## Predicting Procrastination

Using machine learning to enhance productivity

#### Introduction

# Can we dynamically detect if a person is procrastinating?



#### Overview

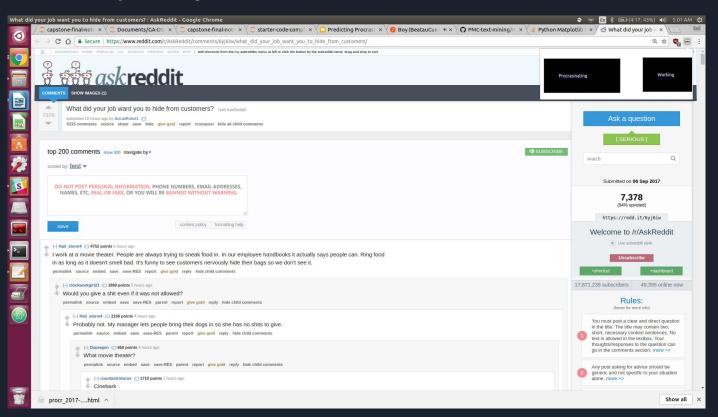
- Introduction
- Data Collection
- Model Building
- Interpreting the Results
- How to can this be used?
- Conclusion

#### Data Collection

#### Data Collection Information

- 1,088 web pages, totalling 434.8 MB
- 639 procrastinating vs 448 working
- Collected data 7/20/2017-9/06/2016
- Created a chrome extension that saved the raw HTML by click.
- The URL was embedded into the HTML.
- The filename was generated to included the classification and a timestamp.

#### It wasn't pretty...



### Model Building

#### Natural Language Processing (NLP)

- CountVectorizer to generate features
  - o Ngram with a range 1-4
- Used stop word
  - o nltk defualt english words
  - o 'http', 'https', 'com'
- TfidfTransformer to help with smoothing
- 3,104,198 unique features created
  - Lasso regularization reduced it to 163

#### Logistic Regression

- Model preferred for interpretability
  - Easy to calculate odds ratio (e^coef)
- Lasso Regularization
  - C value grid searched to be 0.06
  - Performed excellent feature selection
- Significantly outperformed SVM,

Random Forest, BernoulliNB

#### Creating a pipeline

The overall goal of the model building process is to make the approach generalizable.

A pipeline was created streamlining the countvectorizition into the logistic regression. This allows for easily modifiable code that can be updated in the future when more data is available.

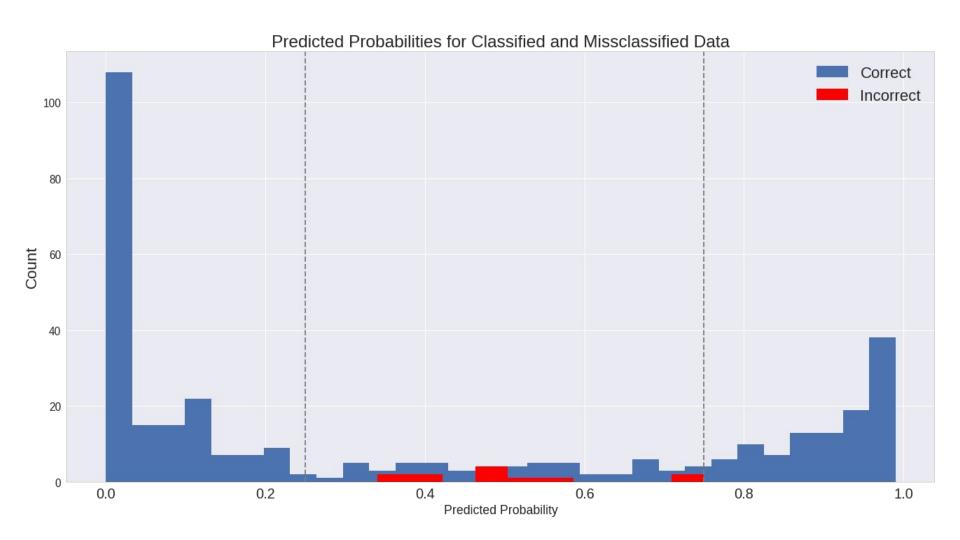
#### Interpreting the Results

Accuracy

97.49%

#### ROC-AUC

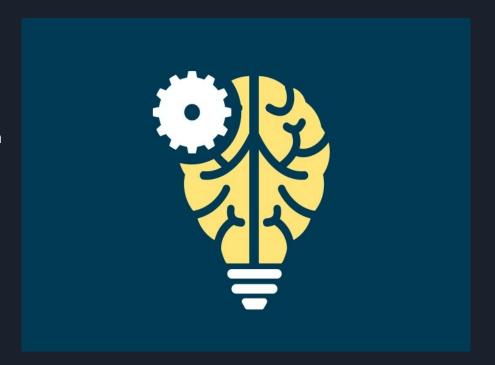
# 0.992



How can this be used?

#### Building a modern productivity application

This model has the capacity to be the backbone of a modern productivity application. Youtube can be the source of an endless amount of distraction, but it can also be a source of great amounts of useful information.



#### Conclusion

In short, you can predict if you are procrastinating by viewing the content of a web page (at least I can). Using a bag of words approach to solving the problem along side logistic regression can lead to extremely accurate predictions

It is unclear if this process will work for any person. Efforts were taken to generalize the process, but without data to try we cannot extrapolate to that point yet.

This can become the backbone of a modern approach to productivity apps. Predicting when a person is procrastinating has benefits outside of just blocking web pages. You can monitor performance in real time. Record mouse movements and actions per minute. With enough participants larger generalizations can be made about productivity in general. This is a small step in the direction of utilizing machine learning to enhance routine aspects of our lives.