marketed but not widely used)
- Must be durable (self recharging capability)
- Replacement of wheel chairs
- Standard in Industry



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# Thank You!

